The Fort Jackson
Leader

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TRACKING ...

NEWS

Hispanic heritage celebrated in style
PAGE 6

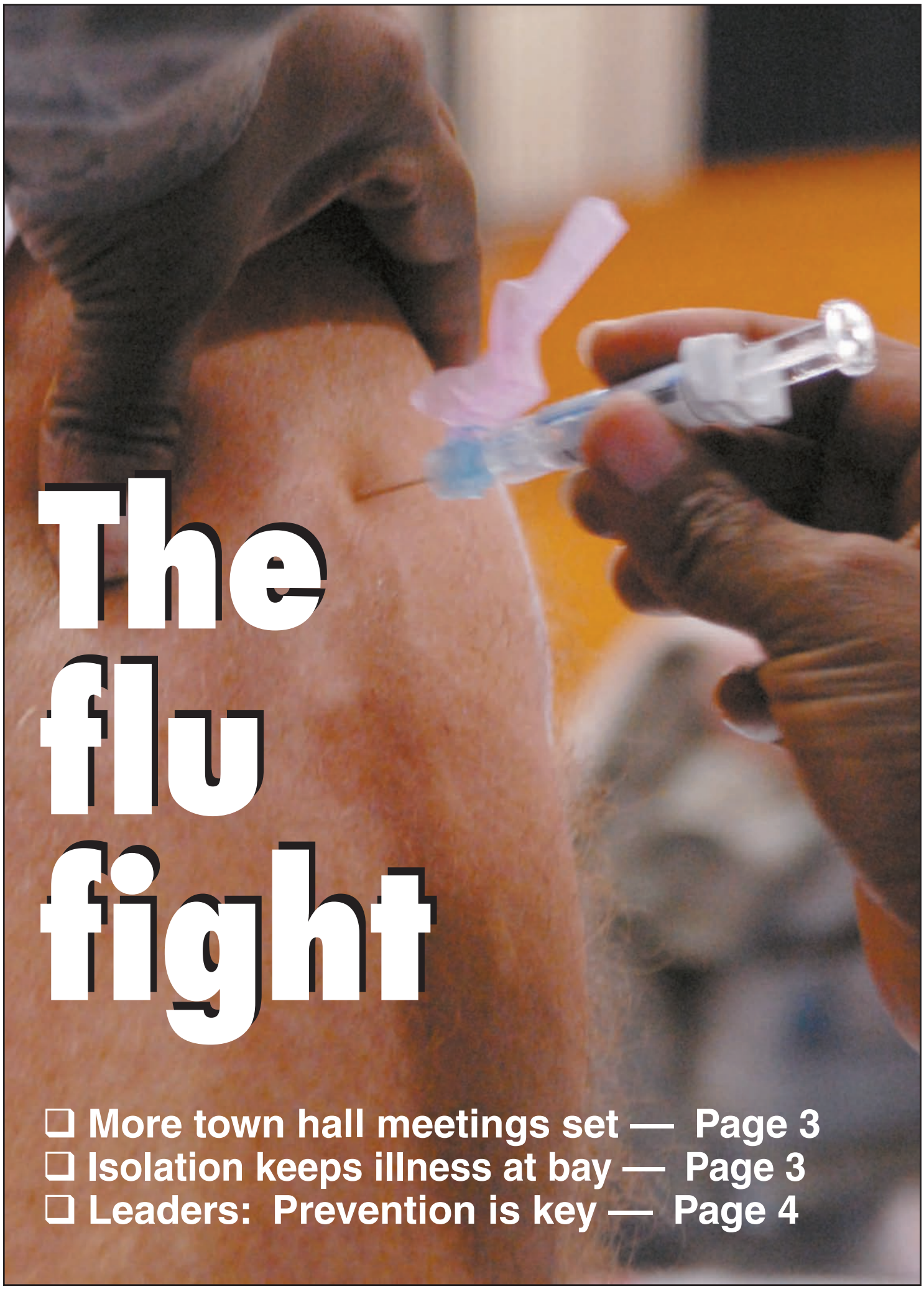
Goodbye, DOIM — hello, NEC
PAGE 8

UP CLOSE

Organizations link for fest, fire safety
PAGE 12

INDEX

Commanders	2	Happenings	18
News	3-9	Health	19
Year of the NCO	10	FMWR	22
Family	11	Chapel	24
Up Close	12	Police	26
Reserves	14	Legal/IG	28
Around Post	16-17	Sports	30



The flu fight

- ❑ More town hall meetings set — Page 3
- ❑ Isolation keeps illness at bay — Page 3
- ❑ Leaders: Prevention is key — Page 4

Fire safety more than just a week

BRIG. GEN.
BRADLEY W. MAY
Fort Jackson
Commanding
General

In case you didn't get a chance to make it to this past weekend's "Hotoberfest" — our fire department's open house held in conjunction with National Fire Prevention Week — I want to assure you that good fire safety is something you can learn about and practice year round.

Fire safety is not a one-day event. It's an everyday event and a very serious subject. We need to practice it all year long through awareness and inspections. Many fires can be prevented, especially those caused by the mishandling of flammables, the misuse of space heaters, smoking, malfunctioning heaters and not monitoring what we have heating on the stove.

Did you realize that 50 percent of the fires on Army installations last year were attributed to unattended cooking and burning candles?

For years, we have heard the cliche: Once a child touches a hot stove, the child learns his or her lesson to stay away from a hot stove. But this lesson does not take into account the pain and suffering that accompany burns. Getting burned should not be part of the learning process.

That's the message from the Fort Jackson Fire Department and the National Fire Protection Association: Stay fire smart. Don't get burned.

I agree wholeheartedly with this premise. All of us need to focus on ways to keep our homes fire safe and prevent painful burns. Our safety educators have stressed this point in teaching our local residents how to plan and practice escape from a home in case a fire occurs.

I cannot tell you how important this training is. Consider some statistics: Each year approximately 3,000 people perish as a result of home fires and burns, and more than 200,000 victims require emergency-room treatment for burn injuries. Our fire safety educators say that the most common burn injuries result from fire or flame burns, scalds and contact. These are all painful. Some can result in serious scarring and even death.

When we are faced with such devastating consequences, doesn't it make sense to take some extra caution in our homes such as ensuring that the curling iron is out of children's reach or pot handles are turned away from the edge of the stove?

These are just a couple of simple things that we can do to prevent injuries to our children and to ourselves. There are other simple safety rules that can help you stay fire smart and avoid getting burned, such as: keeping hot food and liquid away from table edges; keeping children at least 3 feet away from stoves; never holding a child in your arms while preparing hot food or drinks; being careful with irons, lamps, heaters and curling irons; installing tamper resistant covers on outlets; never leaving a child alone in a room where a heater, lit candle or fireplace is in use; wearing short or close-fitting sleeves when cooking; setting hot water tanks no higher than 120 degrees; and installing anti-scalding valves on shower heads and faucets.

There are many other safety practices that help prevent fires, but we also need to know what to do in case of fires. That's why our firefighters emphasize that fire drills and knowing how to report a fire are so important. Fire Prevention Week continues to run through this Saturday, but fire safety never ends.

Army Strong!

The Fort Jackson
Leader

Fort Jackson, South Carolina 29207

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Ask the garrison commander:

What is a MILPER message?

COL.
LILLIAN A. DIXON
Fort Jackson
Garrison
Commander

What is the purpose of a Military Personnel, or MILPER, message?

MILPER messages are published to provide the field user, primarily active Army Military Personnel Organizations, new or changed procedural guidance pending publication in the appropriate Army regulation; announcement of upcoming boards, results of boards and clarification of existing procedures. The MILPER message system will not be used to announce policy, or regulation changes. (Source: The Adjutant General Web site)

I have heard rumors that the Homeowners Assistance Program has been expanded and that I may be eligible for financial compensation if I cannot sell my house. Is this true?

The rumors are true — DoD recently announced a $555 million temporary expansion to the above-mentioned program using funds from the American Recovery & Reinvestment Act. Funds will be used to provide benefits to eligible military and DoD civilians who face financial losses when selling their primary residence during the current housing downturn. To find out if you may be eligible for this assistance, go to *http://hap.usace.army.mil/homepage.html.*

I am an active duty Soldier, and would like to know how often I need to update my emergency data record (DD Form 93)?

In accordance with AR 600-8-1, Army Casualty Program, paragraph 11-5, all active duty Soldiers will review their DD Form 93:

1. During out-processing for permanent change of station and pre-separation processing.
2. Upon arrival at a new duty station.
3. During any record audit.
4. In conjunction with Soldier Readiness Program
5. Annually, in the Soldier's birth month. Soldiers may accomplish this requirement in conjunction with any of the above.

GARRISON FACT OF THE WEEK

The Homeowners Assistance Program has been providing financial assistance to military and DoD civilians for more than 40 years, and most recently, has been mainly used to provide benefits to personnel at base realignment and closure sites where government action caused a decrease in market home values.

ARRA funding allows the DoD to temporarily expand this program in order to partially reimburse home sale losses in the following priority order: Wounded service members relocating for treatment or medical retirement, and for the survivors of those who have died while on deployment; Military and DoD civilians affected by the 2005 BRAC round, without the need (which existed under previous law) to prove that the base closure caused the local market decline; and normal military permanent change of station moves, on a temporary basis.

To submit questions, call 751-2842, or e-mail scott.nahrwold@conus.army.mil.

Post gets proactive with flu meetings

By STEVE REEVES
Fort Jackson Leader

Get immunized, practice good hygiene and stay home if you're experiencing flu-like symptoms.

That was the message Tuesday night from Col. Nancy Hughes, commander of Moncrief Army Community Hospital, who spoke during a town hall meeting about H1N1 at the Joe E. Mann Center.

Hughes also said H1N1 vaccinations have been ordered and are expected to arrive at Fort Jackson later this month.

People are urged to get immunized for both the seasonal flu and H1N1 viruses.

Vaccinations for seasonal flu have already begun on post and 5,000 Soldiers so far have been inoculated, Hughes said. Hundreds of school children, parents, military family members and DoD civilians have also received seasonal flu shots.

Officials hope Fort Jackson will receive enough H1N1 vaccinations for everyone on post to be inoculated. If not, vaccinations will be prioritized according to Centers for Disease Control and Prevention guidelines.

"We are very concerned about making sure our Soldiers, our family members, our kids and our civilian workforce stay healthy," Hughes said.

Fort Jackson officials have launched an intensive education effort to make people aware of the importance of good hygiene, which includes frequent hand washing.

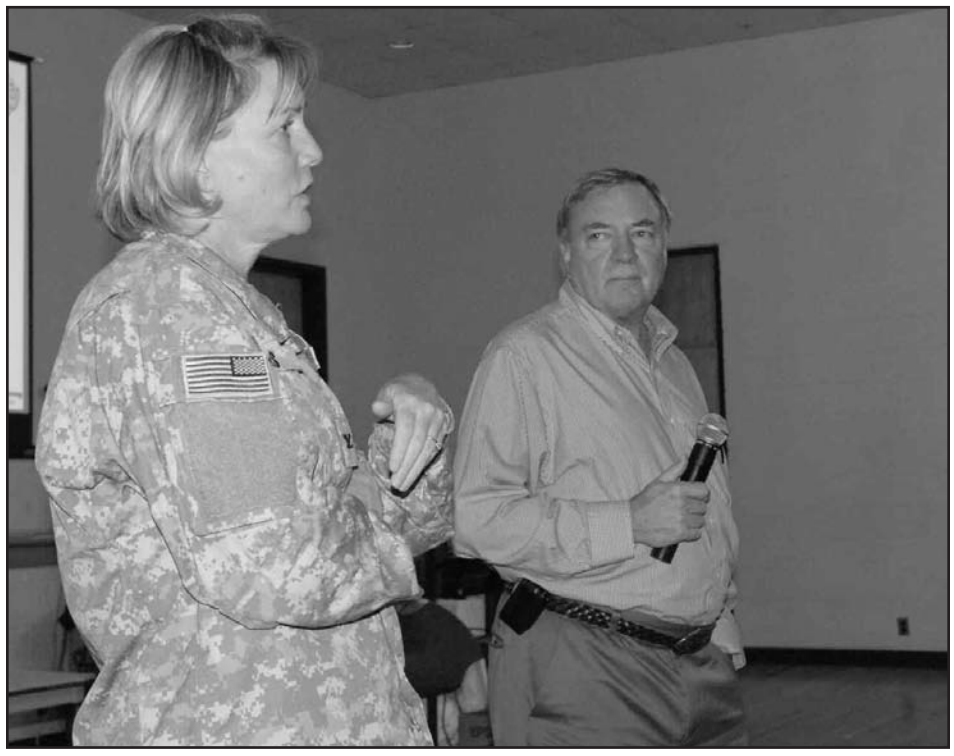

Photo by STEVE REEVES

Col. Nancy Hughes, Moncrief Army Community Hospital commander, and John Coynor, Fort Jackson force protection officer, speak about H1N1 during a town hall meeting Tuesday at the Joe E. Mann Center. Hughes said H1N1 vaccinations should begin later this month.

Hand washing and sanitizer stations are being installed across the post and hand sanitizer is being issued to Soldiers and civilian employees.

Anyone who exhibits flu-like symptoms should stay home until 24 hours after his or her fever has subsided.

Hughes said the preventive measures put in place, along with the vaccinations, should mean any disruptions on post due to an outbreak of seasonal flu or H1N1 will be minimal.

"We're confident that once we get the vaccine, we'll be OK," she said.

Worst-case scenarios are being prepared for, however.

Hughes said parts of post, such as the PX and commissary, could be closed and gatherings such as church services canceled, in the event of a severe outbreak.

John Coynor, Fort Jackson's force protection officer, said there is room on post to keep as many as 900 Soldiers sick in quarters.

"We don't expect to see that level, but we are prepared," Coynor said.

Ann Gordon, one of Fort Jackson's school liaison officers, said parents are asked to keep children who have flu-like symptoms or a fever of 100 degrees or higher home from school.

The next H1N1 town hall meeting is scheduled for 6 p.m., Oct. 19, at the Solomon Center.

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Prevention, isolation keep flu from spreading

By SUSANNE KAPPLER
Fort Jackson Leader

The autopsy report of a Fort Jackson Soldier who died Sept. 10 stated that the cause of death was pneumonia due to H1N1 influenza. Spc. Christopher Hogg was in the fifth week of Basic Combat Training with Company D, 3rd Battalion, 13th Infantry Regiment at the time of his death.

As of Wednesday morning, 47 Fort Jackson Soldiers were being treated for influenza-like illness. Col. Nancy Hughes, Moncrief Army Community Hospital commander, said Soldiers who exhibit symptoms of influenza-like illness are isolated from the rest of the post's population.

"The numbers in SIQ (sick in quarters) vary from day to day, and sometimes drastically within a day," Hughes said. "We are monitoring and reporting to the installation leadership three times a day so that if there is an upward trend over time we can institute the pandemic influenza plan."

Hughes added that Soldiers with influenza-like illness are closely monitored by medical professionals.

"The SIQ Soldiers are seen by a doctor, physician assistant or nurse practitioner every day to monitor their health status," she said.

Brig. Gen. Bradley May, Fort Jackson commanding general, credited the isolation of infected Soldiers with preventing a severe outbreak.

"During the past six months we have isolated and treated Soldiers with influenza-like illness," May said. "We believe we have succeeded in limiting the spread of influenza because of this focus."

The symptoms for H1N1 are very similar to those of the seasonal flu, said Dr. Marianne Wille, chief of the Department of Primary Care at MACH. Typical symptoms are body aches, fever, cough and congestion, sometimes accompanied by vomiting and diarrhea, she explained.

"There's a wide range of infectivity, from very minor upper respiratory type symptoms ... to very severe symptoms ... ."

— Dr. Marianne Wille, MACH

However, Wille said that not all people who are infected experience the same degree of illness.

"There's a wide range of infectivity, from very minor, upper respiratory type symptoms — sometimes with or without mild fever — to very severe symptoms of H1N1, to include severe respiratory distress," Wille said.

The duration of the illness may also vary.

"Some people will have mild symptoms, and they may be ill for two days, three days with a fever," Wille said. "Some people, we found, have been ill seven days, eight days with feelings of body aches and cough and congestion."

Wille added that some people, such as pregnant women and children younger than 5 are at higher risk for influenza complications. However, it is yet unclear why some patients are more prone to exhibit severe symptoms.

"Epidemiology really does not know why one person has more of an affinity to getting a more severe case of H1N1 influenza than another person," Wille said. "(Scientists) are finding that there is an affinity of this H1N1 influenza to go to the lungs and cause pneumonia and acute respiratory distress in susceptible individuals. The exact mechanism of why that occurs they do not know yet."

Wille urges everyone to take preventive measures, such as hand washing and using hand sanitizers, and to stay at home in isolation if infected.

"I recommend that all people who have upper respiratory type symptoms — cough, congestion, sore throat — associated with a temperature of 100.4 or greater should stay home and isolate themselves until they've been without fever for 24 hours (and are) off of any fever medication, such as Tylenol or ibuprofen," she said. "Health care workers who have those symptoms need to be out of the workforce for a total of seven days as designated by the CDC."

Not everyone who has an influenza-like illness needs to be seen by a doctor, Wille said, but she recommended that visiting a health care provider is important for infected children and adults who exhibit certain symptoms.

"If they have not been feeling well and suddenly become worse, have new onset symptoms or worse symptoms, any difficulty breathing, any respiratory distress — they definitely need to be seen," Wille said.

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Post fights flu with prevention, education

By STEVE REEVES
Fort Jackson Leader

Health officials are urging everyone to get vaccinated against both the seasonal and H1N1 strains of the influenza virus.

"Protect yourself and your loved ones," said Lt. Col. Marilyn Lazarz, Moncrief Army Community Hospital's officer in charge of preventive medicine. "Everyone has to share the responsibility in the battle against seasonal influenza and H1N1."

While the seasonal flu is a concern as always, preventing the spread of H1N1 at Fort Jackson remains the focus as officials continue to monitor the situation closely.

Seasonal flu immunizations are currently available on post. The Department of Defense is purchasing 2.7 million doses of the H1N1 immunization. Fort Jackson is a high priority for H1N1 immunizations, which are expected to arrive on post later this month.

Lazarz said Fort Jackson is aggressively monitoring Soldiers hospitalized with flu-like illnesses.

"All confirmed cases at Fort Jackson are reported to the Center for Health Promotion and Preventative Medicine and the South Carolina Department of Health and Environmental Control," she said.

Lazarz said it's important that people be immunized for both strains of influenza.

"You need both vaccines to be fully protected," she said. "These are separate vaccines. The bottom line is to get both vaccines."

Since April, Fort Jackson has reported 220 confirmed cases of H1N1. One of those cases resulted in the death of a Soldier.

Nationwide, as of Oct. 2, there have been 9,000 hospitalizations and 600 deaths attributed to H1N1.

"Fort Jackson does have plans in place to prevent significant outbreaks," Lazarz said. "The best defense is the H1N1 immunization."

While much of the media's focus has been on H1N1, seasonal flu also concerns officials. The seasonal flu is responsible for 200,000 hospitalizations and 36,000 deaths each year, according to the Centers for Disease Control and Prevention.

Lazarz said easy steps can help prevent the spread of both types of flu.

"Wash your hands frequently with soap and water for 15 to 20 seconds," she said. "Use hand sanitizer if you can't wash your hands. Cover your mouth and nose when coughing or sneezing."

Even handshaking should be avoided, Lazarz said. "We're telling people to do the 'fist bump,'" she said.

Lazarz said people should avoid touching their eyes, nose or mouth, because germs are spread that way.

Photo by STEVE REEVES

Kaleb Denton, a 4-year old pre-kindergartner at Pierce Terrace Elementary School, receives a nasal mist seasonal flu vaccination from Sgt. Coland Caswell, 165th Infantry Brigade. Dozens of students and parents were vaccinated during the school's flu vaccination drive Monday.

"Influenza viruses can live on surfaces and can infect individuals for two to eight hours," she said.

Avoid close contact with people who have the flu or exhibit flu-like symptoms, Lazarz said.

People who are sick with the flu or have flu-like symptoms are encouraged to stay home and not return to work until at least 24 hours after the fever has abated.

Hand washing stations have been set up at locations throughout Fort Jackson, and hand sanitizer is being widely distributed.

Special attention is being paid to Soldiers going through Basic Combat Training because they live and train in such close proximity to one another.

Barracks are being cleaned on a regular basis and Soldiers' bunks are being placed farther apart. New Soldiers arriving at the 120th Adjutant General Battalion (Reception) are being screened for flu-like symptoms.

Lazarz said such precautions should limit the spread of seasonal flu and H1N1.

"Fort Jackson is committed to the health and welfare of its Soldiers, families and civilian employees and retirees," she said. "Our mission is to limit the spread of the flu and any contagious disease."

Col. Nancy Hughes, MACH commander, said 604 shots were given Monday, the first day of Fort Jackson's flu drive.

Sgt. 1st Class Fredrico Kinsey of HHC Training Support Battalion brought his wife and 5-year-old son to receive the seasonal flu immunization Monday, the first day offered on post.

"My wife is pregnant so we wanted to make sure we got hers as soon as possible," Kinsey said. "We're just kind of taking precautions."

Editor's note: *Crystal Lewis Brown contributed to this report.*

Fort Jackson flu shot schedule

Seasonal flu shots will be given at the Solomon Center until March during the following dates and times:

8 a.m. to 2 p.m. — Monday and every other Saturday (beginning Oct. 10)

10 a.m. to 5 p.m. — Wednesday

The flu drive is for dependents, beneficiaries and retirees with valid military identification.

Children between the ages of 6 months and 3 years will get their flu shots at the Pediatric clinic on a walk-in basis. The clinic is located in the Family Health Clinic on the ground floor of Moncrief Army Community Hospital. For more information on pediatric flu shots, call 751-2210.

The flu drives at on-post schools will include vaccinations for teachers and parents. Parents must be present to sign permission forms.

The schedule is as follows:

Pierce Terrace — 7-9 a.m., today

C.C. Pinckney — 7-9 a.m., Tuesday and Oct. 15.

For more information on the flu drive, call 751-2434.

Celebration highlights Hispanic culture

By DELAWESE FULTON
Fort Jackson Leader

Puerto Rican-born Manuel Gaetan-Rivera encouraged his fellow Hispanics to honor their culture and embrace the one that surrounds them.

Gaetan-Rivera, a board member of the S.C. Hispanic Leadership Council and retired president-emeritus of the Bobbin Group, was the guest speaker for the 2009 Fort Jackson Hispanic Heritage Celebration event.

He told an audience of several hundred Soldiers, family members and civilian employees that "they have to make an effort to assimilate into the (American) culture and the (American) culture (has) to assimilate (with) them."

"Showing that they are culturally developed," Gaetan-Rivera said, "will enhance their access and acceptability by their neighborhoods ... and the people who affect their lives."

Gaetan-Rivera's remarks at the Tuesday luncheon were followed by food, dance and music, revering Hispanic heritage.

Master Sgt. Richard Lopez of the Recruiting and Retention School, said he appreciated being able to assist his organization in preparing a display on Hispanic culture.

The Recruiting and Retention School won the display contest that Fort Jackson units participated in as part of the month's celebration.

For the display, Lopez — who represented the Recruiting and Retention School at the luncheon — set up a laptop that displayed a slide show of scenes from various Spanish-speaking countries. Accompanying each set of scenes was its country's style of music.

The Recruiting and Retention School also did short biographies of all Hispanic Medal of Honor recipients. The award is the United States' highest military award.

Photo by DELAWESE FULTON

Members of the Brisas de Panama Dance Group twirl about the stage Tuesday at the Hispanic Heritage celebration luncheon at the Solomon Center. The event featured food, dance and cultural exhibits.

The school's display was completed with a portrait and longer biography of the first Hispanic-American four-star general, Richard E. Cavazos.

"Being Hispanic, (this has been) a great opportunity for me to display my heritage and culture," Lopez said.

For more than a decade, Fort Jackson has celebrated National Hispanic Heritage Month, runs from Sept. 15 to Oct. 15 each year.

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Post leadership pushes spouse hiring policy

By SHARONDA PEARSON
Fort Jackson Leader

Fort Jackson leaders publicly agreed at this week's Family Readiness Group steering committee meeting that the new military spouse hiring authority could help open doors.

Both Col. Lillian Dixon, garrison commander, and Col. Jeffrey Sanderson, Fort Jackson chief of staff, noted the importance of the new policy, and said they understand what the change means for Army spouses. As a result, both are taking preemptive measures to ensure that the policy is integrated into the hiring process.

The garrison is encouraging all hiring managers to use this executive order when placing job announcements, Dixon said.

"On the mission side, we are fully supporting it," Sanderson said.

The policy is intended to help military spouses find employment after a permanent change of station, and allows spouses to be hired noncompetitively for federal employment.

The new order, which took effect Sept. 11, is expected to increase the chances of Army spouses being selected for federal positions. The policy is not retroactive, which means it does not apply to those spouses who applied for jobs prior to Sept. 11.

CAMPAIGN PLAN FOCUS

The FRG steering committee supports the campaign objective "family readiness groups" (6.7 on the strategy map). It falls under quality of life, one of the three lines of operation of the Fort Jackson campaign plan.

While the new policy may increase the likeliness of employment, it does not guarantee being hired. Like all applicants, spouses must meet the requirements of the job announcement to qualify for the position.

The Fort Jackson Army Community Services Employment Readiness, in conjunction with CPAC, is offering classes to help Army spouses make the most of the additional employment opportunities available to them because of the new policy. Classes include "Steps to Federal Employment" and "New Military Spouse Hiring Authority Seminar."

Availability of the classes has increased from once a month to several times a month to help explain to spouses what the order means for them during their employment search. Call 751-4862 to register for classes.

Meanwhile, the Post 9/11 GI bill was praised at the meeting because the bill is expected to provide additional financial benefits for Soldiers paying for college.

"That new GI bill is the best thing since sliced bread," said Shirley O'Neal, an education services officer.

Highlights of the bill include the ability for veterans to transfer benefits to dependents, and a monthly living allowance at the E-5 pay rate for family members living in the same zip code as the school.

Eligible Soldiers are able to switch from the Montgomery GI bill to the Post 9/11 GI bill at any time. However, Tim Ferguson, Veterans Affairs representative, cautioned Soldiers to research both bills before making the change.

"The change is irrevocable...Soldiers should do their research to see which bill will best benefit them," Ferguson said.

Soldiers wanting additional information were encouraged to contact the Education Center.

In another important matter, post officials laid out actions being taken to limit the spread of H1N1 influenza.

"This has had our attention for the last six months," Sanderson said.

Col. Nancy Hughes, Moncrief Army Community Hospital commander, explained some of the measures being taken to ensure the safety of Soldiers and their families.

To date, there are plans to continue offering the regular seasonal flu shot and the H1NI vaccination at the Solomon Center for several months, Hughes said.

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IT organization changes affiliation, name

Fort Jackson Leader staff report

As of Oct. 1, Fort Jackson no longer has a Directorate of Information Management. Instead, DOIM is now known as the U.S. Army Signal Network Enterprise Center, or NEC.

The change came as part of the Army's initiative to establish a global network enterprise, in which 37 former DOIMs transferred from being commanded by IMCOM to being under the command of NETCOM.

The Fort Jackson NEC marked the transition with a ceremony that was attended by the organization's workforce, Fort Jackson leaders and guests from the 7th Signal Command at Fort Gordon, Ga., which oversees all NECs in the continental United States.

"We're establishing unity of command," said Col. Edward Morris, 7th Signal Command chief of staff. "We're bringing together the authority and the resources. If it's within my authority to direct you to do something, it's also on me to provide you the resources to accomplish that mission. In the past, it was not that way."

Jesus RosaVelez, NEC director, said that whereas the new name and command structure will impact the organization internally, local network users will not notice any changes.

"From an overarching perspective, the shifting of responsibility for network operations from IMCOM to NETCOM is the significant change," RosaVelez said. "From a local standpoint, nothing has changed from the service support our customers are used to."

CAMPAIGN PLAN FOCUS

The NEC tranformation supports the campaign objective "implement technology modernization plan" (8.3 on the strategy map). It falls under support and sustainability, one of the three lines of operation of the Fort Jackson campaign plan.

He added that as part of the transformation, visual information support, which includes official photos, graphics and audio support, is now the responsibility of the Directorate of Planning, Training, Mobilization and Security.

Col. Lillian Dixon, garrison commander, compared the change to military units changing their uniform patch.

"I don't expect there to be any change in the relationship between us and 7th Signal Command, and now, the NEC," Dixon said. "I think that it will be a seamless transition. We have a wonderful working relationship. I think the only thing that's going to happen is the service is probably going to be much better."

Dennis Sheppard, deputy to the 7th Signal Command commanding general, said the transformation is part of a long-term effort to standardize and localize the Army network.

Photo by SUSANNE KAPPLER

Col. Edward Morris and Dennis Sheppard, 7th Signal Command chief of staff and deputy, respectively, unveil a sign Oct. 1 that symbolizes the tranformation of the former Directorate of Information Management to the U.S. Army Signal Network Enterprise Center.

"A couple of ... major steps have already been taken," Sheppard said. "The 9th Army Signal Command — also called NETCOM — was given the lead to be the single network provider ... . The second step was standing up the 7th Signal Command, which has the responsibility for the CONUS portion. ... Today we're here for a third major step, which is to join what were the DOIMs as a NEC, as a Network Enterprise Center."

Sheppard added that future plans call for the integration of other Army networks into one network, which allows Soldiers and DA civilians to move between installations without having to change their e-mail address, for example.

"Over the next 12 to 24 months, we're going to see the DOIMs from AMC (Army Materiel Command), from the Corps of Engineers, from MEDCOM (Medical Command) — they'll be coming over and joining the 7th in CONUS and the other theater commands across the globe until we form a single IT infrastructure for the entire globe."

Housing Happenings

HOUSING SERVICES OFFICE

❒ All military personnel are required to process through the Housing Services Office when they arrive at and depart Fort Jackson. The HSO assists service members and civilians with all relocation needs. The HSO also allows property owners to list property for sale or rent. For more information, call 751-7566/5331.

COMMUNITY UPDATES

❒The Community Management Office is now open until 6 p.m. Tuesdays.
❒ Balfour Beatty Communities offices will be closed Monday in observance of Columbus Day. Work orders will be accepted through the answering service at 787-6416.
❒ All housing offices will be closed Monday. In case of an emergency, call 338-4809.
❒ LifeWork events are free and open to all residents. To register, or for more information, e-mail *cowilliams@bbcgrp.com* or call 738-8275. Join the LifeWorks e-mail list and stay informed. Stop by the management office for a calendar of events. Visit *www.ftjacksonfamilyhousing.com.*
❒ Balfour Beatty Communities is now leasing to single Soldiers E5 (promotable) and above. There is a limited number of apartments available on Thomas Court for single Soldiers. Call 738-8275 for details.
❒ Items left on playgrounds or in housing can be retrieved at the Community Management Office. You must be able to accurately describe the item and where it was left. Numerous bicycles have not been claimed. For more information, call 738-8275.

DEVELOPMENT UPDATES

❒ Construction is ongoing in all phases of housing. Phase One demolition is complete.
❒ A ribbon-cutting ceremony for junior enlisted homes is planned for December. More details will follow.
❒ Residents are encouraged to be cautious near construction sites.

Top instructor

Photo by STEVE REEVES

Staff Sgt. Raphael Quarshie, Company E, 369th Adjutant General Battalion, is the battalion's instructor of the cycle.

T-shirt logo aimed at increasing domestic violence awareness

By SHARONDA PEARSON
Fort Jackson Leader

Colin Henderson regularly creates designs in his job as business manager and lead designer at Fort Jackson's Firehouse Productions.

But one of his latest designs is aimed at bringing awareness to a big problem: domestic violence.

Henderson's design was selected from 21 contest entries to be used during this month's Domestic Violence Awareness rally at Fort Jackson.

The winning logo will be displayed on T-shirts and other collectibles that will be available to the public at the Oct. 17 event.

"I feel honored that I won the contest," Henderson said.

The seven-year FMWR employee said he hopes the logo communicates the importance of domestic violence awareness.

The contest was extended to Soldiers, family members, contractors and DoD civilians to increase awareness about the event.

Each logo was judged on three main criteria: impact of the design, artistic merit and how well the logo represented the theme of the rally.

The theme of this year's rally is, "Let's Talk About It, Not Fight About It."

Henderson said he used personal experience, such as his own marriage and images of his home, to help develop the concept of the purple and white logo.

The logo by Colin Henderson was selected as the winning design for this year's Domestic Violence Awareness Rally.

After years of marriage, he said he understands the importance of treating his spouse with both love and respect, and makes a conscious effort to walk away and calm himself during arguments with his wife.

"I would never want to let (an argument) get to the point of violence," Henderson said.

Sabrina Madden, lead victim advocate coordinator at the Family Advocacy Program, said the logo was selected because, "it best conveyed the feeling and theme of the rally."

Participants were given artistic liberty to interpret the theme, and submissions varied from photos of Soldiers and their spouses with a logo displayed in back, to colorful renditions from school-age children.

Madden also said that it is likely that the organization will continue to host the contest because of the positive response.

"The rally continues to grow each year, and we hope to keep it that way," Madden said.

Henderson will be presented with the grand prize, an iPod Touch, at the event. However, each participants will be given a token of appreciation from the Family Advocacy Program.

Sharonda.Pearson@us.army.mil

DOMESTIC VIOLENCE AWARENESS RALLY

This year's Domestic Violence Awareness Rally is scheduled for Oct. 17, 8:30-11:30 a.m. at the Solomon Center. The rally will feature guest speakers Henry McMaster, South Carolina attorney general, and Lorie Boddie, survivor.

LEADER INFORMATION

❑ Article submissions are due two weeks before the scheduled publication. For example, an article for the Oct. 22 *Leader* must be submitted by today.

❑ Announcements are due one week before the scheduled publication. For example, an announcement for the Oct. 22 *Leader* must be submitted by Oct. 15.

❑ Send all submissions to *FJLeader@conus.army.mil*.

❑ For more information on how to submit articles or announcements, call 751-7045.

❑ For questions regarding advertising or subscriptions, including classified ads, call (803) 432-6157 or (800) 698-3514. Classified ads can be faxed to (803) 432-7609, Attn: Leader classifieds or mailed to The Fort Jackson Leader, P.O. Box 1137, Camden, S.C. 29021. To submit a classified ad via e-mail, send it to *skaress@ci-camden.com*. Classified ads are free for service members who are selling personal items. Please limit the ad to 40 words.

❑ Are you interested in knowing what's going on at Fort Jackson? Follow us on Twitter at *www.Twitter.com/FortJacksonPAO*. Log on to your Facebook account and become a Leader "fan" by visiting *http://bit.ly/10gj2x,* or go to *www.Facebook.com* and search "Fort Jackson Leader."

SFAC starts anti-violence campaign

By DEBORAH HAUCK
Soldier Family Assistance Center

The Soldier Family Assistance Center began its monthlong "Domestic Violence Awareness" campaign last week. The event was aimed at educating Warrior Transition Unit Soldiers, wounded DoD Civilians and their family members about domestic violence.

"I thought it was a very informative and hands-on event," said LeVerne Ferrette Martin, with the Family Advocacy Program. "The audience was very interactive. Great seminar." Spc. Angela Baskin added, "The discussion was informative and the entire event was classy and relaxing."

Jesse Deberry, SFAC director, said he was pleased with the event, which is the first of four.

"I am very pleased and excited how the community ... supported the WTU Soldiers and their families by providing free manicures and pedicures. This is just another example of the great rapport and relationship that the SFAC and the local community have established. The young ladies that volunteer to provide this service were enthusiastic and excited to be providing this service not just in support of Domestic Violence Awareness but for the warriors."

Sgt. 1st Class Leroy Howard said, "The set-up was great, the presentation was nice, the skit was great and it demonstrated the different aspects of domestic violence. The facilitators were very knowledgeable and definitely subject matter experts. This event should have been opened for everyone."

More than half of the WTU Soldiers and family members attended.

‘Learn from your experiences’

Rank, name
Sgt. 1st Class Scott McClellan

Unit
Company D, 2nd Battalion, 39th Infantry Regiment

Military Occupational Specialty / Job title
11B Infantryman / Drill sergeant

Years in service
14

Family
Married with two children

Highest education
Associate’s degree

Hobbies
Fishing, watching movies

Photo by CRYSTAL LEWIS BROWN

Sgt. 1st Class Scott McClellan directs a group of Basic Combat Training Soldiers during a marksmanship exercise at the range. McClellan plans to become a teacher after he retires from the Army.

NCO spotlight

In the 14 years Sgt. 1st Class Scott McClellan has served, he has been assigned to Fort Campbell, Ky.; Camp Casey, Korea; Hohenfels, Germany and Fort Lewis, Wash. He has also been deployed twice to Iraq.

McClellan said his most memorable experience in the Army was when he was assigned to Fort Lewis.

“Being part of (starting up) the Stryker Brigade at Fort Lewis and seeing all the new tactics (that would be used) influenced me,” he said. “I got to see units built from the ground up and got to deploy with the new technology.”

He said he was most influenced by the leaders he has encountered throughout his career.

“Strong leadership has given me something to look to and to try to be ... that picture of the right paths to take and the example to follow.”

He has many goals.

He said his first goal is to deploy with an infantry unit. His next focus is to complete his degree in education. He plans to become a teacher once he retires from the Army, which he hopes will lead to his goal to work with troubled children.

“My ultimate dream would be to run a boot camp for wayward teens,” he said.

His advice for junior enlisted Soldiers: “Don’t let sidetracks and setbacks hurt you ... . Use them as an opportunity to grow. And learn from your experiences.”

We salute you!

The NCO Creed

No one is more professional than I. I am a noncommissioned officer, a leader of Soldiers. As a noncommissioned officer, I realize that I am a member of a time-honored corps, which is known as “the backbone of the Army.”

I am proud of the Corps of Noncommissioned Officers and will at all times conduct myself so as to bring credit upon the corps, the military service and my country regardless of the situation in which I find myself.

I will not use my grade or position to attain pleasure, profit, or personal safety.

Competence is my watchword. My two basic responsibilities will always be uppermost in my mind — accomplishment of my mission and the welfare of my Soldiers.

I will strive to remain technically and tactically proficient.

I am aware of my role as a noncommissioned officer. I will fulfill my responsibilities inherent in that role. All Soldiers are entitled to outstanding leadership; I will provide that leadership. I know my Soldiers and I will always place their needs above my own.

I will communicate consistently with my Soldiers and never leave them uninformed. I will be fair and impartial when recommending both rewards and punishment.

Officers of my unit will have maximum time to accomplish their duties; they will not have to accomplish mine. I will earn their respect and confidence as well as that of my Soldiers.

I will be loyal to those with whom I serve; seniors, peers, and subordinates alike. I will exercise initiative by taking appropriate action in the absence of orders.

I will not compromise my integrity, nor my moral courage. I will not forget, nor will I allow my comrades to forget that we are professionals, noncommissioned officers, leaders!

Mom decides to give flu vaccine a shot

CRYSTAL CLEAR

By CRYSTAL LEWIS BROWN
Fort Jackson Leader

I have always been a skeptic. And when I first heard about the new H1N1 vaccine, my skepticism kicked into high gear.

The first time I got a seasonal flu vaccine was 2007. And that was because a friend convinced me to go with her. But I have never really seen the need for getting any type of flu vaccine, and for me, H1N1 was no different. In my research, the seasonal flu is deadlier than H1N1, so why should I worry?

Earlier this week, the decision was made. As my husband and I drank coffee and looked through the Sunday newspaper, I told him: "I'm not getting (the baby) vaccinated."

"Why?" he asked. My response was that it was untested, and didn't more people get sick from the flu vaccine than from the actual flu? And just like that, it was done.

There was only one problem with my decision. Despite my research, I am missing one thing: medical training.

Monday night, I attended a Family Readiness Group meeting at which Col. Nancy Hughes, commander of Moncrief Army Community Hospital, gave attendees a rundown on the immunization plan.

Hughes, a nurse with more than 20 years in the Army, didn't use scare tactics, she didn't try to force anything on anyone, but what she did do was make a lot of sense. And what she said that night put things into perspective for me.

Despite my best efforts, as a mom with a child in day care, my child will touch people and things and put a variety of things in his mouth. And although I think I can control everything, experience proves that I cannot.

Children, my child at least, do all the things we are told not to do in order to avoid becoming infected with the flu. They touch their eyes, noses and mouths and almost without fail, put their hands on other people's faces.

They do not sneeze into their sleeves, they don't always wash their hands and they don't understand the concept of giving a fist bump instead of a hug. And in my case, that hug is often accompanied by a runny nose, a wet kiss or an exclamation that turns into him spitting in my face.

So knowing all of this, why wouldn't I do everything I can to protect my child against getting any type of flu? And while my own son's health is the catalyst for my decision, I am also thinking about the other children he will contact.

Children younger than 6 months are not eligible to receive any type of flu vaccine. And keeping my son healthy plays a part in the health of those children, as well.

Is the flu vaccine right for you and your family?

I can't answer that.

But what *is* right is doing your research, consulting with medical professionals and doing what you think is in the best interest of your child.

Crystal.Y.Brown@us.army.mil

Grandparents' day evokes memories for military 'brat'

COMMENTARY

By YVONNE CORPPETTS
Special to the Leader

I was asked to speak recently at Fairfield Elementary School in Winnsboro. It was a day of celebration to recognize the many grandparents who nurture and support their grandchildren. It signified the importance of grandparents (and other extended family members) in the life of a child's education. This brought back memories of my own childhood and growing up without my grandparents.

As a military "brat," more often than not, a child may not live in the same city as his or her grandparents. The missed opportunities of a grandparent being involved in the daily life of a military child may be minimal. However, opportunities to stay connected are always there.

Telephone calls from far away places, e-mails, video- and audio-taping and old-fashioned letter writing can keep the military child and his or her grandparents firmly connected in between those long-awaited visits.

Although the military child may be away from extended family members, he or she has a great start in life. What better role model to have than a mother or father (maybe both) who are in the military serving their country. The examples of leadership, discipline and taking personal responsibility can, and often do, rub off.

The dedication to duty, teamwork and perseverance in times of challenges to keep moving forward provides an excellent foundation for success in life.

Undoubtedly, there are hardships in being a military child. These hardships may come from being separated from a parent on assignment; a parent who returns home from war who is "different" than when he or she left; or the untimely death of a parent. Regardless of the more typical challenges that befall the military child — moving away from friends, trying to make new friends in an unfamiliar place, playing "catch up" at a new school — the military brat learns real-world issues that helps him or her later in life.

The ability to establish friendships with diverse groups of people allows a military child to look beyond him or herself to see that there truly is a worldwide web to which he or she is connected.

Exploring new places and relationships with people of diverse cultures provides hands-on experiences where social studies, geography and history lessons come to life. Acquiring the need to be flexible and adaptable becomes an added bonus for the military child in today's society that constantly and rapidly changes.

Yes, I would say military brats have a great start in life. After all, they are in the company of good people; men and women, active duty and retirees and civilian employees who are serving their country, leading by example and making a difference.

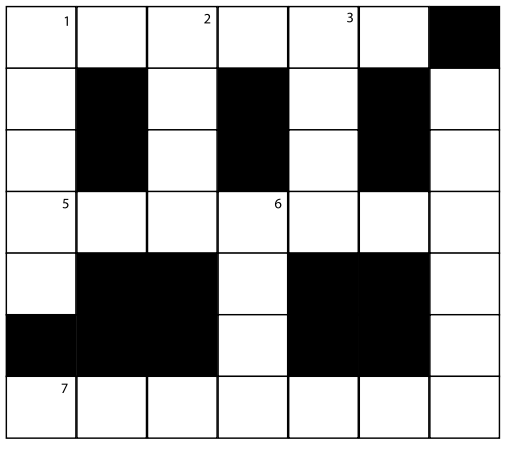
A great start in life influences the military child's outlook on life where the world is our home and its people our brothers and sisters. How do I know?

I'm an Army brat (all grown up) and proud of it!

Editor's note: *Yvonne Corppetts is a retired Air Force officer who resides in Elgin.*

all about kids

Crossword Puzzle



ACROSS
1. Another word for scary
5. Come to the surface again
7. Set of clothes

DOWN
1. To frighten
2. A smell
3. Youngsters
4. Part of the mouth
6. Malaysian fabric

Answers:
Across
1. spooky 5. reriseu 7. costume
Down
1. scare 2. odor 3. kids 4. tongue 6. ikat

German fest gets fiery flair

Hotoberfest combines fire safety, Oktoberfest events

By CRYSTAL LEWIS BROWN
Fort Jackson Leader

Saturday, Isabel Cardwell was awakened by the smell of smoke and the blaring of a fire alarm. The 5-year-old expertly rolled out of bed, making sure to crawl low to avoid the smoke.

After touching one door and deeming it too hot to open, she found her way out of the house and called 911 to alert the authorities of her location.

Fortunately, Cardwell and dozens of other children were not in a real fire, but were participating in one of several stations during last week's Hotoberfest.

Saturday's Hotoberfest was a combined Fire Safety Day and Oktoberfest event hosted jointly by Family and Morale, Welfare and Readiness and the Fort Jackson Fire Department.

Die Lustigen Musikanten, a Columbia-based German-style band played German and American favorites, as families munched on traditional German fare and participated in an array of children's activities. Children got the chance to hop into a fire truck, and tours of the fire station were also given.

Sparky the Fire Dog was on hand to teach children how to prevent fires, and what to do in case of a fire.

Some of the day's attendees got more than they expected.

"We came for the (Volksmarch) and the German food," said Danielle Hilliard, referring to the walk that morning.

Although she didn't know about the fire safety events beforehand, she and fellow spouse Christy Hearn thought the activities were helpful.

Hearn's 3-year-old son, Quintin, benefited from the fire safety diagram, she said.

"I think this will help," she said. "He can see it, so it's (easier to understand)."

Chris Zell came out to the event with his wife and three children.

"I work for the (U.S. Army) Corps of Engineers (and) my son likes the firemen, so I brought them out here," he said.

His 3-year-old son Christian came prepared with a fireman's tool belt, which included an ax and a fire extinguisher.

"It's great," Zell said of the event. "We didn't have a meeting place before, so now we have one."

Charles Stoudemire, FMWR special events coordinator, said he estimates about 500 people attended the event.

"I think it went extremely well," he said. "I think those who attended got some good information about fire safety."

Combining the two unlikely events also worked out, he said. He said the two agencies will probably continue Hotoberfest next year.

"We were very pleased ... to be able to give back to the community and team up with a great organization like the fire department."

Crystal.Y.Brown@us.army.mil

Photos by CRYSTAL LEWIS BROWN

E.T. Smith plays the accordion with German-style band *Die Lustigen Musikanten* during last week's Hotoberfest event at the Fort Jackson Fire Department. Hotoberfest combined a traditional Oktoberfest event and Fire Safety Day.

Quintin Hearn, 3, shakes hands with Sparky the Fire Dog at Saturday's event. Hearn was among the many children who participated in the event's various activities, which included a bounce house, rock climbing and a chance to get inside both civilian and military firefighting vehicles.

81st RSC top NCO recalls Cuban roots

By SGT. 1ST CLASS MARK BELL
81st Regional Support Command

"One of the things that I cherish the most is the ability to vote without fear of retaliation," Cuban-born Command Sgt. Maj. Luis Blanco said during a recent Hispanic heritage celebration.

Blanco, the senior enlisted Soldier for the 81st Regional Support Command, spent part of the event remembering his heritage and his journey from a young boy growing up in Havana, Cuba to mentoring Soldiers and civilians assigned to the Fort Jackson two-star Army Reserve command.

"Since I became a citizen and eligible to vote, I have not missed one election," he said. "It gives me the feeling that I am part of the process; whether the candidate wins or loses, I'm a contributor to the process of democracy."

More than 40 years ago, Blanco and his family left behind the comforts of familiarity in exchange for what some say is one of humanity's greatest gifts — the power of choice.

For years, the Blanco family lived under a Cuban dictatorship that rationed everything in their lives. From two pairs of shoes a year to a limited food supply, the family of four was told how and where to live.

"In Cuba, just about everything was rationed," Blanco said. "Once you received your allowance, it was marked in your ration book, and we couldn't get anything more until the next year."

Now the senior enlisted adviser to Maj. Gen. Bill Gerety, Blanco said he remembers the tough times he had growing up in a communist country. Still, he said, he cherishes his Hispanic heritage.

In September 1968, the Blanco family's lives changed forever.

Photo by SGT. 1ST CLASS MARK BELL, 81st RSC

Command Sgt. Maj. Luis Blanco, the 81st Regional Support Command's senior enlisted Soldier, talks with Sgt. Maj. James Drayton during a recent training event at Fort Jackson.

As the government seized all personal belongings — including their sole source for milk, a family goat — the family left behind extended family members, friends and a way of life for a new dream and a new way of life.

"I was lucky that my immediate family was allowed to leave together," he said. Classified as Cuban refugees, the Blanco family carried their lives in one small carry-on bag for the nearly 90-mile journey to Florida.

"We didn't even know how to say 'yes' or 'no' in English," he said.

When they arrived at the refugee center in Miami, the young 13-year-old Blanco saw something he only heard whispers about in Havana — Chicklets chewing gum. Blanco convinced his father to use 25 cents from the $20 given them by the refugee center staff to pay for a taxi to buy the box of gum.

"I put about four pieces of the gum in my mouth, started chewing and waited to see if something would happen," he said.

After a few minutes of furious chomping and nearly choking himself waiting for the ride to the airport, Blanco was satisfied and hopped in the backseat of a waiting cab.

He and his family soon reunited with other family members, Blanco said, but the upcoming years were very difficult.

The language barrier, different customs and the move from a small island to the big city were a bit intimidating for the young Blanco.

"I have always been grateful to this country for letting us who were persecuted by a dictator and communist government settle in a place of freedom," he said.

Blanco enlisted in the U.S. Army in 1977 as a helicopter missile system repairer and after seven years of active duty, he joined the Army Reserve.

He served in Germany and deployed to Iraq, where he was embedded with the Iraqi Army.

"I consider it a privilege to serve this great nation that opened its arms and welcomed immigrants from all over the world," he said.

Blanco said that America celebrates and recognizes all heritages to help make us better people and a better society.

One thing Blanco said he misses most about Cuba is the tight-knit family values and traditions.

"Every Sunday we would visit my paternal and maternal grandmothers," he said.

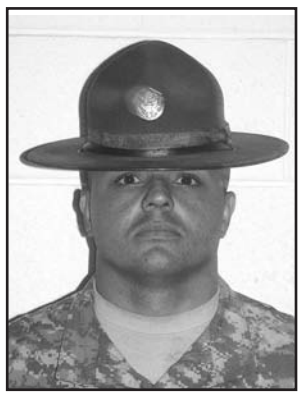
Whether Blanco is providing mentorship to noncommissioned officers or volunteering in his local community, he always takes pride in where he comes from and where his future lies.

"America is an amazing country that has given me the opportunity of a lifetime," he said. "Hopefully, others will be given the same chance I had as a little boy. Today, I can proudly say, 'I am an American Soldier.'"

Mark.E.Bell@usar.army.mil

Saluting the cycle's Basic Combat Training honorees

DRILL SERGEANTS OF THE CYCLE



Staff Sgt.
Aaron Robinson
Company A
2nd Battalion,
39th Infantry Regiment

SOLDIER LEADER OF THE CYCLE
Pfc. Rachael Buck

SOLDIER OF THE CYCLE
Pfc. Joshua Snead

HIGH BRM
Pfc. Abrel Hicks

HIGH APFT SCORE
Pvt. Caitlyn Ahlgren

Sgt. 1st Class
Andrew Dara
Company B
2nd Battalion,
39th Infantry Regiment

SOLDIER LEADER OF THE CYCLE
Pvt. Bryan Selzer

SOLDIER OF THE CYCLE
Pfc. Christopher Meyer

HIGH BRM
Pvt. Patrick Hocking

HIGH APFT SCORE
Pvt. Cassandra Brown

Sgt. 1st Class
Mathew Timms
Company C
2nd Battalion,
39th Infantry Regiment

SOLDIER LEADER OF THE CYCLE
Pvt. Shawn Sell

SOLDIER OF THE CYCLE
Spc. Charles Myers

HIGH BRM
Spc. Charles Myers

HIGH APFT SCORE
Pvt. Elise Podlesny

Sgt. 1st Class
Heidi Miranda
Company E
2nd Battalion,
39th Infantry Regiment

SOLDIER LEADER OF THE CYCLE
Pfc. Timothy Westberry

SOLDIER OF THE CYCLE
Pfc. Jessica Marsh

HIGH BRM
Pvt. Thomas Hayes

HIGH APFT SCORE
Pvt. Zachary Kohon

Sgt. 1st Class
Yancy Windham
Company F
2nd Battalion,
39th Infantry Regiment

SOLDIER LEADER OF THE CYCLE
Spc. Lance Swanson

SOLDIER OF THE CYCLE
Spc. Elexster Benston

HIGH BRM
Pvt. Aaron Redente

HIGH APFT SCORE
Pfc. Jerry Hockensmith

Photo not available

Staff Sgt.
Taylor Tucker
Company D
2nd Battalion,
39th Infantry Regiment

SOLDIER LEADER OF THE CYCLE
Pfc. Stephanie Hayes

SOLDIER OF THE CYCLE
Pfc. Nikita Turnbull

HIGH BRM
Pfc. Anselmo De Araujo

HIGH APFT SCORE
Pfc. Alexander Myers

SUPPORT AWARDS OF THE CYCLE

STAFF SUPPORT AWARD
Sgt. Latoya Williams

TRAINING SUPPORT AWARD
Sgt. Clarence Carter

SERVICE SUPPORT
Phillip Cobble, Robert Sumter, Cindy Andre-Noel

FAMILY SUPPORT AWARD
Luz Davis

News and notes

SCHOOL BOARD SELECTED

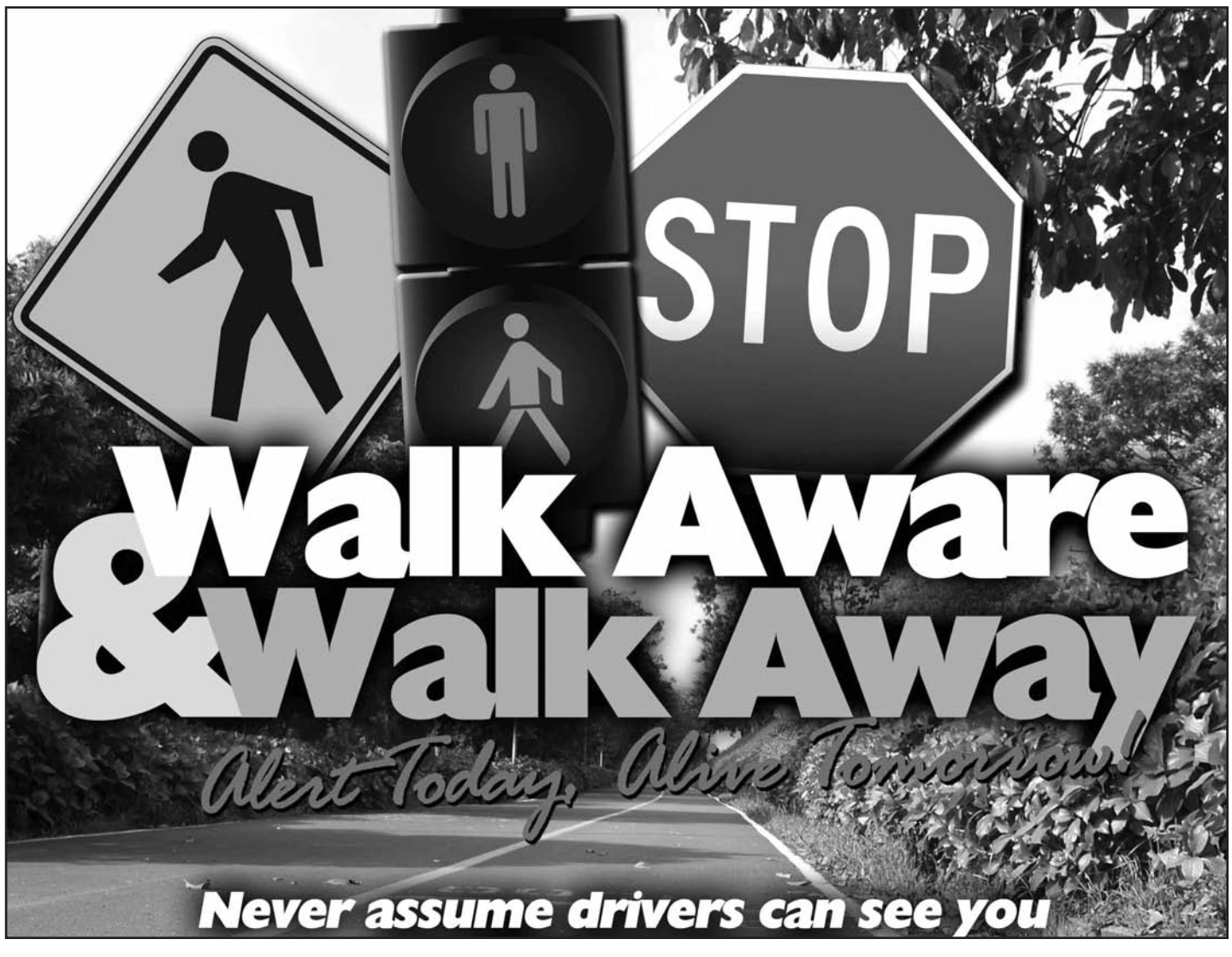
The Fort Jackson School Board announced recently its newest school board members. The five board members were selected during an election late last month. The new members are: Cliff Burgoyne, Austin Davis Jr., Josh Harms, Holly King and Patricia Moore.

CHAPLAIN WINS AWARD

Chaplain (Lt. Col.) Bart Physioc, 193rd Infantry Brigade chaplain, was selected recently as the U.S. Army recipient of the National Bible Association's 2009 Witherspoon Award. He will be presented with a plaque and honored at a dinner in New York next month. Physioc was recognized for his creation of the "Bayonet Bistro" — a combination Bible study and lunch break.

KNIGHT POOL CLOSING

Knight Pool will close Oct. 19 for repairs. Arrangement are being made with off-post facilities to serve patrons during the renovations.



Council addresses community issues

Customer Management Services, in partnership with the Army Family Action Plan, facilitated the Fourth Quarter Installation Action Council recently.

The council was chaired by the garrison commander and attended by representatives from numerous post organizations and agencies, as well as members of the Fort Jackson community.

As part of keeping the Fort Jackson community informed, the following issues and responses are provided:

CUSTOMER SERVICE CORNER

Issue: Initial entry training Soldiers do not have enough restricted areas and there is no enforcement of areas that are restricted. IET Soldiers are often unaccompanied in the PX, the food court and the hospital. Not enforcing the restriction policy can lead to fraternization and overcrowding of these facilities.

Recommendation: Enforce the "off limits" policy for IET Soldiers until graduation.

Response: Cadre escort Soldiers in training to facilities such as the PX, Clothing Sales and other authorized establishments during the week, which reduces the chance of facilities being overcrowded with IET Soldiers.

On weekends, training Soldiers are not allowed to frequent these establishments until after 3 p.m. Training Soldiers also use the troop stores in their areas to purchase items normally stocked in the PX and Clothing Sales stores to allow them the opportunity to stay in their respective areas to purchase items.

Family Days and graduation days are the only times during which a Soldier in training can visit FMWR, AAFES, the commissary and other vendor services without supervision. The off limits areas are already strictly enforced by separate brigades and battalions, and no further action is required. Additionally, FJ Reg 600-3 outlines the fraternization policy, which is very clear and easy to understand.

Issue: Soldiers E-1 to E-5 on unaccompanied tours are required to reside in the barracks. This results in married Soldiers living in the same quarters as single Soldiers. Requiring the NCOs to live in the barracks with their Soldiers leads to low morale, fraternization and high stress levels for all residents. Furthermore, married Soldiers (regardless of rank) forfeit the standard of living to which they are accustomed. Example: An E-3 who lives in a house with his or her spouse will be forced to live in a room in the barracks once assigned here on an unaccompanied tour.

Recommendation: Modify the current policy so that Soldiers' living arrangements can be reviewed and evaluated on a case-by-case basis when they in-process through the Installation Housing Office instead of waiting until they are assigned to their units. This would allow for determination of living arrangements at that time and thereby expedite the decision process.

Response: According to AR 420-1, Facilities Management, Para. 3-18d(4): "Unaccompanied Soldiers married to Soldiers on separate tours will be assigned to permanent party housing on the same basis as unmarried personnel." Fort Jackson policy does, however, allow married Soldiers on tours within 100 miles of each other to reside off-post. Requests must be processed through the RCI Office and approved by the garrison commander.

THE CMS PROCESS

The Customer Management System at Fort Jackson is a three-tiered feedback system established to determine the satisfaction of those who work, train, live and play on the installation.

CMS includes the Interactive Customer Evaluation system, Community FIRST/AFAP and Customer Service Assesments.

This feedback enables the garrison to focus on specific actions aimed at improving customers' experiences of post services.

A complete list of Community FIRST issues can be found at *http://www.jackson.army.mil/WellBeing/wellbeing.htm*. New issues may be submitted on the site as well, by clicking on "Submit an Issue or Recommendation" or on the Community FIRST/AFAP Logo.

Whether it affects individuals and constituent groups here at the installation level or throughout the Army, feedback is important.

"Let your voice be heard!"

ICE APPRECIATION

The garrison congratulates DHR, specifically ASAP, and Housing Services Division, specifically Off Post (HSO). In a 12-week period, they achieved a 4.89 and a 4.98 rating, respectively, out of a possible 5.0 in employee/staff attitude. This is an outstanding performance in customer service.

Infantry award

Courtesy photo

Lt. Col. Benjamin Higginbotham, left, commander of 3rd Battalion, 13th Infantry Regiment, congratulates Staff Sgt. Dennis Kirk, Company E, 3-13th on being awarded the Order of St. Maurice recently.

Best behavior

Courtesy photo

Members of the Reception Behavioral Health team, 120th Adjutant General Battalion (Reception), were recognized in an appreciation ceremony for their outstanding service to the battalion.

Calendar

Today
Sergeant Major Association meeting
4 p.m., NCO Club
All active and retired command sergeants major and sergeants major are invited to attend.

Thursday, Oct. 15
Rocks Inc. meeting
5:30 p.m., Post Conference Room
RVSP by Oct. 14. Call 751-1898 for information or to RSVP.

Friday, Oct. 16
Drill sergeant spouse focus group
8:30 a.m. to 12:30 p.m., 3499 Daniel St.
Child care is available with advance notice. Register by Tuesday. Call 751-3425 for information or to register.

Saturday, Oct. 17
Domestic Violence Awareness Rally
8:30 -11:30 a.m., Solomon Center
Guest speakers: Henry McMaster, S.C. state attorney general and Lorie Boddie, S.C. Coalition Against Domestic Violence and Sexual Assault

Monday, Oct. 19
Town Hall meeting
6 p.m., Solomon Center
Topic:H1N1 influenza

Announcements

171ST VETERANS DAY BALL

The 171st Infantry Brigade Veterans Day Ball is scheduled for Nov. 6 at the Medallion Center. RSVP by Oct. 23. Call 751-7242/3316 for ticket information.

RECLAMATION SALE

A reclamation sale for Soldiers is scheduled for Oct. 26-30 at 2570 Warehouse Road. The schedule is as follows:

Oct. 26 — E1-E6, active duty, Reservists on active duty

Oct. 27-30 — all ranks

EVENING GRADUATION

The 3rd Battalion, 13th Infantry Brigade graduation is scheduled for 5:30 p.m., Oct. 15 at Hilton Field. Family day activities will begin at 9 a.m.

DHR CLOSED

The Directorate of Human Resources (excluding the ID card section) will be closed from 11 a.m. to 5 p.m., Oct. 23. Call 751-6024/7731 in case of emergency.

PET VISITATION PROGRAM

The Red Cross is developing a Pet Visitation Program to provide pets to visit Warrior Transition Unit Soldiers and families, Moncrief Army Community Hospital patients and more. If you are interested in volunteering yourself and your pet, call 751-4329.

MACH VOLUNTEERS

Volunteers are needed for the Red Cross and Moncrief Army Community Hospital. Volunteer positions for the Red Cross include: web designer/ manager, emergency communications caseworkers, data entry, computer technician, instructors (baby sitter training, CPR, first aid, AED). Hospital volunteer positions include: transportation, clerical, data entry, public relations and help in various clinics. Visit the Red Cross office or MACH for information.

AAFES UPDATES

AAFES has scheduled a Meet and Greet session 1-2 p.m., the first Tuesday of each month. The session is for customers to share comments, suggestions and more. AAFES' "Buddy List" provides customers the opportunity to have store promotions delivered weekly to an e-mail inbox. August, September and October "Buddy List" subscribers can complete an online survey through Oct. 31 to be entered into a drawing for a $1,000 shopping spree.

AMERICAN LEGION GOLF

The American Legion Auxiliary has scheduled its inaugural golf tournament for noon, Oct. 23 at the Fort Jackson Golf Club. For more information, call 799-6695, (843) 281-8513 or e-mail *Timbet1@aol.com*.

DHR FURNITURE

The Directorate of Human Resources will be replacing work stations/furniture Oct. 19 to Jan. 8 in most of the work centers/activities in the Strom Thurmond Building. The timeline will be publicized at a later date.

NATIONAL GUARD EXPO

The S.C. National Guard Air & Ground Expo is scheduled for Saturday and Sunday at McEntire Joint National Guard Base. Visit *http://scguardnow.net.*

BUSINESS WORKSHOP

The Soldier Family Assistance Center and the Benedict College Business Development Center has scheduled a series of workshops 1:30-2:30 p.m., every Thursday in October for WTU Soldiers, wounded DoD civilians and their families who are interested in owning a business.

HIGH SCHOOL ESSAY CONTEST

"Being an American" contest is now open to students in grades 9-12 who are U.S. citizens or legal residents. This year's question: "What civic value do you believe is most essential to being an American?" The grand prize is $5,000 for each regional winner. Entries are due Dec. 1. Visit *www.beinganamerican.org* for guidelines.

GRADUATION TIMES

Beginning Nov. 1, graduation will be scheduled for 10 a.m. to coincide with the end of daylight saving time.

COMMISSARY TWEETS

DeCa will use Twitter and Facebook to post promotions, events and cost-saving programs. To receive tweets from the commissary, sign up at *www.twitter.com/The Commissary.* To become a Facebook fan, search "Defense Commissary Agency" or visit the fan page at *http://www.facebook.com/pages/Defense-Commissary-Agency/131694158961?ref=ts*

SFAC/WTU ACTIVITIES

The Soldier Family Assistance Center, located at 4512 Stuart Ave., has scheduled several domestic violence awareness seminars. Seminars are 10 a.m. to 2 p.m. each Friday in October and will be accompanied by free massage, facial, manicure or pedicure. On-site child care available upon request.

Housing events

Tuesday
Neighborhood huddle
5:30 p.m.

Thursday, Oct. 15
Breakfast on the go
7:30 a.m.
Get a hot Chick-Fil-A breakfast on the way to school.

Neighborhood huddle
10 a.m.

Friday, Oct. 23
Neighborhood Watch party
6 p.m.
Enjoy music, food and fun for the whole family while learning how to be proactive against crime.

Friday, Oct. 23
Hallogreen costume contest
4 p.m.
Wear your best eco-friendly costume.

Every Tuesday
Walking club
9 a.m.
Strollers are welcomed.

Every Wednesday
Salsa dancing
6 p.m.
Come by to learn how to salsa dance.

All events are held in the Balfour Beatty Communities management office unless otherwise specified. For more information, call 738-8275.

ADVERTISE IN THE LEADER

To place an advertisement in the *Leader*, including classified ads, contact Camden Media Co. at (803) 432-6157 or 1-800-698-3514. Ads can also be faxed to (803) 432-7609, ATTN: Leader Classifieds.

Off-post events

CIB ASSOCIATION MEETING

The Combat Infantryman Association meeting is scheduled for Oct. 13 at the American Legion Post 6, 200 Pickens St. Dinner begins at 6 p.m.; meeting begins at 7 p.m. RSVP by Oct. 9. Call 351-2333 for information or to RSVP.

PALMETTO PAINTERS

A Palmetto Painters art auction is scheduled for 11 a.m., Oct. 10 at Green Hill Baptist Church, 1734 Augusta Road, West Columbia.

WOUNDED WARRIOR RUN

East Carolina University's Army ROTC and the Brook Valley Country Club have scheduled their Annual Wounded Warrior Run, Nov. 14. The race is in support of the Soldiers in the Fort Bragg, N.C. Warrior Transition Battalion. Visit *www.woundedwarriorrun.com* for information.

RECRUITMILITARY EXPO

A free employment, entrepreneurship and educational expo is scheduled from 11 a.m. to 3 p.m., Oct. 15, at the Bojangles Coliseum in Charlotte. The expo is for veterans, personnel transitioning from active duty, Reservists, National Guardsmen and military spouses. For more information, or to register, visit *www.recruitmilitary.com.*

LEADER INFORMATION

❑ Article submissions are due two weeks before the scheduled publication. For example, an article for the Oct. 22 *Leader* must be submitted by today.

❑ Announcements are due one week before the scheduled publication. For example, an announcement for the Oct. 22 *Leader* must be submitted by Oct. 15. Send all submissions to *FJLeader@conus.army.mil*.

❑ Follow us on Twitter at *www.Twitter.com/ FortJacksonPAO* or become a *Leader* "fan" at *www.Facebook. com* and search "Fort Jackson."

❑ Call 751-7045 for information.

Medicine disposal: crush, don't flush

By VICKY DERDERIAN
Preventive Medicine
Moncrief Army Community Hospital

In the past, it was acceptable to dispose of expired or unwanted medicine by pouring it down the sink, a drain, or flushing it down the commode. Today, these methods raise concern among the environmentally conscious.

A great deal of research has gone into the proper disposal of pesticides and what occurs to the environment when deviations from the standards of disposal are violated, but not until recently has the concern been directed to unwanted medication and disposal. Trace amounts of medicines have been found in ground water, surface bodies of water and drinking water.

The U.S. Geological Survey announced that 139 streams in 30 states showed evidence of trace amounts of common drugs, such as: antibiotics, antidepressants and drugs used for hypertension and diabetes.

Unfortunately, the current water treatment systems do not effectively remove these contaminants from the water supply. The Environmental Protection Agency has found no immediate risk to human life, but suspects that drug contamination is attributing to ecological harm.

It is estimated that this problem will escalate as the population expands and more medications are dispensed. The environmental significance and human health risk may not be known for years. It is a hot debate and the there has been legislation introduced this year in Congress to address this concern, specifically to develop simplified rules for take-back facilities.

A group of students at the Medical University of South Carolina found that despite growing concerns about pharmaceutical compounds in the water, most people continue to improperly dispose of unwanted or unneeded medication. Another study was conducted at Madigan Army Medical Center and found that most people did not know how to properly dispose of unwanted medicine.

What can we do at Fort Jackson to properly dispose of pharmaceuticals? "SMARxT Disposal" — a public awareness campaign, suggests:

— Do not flush unused medicine, or pour it down a sink or drain.

— Be proactive. Dispose of unused medicine in household trash. To protect children and pets from any negative effects, be sure to take these steps before trashing any medicine:

— Pour medicine into a sealable plastic bag. If it is a solid (pill, liquid capsule, etc.) crush it or add water to dissolve it.

— Add coffee grounds, sawdust, kitty litter (or any material that mixes with medication that makes it less appealing to children or pets to eat) to the plastic bag.

— Seal the plastic bag and put it in the trash.

— Remember to remove all personal information from the medicine container before recycling them or discarding them.

— Check for approved state and local collection programs. In some states, unused medicine can be returned to a local pharmacy or other location for disposal.

Spiritual and physical health go hand-in-hand

By CHAPLAIN (CAPT.) STEVEN RINDAHL
Moncrief Army Community Hospital

Working in a hospital has given me opportunity to reflect on how the worlds of medicine and theology can frequently intersect. Beginning with the physician and evangelist Luke there are many examples throughout history of people who have combined medicine and ministry.

Luke, a physician, is the author of the Gospel of Luke and the book of Acts. Luke filled his writings with examples of his concern for both the physical and social well-being of those to whom the apostles ministered.

Through these vignettes, the reader senses the care and concern for others that must have drawn Luke to the practice of medicine, a motivation that still draws men and women into medical professions today.

While Luke's writings put a focus on miraculous healing, Paul recommended the medicinal use of wine to his charge, Timothy, who suffered a stomach ailment.

Reading the scripture record in whole, one sees the use of medicine and faith bringing healing to those who were sick. A student of scripture recognizes that frequently, God accomplishes his will on earth through those whom he has blessed with special gifts and skills.

A modern example is the Rev. Martyn Lloyd-Jones. A brilliant student, Lloyd-Jones completed medical school so quickly; he had to wait until he met the minimum age requirements for licensure as a medical doctor in the United Kingdom before he could take his board exams.

While enjoying a growing and successful practice, Lloyd-Jones became convinced that physical healing alone was inadequate and re-entered college to become a clergyman. He became an extremely respected minister, using his knowledge of medicine and theology to meet people's needs.

This combination of doctor and clergy is obviously rare, but the combination of theology and medicine should not be. "The Cure of Souls" is the title given to ministers in some denominations.

Whether exceptionally wrapped together in one person like Lloyd-Jones or, as is more common, people working together, the practice of medicine and the practice of ministry should work hand-in-hand to bring total healing to those in need.

From the 38th Chapter of Ecclesiastes: *Honor physicians for their services, for the Lord created them; for their gift of healing comes from the Most High. ...*

James 5:14: *Is anyone among you sick? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord.*

Fort Jackson flu shot schedule

Seasonal flu shots will be given at the Solomon Center until March during the following dates and times:

8 a.m. to 2 p.m. — Monday and every other Saturday (beginning Oct. 10)
10 a.m. to 5 p.m. — Wednesday

The flu drive is for dependents, beneficiaries and retirees with valid military identification.

Children between the ages of 6 months and 3 years will get their flu shots at the Pediatric clinic on a walk-in basis. The clinic is located in the Family Health Clinic on the ground floor of Moncrief Army Community Hospital. For more information on pediatric flu shots, call 751-2210.

The flu drives at on-post schools will include vaccinations for teachers and parents. Parents must be present to sign permission forms.

The schedule is as follows:
Pierce Terrace — 7-9 a.m., today
C.C. Pinckney — 7-9 a.m., Tuesday and Oct. 15.

For more information on the flu drive, call 751-2434.

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❑ Send all submissions to *FJLeader@conus.army.mil*.

MACH updates

MACH CLOSES ENROLLMENT

Because of a shortage of on-post primary care providers, active duty family members will no longer be able to enroll for services at MACH. Family members will have a choice of Primary Care Managers in the TRICARE Prime network in the civilian community.

CATARACT SCREENING

The Moncrief Army Community Hospital Ophtalmology Clinic will conduct quick cataract evaluations Oct. 23 for all beneficiary categories, including active-duty family members, retirees and retiree family members. A referral is not necessary to call for an appointment. To schedule an appointment, call 751-5406.

APPOINTMENTS ON TWITTER

MACH is announcing same-day appointments for primary care on Twitter. These are appointments that were initiated by a patient but were canceled. The open appointment will become available to the first patient to request it. Sign up at *www.twitter.com/machcsd*.

ASAP CLEARING PROCEDURE

Soldiers must now clear the Army Substance Abuse Program, Social Work Services and Behavioral Health prior to leaving the installation. The Soldiers' out-processing will include a review of medical records and provide an opportunity for the Soldier to receive behavioral health care or information at his or her gaining installation. Out-processing hours are 8-11 a.m., Tuesdays and 1-4 p.m. Thursday at MACH Room 7-90. For more information, call 751-2235.

DFAC CLOSURE

The MACH dining facility remains closed for renovations. Patrons can use the mobile kitchen near the third-floor entrance.

Free nutrition classes offered to post families

Army Family Covenant

By THERESA O'HAGAN
Family and Morale, Welfare and Recreation

As part of Family and Morale, Welfare and Recreation's commitment to the Army Family Covenant, nutrition classes are being offered free to members of the Fort Jackson community.

Madge McNaboe, a nutritionist with Child, Youth and School Services, is teaching a series of three classes at the Post Library, beginning this month.

The classes are designed to broaden the participants' knowledge of nutrition and its importance in maintaining proper health as well as appropriate weight. The topic of the first class is dietary guidelines.

"The focus is on diet and how proper diet can prevent certain diseases such as heart disease, diabetes and cancer," McNaboe said.

When people discuss nutrition and diet, they often focus only on weight loss or weight maintenance, she explained.

"If you follow the guidelines for a healthy diet and you need to lose weight, you will lose weight," McNaboe said. "It is much better in the long term to eat for disease prevention and to combat common diseases such as diabetes, heart disease and obesity. It's a good place to start.

"It's not a quick fix. It's learning how to eat better and be healthier. Proper nutrition and maintaining a healthy weight is not something you can do for 12 weeks and then go back to your old ways. You can't maintain your weight loss that way. The only way to get to a healthier weight and a healthier body is by permanently changing your way of eating."

The second class in the series is "Fueling for Fitness." Participants will use the knowledge from the first class to develop an individual dietary plan that fits their individual caloric and protein needs.

The third class is "Trends and Controversies in Human Nutrition."

"In this class, we separate fact and science from someone trying to sell a product," McNaboe said. "We discuss probiotics, organics and supplements. The goal is for participants to understand how to eat healthy to prevent prevalent disease, and the weight will take care of itself. "

Class times are geared toward making the classes accessible to everyone.

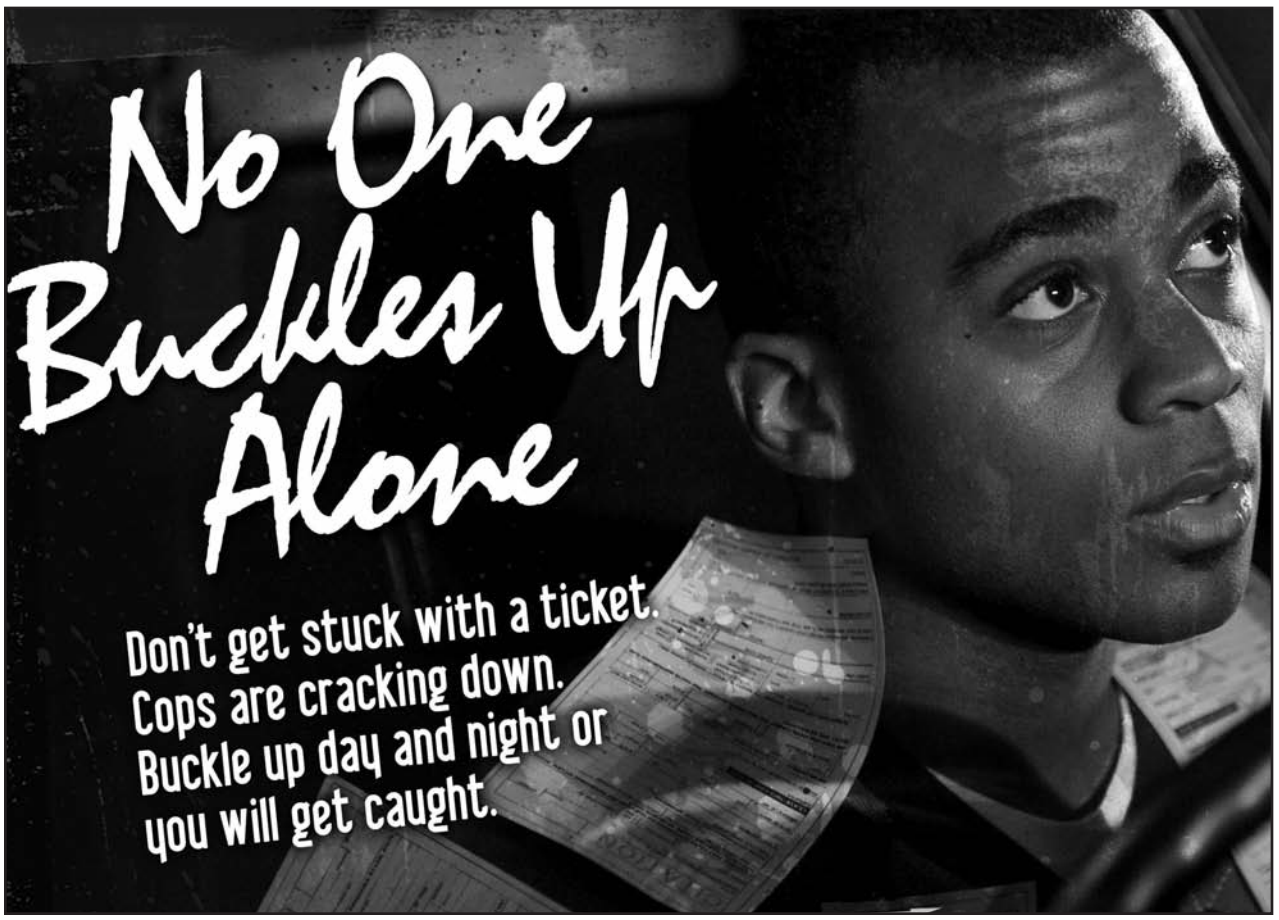
"We try to vary the times — morning, afternoon and evening classes — so everyone has an opportunity to attend," McNaboe said. "I have students who return after completing the series. They tell me, 'I just need to hear it one more time.'"

Classes are kept small to encourage participation and provide individual attention.

Registration is encouraged, but is not mandatory. For more information or to register call Madge McNaboe at 751-3773.

The current class series continues Oct. 19, at 6 p.m. with "Fueling for Fitness." Trends and Controversies in Human Nutrition is scheduled for the same time Oct. 26.

The November series of classes is scheduled for Nov. 2, 9 and 16 and classes begin at 11:30 a.m. The December series is scheduled for Dec. 1, 8 and 15 at 1 p.m.



FMWR calendar

THURSDAY

❑ Visit Century Lanes for food, fun and bowling.

❑ Magruders Pub and Club is open for lunch.

❑ Visit the Officers' Club 11 a.m. to 1:30 p.m. for specials or the buffet.

❑ Eat Right Cooking School with the EDGE!, 3:30-5 p.m. For more information, call 751-3053.

❑ Women's team match, 9:30 a.m., Fort Jackson Golf Club.

FRIDAY

❑ Artistic Expressions with Jake, 6:30 p.m., Teen Room at the Youth Services Center.

❑ Dance to a variety of music provided by DJ Randall at Magruders Club, 9 p.m. to 3 a.m. Magruders Club is located in the back of Magruders Pub. Cover charge is $5 for civilians and $3 for military.

SATURDAY

❑ Step Team practice, 2 p.m., dance room at the Youth Services Center.

❑ Classic Soul Saturday, 9:30 p.m. to 2 a.m., Excalibur Room at the NCO Club. Cover charge is $5 for civilians and $3 for military.

❑ Trip to Harrah's Cherokee Casino, 7 a.m. to 8 p.m., departs at Marion Street Station. The transportation cost is $15.

❑ Basic oil and filter change class, 10 a.m., Autocraft Shop.

SUNDAY

❑ Family day at the Youth Services Center, 2-6 p.m.

❑ Traditional brunch, 11 a.m. to 2 p.m, Officers' Club. Coat and tie are no longer required. T-shirts, running attire and flip flops are not permitted.

MONDAY

❑ PBA experience, 5 p.m., Century Lanes Bowling Center, $18 per week.

❑ Family fun duo league, 6 p.m., Century Lanes Bowling Center, $19 per duo.

WEDNESDAY

❑ Karaoke night with Tom Marable at Magruders Club. Cover charge is $5 for civilians and $3 for military.

❑ Party night, 8 p.m., NCO Club. Cover charge is $7 for civilians and $5 for military.

❑ Let 'Er Roll with the EDGE!, 5:30-7 p.m., Century Lanes Bowling Center. Open to children 8-15.

❑ Guest Day at the Fort Jackson Golf Club.

ONGOING OFFERS

❑ The Officers' Club is ready to host your next special event. The club's professional staff will ensure every detail is addressed so your event will be to your specifications.

❑ The NCO Club breakfast is served 6-9 a.m., Monday through Friday. The cost is $7 for adults and $3.75 for children 4-10 years old.

❑ Victory Travel has special offers for a variety of dinner shows and attractions. Currently offered are discounted tickets to Carowinds, $30 per ticket, and Six Flags, $27 per ticket, for the 2009 season. Some offers require reservations. For more information, visit Victory Travel in the Solomon Center.

Combat skills can also steady families

By CHAPLAIN (CAPT.) KEVIN WAINWRIGHT
3rd Battalion, 60th Infantry Regiment

Steady position. Proper sight picture. Breath control. Trigger squeeze.

A Soldier properly trained to use these four components of rifle marksmanship will hit his or her target. Our Basic Combat Training cadre take weeks to teach these skills to our new Soldiers.

We spend so much time and focus so much of our attention on these critical combat skills, but do we dedicate the same amount of time sustaining and building our families?

To put it another way, how hard would a leader work to prepare a formation for combat? He or she would do whatever it takes to get the Soldiers ready to accomplish the mission. Most of us would do the same. However, do we put in the same intensity to prepare our families to be places of refuge, hope, and resiliency during these times of sustained conflict?

Most (and I am in this group) are convicted at this point that maybe we do not focus like we should on the real priorities in our life: faith, family, friends and our fellow Soldiers.

But it is an easy first step to begin to change our perspective from looking at others as game pieces to dynamic friends and loved ones with hopes and dreams in which we can be a part. This step involves being proactive instead of reactive when it comes to responding to the stress in our relationships.

When confronted with a frustrating or challenging situation, we can pause, remember why we value the other person, and then chose to respond accordingly.

When we walk into a room strewn with uniforms, gear, combat boots and a 5-year-old, before we respond we can look into the face of our child and remember that what he or she is really saying is how much he or she wants to be like us.

It is simple, almost too simple, to pause, reflect on why and what we value in the other person, and then choose to respond. We say the same thing about the warrior skills needed to properly fire a rifle. Simple and easy, yet they remain a perishable skill that we must relearn over and over again in our military profession. Pausing, reflecting and then responding — PRR.

Let us try it today instead of spraying our anger and frustration, and we will see how much more effective we are as spouses and parents.

Worship & Praise

PROTESTANT

■ Sunday
8 *a.m. and 11 a.m.* Daniel Circle Chapel (Gospel)
7:45 a.m. Bayonet Chapel (Hispanic)
9 a.m. and 10:30 a.m. Magruder Chapel
9:30 a.m. Main Post Chapel
10:45 a.m. Post-wide Sunday School (Main Post Chapel)
11 a.m. Memorial Chapel
11 a.m. Chapel Next, Bayonet Chapel
■ Wednesday
6 p.m. Prayer Service Daniel Circle Chapel
7 p.m. Gospel Mid-week Service Daniel Circle Chapel

Protestant Bible Study
■ Monday
7 p.m. Women's Bible Study (PWOC — Main Post Chapel, Class 209)
■ Wednesday
7 p.m. Anderson Street Chapel
7 p.m. Daniel Circle Chapel
7 p.m. Gospel Congregation's Youth (Daniel Circle Chapel)
■ Thursday
9:30 a.m.-noon Women's Bible Study (PWOC, Main Post Chapel)
6 p.m. Neighborhood CMF/OCF Bible Study (Call 790-4699)
7 p.m. LDS Bible Study (Anderson Chapel)
■ Saturday
8 a.m. Men's Prayer Breakfast (Main Post Chapel, (every second Saturday of the month in Chapel Fellowship Hall)

Protestant Youth of the Chapel
■ Saturday
11 a.m. Daniel Circle Chapel (third Saturday)
■ Sunday
5 p.m. Main Post Chapel

CATHOLIC

■ Monday-Thursday
11:30 a.m. Mass (Main Post Chapel)
■ Sunday
8 a.m. Mass (Solomon Center)
11 a.m. Mass (Main Post Chapel)
9:30 a.m. CCD (Education Center)
9:30 a.m. Adult Sunday School
12:30 a.m. Catholic Youth Ministry
■ Wednesday
7 p.m. Rosary
7:30 p.m. RCIA/Adult Inquiry

ANGLICAN/LITURGICAL

■ Sunday
8 a.m. Memorial Chapel

ISLAMIC

■ Sunday
8-10 a.m. Islamic Studies (Main Post Chapel)
■ Friday
12:30-1:45 p.m. Jumah Services (Main Post Chapel)

JEWISH

■ Sunday
9:30-10:30 a.m. Memorial Chapel
10:30-11:30 a.m. Jewish Book Study (Post Conference Room)

CHURCH OF CHRIST

■ Sunday
11:30 a.m. Anderson Street Chapel

LATTER DAY SAINTS

■ Sunday
9:30 a.m. Anderson Street Chapel

ADDRESSES, PHONE NUMBERS

Daniel Circle Chapel
3359 Daniel Circle, corner of Jackson Boulevard, *751-4478*
Main Post Chapel
4580 Strom Thurmond Blvd., corner of Scales Avenue, *751-6469*
Bayonet Chapel
9476 Kemper St., *751-4542*
Family Life Chaplain
4850 Strom Thurmond Blvd. (inside of Main Post Chapel), *751-5780*
Anderson Street Chapel
2335 Anderson St., corner of Jackson Boulevard, *751-7032*
Education Center
4581 Scales Ave.
Magruder Chapel
4360 Magruder Ave., *751-3883*
120th Rec. Bn. Chapel
1895 Washington St., *751-5086*
Memorial Chapel
4470 Jackson Blvd., *751-7324*
Chaplain School
10100 Lee Road, 751-8050

FIRST RESPONDER

The following are incidents compiled from reports, complaints or information received from the Fort Jackson Provost Marshal Office.

The incidents reflected are not an adjudication attesting to the guilt or innocence of any person and are provided for informational and reflective purposes only.

Lt. Col. Ronald F. Taylor
Director,
Emergency Services/Provost Marshal
Sgt. Maj. Glen W. Wellman III
Provost Sergeant Major
Billy Forrester
Fire Chief

CASES OF THE WEEK

❑ A Soldier was ticketed for no proof of insurance, expired registration and improper backing after his vehicle struck another car while backing out of a parking spot at the Gate 2 Shoppette, Military Police said. Damages to the other vehicle included dents and scratches to the rear fender, bumper and wheel area.

❑ A Soldier's vehicle was damaged in a hit-and-run in the Boyden Arbor Reserve Center parking lot, MPs said. When the Soldier returned to his car, he noticed damage to the left rear bumper. MPs were unable to locate the other vehicle.

TIP OF THE WEEK

As part of Fort Jackson's continuing efforts to improve access onto and off the installation, the Directorate of Emergency Services will conduct testing of new access procedures for Gate 4 (Boyden Arbor/Percival Road), today, Friday and Oct. 15-16. On these dates, Gate 4 will be used only for one-way, inbound traffic onto the installation from 6:45-9:15 a.m. Commuters will be unable to exit Gate 4 during that time frame.

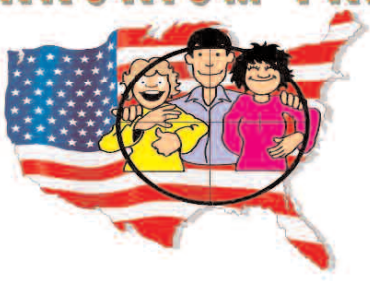
Based upon the results of the test, this may become a permanent procedure.

crimestoppers
1-888-559-TIPS
www.midlandscrimestoppers.com

FORCE PROTECTION THOUGHT OF THE WEEK

ANTITERRORISM TRAINING

Stay Alert!!!!!



Stay Alive!!!!!

AT TRAINING WEBSITE

https://atlevel1.dtic.mil/at/

SCRA helps Soldiers terminate leases

By CAPT. SCOTT SOMERSET
Legal Assistance Attorney

Leases can sometimes present problems for Soldiers who are frequently required to move all over the world. The Servicemembers Civil Relief Act can relieve some of these problems. If you qualify, Section 535 of the SCRA will allow you to terminate a lease.

The lease must meet certain requirements in order for the SCRA to apply. The lease must first apply to property that is occupied or is intended to be occupied by a service member or service member's dependents.

Secondly, the service member must have either entered the service or received PCS orders for a period of 90 days or more during the lease. The lease can be for either residential or commercial purposes.

Automobile leases are treated somewhat differently. The SCRA automatically kicks in if the Soldier's permanent duty station changes from CONUS to OCONUS or the Soldier's PCS orders transfer him or her out of Alaska or Hawaii. Otherwise, the PCS orders must cover a period of at least 180 days.

Notice how there is no time requirement regarding the start date of the PCS orders. If your PCS orders require you to move a year from now, you can still use those orders to terminate a current lease.

In order to terminate a lease under the SCRA, you must deliver written notice of your termination and a copy of your orders to the landlord or landlord's agent. For automobile leases, you must also return the vehicle no later than 15 days after you deliver the written notice.

In order to effectively "deliver" notice, you can either hand deliver it, use a private business carrier like UPS or FedEx, or place the notice in an envelope with sufficient postage and return receipt requested, address it to the landlord or landlord's agent and mail it.

The lease is not terminated immediately. In the case of leases with monthly rent, the lease is effectively terminated 30 days after the date the next rent check is due. For example, if you send the notice Sept. 23 and the rent is due the first of every month, you still have to pay rent Oct. 1 for the month of October because the lease is not effectively terminated until Oct. 31.

If the lease is not monthly, the lease is terminated on the last day of the month the month after notice was given. For example, if you give notice Sept. 2, your lease is effectively terminated on the last day of October (the month after the month you gave notice) so you would still pay rent for October.

Motor vehicle leases are terminated as soon as the notice delivery requirements are fulfilled.

The SCRA also protects Soldiers once the lease has been terminated. Rent paid in advance for a period after the effective termination date must be refunded within 30 days of the effective termination date. Unpaid rent, however, must be paid back on a prorated basis.

For motor vehicles, early termination charges may not be imposed, but taxes and fees included in the terms of the lease must be paid off.

If the service member or service member's dependent's property is seized or interfered with, the person seizing or interfering with the property (usually the landlord) can face criminal charges.

Regulation clarifies promotion list integration

By RENALDO TURNER
Deputy Inspector General

During a conversation earlier this week, Spc. Sims overheard two noncommissioned officers talking about the new direct promotion list integration for Soldiers being promoted to sergeant and staff sergeant.

During the discussion, one of the NCOs said Soldiers did not have to attend the promotion board to become promotable. Sergeants who have 46 months time-in-service and 10 months time-in-grade, and who are not denied by the commander, can be integrated. Staff sergeants with 82 months TIS and 10 months TIG, and who are not denied by the commander, can also be integrated.

Sims has 45 months TIS and 14 months TIG.

Could he be integrated into the promotions standing list next month?

According to AR 600-8-19, Enlisted Promotion and Reductions, if the commander determines a Soldier is eligible to be integrated into the promotion standing list, he or she must sign and submit the list to battalion.

All Soldiers will not have a DA Form 3355 but will submit an Army Physical Fitness Test and weapons qualification card. The Soldier will receive 350 points for sergeant or 450 points for staff sergeant, and will not be eligible for recomputations.

Soldiers will not be awarded additional points based on the airborne promotion advantage. If the Soldier is not denied, he or she will be integrated onto the promotion list.

When a Soldier is added to the recommended list and later wants to go before the promotion board, the Soldier must be recommended by the chain of command and follow the required procedures for a total re-evaluation.

If a Soldier appears before the board and is not recommended for promotion, the Soldier will be removed from the promotion list and must appear before the promotion board again to regain a promotable status.

If the unit commander denies a Soldier's integration, the commander must submit the list prior to the 15th of the month. All denied Soldiers will be counseled in writing. Soldiers who were denied integration will be considered for reintegration every 90 days following their previous denial.

The unit commander will take action quarterly to determine if the Soldier will continue to be denied or integrated.

Post combatives team holds its own

By STEVE REEVES
Fort Jackson Leader

A Fort Jackson Soldier defeated some of the best fighters in the military during the recent 2009 Army Combatives Tournament.

Staff Sgt. Michael Robinson, a training noncommissioned officer with Company C, 3rd Battalion, 60th Infantry Regiment, placed second in the welterweight class of the tournament, Sept. 18-20 at Fort Benning, Ga.

Robinson, the victor in four previous bouts, lost to Staff Sgt. Pedro Lacerda of the 75th Ranger Regiment in the final round.

Lacerda, who holds a second-degree black belt, forced Robinson into submission about midway through the second round of their bout.

However, Robinson, who has been training in combatives for only two years, said he did well considering he fought such an experienced opponent.

"I held my own against him, especially while we were on the ground," Robinson said. "I was really upset because I wanted to win. But a lot of people afterward gave me a lot of credit for doing so well against such a high-level fighter."

Robinson was the captain of a 14-member Fort Jackson team that traveled to Fort Benning for the tournament, which featured 318 Soldiers from around the Army.

Fort Jackson placed 13th out of 39 teams.

The final team standings were determined by the total number of points accumulated by each team's 14 individual fighters, or two Soldiers per weight class.

"The team did well as a whole," Robinson said. "I think it was our absolute best performance as a team."

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Courtesy photo

Staff Sgt. Michael Robinson, a training NCO with Company C, 3rd Battalion, 60th Infantry Regiment, was awarded a medal and trophy for his performance during the 2009 Army Combatives Tournament. Robinson placed second in the welterweight class of the tournament.

Just for kicks

Photo by SUSANNE KAPPLER

Members of the seventh-ranked University of South Carolina women's soccer team share a light moment with children who attend the team's soccer clinic Tuesday at the Youth Sports Complex.

Sports shorts

❑ The University of South Carolina women's soccer team hosts military day Friday, 7 p.m. at Stone Soccer Stadium. Tickets to the game against Auburn cost $1 for service members and family members.

❑ Commander's Cup bowling is scheduled for Nov. 2-4, 2-5 p.m at Century Lanes Bowling Center. The deadline to enter is Oct. 28. The event is for active duty personnel only. For more information, call 751-3096.

❑ The previously scheduled triathlon/biathlon has been canceled until further notice.

❑ For more information on sports events, call 751-3096.

LEADER INFORMATION

❑ Article submissions are due two weeks before the scheduled publication. For example, an article for the Oct. 22 *Leader* must be submitted by today.

❑ Announcements are due one week before the scheduled publication. For example, an announcement for the Oct. 22 *Leader* must be submitted by Oct. 15.

❑ Send all submissions to *FJLeader@conus.army.mil*.

❑ For more information on how to submit, call 751-7045.

❑ For questions regarding advertising or subscriptions, including classified ads, call (803) 432-6157.