

Level 1 - Introduction

Level 1 - the heart of the AFTB Program - is designed primarily for family members new to the military. It provides basic "survival skills", and knowledge that can assist newcomers in adapting to the military environment. Classes include instruction in military acronyms, the Chain of Command, military benefits and entitlements, and expectations. Level 1 has been nicknamed "Army 101".

1.01 Military Terms, Acronyms, Customs, and Courtesies

Introduces the basic and unique words used routinely in military life. Team exercises reinforce the terms and meanings learned. Materials distributed will include a glossary of military and Army acronyms and terms; a list of the official bugle calls, including their times and purposes; and a handout explaining the Army's most basic customs and courtesies.

1.02 The Chain of Command and the Chain of Concern

Defines the military chain of command, emphasizing command structure, symbols, and the explanation of military grades and staff positions (including civilian employee equivalents). Explains the intent of the chain of concern in providing assistance to the families within a unit or organization.

1.03 Introduction to Military and Civilian Community Resources

Provides an overview of the resources available within both the military and civilian communities. Class handouts given to students are the same as the materials provided to soldiers and civilian employees during similar courses and can be used as a checklist during departures, deployments, and other important events.

1.03a Introduction to Army Family Action Planning Program (AFAP)

Provides an overview of the Army Action Planning process

1.03b Introduction to Operation READY (OP READY)

Provides an overview on Operation READY. Operation READY is a library of training resource materials. The READY materials are designed to serve as deployment/mobilization training materials for Commanders, Army Community Service, Reserve Components Family Program staff, Family Support Groups, unit leaders, rear detachment personnel, soldiers, and family members.

1.04 Benefits, Entitlements, and Compensation

Introduces the basic benefits and entitlements received by military and civilian personnel. Guest speakers from the areas to be discussed will provide expert information, including local handouts.

1.05 Family and Military Expectations

Covers the expectations that soldiers, civilian employees, and their families have about the

extent to which the military will "take care" of families. Also discusses what the military expects of soldiers, civilian employees, and their families regarding taking care of themselves and each other.

1.06 Impact of the Mission on Family Life

Discusses the Army's missions and their impact upon soldiers, civilian employees, and their families.

1.07 Basic Problem Solving

Teaches the basic skills necessary to successfully solve problems.

1.08 Supporting Your Child's Education

This is newest addition to the Level I curriculum and provides parents with the facts and tools needed to make sure their children receive the best quality education while changing schools and living overseas.