

# Street evacuated after UXOs found

Leader staff report

Nearly 50 residents and employees were evacuated from the housing area Tuesday morning after construction workers uncovered eight 1940s-era 75 mm rounds from a construction site.

"Construction workers uncovered these objects, and they did the right thing and backed out of (the area) and called us," said Chief Billy Forrester, Fort Jackson Fire Department.

The rounds were discovered in the new officer housing area, near Furman Smith Road and Knight Avenue.

"They were blank rounds, but they actually had black powder in them (as well as) primer," he said. "They did

“It’s not like they’re just laying around the housing area where kids can get them.”

— **Billy Forrester**  
Chief, Fort Jackson Fire Department

pose an explosive threat.”

Once the area was cleared, the EOD team “contained” the rounds and later destroyed them at the EOD range, Forrester said.

Forrester said precautions are being taken to check for additional UXOs prior to resuming digging.

Barbara Corbett, manager of Jack’s Inn, was one of those evacuated.

“The fire department did a beautiful job,” she said. “My main concern was my people and the occupants.”

She estimated that the entire ordeal lasted 2 1/2 hours. Forrester said residents should not be overly concerned by the incident, but should always be cautious and call 911 if they come across something they think is a UXO. The rounds were uncovered during the grading process, which means construction workers had to dig several feet with heavy machinery in order to uncover them.

“These were well buried,” he said. “It’s not like they’re just laying around the housing area where kids can get them.”

## The Fort Jackson *Leader*



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# High praise



Photo by SUSANNE KAPPLER

Army Chief of Staff Gen. George W. Casey addresses the media during his visit to Fort Jackson Monday.

## Gen. Casey: Fort Jackson a ‘center of excellence’ for Army resilience training

By **SUSANNE KAPPLER**  
Fort Jackson Leader

Army Chief of Staff Gen. George W. Casey got a firsthand look at the Army’s latest addition to the Comprehensive Soldier Fitness program and said he liked what he saw.

Casey, touring Fort Jackson’s Master Resilience Training school, said he believes the facility will be a mainstay at the Army Initial Entry Training center for quite some time, simply because there is a need for it.

Revised BCT Program of Instruction

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for a while; and (that) the human mind and body weren’t made to deal with repeated combat deployments,” said Casey, who had been the Multi-National Force commander in Iraq. “And so we had to give every Soldier the opportunity and the skills to deal with those challenges.”

Casey toured the facility, which opened last week, and took time to speak with Soldiers who are attending the course’s pilot class.

“I was very pleased with what I saw here,” Casey said. “This will be the center of excellence for resilience training in the Army.”

Master Resilience Training is one of the four components of the Comprehensive Soldier Fitness program, which is designed to

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Block party aimed at kids’ resilience

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Post police conduct joint training drill

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# CSF stocks Soldiers' mental toolboxes

It's been a pretty exciting past two weeks on post, with the opening of the Army Master Resilience Training course facility and visits from the Army's chief of staff, Gen. George W. Casey, Lt. Gen. Mark P. Hertling and Brig. Gen. Rhonda Cornum.

I can't express how proud I am that Fort Jackson has the lead in training instructors for MRT, which is an integral part of the larger initiative, Comprehensive Soldier Fitness, all of which fall under one of our major campaign plan objectives. Team Jackson has worked very hard in completing its mission.

In the course of one year, MRT instructors will develop roughly 1,800 Soldiers who will be able to take that knowledge back to their units and apply it accordingly. Soldiers will, in turn, learn to cope with stress, which military leaders have to come to realize, can be a formidable force.

As you probably realize, the Army is firmly behind this effort and has invested heavily in it. We have engaged the nation's top scholars to help us craft the curriculum and teach us what we need to teach and how to teach it. We have hired the most qualified instructors to staff our new school. We have made renovations, preparations and have opened the doors to this pioneer approach.

We will move forward with confidence, knowing that we will be molding more complete Soldiers, arming them with mental tools that not only can be the determining factor in a victory, but also the intangible glue that holds their families together when the going gets tough.

**BRIG. GEN. BRADLEY W. MAY**  
Fort Jackson  
Commanding  
General



Knowing how to cope is so important, particularly when we are engaged in a long and grueling fight that will continue to test our mettle and perseverance. It is no coincidence that there are so many books written on coping skills and how to manage stress in all aspects of our daily lives, in how to be successful in relationships, business, sports ... you name it. Stress, when not properly managed, can seriously impact one's health and factor into any mission heavily. Master resilience trainers will pass along the skill sets, in this case the preventive set of tools that Soldiers require.

Positive psychology is a wonderful social science, and it is coming of age in today's force. We have seen the positive impact of a parallel program, Army Strong, which was launched a few years ago.

As the director of Comprehensive Soldier Fitness has eloquently put it: "Army Strong says very clearly that being Army Strong is more than doing push-ups and run-

ning ... it is compassion. It's courage. It's communication. It's loyalty. It's integrity. This training (master resilience) gives us a deliberate plan to instill those things and not just hope that they are going to happen because we are in the Army."

Make no mistake that the mental fitness of Soldiers is on an even keel with physical fitness. Soldiers need to stay in psychological shape as well, and it's the Army's responsibility to make sure that Soldiers have the tools to do this. In the past year or so, we have had some major success debunking some old thinking when it comes to emotions, psychological or social stress, but there is more work ahead.

There could be some initial resistance because of the macho stigma. Soldiers pride themselves on their toughness, and many have come up through the ranks believing that they have to divorce their emotional feelings from their mission, suck it up and drive on.

I am confident that once Soldiers receive this special training that they will view the world differently. As one senior NCO who took the course summed it up: "It feels touchy-feely at first, because you're talking to a bunch of doctors, psychiatrists and then you realize it's not therapy. All they are doing is giving you tools for your own tool kit. One of the best ways I can explain it is: Your car doesn't have to be broken for you to have some tools in your trunk."

I couldn't have put it any better than that.  
Army Strong!

## The Fort Jackson Leader

Fort Jackson, South Carolina 29207

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## Ask the garrison commander about: Survivor Benefits Plan details

What is the Survivor Benefits Plan?

The Survivor Benefits Plan, or SBP, is an insurance plan that provides a retiring Soldier the opportunity to provide a portion of his or her retirement pay to a spouse or other family member after his or her death. Retirees pay a monthly premium and, after the retiree's death, family members will receive the retirement pay in the form of a monthly annuity.

Retirees put 6.5 percent of their retirement pay into the SBP; the beneficiaries will then receive 55 percent of the retirement pay. Those who use the SBP may put in a minimum of \$300 and up to the maximum retirement pay each month. Retiring Soldiers will not be automatically enrolled in the SBP and must either elect to participate or decline participation. Married Soldiers who choose to decline must have their spouses' consent. Call the Fort Jackson Retirement Services Office at 751-40472-7130. Retirees may also contact the Fort Jackson Retirement Services Office at 751-6715 for more information.



As a retiree, who do I contact if I need to change my address?

Retirees who need to change their addresses should notify the Defense Finance and Accounting Office of the new address by calling 800-321-1080. Retirees may also write to:

Defense Finance and Accounting Office, U.S. Military Retirement Pay, P.O. Box 7130, London, KY

**COL. LILLIAN A. DIXON**  
Fort Jackson  
Garrison  
Commander



40472-7130.

Retirees may also contact the Fort Jackson Retirement Services Office at 751-6715 for assistance in reporting a change of address.

### FACT OF THE WEEK

The U.S. Army launched its "Gifts to Army" Web site (<https://giftstoarmy.army.mil>) in July 2008. The site contains a link to the Family and Morale, Welfare and Recreation Commands Web site that accepts online donations for Soldier and family programs. As part of the donation process, the donor can select an installation and a program where they want the donation to go. Online donations categories include Soldier and Family Assistance Centers, Family Readiness Groups and FMWR Soldier and family programs.

To submit questions for the "Ask the Garrison Commander," call 751-2842, or e-mail [scott.nahrwold@us.army.mil](mailto:scott.nahrwold@us.army.mil).

E-mail story ideas and announcements to  
[FJLeader@conus.army.mil](mailto:FJLeader@conus.army.mil).

# NCO earns TRADOC top honor

## RRS Soldier named top NCO instructor

By KRIS GONZALEZ  
Fort Jackson Leader

For the first time in Fort Jackson's history, a noncommissioned officer from the U.S. Army Soldier Support Institute has been named TRADOC NCO Instructor of the Year.

Sgt. 1st Class Jonathon Blue, chief instructor for the retention department of SSI's Recruiting and Retention School, was recently awarded the title for Fiscal Year 2009.

"It brings me great honor to be recognized as the TRADOC (NCO) Instructor of the Year, especially knowing that there are many great instructors currently serving throughout the Army," Blue said.

"He really is the epitome of a great instructor," said Kathleen Collier, SSI's staff and faculty chief. Collier was also head of the SSI evaluation team that declared Blue SSI's Instructor of the Fourth Quarter last year, later as SSI's Instructor of the Year and then helped prepare him to compete at the TRADOC level.

"He's got a presence about him," Collier said. "He strives for perfection. He wants to make sure the students understand what he's talking about, what he's trying to train them."

It's a teaching philosophy Collier and her colleagues helped Blue convey in a 20-minute video, which he was required to submit to TRADOC, demonstrating his skills as an instructor in a classroom environment.

"He likes to use a lot of interaction," Collier said. "He gets the students involved. When he's teaching, it's not just him up there talking. He makes the students look things up. He'll ask them questions to make them think about things they've experienced and what they were thinking about when they signed up for the Army."

Although he teaches many courses and classes for RRS,



Photo by KRIS GONZALEZ

**Sgt. 1st Class Jonathon Blue, who is an instructor with the Recruiting and Retention School, will be recognized as TRADOC's NCO Instructor of the Year May 18.**

Blue said his primary job is training Soldiers to become Army career counselors. He said his main goal is to teach, coach and mentor eight other instructors to train their own students to be successful at retaining "our No. 1 resource in the Army — Soldiers."

Blue, who enlisted in the Army in 1993 as a light track vehicle mechanic, deployed to Iraq in 2003 and 2005 for 12 months each while assigned to the 4th Infantry Division based at Fort Hood, Texas.

After his second deployment, he came to Fort Jackson to

attend the U.S. Army Career Counselor Course.

By 2007, he was an instructor.

In July 2009, he was handpicked as chief instructor of the retention department, due to his work ethic and technical and tactical skills, said Sgt. Maj. Richard Jones, director of the Retention Department at RRS, who was the first to nominate Blue for SSI's quarterly competition last year.

"Sgt. 1st Class Blue is a great role model for all instructors," Jones said. "He is capable of not only gaining respect from students, but he also has the ability to break material down to the lowest level and relate it to Soldiers."

And teaching the retention curriculum is not the easiest of tasks, both Jones and Blue expressed.

"We are different than other schools who have their lessons prepared by writers or developers located elsewhere," Blue said. "We write and develop our own lessons based off of input from (seasoned counselors in) our career field. They tell us what new counselors need to know and we prepare the lesson plan. After it's developed, we turn around and teach it in the next course."

And while the retention instructors are required to keep a certain amount of lesson plans updated for each course within the RRS, what sets these instructors apart is that they are not permitted to use hard copies of their lesson plans to teach their courses, Jones said. They must memorize their class openings, closings, training material and respective regulations.

To keep up with the continually changing curriculum, and to address the need for creating a realistic, combat-focused learning experience, Blue said he uses his own experiences and lessons learned, from both garrison and while deployed, as teaching tools in the classroom.

"Students are receptive to real-world scenarios and experiences," he said. "Students want to hear how what they learn today may be something they will experience tomorrow."

Blue will travel to Newport News, Va. where he will be recognized by TRADOC Commanding Gen. Martin Dempsey on May 18 during the opening ceremony of the Army Training and Education Summit.

*Kris.Gonzalez1@us.army.mil*

## Always Forward

Command Sgt. Maj. Michael McIntosh, left, accepts responsibility of the 1st Battalion, 34th Infantry Regiment from Lt. Col. Daniel Beatty, 1-34th commander, during a Change of Responsibility ceremony Friday at the battalion's headquarters. McIntosh takes over for Command Sgt. Maj. Leon Green, pictured on the right.



Photo by  
SUSANNE KAPPLER

## Housing Happenings

❑ Residents who participate in the Army survey will be entered in a drawing for a chance to win 37-inch LCD TV with Blue-Ray disc player. Surveys will be delivered this month to all residents. The drop-off points are the Community Center, the RCI office and the off-post housing office. For more information, call 738-8275.

❑ Spring is finally here and the grass will be cut more frequently. Please help the landscapers by keeping yards free of debris on the scheduled landscaping day. Landscapers will also be spraying fertilizer and weed killer in various areas. Residents will receive notifications the day before the spraying.

❑ Nominations for Yard of the Month can be submitted by calling 738-8275 or via e-mail to [cowilliams@bbc-grp.com](mailto:cowilliams@bbc-grp.com).

❑ Residents who fill out a Balfour Beatty Communities comment card can win \$100.

## CMS Corner

The Customer Management System at Fort Jackson is a three-tiered feedback system established to determine the satisfaction of those who work, train, live and play on the installation.

CMS includes the Interactive Customer Evaluation system, Community FIRST/AFAP and Customer Service Assessments. This feedback enables the garrison to focus on specific actions aimed at improving customers' experiences of post services.

A complete list of Community FIRST issues can be found at <http://www.jackson.army.mil/WellBeing/wellbeing.htm>. New issues may be submitted on the site as well, by clicking on "Submit an Issue or Recommendation" or on the Community FIRST/AFAP Logo.

Whether it affects individuals and constituent groups at the installation level or throughout the Army, feedback is important.

Become a friend of CMS on Facebook by logging on to [www.facebook.com](http://www.facebook.com). Search for CMS Fort Jackson.

"Let your voice be heard!"



**April 15 — 2 p.m.**

The Crazies R 102 min.

**April 15 — 5 p.m.**

Shutter Island R 138 min.

**April 16 — 4 p.m.**

G-Force G 92 min.

**April 16 — 6 p.m.**

Green Zone R 115 min.

**April 17 — 6 p.m.**

Brooklyn's Finest R 133 min.

**April 18 — 5 p.m.**

Green Zone R 115 min.

**Fort Jackson Reel Time Theater**

(803) 751-7488

Closed Monday, Tuesday and Wednesday

**Ticket admission**

ADULTS \$4

CHILDREN (12 and younger) \$2

Visit [aafes.com](http://aafes.com) for listings



## History unveiled

From left, Col. Kevin Shwedo, Fort Jackson deputy commander, Tom Silvester, the first principal of Fort Jackson Elementary School, and Col. Lillian Dixon, garrison commander, unveil a historical marker during an April 7 ceremony in front of the former school. The ceremony was to commemorate the school's history as one of the first integrated schools in South Carolina when it opened in 1963.

Photo by KRIS GONZALEZ

# Resiliency party scheduled

By KRIS GONZALEZ  
Fort Jackson Leader

To help build and foster resilient children, Army Community Services and the Army Substance Abuse Program will join forces from 10 a.m. to 3 p.m., Tuesday, to host a resilience block party at the Solomon Center, where children of all ages will be able to learn more ways to be mentally and emotionally strong.

Children will be able to participate at interactive stations, like at the drug-free zone, where they will be able to see displays of what it's like to be under the influence, and at the bully-free zone where they will learn what to do and who to turn to in the case of bullying, said T. Angela

Pasley, the prevention and education coordinator for the Family Advocacy Program.

They will learn how to stop the spread of grime, as Moncrief Army Community Hospital's Grime Scene Investigators visit the scene. They will also find fun ways to relieve stress through painting and making masks, Pasley said.

There will even be interactive displays for adults, such as massage stations, anger management classes and a stress-relief center, Pasley said.

"It's a family event," she said. "There's something for everyone."

For more information, call 751-6325.

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# New BCT POI: Training core skills well

*Revised lesson plan focuses on key tasks*

By **SUSANNE KAPPLER**

*Fort Jackson Leader*

More than eight years of war have taken a toll on the Army — not only on the Soldiers fighting in combat, but also on the way new Soldiers learn their trade in Basic Combat Training.

“We’re at war. And you learn things every day. And so we kept adding tasks (to BCT),” said Gen. George W. Casey, Army chief of staff, during a visit to Fort Jackson Monday. “We just got to the point where we had added so much, we needed to go back and see if we were duplicating things and whether we were focusing enough time on really important things.”

In an effort to streamline the training and renew the focus on teaching essential skills, the program of instruction for BCT has undergone a holistic review and revision, said Lt. Gen. Mark Hertling, TRADOC’s deputy commanding general for Initial Military Training.

“(People) tend to forget that what we’re training is basic soldiering skills,” said Hertling, who briefed Casey on the new POI during his visit here. “So we really had to do an analysis of what we were training, take a look at not only the relevancy of combat, but the young men and women who are coming in the service today — what (skills) they have, what they don’t have, what we need to train them on.”

The result is a lesson plan that reduces the number of warrior tasks from 32 to 15 and the number of battle drills from 12 to four. The subtasks taught have been reduced from 207 to 76. The new POI was

approved by the Army’s Training Operations Management Activity in March and is scheduled to be implemented by July.

Casey said he was pleased with the new training plan.

“I was very comfortable with what I saw ... and I think we’re going very much in the



Photo by **SUSANNE KAPPLER**

**Soldiers with the Combatives School at Fort Benning, Ga. demonstrate techniques taught in combatives training at the Officers’ Club Monday during Army Chief of Staff Gen. George W. Casey’s visit to Fort Jackson.**

right direction,” Casey said. “We’re in the middle of a war and we’re committed to making sure that our Soldiers have the skills they need to succeed in the war. What we’re moving toward is a strategy that trains a few important tasks very well — things like marksmanship, things like combatives and things like physical fitness.”

Among the main changes are an increased focus on rifle marksmanship and combatives training. The revised rifle marksmanship strategy calls for an additional 30 hours of training, a large chunk of which will be spent on advanced techniques, such as reflexive night firing and barrier shooting. The new combatives lesson doubles the training to 22 hours and adds techniques that include the use of weapons in hand-to-hand fighting.

“It’s no longer just a grappling around on the ground, it’s actually using the lessons of combat in terms of how we fight and how we use our weapons, how we use our hands, how we use our knives,” Hertling said.

New Soldiers will also receive cultural training, which aims to familiarize them with both the Army culture and cultures they might encounter during deployments or overseas assignments, Hertling said.

Other training revisions are improved instruction of the Army Values, the addition of resiliency training and changes to physical training.

“We’ve got a more scientific and rigorous and precise approach to how we’re doing (physical training), so we’re increasing the physical fitness levels and decreasing the injuries,” Hertling said.

Another key element to the new POI is eliminating drills and tasks that are not deemed essential.

Among the deletions are .50 caliber M-2 machine gun training, pugil stick and bayonet training and landmine defense

training.

Hertling said that Fort Jackson organizations have played a huge role in developing the new POI. The Directorate of Basic Combat Training was tasked with rewriting the lesson plans and preparing abbreviated lesson plans that drill sergeants can refer to quickly rather than sifting through the entire manual, Hertling said.

He added that the Drill Sergeant School plays an important part in more ways than just training future drill sergeants and familiarizing them with the POI.

“The correct training of these drill sergeants is not only linked to better training of the trainees, but is producing noncommissioned officers who really know the skills backward and forward,” he said. “So when they come in from the operational force and learn to be drill sergeants to train those young Soldiers, they’re polishing their skills as well. The drill sergeants who leave here are better NCOs when they go back to the force.”

*Susanne.Kappler1@us.army.mil*

“What we’re moving toward is a strategy that trains a few important tasks very well.”

— **Gen. George W. Casey**  
*Army chief of staff*

## News and notes

### NEW POST CG NAMED

Army officials recently announced that Maj. Gen. James M. Milano will take over as Fort Jackson’s commanding general sometime this summer. Milano is currently the commanding general for the U.S. Army Armor Center at Fort Knox, Ky. Milano will take over for Brig. Gen.



**MILANO**

Bradley May.

May been named director of the Iraq Training and Advisory Team for U.S. Forces-Iraq. A change of command date has not yet been announced.

### FREE MOVIE SCREENING ANNOUNCED

A free advance screening of “The Losers” is scheduled for 4 p.m., Sunday. Tickets are available at the Main Street Food Court, Gate 1 Shoppette, Burger King and AIT Troop Store. The movie, which stars Jeffrey Dean

Morgan, Chris Evans, Zoe Saldana and Idris Elba, comes out in theaters April 23.

### AAFES GOES GREEN

Fort Jackson PX customers who bring in reusable shopping bags will receive 5 cents off for every bag used. The credit will be available at the Mini Mall, PX and other AAFES-operated retail facilities. The credit does not apply for those who bring in plastic bags or those who decline to use a bag.

# Under siege: police stop mock attack



Fort Jackson police officers apprehend a "suspect" during a training exercise that mimicked the mass shooting at Fort Hood, Texas, last year.

## Fort Jackson, Richland County police conduct joint training exercise on post

By **KRIS GONZALEZ**  
Fort Jackson Leader

On the morning of April 7, Fort Jackson's Directorate of Emergency Services personnel responded to a distress call regarding a pseudo-shooter who had taken over a building on post.

The mock siege called for the responders to assess the situation and neutralize the threat before evacuating the wounded, establishing a crime scene, and maintaining accountability of personnel, said Patrick O'Connor, deputy director for DES.

The scenario was designed to imitate incidents similar to that of the mass shooting that occurred last November at Fort Hood, Texas.

The joint training exercise involved Fort Jackson's military police, security guards, firefighters, emergency medical services, the emergency operations center, the 911 call center and incident command, as well as outside agencies such as the Richland County Sheriff's Department and the Columbia Fire Department.

It was an operation to "exercise our law enforcement, our medical response and our rescue response, and to also incorporate an agreement we have with the Richland County Sheriff's Department to assist us if we ever exceeded the capacity of our own resources," O'Connor said.

"In a real life situation we would respond to assist Fort Jackson, and Fort Jackson to (assist) the county, if need be," Richland County Sheriff Leon Lott said.

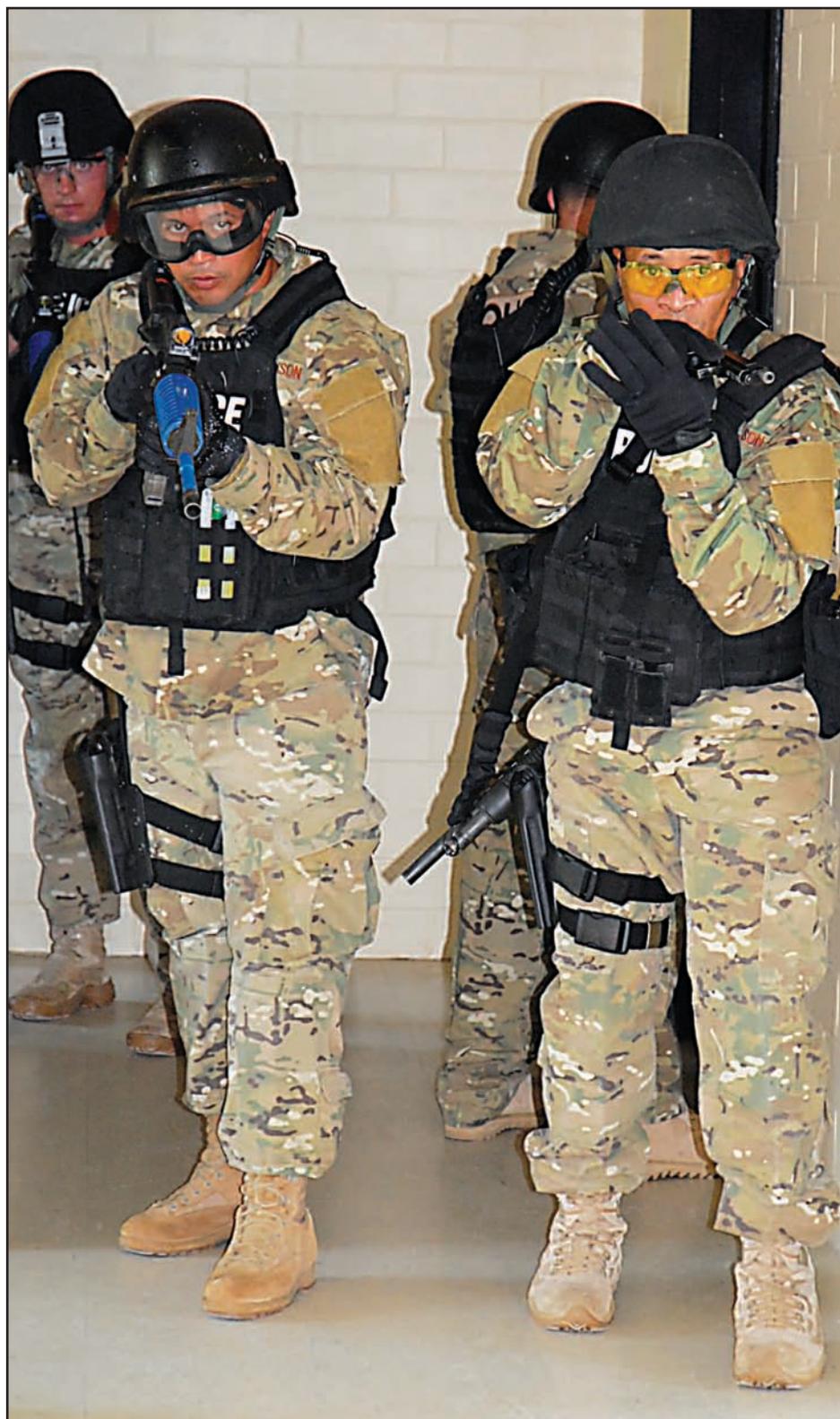
In 2009, DES established a formal agreement with the Richland County Sheriff's Department, allowing the county's Special Response Team to assist in high-risk law-enforcement operations at Fort Jackson.

"This memorandum between the sheriff's department and the Fort Jackson emergency directorate allows for us to work toward making Fort Jackson and Richland County a safe place to work, live and play," Lott said. Lott said the agreement is the first of its kind.

"These (joint training) exercises are invaluable to both Fort Jackson and the sheriff's department," he added. "Since we have trained together, we will be prepared and be able to respond in sync, God forbid a real life situation occurs."

The main obstacle DES personnel face while working with Richland County, or any other outside agency, is communication, O'Connor said.

"I think the biggest thing we get out of this (training) is the understanding of how each agency responds," O'Connor said. "Working on our terminology and knowing the capabilities of each agency so when we do call somebody, we know what they bring to the table. We know what they offer



Photos by KRIS GONZALEZ

### Police officers with Fort Jackson's Special Response Team practice clearing a building during a joint training exercise on post April 7.

for the event.

"We can't communicate with each other until they get on scene," he said.

DES and Richland County also use radios that transmit signals via different frequencies. So in order to communicate, they must relay information back and forth from a command center set up at the scene.

"There are some things we need to work on," O'Connor said. "But I think everything (during this exercise) went well. We achieved all our training objectives."

"The cooperation and commitment between Fort Jackson and the sheriff's department is second to none," Lott said. "We train together and constantly communicate because what affects and concerns the citizens on post is the same as what affects and concerns the citizens off post."

*Kris.Gonzalez1.us.army.mil*

To view video of the Fort Jackson Police Department and Richland County Sheriff's Department personnel in action, visit <http://www.vimeo.com/10925127>.



Photo by SUSANNE KAPPLER

**Capt. Alan Maszarose, 3rd Battalion, 34th Infantry Regiment, shows his West Point ring, which he lost in 2005. The ring was found last year.**

# Familiar ring

*Local West Point graduate reunited with keepsake after nearly five years*

By **SUSANNE KAPPLER**  
*Fort Jackson Leader*

Keeping with family tradition, Capt. Alan Maszarose, assistant operations officer with the 3rd Battalion, 34th Infantry Regiment, attended the U.S. Military Academy at West Point. A member of the Class of 2003, one of his proudest moments during his time in the academy was “ring weekend” at the beginning of his senior year, when “firsties” are presented their class rings.

“Certain people who have gone to West Point may have had an easier time, but I had a hard time with academics and things like that at West Point,” Maszarose said. “So to me, graduating West Point was a really big accomplishment and ... I felt like I worked really hard to get through that. Having that ring was like a reminder to me of all the hard work that I put into it and that I’d finally made it after four years. It was a reminder to me that if I put my mind to something, whatever it is I want to accomplish, I can.”

Not surprisingly, Maszarose said he used to wear the ring proudly as a symbol of his accomplishment — until 2005, that is. During a training exercise while Maszarose was stationed at Fort Wainwright, Alaska, the ring disappeared.

“I took it off, because it was getting in the way,” Maszarose said. “I put in my pocket and I’m not really sure what happened to it after that. The next day I noticed that it was gone. I tore my whole apartment up, tore my office up. I couldn’t find it. I just knew it was gone after that.”

His father, Robert, who graduated from West Point in 1978, said he was a little bit dismayed when he found out that his son’s ring had disappeared. Robert Maszarose

said he wears his class ring to special occasions and attended his son’s ring weekend.

Much to both men’s surprise, the elder Maszarose received a phone call from officials at West Point in October 2009 that the ring had been found in Mississippi by a man walking his dog.

“How it got down there, I have no idea,” his son said, adding that he had never been to Mississippi.

The mystery behind the ring’s journey will probably never be solved, but the Soldier’s father said he was not totally surprised by the find.

“You hear all kinds of really wacky stories about West Point rings,” he said. “They always kind of find their way home.”

Considering that it was missing for more than four years, the ring is in remarkable shape, Alan Maszarose said.

“It’s a little beat up. It’s got some nicks on it and some of the polish is taken off it, but the stone’s good,” he said. “I definitely thought it was going to be half destroyed, but it’s still in pretty good shape. I was surprised.”

He said he is grateful to the finder, who contacted West Point to find the owner of the ring.

“I think it speaks a lot to (his) character and the type of guy that he is,” the captain said. “He went out of his way to try to find me. I really can’t thank him enough for that because I think that’s something you don’t see a lot nowadays — people going out of their way to help somebody else.”

As for the ring itself, the relieved Soldier said he definitely won’t wear it on the range again.

“I don’t really wear it at all,” he said. “I keep it at home in a little box inside another box and it stays there.”

*Susanne.Kappler1@us.army.mil*

# Cherokee legend illustrates God's love, devotion

By **CHAPLAIN (LT. COL.) WILLIAM BAREFIELD**  
193rd Infantry Brigade

Do you know the legend of the Cherokee Indian youth's rite of passage?

His father takes him into the forest, blindfolds him and leaves him alone. He is required to sit on a stump the whole night and cannot remove the blindfold until the rays of the morning sun shine through it. He cannot cry out for help to anyone.

Once he survives the night, he will be a man. He cannot tell the other boys of his experience because each lad must come into manhood on his own. Naturally, the boy is terrified. He can hear all kinds of noises. Wild beasts must surely be all around him. Maybe even some human might do him harm.

The wind blew the grass and earth and shook his stump, but he sat stoically, never removing the blindfold. It would be the only way he could become a man. Finally, after a horrific night, the sun appeared and he removed his blindfold. It was then that he discovered his father sitting on the stump next to him. He had been at watch the entire night, protecting his son from harm.

There are times in most of our lives, when we feel like the young boy in the legend — all alone. This is just a feeling, not

the truth. Hebrews 13:5 says, "I will never leave thee nor forsake thee." This is God's promise to us. Even when we feel we are all alone on our journey to become a mature productive part of society, God is with us.

As a child, I remember walking with Staff Sgt. Barefield, otherwise known as Dad, to a park near our house. He had taken me to Frisbee's, a local bakery, and said I could have anything I wanted — pie, doughnuts or cake. I peered through the glass and mustered the courage to ask for the biggest thing my little heart could desire — a super-sized maple bar. He purchased my maple bar and an entire pie for himself. We stopped at a little grocery store and bought a carton of milk. We then walked to Lincoln Park to sit down and enjoy our treats. I looked over at him and said, "Dad, when you were not living for God, did you really not believe in him?" He looked at the ground and then looked at me and said, "No, son, I believed he was there, I just acted like he wasn't watching me."

Today, as we work through our difficulties with our relationships with spouses, children, co-workers as well as strangers, and possible financial and health issues, let us take comfort in knowing God is with us and acknowledge he wants to have a prominent place in our lives.

## Days of Remembrance



**Above: Spc. Rachel Farber, Company E, 1st Battalion, 34th Infantry Regiment, lights a memorial candle during Fort Jackson's Days of Remembrance service Sunday at Memorial Chapel. The service commemorated the victims of the Holocaust.**

**Right: Abraham Getman, a Holocaust survivor, speaks during the service.**



Photos by  
SUSANNE KAPPLER



### PROTESTANT

- Sunday
  - 9 a.m. and 10:30 a.m. Magruder Chapel
  - 9 a.m. Daniel Circle Chapel (Gospel) service at the Post Theater
  - 9 a.m. Task Force Marshall Chapel, McCrady Training Center
  - 9:30 a.m. Main Post Chapel
  - 9:30 a.m. Solomon Center (Hispanic)
  - 9:40 a.m. Moncrief Army Community Hospital
  - 10:45 a.m. Post-wide Sunday School (Main Post Chapel)
  - 11 a.m. Memorial Chapel
  - 11 a.m. Chapel Next, Bayonet Chapel
- Wednesday
  - 6 p.m. Prayer Service Magruder Chapel

### Protestant Bible Study

- Monday
  - 7 p.m. Women's Bible Study (PWOC — Main

- Post Chapel, Class 209)
  - Wednesday
    - 7 p.m. Anderson Street Chapel
    - 7 p.m. Gospel Mid-week prayer/Bible study Magruder Chapel
    - 7 p.m. Gospel Congregation's Youth (Magruder Chapel)
  - Thursday
    - 9:30 a.m.-noon Women's Bible Study (PWOC, Main Post Chapel)
    - 6 p.m. Neighborhood CMF/OCF Bible Study (Call 790-4699)
    - 7 p.m. LDS Bible Study (Anderson Chapel)
  - Saturday
    - 8 a.m. Men's Prayer Breakfast (Main Post Chapel, (every second Saturday of the month in Chapel Fellowship Hall)

### PROTESTANT YOUTH OF THE CHAPEL

- Saturday
  - 11 a.m. Magruder Chapel (third Saturday)
- Sunday
  - 5 p.m. Main Post Chapel

### CATHOLIC

- Monday-Thursday
  - 11:30 a.m. Mass (Main Post Chapel)
- Sunday
  - 8 a.m. Mass (Solomon Center)
  - 11 a.m. Mass (Main Post Chapel)
  - 9:30 a.m. CCD (Education Center)

- 9:30 a.m. Adult Sunday School
- 12:30 a.m. Catholic Youth Ministry
- 8 p.m. Task Force Marshall Chapel, McCrady Training Center
- Wednesday
  - 7 p.m. Rosary
  - 7:30 p.m. RCIA/Adult Inquiry

### ANGLICAN/LITURGICAL

- Sunday
  - 8 a.m. Anderson Street Chapel

### ISLAMIC

- Sunday
  - 8-10 a.m. Islamic Studies (Main Post Chapel)
- Friday
  - 12:30-1:45 p.m. Jumah Services (Main Post Chapel)

### JEWISH

- Sunday
  - 9:30-10:30 a.m. Memorial Chapel
  - 10:30-11:30 a.m. Jewish Book Study (Post Conference Room)

### CHURCH OF CHRIST

- Sunday

11:30 a.m. Anderson Street Chapel

### LATTER DAY SAINTS

- Sunday
  - 9:30 a.m. Anderson Street Chapel

### ADDRESSES, PHONE NUMBERS

- Daniel Circle Chapel**  
3359 Daniel Circle, corner of Jackson Boulevard, 751-4478
- Main Post Chapel**  
4580 Strom Thurmond Blvd., corner of Scales Avenue, 751-6469
- Bayonet Chapel**  
9476 Kemper St., 751-4542
- Family Life Chaplain**  
4850 Strom Thurmond Blvd. (inside of Main Post Chapel), 751-5780
- Anderson Street Chapel**  
2335 Anderson St., corner of Jackson Boulevard, 751-7032
- Education Center**  
4581 Scales Ave.
- Magruder Chapel**  
4360 Magruder Ave., 751-3883
- 120th Rec. Bn. Chapel**  
1895 Washington St., 751-5086
- Memorial Chapel**  
4470 Jackson Blvd., 751-7324
- Chaplain School**  
10100 Lee Road, 751-8050

## Calendar

### Today

#### PWOC Royal Ambassadors

9:30 a.m. to noon, Main Post Chapel  
All military wives and female service members are invited. Bring a luncheon dish to share. Child care is provided. E-mail [jackson@pwoc.org](mailto:jackson@pwoc.org) for information.

#### Fort Jackson Scouting luncheon

Noon to 1 p.m., 11559 Jenkins Road (next to Victory Tower). Togo West, former secretary of the Army, will recognize Fort Jackson military leaders and spouses involved with scouting. Call 917-1869 for information.

### Today-Friday

#### Reclamation sale

8 a.m. to 4 p.m., 2570 Warehouse Road  
Both days are open to all ranks. Cash only.

### Friday

#### Game room open house

1-3 p.m., Single Soldier Complex

### Saturday, April 17

#### AG Corps Home run Derby

10 a.m. to 3 p.m., Softball complex  
Check-in begins at 10 a.m. with a \$12 entry fee. Call 751-7380 or e-mail [Christopher.Flores1@us.army.mil](mailto:Christopher.Flores1@us.army.mil).

### Wednesday, April 21

#### Shred day

9 a.m. to 2 p.m., Recycling Center

### Wednesday, April 28

#### Single Soldier Focus Group

8 a.m. to noon, Family Readiness Center  
Call 751-4926 or e-mail [Dennis.Ramirez2@conus.army.mil](mailto:Dennis.Ramirez2@conus.army.mil) to participate or submit quality-of-life issues.

## Housing events

All events are held in the Community Center, 520 Brown Ave., unless otherwise specified. Call 738-8275 for information.

### Thursday, April 22

#### Breakfast on the go

7:30 a.m., Imboden and Chesnut streets  
Stop by for a free lunch on the way to school.

### Friday, April 23

#### Housing shred day

7:30 a.m., Imboden and Chesnut streets  
Stop by for a free lunch on the way to school.

### Monday, April 26

#### Operation Shoebox

Fort Jackson is collecting items for Operation Shoebox through April 30. Operation Shoebox is an initiative to send support, snacks and personal care items to deployed Soldiers. A list of items is available at the community center.

## Announcements

### DOD OUTREACH AWARDS

Award nominations are being accepted through Friday for the League of United American Citizens and the NAACP Roy Wilkins Renown Service Award. Both awards are open to civilian and military personnel. Call 751-2990 or e-mail [Ja-neen.Simmons@conus.army.mil](mailto:Ja-neen.Simmons@conus.army.mil) for information.

### FCC PROVIDERS TRAINING

Fort Jackson Child, Youth and Schools Services is currently seeking Family Child Care providers. The next Family Child Care orientation training is scheduled for May 10-14. Applications must be turned in by April 30.

The FCC program offers employment for military spouses who enjoy working with children. FCC providers who can accept children younger than 2 are especially needed. FCC providers must be: living in government quarters on post, or be a Department of Social Services registered off-post provider. An amnesty program is available for those who are providing child care on post but are not certified.

Call 751-6234 for information.

### ESSAY CONTEST

Children are invited to participate in this year's Month of the Military Child essay contest. The theme is "How the military has impacted your life." Age groups are: 5-10 and 11-16.

One winner will be selected from each age group. Be sure to include contact information on the essay. Winners will be notified April 30. The contest runs through April 23. E-mail [RosenbergJ@aafes.com](mailto:RosenbergJ@aafes.com) for information.

### AFTB FOR SPANISH SPEAKERS

"Neuvo al ejercito?" Clase del ejercito 101, el 19 de Abril, 8 a.m.-3 p.m., las clases seran ofrecidas en el Centro de la Preparacion de la Familia. Se requiere registro. Por favor llame a 751-6315 o envie por correo electronico a [veronica.jacksonpatrick@us.army.mil](mailto:veronica.jacksonpatrick@us.army.mil) por hoy.

### AG CORPS BALL

Tickets for the Adjutant General's Corps National Regimental Ball are now on sale. The ball is scheduled for June 11 at the NCO Club. Brig. Gen. E. Eric Porter is the guest speaker. Cocktail hour starts at 5:30 p.m. Visit [www.agball2010.com](http://www.agball2010.com) for more information or to purchase tickets online.

### AAFES PHOTO CONTEST

AAFES customers are invited to join its "My Story" contest for a chance to win a digital camera and a \$500 shopping spree. Entrants should send a photo and a story of their military service, active duty or civilian, along with a 50-word description. Grand prize, first place, second place and two runners-up will be awarded. Photos and descriptions should be e-mailed to [PatriotFamily@aafes.com](mailto:PatriotFamily@aafes.com). Entrants must include name, address, phone number, rank or occupation. Photo information should include location, date and who is in the photo. The contest runs through April 30.

### RICHLAND ONE TRANSFER DATES

Parents requesting a school transfer for children within Richland must do so by May 1. Application forms are now available at [www.richlandone.org](http://www.richlandone.org). To download a form, click on the "departments" tab on the home page and then click on "Registrar's Office." Forms may also be picked up at the Registrar's Office, 1310 Lyon St. Call 231-6944 for information.

### ARMY HOOAH RACE

Registration for the ninth annual Army Hooah Race is now open through June 10. The June 12 race marks the Army's 235th birthday, as well as the final race in the metro Atlanta area. Race events include a 5K walk/run, 10K run and 100-yard Tot Trot (ages 10 and younger). Register online at [www.armyhooahrace.army.mil/armyhooahrace](http://www.armyhooahrace.army.mil/armyhooahrace). Mail-in registration forms are also available at the site. The 5K starts at 7:30 a.m. at the East Point Library. The 10K starts at 8 a.m. at the Georgia International Convention Center in College Park. The Tot-Trot starts at 9 a.m. at Fort McPherson's Hedekin Field.

Visit the community calendar at [www.jackson.army.mil](http://www.jackson.army.mil) for a full listing of calendar events. The community calendar is located at the bottom of the Fort Jackson home page.

## Off-post events

### FRIENDS OF SCOUTING DINNER

The Indian Waters Council, Boy

Scouts of America Friends of Scouting dinner is scheduled for today at Seawell's, 1125 Rosewood Drive. Reception begins at 6 p.m.; dinner begins at 7 p.m. Togo West, former secretary of the Army and secretary of Veteran's Affairs, is guest speaker. Call 348-5646 for information.

### JOB SEEKERS EVENT

Columbia's Crossroads Career Network in conducting a free event aimed at highlighting opportunities to learn about careers in South Carolina. The event, is scheduled for 6-8 p.m., Tuesday, at Thompson Hall in Eastminster Presbyterian Church, 3200 Trenholm Road. The event will feature speakers from SCE&G, Palmetto Health, Midlands Technical College, among others. Call 256-1654 or visit [www.crossroadscareer.org/eastminsterpercusa](http://www.crossroadscareer.org/eastminsterpercusa) for information.

### GOOD CLEAN FUN

Keep the Midlands Beautiful is hosting a photo contest on its Facebook fan page through April 30. Enter the contest by becoming a fan and posting pictures of friends, relatives and neighbors having Good Clean Fun. The winning photo submitter will receive an eco-friendly grand prize basket worth more than \$250. The winner will be announced May 13.

### SWEET POTATO FESTIVAL

The 2010 Lower Richland Sweet Potato Festival is scheduled for 11 a.m. to 6 p.m., April 24, at the Hopkins Adult Activity Center, 150 Hopkins Park Road. The free festival features a parade, sweet potato pie contest, arts and crafts show, talent show, step teams and more. Artist and pastor H.E. Dixon will be the special guest. Call 776-2778 for information.

### CONGAREE NATUREFEST

The 14th annual NatureFest at Congaree National Park is scheduled for April 24. Events are scheduled for various time throughout the day, including a self-guided trail, "green" demonstrations, guided walks and various displays. All activities are free. Call 776-4396 for information.

### PALMETTO PAINTERS

The Palmetto Painters, an S.C. Chapter of the Society of Decorative Painters, will meet 10 a.m., May 8 at Green Hill Baptist Church, 1734 Augusta Road, West Columbia. The meeting focus will be a fabric painting project. Call 781-2340 or visit [www.PalmettoPainters.com](http://www.PalmettoPainters.com) for information.



Follow the **Fort Jackson Leader** on  
Twitter at <http://twitter.com/FortJacksonPAO>  
for breaking news, videos and more.

# Saluting this Basic Combat Training cycle's honorees

## DRILL SERGEANTS OF THE CYCLE



**Staff Sgt.  
Andrew Benson**  
Company A  
1st Battalion,  
34th Infantry Regiment

**SOLDIER LEADER OF THE CYCLE**

Pfc. Ryan O'Keefe

**SOLDIER OF THE CYCLE**

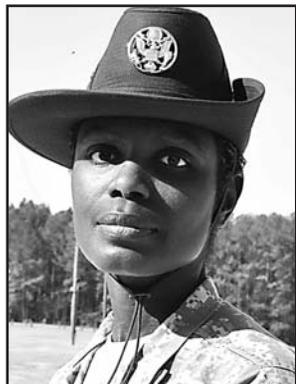
Pvt. Michael Sepulveda

**HIGH BRM**

Pvt. Robert Lafave

**HIGH APFT SCORE**

Spc. Mark Hutchins



**Sgt. 1st Class  
Sheila Watson**  
Company B  
1st Battalion,  
34th Infantry Regiment

**SOLDIER LEADER OF THE CYCLE**

Pfc. Shalisa Hughes

**SOLDIER OF THE CYCLE**

Pvt. Melissa Parrish

**HIGH BRM**

Pvt. Brian Poland

**HIGH APFT SCORE**

Pfc. Elizabeth Weddle



**Staff Sgt.  
Evola Ahemn**  
Company C  
1st Battalion,  
34th Infantry Regiment

**SOLDIER LEADER OF THE CYCLE**

Spc. Melissa Degeorge

**SOLDIER OF THE CYCLE**

Pvt. Eric Schenkenberger

**HIGH BRM**

Pvt. Alan De Graaf

**HIGH APFT SCORE**

Pfc. Erika Dorsey



**Staff Sgt.  
Jason Beaudre**  
Company D  
1st Battalion,  
34th Infantry Regiment

**SOLDIER LEADER OF THE CYCLE**

Pfc. Daethan Fletcher

**SOLDIER OF THE CYCLE**

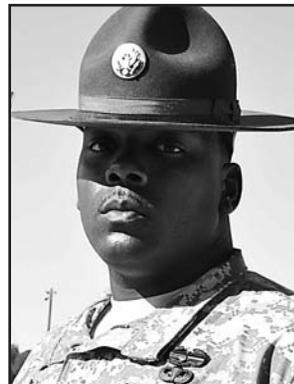
Pfc. Joseph Sneed

**HIGH BRM**

Pvt. Raul Aguilar

**HIGH APFT SCORE**

Spc. Jin Woo Cho



**Sgt. 1st Class  
Michael Todd**  
Company E  
1st Battalion,  
34th Infantry Regiment

**SOLDIER LEADER OF THE CYCLE**

Pvt. Joseph Patton

**SOLDIER OF THE CYCLE**

Pfc. Emily Roosevelt

**HIGH BRM**

Pvt. William Lemarr

**HIGH APFT SCORE**

Pfc. Stephanie Palmer



**Staff Sgt.  
Lily Boaz**  
Company F  
1st Battalion,  
34th Infantry Regiment

**SOLDIER LEADER OF THE CYCLE**

Pvt. William Sieck

**SOLDIER OF THE CYCLE**

Pfc. Scott Mackelprang

**HIGH BRM**

Pvt. Joshua Caldwell

**HIGH APFT SCORE**

Spc. Claudia Perez

## SUPPORT AWARDS OF THE CYCLE

**STAFF SUPPORT AWARD**

Staff Sgt. Elizabeth Ayala  
Spc. Antonio Dash

Spc. Anthony Kozleuchar  
Spc. Curtis Harkless

**SERVICE SUPPORT AWARD**

Patrick Anson

**DFAC AWARD**

Christopher Outen

## Upcoming ceremonies

### CHANGES OF COMMAND

❑ Recruiting and Retention School: Col. James Comish will relinquish command 10 a.m., April 27, at the Officers' Club. The incoming commander will be announced at a later time.

❑ 2nd Battalion, 39th Infantry Regiment: Lt. Col. Collin Fortier will relinquish command to Lt. Col. Glenn Blumhardt 9 a.m., May 18, at the Officers' Club.

❑ 2nd Battalion, 307th Field Artillery Regiment: Lt. Col. Richard Howard will relinquish command to Lt. Col. Michael Angell 10 a.m., May 21, at the 157th Infantry Brigade headquarters.

❑ U.S. Army Chaplain Center and School: Col. Samuel Boone will relinquish command to Col. David Smartt, 2 p.m., May 26, at the Solomon Center.

❑ 3rd Battalion, 60th Infantry Regiment: Lt. Col. Alan DeoGracias will relinquish

command to Lt. Col. John Allen 10 a.m., June 3, at the Officers' Club.

❑ 1st Battalion, 34th Infantry Regiment: Lt. Col. Daniel Beatty will relinquish command to Lt. Col. Quincy Norman 9 a.m., June 9, at the Officers' Club.

❑ Moncrief Army Community Hospital: Col. Nancy Hughes will relinquish command to Col. Ramona Fiorey 9 a.m., June 15, at MACH.

❑ 193rd Infantry Brigade: Col. Brian Prosser will relinquish command to Col. Drew Meyerowich 9 a.m., June 24, at the Officers' Club.

If any of the information changes, please send updates for changes of command and changes of responsibility to [FJLeader@conus.army.mil](mailto:FJLeader@conus.army.mil) or call 751-7045. The *Leader* covers changes of command and responsibility for battalion-level or higher organizations only.

### CONTACTING THE LEADER

To submit a story idea or an announcement, or to request coverage of an event, e-mail details to [FJLeader@conus.army.mil](mailto:FJLeader@conus.army.mil) or call 751-7045.

## New Americans



Photo by JULIA SIMPKINS, U.S. Army Chaplain Center and School

**Jerri Adair, field office director for U.S. Citizenship and Immigration Services, swears in new citizens 1st Lt. Byung Hyun Lee, 1st Lt. Ho Shim, Capt. Samuel Aniekwe, Capt. Sung Chul Kim, 1st Lt. Thomas Obiatuegwu and 1st Lt. Joon Hyuk Lim in a naturalization ceremony April 8. The naturalization ceremony was the first one conducted at the U.S. Army Chaplain Center and School.**



## At your service

### phone numbers and operating hours for key post facilities

All South Federal Credit Union	782-9830	Monday-Thursday, 9 a.m. to 5 p.m.; Friday, 9 a.m. to 6 p.m.
American Red Cross	751-4329/5923	Monday-Friday; 8 a.m. to 4 p.m.
Andy's Fitness Center	751-4177	Monday-Friday, 5 a.m. to 9 p.m.; Saturday, 8 a.m. to 6 p.m.; Sunday, 10 a.m. to 4 p.m.; call for hours on training and federal holidays
Army Career Alumni Program	751-4109/4104	Monday-Friday, 7:30 a.m. to 4:15 p.m.
Army Community Service	751-5256	Monday-Friday, 8 a.m. to 4 p.m.
Army Continuing Education Services	751-5341	Monday-Friday, 7:30 a.m. to 4:30 p.m.
Army Substance Abuse Program	751-5007	Monday-Friday, 7:30 a.m. to 4:30 p.m.
Bowling, Century Lanes	751-6138	Closed Monday; Tuesday-Thursday, 11:30 a.m. to 10 p.m.; Friday, 11:30 a.m. to 11 p.m.; Saturday, 1 p.m. to midnight; Sunday, 2-10 p.m.
Bowling, Ivy Lanes	751-4759	
Car Care Center	782-1639	Monday-Friday, 8 a.m. to 5 p.m.
Chaplain Museum	751-8827/8079	Monday-Friday, 9 a.m. to 4 p.m.
Child and Youth Services	751-4865	Monday, Wednesday and Friday, 7:30 a.m. to 4:30 p.m.; Tuesday, Thursday 7:30 a.m. to 6 p.m.
Civilian Personnel Advisory Center	751-3219	Monday-Friday, 8 a.m. to 4 p.m.
Class VI	782-1601	Monday-Friday, 9 a.m. to 7 p.m.; Saturday, 9 a.m. to 8 p.m.; Sunday; 10 a.m. to 7 p.m.
Clinical Army Substance Abuse Program	751-6597	Monday-Friday, 7:30 a.m. to 4:15 p.m.
Coleman Gym	751-5896	Monday-Friday, 5:30 a.m. to 9 p.m.; weekends, training holidays and holidays except Christmas and New Year's Day, 6 a.m. to 2 p.m.
Commissary	751-5789	Sunday, 11 a.m. to 6 p.m.; Tuesday and Saturday, 9 a.m. to 8 p.m.; Wednesday-Friday, 10 a.m. to 8 p.m.
DA Photos (TSC)	751-7593	Monday-Thursday, 8-11 a.m. and 1-3 p.m.
Defense Military Pay Office	751-6669 (Soldiers) 751-4914 (Civilians)	Monday-Friday, 8-11:30 a.m. and 12:30-4 p.m.
Dental Clinics	751-5178/6017	Monday-Friday, 7:15 a.m. to 4:15 p.m.
Family Health Center	751-2273	Monday-Friday, 7:20 a.m. to 8 p.m.; training holidays, 8 a.m. to 4 p.m.
Florist	738-1812	Monday-Friday, 9 a.m. to 5:30 p.m.
Fort Jackson National Cemetery	699-2246	Monday-Friday, 8 a.m. to 4:30 p.m.
Furniture Store	787-9175	Monday-Friday, 9 a.m. to 6 p.m.; Saturday, 10 a.m. to 5 p.m.; Sunday, 11 a.m. to 5 p.m.
Hospital Retail Annex	782-1263	Monday-Friday, 7 a.m. to 4 p.m.
ID Section	751-7731	Monday- Friday, 8 a.m. to 4 p.m.
Legal Assistance and Claims	751-4287/3603	Monday-Friday, 9 a.m. to 4 p.m.
LCI-SSSC	790-5306	Monday-Friday, 8 a.m. to 4 p.m.
Main Outpatient Pharmacy	751-2259	Monday-Friday, 7:30 a.m. to 5 p.m.
MG Robert B. Solomon Center	751-4056	Monday-Friday, 8 a.m. to 8 p.m.; Saturday, 8 a.m. to 6 p.m.; Sunday, 10 a.m. to 4 p.m.
Military Clothing Sales Store	787-5248	Monday-Friday, 9 a.m. to 7 p.m.; Saturday-Sunday, 10 a.m. to 4 p.m.
Movie Theater	751-7488	Closed Monday-Wednesday
National Federation of Federal Employees	751-2622	
NCO Club	782-2218	Monday-Friday, 7 a.m. to 3:30 p.m.; Saturday, 8 p.m. to 2 a.m. Open later for entertainment and special events; call for details and times
Officers' Club	751-4906	Monday-Friday, 8:30 a.m. to 4:30 p.m. (open to nonmembers); Sunday brunch, 11 a.m. to 2 p.m. (members)
Palmetto Falls Water Park	751-3381	Closed Monday; Tuesday-Saturday, 11 a.m. to 7 p.m.; Sunday, 1-7 p.m. <b>**Closed for season**</b>
Perez Fitness Center	751-6258	Monday-Friday, 5:30 a.m. to 9 p.m.; weekends and training holidays, 10 a.m. to 6 p.m.
Pharmacy Annex (PX mall)	751-2250	Monday-Friday, 9 a.m. to 6 p.m.
Pools, Knight	751-4796	Monday-Friday, 6 a.m. to 2 p.m.; closed Saturday and Sunday <b>**Closed for renovations**</b>
Pools, Legion	751-4796	Monday-Friday, noon to 7 p.m.; closed Saturday and Sunday <b>**Closed for season**</b>
Post Exchange	787-1950/1951/1952	Monday-Saturday, 9 a.m. to 9 p.m.; Sunday, 10 a.m. to 7 p.m.
Post Library	751-5589/4816	Monday-Tuesday, 11 a.m. to 8 p.m.; Friday-Sunday, 11 a.m. to 5 p.m.
Post Office	782-8709	Monday-Friday, 8:30 a.m. to 5 p.m.
Recycling Center	751-4208	Monday-Friday, 7 a.m. to 3 p.m.; Open 24 hours for drop-off
Reuse Center	751-5121	Monday-Friday, 9 a.m. to 6 p.m.
Safety Center	751-6004	Monday-Friday, 7:30 a.m. to 4:30 p.m.
Shoppette Gate 1	782-2076	Monday-Friday, 7 a.m. to 9 p.m.; Saturday and Sunday, 8 a.m. to 9 p.m.
Shoppette Gate 2	790-4478	24 hours a day
SSI Retail Annex	738-9189	Monday-Friday, 8 a.m. to 2:30 p.m.
Thrift Shop	787-2153	Tuesday-Wednesday, 9 a.m. to 3 p.m.; Thursday, 9 a.m. to 5 p.m.
Vanguard Gym	751-4384	
Vehicle Registration	751-5887	Monday-Friday, 8 a.m. to 4 p.m.
Veterinary Clinic	751-7160	Monday-Friday, 8 a.m. to 4 p.m.
Victory Travel	751-5812	Monday-Friday, 8 a.m. to 5 p.m.

Anything we missed? E-mail us at [fjleader@conus.army.mil](mailto:fjleader@conus.army.mil).  
This information is published monthly in *The Fort Jackson Leader*.

## FIRST RESPONDER

The following are incidents compiled from reports, complaints or information received from the Fort Jackson Provost Marshal Office.

The incidents reflected are not an adjudication attesting to the guilt or innocence of any person and are provided for informational and reflective purposes only.

**Col. Ronald F. Taylor**

*Director,*

*Emergency Services/Provost Marshal*

**Sgt. Maj. Glen W. Wellman III**

*Provost Sergeant Major*

**Billy Forrester**

*Fire Chief*



The civilian was detained after failing three sobriety tests. A post bar letter was also initiated for the civilian.

□ A Soldier was charged with a hit-and-run after he backed his vehicle into another one, MPs said. Both vehicles received minor damages; no one was injured.

### CASES OF THE WEEK

□ A civilian was issued a three-year post bar letter after attempting to enter the post with a stolen handgun in his vehicle, Military Police said. The civilian was detained by MPs and the handgun was confiscated, MPs said.

□ A civilian was arrested for driving under the influence after MPs stopped her for impeding the flow of traffic at Gate 2.

**crimestoppers**  
1-888-559-TIPS  
[www.midlandcrimestoppers.com](http://www.midlandcrimestoppers.com)

## FORCE PROTECTION THOUGHT OF THE WEEK

### Building Blocks of Force Protection



### LEADER CLASSIFIEDS

□ E-mail classified ads to: [skaress@ci-camden.com](mailto:skaress@ci-camden.com).

## Don't let a heat injury take you out of the fight



- Call 911 at the first sign of heat injury (including mental status change).
- Use ice sheets
- Give the Soldier sips of water
- Monitor him or her at all times.

### Emergency numbers:

Cell phone users: 803-751-9111.  
Alternate 1: Range control via radio.  
Alternate 2: Range control at 751-7171/4732.  
Alternate 3: MP desk at 751-3113/3114/3115.

*Never leave the Soldier unattended!*

**911 & ICE:**  
**At the first sign — every time.**



**Follow the *Fort Jackson Leader* on  
Twitter at <http://twitter.com/FortJacksonPAO>  
for breaking news, videos and more.**

# EDGE! announces new summer class offerings

Usually when you hear door-to-door, you think of vacuum cleaner salesmen... or kids selling cookies or cheesecakes or chocolate for their school... or if you're old, the Fuller brush man...ugh. How about a new positive connotation for door-to-door? How about on-post pick-up for children attending summer programs? And for children 11 and older, how about free door-to-door pick-up?

The Child, Youth and School Services EDGE! after-school program is gearing up for summer with lots of afternoon programs for youth. The EDGE!, in partnership with Family and Morale, Welfare and Recreation Marketing, Videorama, Outdoor Recreation and many others, has a great summer line-up for summer for youth, 9-18 years old. Programs will teach children topics from filmmaking to flower arranging to paintball. As part of the Army Middle School & Teen Initiative, these programs are FREE to middle school students and teens. For children younger than 11, the programs are \$5 per hour.

This will be the first summer the EDGE! will offer door-to-door pick-up of youth from their homes. All parents will need to do is fill out a transportation permission slip and provide a home address for their child to be picked up and transported to EDGE! summer programs and returned home afterward.

EDGE! participants must first be registered with CYSS. CYSS registration is free to children of military family members, active duty Reservists, retirees and civilian employees.

Parents may enroll children into the EDGE! classes at the CYSS Parent Central Services office in the Joe E. Mann Bldg. Enrollment may also be done by telephone by calling 751-3053.

Those who have been assigned a username/password by CYSS may register online at <https://webtrac.mwr.army.mil/webtrac/Jacksoncymys.html>. Call 751-4869/4865/4824 to be assigned a username and password. See below for upcoming EDGE! events. Check future editions of the



## Army Family Covenant

By THERESA O'HAGAN

*Family and Morale, Welfare and Recreation*

*Leader* for July and August events.

### JUNE

**Flower Power** — Mondays, 5-6:30 p.m., starting June 8. Joe E. Mann Center kitchen. Use seasonal flowers and learn to arrange them into beautiful bouquets. For children 11-18.

**Lights! Camera! Action!** — 4-6 p.m., Tuesday-Thursday, starting June 8 at 5955-D Parker Lane. Learn what it takes to be a filmmaker, including writing a screenplay, filming, editing, adding music and the final product — a movie. For children 11-18.

**Inner Tube Water Polo** — 3-5 p.m., Tuesdays, starting June 8 at Legion Pool. Come learn to play the crazy fun game that's growing into a

college sport; water polo — in an inner tube. For children 9-15.

**Twilight Eclipse** — 3:30-5 p.m., Wednesday, starting June 9 at the Balfour Beatty Community House. Play Twilight trivia, make cool Twilight jewelry and T-shirts and wrap up by going to see the new Twilight movie "Eclipse." For children 11-16.

**High Adventure** — 1-4 p.m., Wednesdays, starting June 9. Meet at 5955-D Parker Lane for transportation to various locations. Rock climb, zip line, paint ball, and ropes course your way through EDGE! High Adventure. For children 10-18.

**DIY Room Makeover** — 2-4 p.m., Fridays, starting June 11 at 5955-D Parker Lane. Make great accessories to give your room a new look using inexpensive materials. For children 9-16.

## Current EDGE! classes

☐ **Earth Smart Craft**, 3:30-5 p.m., today at the Community Center. Children 9-15 can celebrate Earth Day every Thursday in April by creating crafts from things that would normally be thrown away.

☐ **Biking on the Edge**, 4-5:30 p.m., Friday and Monday, at the Youth Services Center. Children 10 to 15 years old can learn the rules of the road and the best places to bike on Fort Jackson. The classes wrap up with a postwide bike rodeo May 1.

☐ **Voyage on the Titanic**, 3:30-5 p.m., Friday. Assume the identity of a passenger on the Titanic and explore the reasons why the ship sank. For ages, 9-16.

☐ **Raise a Racquet**, 3:30 p.m., today, tennis courts, Brown Avenue. Tennis classes are open to ages 9-16.

☐ **Egg-stravaganza**, Tuesdays, 3:30-5 p.m., 5955-D Parker Lane. Dye, boil, devil, scramble and eat eggs. Open to ages 9-16.

☐ **Tend My Garden**, 4-6 p.m., Wednesday, City Roots organic farm. Transportation from 5955 Parker Lane. Help green the world by learning to grow flowers, herbs and vegetables. Open to ages 9-15.

*The EDGE! offers free classes as part of the Army Middle School and Teen Initiative for those older than 10 years old. For children 9-10 years old, classes are \$5 per hour. Register online at <https://webtrac.mwr.army.mil>. Become a fan of the Fort Jackson EDGE program on Facebook. For more information, call Beverly Metcalfe at 751-3053.*

## FMWR calendar

### THURSDAY

- ☐ Visit Century Lanes for food, fun and bowling.
- ☐ Magruder's Pub and Club is open for lunch.
- ☐ Victory Bingo, 2-11 p.m.
- ☐ Sleepy story time, 6:30-7 p.m., post library. Come in your PJs and go home ready for bed.
- ☐ Scales Avenue CDC spirit week. Parent luncheon, 11 a.m. to noon.

### FRIDAY

- ☐ Visit the Officers' Club, 11 a.m. to 1:30 p.m. for the Blue Plate Specials.
- ☐ Victory Bingo, starts at 2 p.m.
- ☐ Artistic Expressions with Jake, 6:30 p.m., Teen Room at the Youth Services Center.
- ☐ Dance to a variety of music provided by DJ Randall at Magruder's Club, 9 p.m. to 3 a.m. Magruder's Club is located in the back of Magruder's Pub. Cover charge is \$5 for civilians and \$3 for military.
- ☐ Scales Avenue CDC spirit week. Final parent luncheon, 11 a.m. to noon.

### SATURDAY

- ☐ Step Team practice, 2 p.m., dance room at the Youth Services Center.
- ☐ Victory Bingo, starts 4 p.m.
- ☐ Classic Soul Saturday, 9:30 p.m. to 2 a.m., Excalibur Room at the NCO Club. Cover charge is \$5 for civilians and \$3 for military.
- ☐ Scrabble Tournament, 10 a.m., Post Library. Call 751-5589 for information.
- ☐ Deep sea fishing trip, 2:30 a.m. to 8 p.m. Meet at Marion Street Station. The cost is \$99. Call 751-3484 for information.
- ☐ Family Fun Fair, 10 a.m. to 3 p.m., Hilton Field. Call 751-3053 for information.

### SUNDAY

- ☐ Victory Bingo, starts 10 a.m.
- ☐ Visit the Officers' Club, 11 a.m.-1:30 p.m. for Sunday brunch. Coat and tie not required. Call 751-4906 or 782-8761 for reservations.

### MONDAY

- ☐ Rainbow of Colors Week begins at Scales Avenue Child Development Center with daily activities. Events continue through April 23. Call 751-6221 for information.

### WEDNESDAY

- ☐ Visit the Officers' Club, 11 a.m. to 1:30 p.m. for Mongolian BBQ buffet.
- ☐ Get your party on at the NCO Club, 8 p.m. Cost is \$5 for military, \$7 for civilians.
- ☐ Karaoke night with Tom Marable, Magruder's Pub. Cost is \$3 for military, \$5 for civilians.

For a complete calendar of FMWR events, visit [www.fort-jacksonmwr.com](http://www.fort-jacksonmwr.com).

### ONGOING OFFERS

- ☐ Child, Youth and School Services provides free child care and youth programming on Saturday for active-duty parents who must work as a mission requirement, and parents who are in the National Guard or Reserve during battle training assembly. Child and youth programming is available to other parents at an hourly or daily rate.
- ☐ Enjoy resort accommodations for between two and six people with the Armed Forces Vacation Club for less than one would pay for some hotels. For details, call the reservation center at (800) 724-9988. Be sure to say you are a first-time Armed Forces vacation caller. Fort Jackson's installation number is 164.



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**one week before publication.**

**For example, an announcement for the April 29 Leader must be submitted by April 22.**

# April: National OT month

## Occupational therapy helps patients in everyday activities

### STAFF REPORT

Moncrief Army Community Hospital

Occupational therapy enables people of all ages to live life to its fullest by helping them promote health and prevent — or live better with — injury, illness, or disability. It is a practice deeply rooted in science and is evidence-based, meaning that the plan designed for each individual is supported by data, experience and “best practices” that have been developed and proven over time.

Occupational therapists and OT assistants focus on doing activities or occupations that are meaningful to the patient.

According to the Bureau of Labor Statistics, OTs help clients perform a range of activities, such as using a com-

puter, dressing, cooking and eating. Occupational therapists customize programs for each patient to resolve problems, improve function and support everyday activities. The goal is to maximize the patient’s potential.

By taking the full picture into account — a person’s psychological, physical, emotional and social makeup, as well as environment — OT helps clients:

- Achieve goals
- Function at the highest possible level
- Concentrate on what matters most
- Maintain or rebuild independence
- Participate in daily activities that they need or want to do.

In celebration of OT Month, the Moncrief Army Community Hospital Occupational Therapy staff will host an open house from 11:30 a.m. to 1 p.m., today on the 11th floor at MACH. Drop by and learn a bit more about what OT can do.

# Combatting parenting stress

## Public Health Command offers tips for new Soldier-fathers

### By CHRIS AYERS

U.S. Army Public Health Command (Provisional)

Brand-new Army fathers may wonder which is harder, being a Soldier or being a dad — if, that is, they have the energy to wonder about anything at all.

Sleepless nights, crying babies and dirty diapers can have any dad worried about whether he will make it through. Fear not, Dad, for you are not alone. A dad needs to stay strong for both his new baby and his wife. A dad needs to be there at 2 a.m. when his wife needs help changing a diaper that has failed or to clean up the wall next to the changing table when — well, you’ll find out.

Here are some tips for brand-new fathers that will make life easier and help keep everyone happy. Every baby and every family is different, so what works for some might not work for others—new parents need advice, but they also need to figure out the right way for them and their baby.

### BE PATIENT

Babies can be very frustrating at times because they cannot tell us what is making them cry. Parents will eventually start to see patterns and understand what the cries and body movements mean. Until then, try tak-

ing several deep breaths while figuring it out. If one thing doesn’t seem to be working, try something else.

### SOOTHING A CRYING BABY

New babies are still adjusting to life outside the womb. It may seem as though they are crying for no apparent reason. There are many reasons why they cry, but here are a few common things to check.

Newborn babies need to be kept warm. Keep a hat on their heads most of the day for about three to four weeks.

Yes, the baby could already be hungry again. Newborns have very small stomachs and don’t require much food, so they want to eat more often. Don’t be surprised if your baby is eating every two hours. (So much for sleep.)

Change that diaper. Nobody wants to lie around in his or her own waste, and that includes babies.

Babies sometimes need alone time. If your baby is fed and changed but still crying and fidgeting in your arms, try just laying her down in the bassinet or crib and leaving her alone.

For breastfed babies, certain foods can cause gas, in turn making them uncomfortable and upset. A change in diet can help. If your baby has gas, try pumping his legs lightly into his tummy to help work out the gas.

Remember that a baby is very fragile and should never be shaken. If your baby is crying non-stop and you just can’t handle it anymore, put the baby down in the crib and leave the room for a few minutes. Collect yourself and try again. It is never OK to shake a baby or put a baby in a dangerous situation.

### DO YOUR PART, DAD

A happy mom and baby will result from a father’s involvement in the care of the baby and the family home. Don’t wait to be asked to help clean up the house or change a diaper. Volunteer to take care of things such as bathing the baby or doing some laundry. A father who takes pride in his new role will feel better about himself and be a better dad. He will also make his wife happy, and all have heard and know, “If Mama’s not happy, nobody’s happy!”

Being a father is one of the greatest, most rewarding things men experience in life. A Soldier has many responsibilities, but none will be more important than raising a wonderful child. It will be hard with deployments and travel, but you can do it. Never give up, always be prepared to help and enjoy this amazing addition.

For additional information, see Boot Camp for New Dads, [www.bootcampfornewdads.org](http://www.bootcampfornewdads.org).

## MACH updates

### RETIREE HEALTH FAIR

MEDDAC and DENTAC will sponsor the annual retiree health fair during this year’s Retiree Appreciation Days April 24, 9 a.m. to 2 p.m. at the Solomon Center.

Services provided include oral (for retirees and their beneficiaries) and blood pressure and glaucoma screenings, as well as information on self-care, nutrition, patient safety, gastric bypass surgery and men and women’s health. Representatives from TRICARE, MACH pharmacy, physical therapy and occupational therapy will also attend.

Call 751-2501 for information.

### DFAC UPDATE

Renovations at the MACH dining facility are ongoing. Staff and visitors can eat and be served in the dining area. The DFAC is located on the fourth floor and is now serving premium coffee and teas.

### MACH PATIENT ENROLLMENT

While MACH is currently unable to enroll adult active duty family members, there are open pediatric TRICARE Prime enrollment spaces for active duty families. Other family members may choose from a list of primary care managers who are in the TRICARE Prime civilian network.

### OUTPROCESSING PROCEDURES

Soldiers must clear the Army Substance Abuse Program, Social Work Services and Behavioral Health prior to leaving the installation. Outprocessing includes a review of medical records and provides an opportunity for the Soldier to receive behavioral health care at his or her gaining installation. Outprocessing hours are 8-11 a.m., Tuesdays and 1-4 p.m. Thursdays at MACH Room 7-90. For more information, call 751-2235.

### ORTHOPEDIC CLINIC

The MACH Orthopedic Clinic is currently scheduling only active-duty Soldiers for follow-up appointments. For assistance obtaining orthopedic care, call the referral center at 751-2363.



**The Leader welcomes reader submissions. Submissions may be edited for style, grammar and length. Send submissions to [FJLeader@conus.army.mil](mailto:FJLeader@conus.army.mil).**

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### LEADER ADVERTISEMENTS

For questions regarding classified ads, call 432-6157. Classifieds may be faxed to 432-7609 or mailed to: The Fort Jackson Leader, P.O. Box 1137, Camden, SC 29020. Classifieds may also be e-mailed to: [Skaress@ci-camden.com](mailto:Skaress@ci-camden.com).

To place a display ad, call Kathy at 786-5681.

# Credit cleanup: there is no quick fix

By **CAPT. PATRICK BARRETT**  
Legal Assistance Office

Many newspapers run ads that claim to “erase bad credit” or “remove bankruptcies, liens or bad loans from your credit file.” Be careful of such advertisements. Companies that make such claims often target those who have suffered bad credit with promises of a clean slate. In reality, no one can legally remove accurate credit information from your credit report.

Anyone who has applied for a credit card, personal loan or insurance has a credit report. A credit report is a file that contains information on where a person works and lives, how the person pays his or her bills and whether the person has been sued, arrested or filed for bankruptcy. Companies that gather this information are Consumer Reporting Agencies, and they sell that information to creditors, employers, insurers and other businesses.

Consumers have the right to know what is in their reports and to question their accuracy. The Fair Credit Reporting Act was enacted to promote accuracy and ensure privacy. Recent amendments to the act expand consumers’ rights and place additional requirements on CRAs. Businesses that provide information about consumers to CRAs have new responsibilities under the law. The CRA must tell a consumer everything that is in his or her report. There are three major credit bureaus — Equifax, Experian and TransUnion. To receive a copy of the credit report, contact each agency to discover who is maintaining the file.

There are four basic kinds of information listed on a credit report. The first is identification and employment information, which includes name, birth date, Social Security number, employer and spouse’s name. Other information includes employment history, income, any previous addresses and whether or not the consumer is a homeowner.

The second type of information the credit report contains is payment history, which is

established by listing the accounts the consumer has with each creditor, the amount of credit extended and whether payments have been made on time. Also listed in a payment history is whether the consumer has been referred to a collection agency for an overdue account.

The third kind of information lists any inquiries that have been made to the consumer’s account because the CRA must keep a record of all creditors who have requested the consumer’s credit history. The final type of information listed is public information, which includes such things as bankruptcy, foreclosures and tax liens.

The FCRA mandates that a CRA or organization that provides information, such as a credit card company, correct any inaccurate information in a consumer’s credit report. Any disputes to the credit report must be submitted, in writing, to the information provider. The dispute should list the information that is believed to be incorrect and include a copy of the credit report with the items in question circled. Send the letter via certified mail with return receipt requested. Some CRAs allow for online disputing, as well.

CRAs investigate inaccuracies, usually within 30 days. They must also forward relevant information about the dispute to the provider or creditor. After receiving the dispute notice, the creditor must investigate, review all relevant information and report the results to the CRA.

If any information in the file is determined to be inaccurate, these inaccuracies

must be reported to all CRAs so that the file can be corrected. Any disputed information that cannot be verified must also be deleted. If the investigation determines that the information in the credit report is inaccurate and there is a change, then the CRA must give the consumer written results and a free copy of the report. The CRA cannot place changed or removed information back into the report unless it gives written notice of its intent to reinsert the items, which includes the name, address, and phone number of the creditor. The CRA must also send notices of corrections out to anyone who has requested the report within the last six months, upon request.

If there is negative information in the report and it is determined to be accurate, only the passage of time can assure its removal. Accurate negative information can stay on a credit report for seven years. However, there are certain exceptions:

- A bankruptcy can be reported for 10 years.
- Any credit information which is reported in response to an application for a job which has a salary of more than \$75,000 has no time limit.
- There is no time limit on information about criminal convictions.
- Default information concerning government insured or guaranteed student loans can be reported for seven years.
- Information about a judgment or unpaid lawsuit can be reported for seven years or until the statute of limitations runs

out, whichever is longer.

Generally, the seven-year reporting period runs from the date that the event took place. If the action is a delinquent account which was handled internally or referred out to a third party debt collector, the seven year period is charged from the date of delinquency that occurred immediately before the collection activity.

With consumer debt at an all-time high, consumers often find it overwhelming and turn to businesses that offer to help in solving debt and credit dilemmas. Beware of such easy fixes. Often, the credit/debt solution these businesses are promising is bankruptcy. Although bankruptcy is a debt solution, it is the solution of last resort because of its long-term negative credit effects. Beware of companies that:

- Want payment credit repair services before any services are provided.
- Do not disclose legal rights and what can be done for free.
- Recommend that the credit bureau not be directly contacted.
- Suggest inventing a “new” credit report by applying for an Employer Identification Number to use instead of a Social Security number or take any other action which seems illegal. Consumers who follow illegal advice and commit fraud, may be subject to prosecution.

By law, a credit repair agency must give consumers a copy of the “Consumer Credit File Under State and Federal Law” before they sign a contract. They also must give consumers a written contract that spells out their rights and obligations. Read these documents before signing the contract. Contact the consumer protection agency, state attorney general or Better Business Bureau to report problems with any scams that promise debt/credit relief.

For questions about the credit-reporting process or how to fix credit-reporting problems, contact the Fort Jackson Legal Assistance Office at 751-4287 to make an appointment.



# 'America's pastime' salutes U.S. military

*Soldiers, families honored by Major League Baseball*

By **ERIKA WONN**  
Army News Service

WASHINGTON — As summer begins, America's pastime, baseball, stirs up in many a nostalgic sense of national pride. Now Major League Baseball has teamed with the Army to salute American service members and their families.

Since World War I, MLB and its players have supported military efforts through recruiting drives, recognition programs, military appreciation games, charitable donations and even some players joining the military to fight for freedom.

Since 2001, especially, baseball has taken great strides around the country to support troops with a variety of programs designed to highlight and assist military members and their families.

The Boston Red Sox spearheaded the "Run to Home Base," a 9-kilometer charity run ending at home base in Fenway Park, Boston, that honors heroic veterans and helps raise funds for the new Red Sox Foundation and Massachusetts General Hospital Home Base Program, a new philanthropic partnership that serves local veterans returning from Iraq and Afghanistan suffering from traumatic brain injury or combat stress disorders. The program not only reaches out to veterans, but also provides support to their families.

Through a range of activities and events, the Home Base Program informs and educates the community about combat stress disorders and traumatic brain injury as supporters seek to encourage veterans and their families to get the support and care they deserve.

The Red Sox aren't alone in their efforts. The Washington Nationals started the season by honoring a military family of a deployed Soldier at their exhibition game against the Red Sox.

The family of Command Sgt. Maj. Douglas Greene from Fort Hood, Texas, attended the game with Gen. Peter W. Chiarelli, vice chief of staff of the Army, and his wife Beth.

Greene is deployed with 4th Battalion, 227th Aviation Regiment to Camp Taji, Iraq. Though this is the Greene



Photo by ERIKA WONN, Army News Service

**Command Sgt. Maj. Douglas Greene, who is currently deployed to Iraq from Fort Hood, Texas, sends a surprise shout out to his family at the Washington Nationals preseason game, April 3.**

family's third deployment in support of Operations Enduring and Iraqi Freedom, the Nationals game was their first experience at a professional sporting event, and Julianne and her children enjoyed the experience.

The youngest Greene child, Bailey, said, "The best part are the hot dogs!"

The family, as many other Army families, has experienced the difficulties of having a loved one away for so long, but their morale was bolstered by a special surprise at the game. During the third inning of the game, they were recognized on the field's big screen alongside wounded warriors who were also honored at the game, and the family had the chance to see a shout out from Greene in Iraq.

Behind her hands that hid a beaming smile, Julianne said, "It was so nice to actually see him. I haven't seen his face since November."

"This experience is not only good for the Greene family, but also for the other military kids here today so they can see families being honored and realize that what their parents are doing is important too," Chiarelli said.

At the Nationals home opener April 5, President Barack Obama got in on the action by throwing the ceremonial first pitch while surrounded by military children from all of the services.

April is the Month of the Military Child, and all over America and abroad the Army is holding events to honor children of Soldiers. MLB has now joined in.

## Sports shorts

□ A power lifting meet (bench, squat and dead lift) is scheduled for April 17. Required weigh in 6-8 p.m. at the Solomon Center. Sign up at the sports office by today.

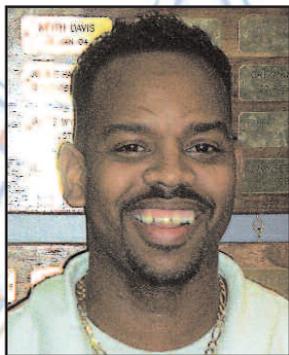
□ Spring tennis deadline. Season runs April 19 through May 7.

□ The Fort Jackson Golf Club is hosting a "Get Golf Ready" program throughout the spring and summer. Size is limited to 16 participants per class. Classes meet Tuesdays and Thursdays. Classes dates are: May 11, June 7, July 8 and Aug. 10. Call 787-4344 or visit [www.playgolffamerica.com/ggr](http://www.playgolffamerica.com/ggr).

□ Strongman competition is scheduled for May 13. Registration deadline May 11. Call 751-3096 for information.

For a full list of calendar events, visit <http://jackson.mhsoftware.com/>

## Pinheads



**HARRIS**

Century Lanes Bowling Center salutes the following league bowler on his honor score:

**March 31**

John Harris Sr. rolled a 290.



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## Casey expects CSF to gain momentum

Continued from Page 1

improve Soldiers' social, emotional, spiritual and family strength. The program has been in the works for almost two years. It also includes the Global Assessment Tool, online self-development modules and sustainment resilience training throughout a Soldier's career.

To date, more than 500,000 of the Army's 1.1 million Soldiers have completed the GAT, a confidential self-assessment survey.

"That's a significant step for us all," Casey said. "The resilience skills are important for the long-term health of this Army and sustaining this all-volunteer force over the long haul."

Casey said Soldiers will be involved in Comprehensive Soldier Fitness throughout their entire careers, starting in Basic Combat Training. He toured Fort Jackson's GAT facility, where almost 50,000 Soldiers will complete their initial GAT this year. In addition, Casey was briefed on the revamped Basic Combat Training Program of Instruction by Lt. Gen. Mark Hertling, TRADOC's deputy commander for Initial Military Training.

The new POI calls for two hours of resilience training.

"As we're getting some of the young Soldiers from society, we're finding that some of the things they may see in deployments or overseas assignments are pretty traumatic," Hertling said. "I think we have to train them to be prepared for that."

Given the right tools, Soldiers returning from deployment can draw on those experiences to grow on a personal level, Casey said.

"A lot of people think that everyone that goes to combat gets post-traumatic stress. Everyone gets stress, believe me, but the vast majority of people that go to combat have a growth experience," he said. "People that experience hard things and survive and persevere are stronger as a result. (Comprehensive Soldier Fitness) is about giving all our Soldiers the skills they need to succeed."

Casey said the goal is to have a master resilience trainer in every Army battalion at the end of the year. The trainers



Photo by SUSANNE KAPPLER

**Army Chief of Staff Gen. George W. Casey addresses students at the Master Resilience Training Course facility Monday. Casey also visited the Fort Jackson Global Assessment Tool facility.**

are tasked with teaching resilience to their units, which Casey said he hopes will create momentum for the program.

"I think by the end of this year, we're going to start getting traction; and I think we'll build on that for the coming year," he said.

Casey admitted that developing a way to measure the success of the program is still a work in progress.

"That is something that we're wrestling with very hard right now," he said. "You can look at outcomes. Ideally, we'd like to see things like divorces and suicides go down, but it's hard to make a direct correlation between (Comprehensive Soldier Fitness) and those events."

He said he hopes Comprehensive Soldier Fitness will eventually lead to a culture in the Army that approaches physical and mental fitness with the same vigor.

"My expectation for this is that it's gradually embraced by the Army and becomes part of our culture," he said. "Just like we talk about physical fitness and maintaining an appropriate level of physical fitness, I expect our discussions about mental fitness to be open and frank and to contribute to our definition of what success is."

*Susanne.Kappler1@us.army.mil*

To view video coverage of Casey's visit, go to <http://vimeo.com/10902207>.

## Honor Flight guests



Photo by SHARONDA PEARSON, Public Affairs Office

**World War II veterans participating in the Honor Flight program explain the difference between M-16s — and the weapons they used — to Soldiers with the 3rd Battalion, 60th Infantry Regiment. The veterans visited Fort Jackson Friday and will travel to Washington April 21 to visit the World War II Memorial.**