

TRACKING ...

NEWS

GAT facility opens on Fort Jackson

PAGE 3

UP CLOSE



Retirees honored on Fort Jackson

PAGE 10



3-34th children show up for work

PAGE 11

INDEX

Commanders	2	Police	19
News	3-12	FMWR	22
Up Close	10-11	Health	23
Veterans	13	Chapel	24
Around Post	16-17	Legal	28
Happenings	18	Sports	31

The Fort Jackson Leader



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Walking tall

Five-three 'giant' captures DSoY title

By KRIS GONZALEZ
Fort Jackson Leader

After five days of grueling physical and mental tasks, Sgt. 1st Class Edwin Hernandez was named the 2010 Fort Jackson Drill Sergeant of the Year Saturday.

Also recognized was Sgt. 1st Class George Simmons, who was named runner up.

Hernandez and Simmons, who are both with the Drill Sergeant School, competed against Fort Jackson's most skilled and tenacious drill sergeants to earn the coveted titles.

Fort Jackson's 2009 DSoY, Sgt. 1st Class Michael Cavezza, Company A, 1st Battalion,

13th Infantry Regiment, said he spent four months designing this year's competition, recreating events similar to those he said he experienced at the TRADOC competition last year.

The week's events started with a PT test and ended with a formal board. Cavezza said he added surprise challenges and miles of



HERNANDEZ

road marching between each main event, which took place at different locations spread out like a jigsaw puzzle across Fort Jackson. He never allowed the competitors to know which task would be required of them at each station.

He also never let them know if they were being graded on the task at hand, or something random, like whether or not they were wearing the correct uniform.

"It would be a lot easier (for the competitors) to sit down and think about what they're actually doing and rehearse," Cavezza said during the competition. "But not knowing

See BATTLE: Pages 20-21

Past on display



Photo by SUSANNE KAPPLER

Alaina Williams, with the South Carolina Institute of Archaeology and Anthropology, excavates site deposits during the archaeological site's open house Saturday. See story, photos on Page 6.

Simple tips help foster summer safety

So far this year, we, as an Army, have lost 10 Soldiers in motorcycle accidents. That's down from the same time period last year, when the Army recorded 13 Soldier motorcycle-related fatalities. The slight decline in the number of fatalities doesn't make the news any easier to take. Make no mistake. It is tragic when we lose one person in an accident that could have been avoided. When I hear or read that we have lost a Soldier, family member or civilian in an accident in which good safety was not practiced, I cannot help but cringe.

There are too many times when a young life is lost or a Soldier is seriously injured because a motorcycle went out of control due to a high rate of speed, or the rider was not wearing a helmet and protective gear, or he or she had not had proper motorcycle training. Speeding, reckless operation, inexperience are common denominators in the cause of motorcycle accidents. Alcohol use as a contributing factor is not uncommon, and the failure to wear a helmet can result in more severe injuries.

I bring these things up today because safety needs to take a front seat in your minds as summer approaches and outdoor activities — in addition to motorcycle riding — begin to increase. Incidentally, Fort Jackson's annual motorcycle rally, which is aimed at promoting safety, is May 17.

Let me add that we are fortunate to have an outstanding motorcycle program thanks to Sean O'Brian and his team, designed to include the full spectrum of motorcycle safety,

BRIG. GEN. BRADLEY W. MAY
Fort Jackson
Commanding
General



including initial, progressive and refresher training as well as leadership, mentorship and responsibilities. More information on the program is available at the safety center. For those of you who don't ride, I ask that you take extra care and watch out for motorcyclists. What might be a fender bender for you is potentially fatal to them. Keep an eye out and give them some room.

It is important to remember that although the motorcycle rules and procedures are not mandatory — but highly encouraged — for civilians when they are off the installation, Soldiers are bound to comply with those policies at all times, including when they are off duty and off post.

As the summer fun kicks into gear between Memorial Day through Labor Day — which we commonly refer to as the 101 Days of Summer — I ask that you make a conscious effort to practice safety, no matter what you might be doing or where you are heading. Water activities can be

a ton of fun and a great way to enjoy the summer with friends and family member. But make sure to participate safely — always remembering to pay close attention to youngsters in the group.

One thing that you might consider is enrolling your family in a swimming class. If your thing is boating, be certain that you have completed a safety course in boating. When you are on the water, regardless of what type of watercraft you are using, always wear a personal floatation device. Here is the link to the boating course:

<http://www.boatus.org/onlinecourse/default.htm>.

The Army Combat Readiness Center has some outstanding Safe Summer tips, tactics, and procedures to help keep you and your family safe throughout the summer. You can get a lot of information Safe Summer Campaign 2010 from the Combat Readiness Center website:

<https://safety.army.mil/portals/multimedia/CAMPAIGNS/INITIATIVES/SummerSafety2010/tabid/1838/Default.aspx>

Your leaders are responsible for ensuring that you have the knowledge and tools that you need to remain safe. But let me also encourage you to touch base with the staff members at the Fort Jackson Safety Center, if you are looking for assistance. They offer a wide variety of products and training.

In the meantime, let's remember to keep our heads in the game and take care of one another.

Be smart. Be safe. Have fun.

Army Strong!

The Fort Jackson Leader

Fort Jackson, South Carolina 29207

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Commanding GeneralBrig. Gen. Bradley W. May
Garrison CommanderCol. Lillian A. Dixon
Public Affairs Officer Karen Soule
Command Information Officer .. Joseph Monchecourt
Editor Crystal Lewis Brown
News editor/Staff writer..... Susanne Kappler
Online editor..... Mike A. Glasch
Staff writer Kris Gonzalez

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Ask the garrison commander about: Post voting assistance program

I was recently appointed by unit commander to perform duties as a Voting Assistance Officer. I would like to know if this appointment can be reflected on my evaluation report?



Absolutely. In accordance with Army Regulation 608-20, Army Voting Assistance Program, paragraph 2-14g, commanders must establish criteria for VAO performance and ensure that VAO's evaluation reports reflect how well the Soldier performs their voting assistance duties.

How many VAOs must be assigned to a unit and what is the grade authorization to perform this duty?

Under provisions of AR 608-20, Army Voting Assistance Program, paragraph 2-14a, commanders must appoint, in writing, unit VAOs in the grades of first lieutenant/sergeant first class or above in all units with 25 or more permanently assigned members. Commanders must appoint an additional VAO for each 50 unit members above the 25-member base.

I have noticed that the Auto Crafts Shop has a paint

COL. LILLIAN A. DIXON
Fort Jackson
Garrison
Commander



booth. Can you tell me how I can sign up to use it?

In order to use the Auto Crafts Shop's new paint booth, customers must take the Auto Safety Class. The new paint booth is heated and has bake-on capabilities. The rental fee is \$75 for a 24-hour period. Reservations for the paint booth must be scheduled in advance and collected fees are not refundable. Call 751-5755 for information.

FACT OF THE WEEK

To paint your automobile, you must have a certified respirator and all MSDS Sheets for all chemicals you will use painting. Material Data Sheets can be obtained from the location where your products are sold.

To submit questions for the "Ask the Garrison Commander," call 751-2842, or e-mail scott.nahrwold@us.army.mil.



Article submissions are due two weeks before publication. For example, an article for the May 13 Leader must be submitted by today. Announcements are due

one week before publication.

For example, an announcement for the May 13 Leader must be submitted by May 6.

Fort Jackson opens GAT facility

By **SUSANNE KAPPLER**
Fort Jackson Leader

Fort Jackson officials cut the ribbon on its new Global Assessment Tool facility Wednesday.

The building is equipped with 120 computers that allow Soldiers in Basic Combat Training to take their initial GAT. The computers use a kiosk software that allows Soldiers to access the GAT website by logging on with their AKO accounts, said Duane Myers, communications officer for the U.S. Army Basic Combat Training Center of Excellence.

The GAT is a confidential online assessment tool that evaluates a Soldier's social, emotional, family and physical strength. Part of the Comprehensive Soldier Fitness Program, all Soldiers are mandated to complete the GAT by the end of May.

The building, which formerly served as a laundry facility and as a video teleconference center, was heavily damaged and cost \$1.5 million to renovate and equip, Myers said.

Work on the facility started in November and, given the short timeframe to complete the renovation, it took a concerted effort to finish it on time, Myers added.

"As with every major project it takes a collective effort, which is exactly what Fort Jackson had from the very start," Myers said, adding that most organizations on Fort Jackson were involved in the effort. "This combined team, along with weekly meetings and progress reports, which were shared with everyone, ultimately aided in turning one of Fort Jackson's most dilapidated buildings into a centerpiece to support the Comprehensive Soldier Fitness initiative as directed by the Army Chief of Staff."

Brig. Gen. Bradley May, Fort Jackson's commanding general, said that the building itself symbolizes the program it represents.

"I find it incredibly ironic, but yet so appropriate, that this building has been transformed into the building you see here today," May said during the ceremony. "This building alone reflects resiliency."

May added that as the wars in Iraq and Afghanistan continue, the Army is committed to taking care of its Soldiers, family members and civilians and that the Comprehensive

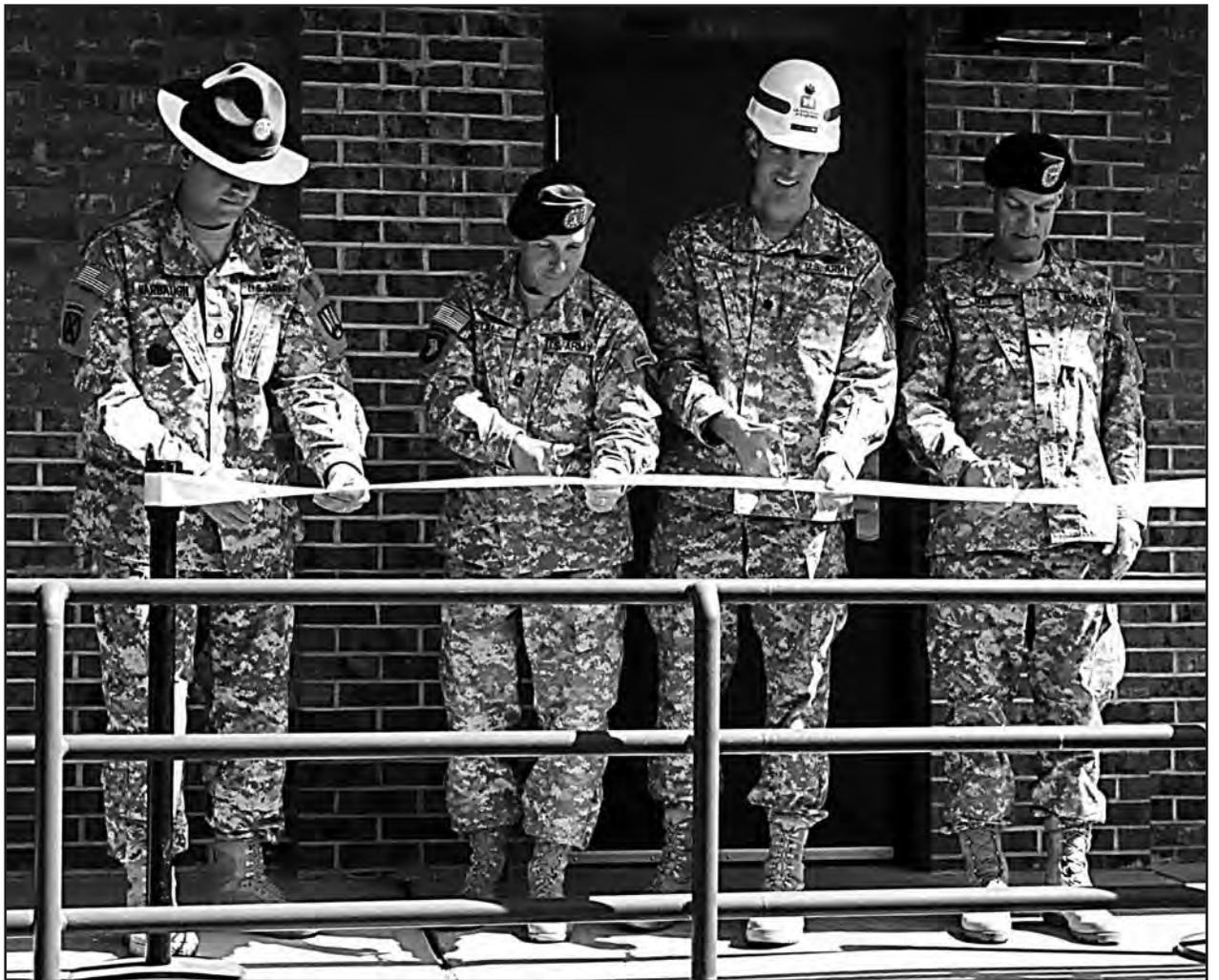


Photo by **SUSANNE KAPPLER**

From left, Staff Sgt. Brandon Harbaugh, a drill sergeant with the 165th Infantry Brigade, Post Command Sgt. Maj. Brian Stall, Lt. Col. Jason Kirk, commander of the U.S. Army Corps of Engineers, Charleston District, and Brig. Gen. Bradley May, Fort Jackson's commanding general, cut the ribbon for the Global Assessment Tool facility Wednesday.

Soldier Fitness Program is a part of that commitment.

Soldiers in Basic Combat Training will take the GAT during the first few weeks of training. The GAT facility accommodates two companies, or 480 Soldiers, each day. An

estimated 25,000 Soldiers will use the facility this fiscal year and approximately 48,000 Soldiers will use the facility annually after that.

Susanne.Kappler1@us.army.mil

AFCC dedication scheduled

By **SUSANNE KAPPLER**
Fort Jackson Leader

The Armed Forces Chaplaincy Center will mark its official opening with a dedication ceremony at 10 a.m., May 6. The AFCC is the home to the U.S. Army Chaplain Center and School, the Air Force Chaplain Corps College and the Navy Chaplaincy School and Center.

The ceremony will consist of three parts — the dedication of the Air Force school, the dedication of the Navy school and the dedication of the AFCC as a whole.

Mandated by the Base Realignment and Closure initiative in 2005, the Air Force and Navy moved its schools to Fort Jackson at the beginning of 2010 to form a co-located education center for all military chaplains

and their enlisted assistants.

The Navy moved its Naval Chaplains School from Naval Station Newport, R.I. and its training for religious program specialists — the Navy equivalent of chaplain assistants — from Naval Air Station Meridian, Miss., to form a new school. The Air Force school moved from Maxwell Air Force Base, Ala. The Army's chaplain school has been on Fort Jackson since 1996.

Although each service will continue to teach its chaplains separately, the co-location allows for shared training opportunities in common areas of interest.

The Navy and Air Force schools are housed in a new building next to USACHCS on Lee Road. The building was completed earlier this year and was inaugurated with an interfaith worship service in January.

Susanne.Kappler1@us.army.mil



Photo by **SUSANNE KAPPLER**

The dedication ceremony for the Armed Forces Chaplaincy Center is scheduled for 10 a.m., May 6.

187th geared to maintain safety

By **KRIS GONZALEZ**
Fort Jackson Leader

Every Soldier knows what it's like to stand among about 100 other Soldiers in a company formation. It would be difficult for any to fathom what it would be like if their battle-buddies to their left or right began to disappear. It might seem like a movie if their comrades vanished, one-by-one.

Last year, that's exactly what happened in the U.S. Army. The equivalent of a company of Soldiers disappeared from the Army's rosters — not all at once, but one-by-one, randomly, throughout the year. These 107 Soldiers had died in accidents involving privately owned vehicles, many of these accidents involving alcohol.

Because statistics are sometimes difficult to comprehend, leaders of the 187th Ordnance Battalion brought the dramatic effects of real life tragedies to the forefront of training April 23 during the battalion's Safety Stand-down Day.

The battalion partnered with on and off-post agencies to provide cadre and Advanced Individual Training Soldiers with "real world lessons they can internalize and take with them to wherever the Army decides to send them," said Lt. Col. Darrell Aubrey, commander of the 187th.

Representatives from Mothers Against Drunk Driving spoke to a theater full of 187th Soldiers to paint "mental" images of the horrors they or their loved ones endured as a result of reckless decisions made by drunk drivers.

The Columbia Police Department showed graphic photos of not only mangled vehicles, but also the bodies that had been inside them.

Later, at the battalion's headquarters, the South Carolina Highway Patrol was on hand to demonstrate its rollover crash simulator. Soldiers watched as a dummy child, not wearing a seatbelt, was dropped out of the vehicle's window like a sack of potatoes as it rolled at only 7 mph, and an adult dummy was thrown like a rag doll out of the opposite window.

Soldiers crashed into cones as they drove SIDNE go-karts, battery-powered vehicles that simulate the effects of alcohol on a motorist's driving skills. The go-karts also demonstrated the impact of driving while being fatigued, or using medication or illicit drugs, said Mary Reardon, safety specialist for the Fort Jackson Safety Center.

Some Soldiers were also given the opportunity to try performing some mundane tasks, such as catching a ball, while wearing Drunk Busters Impairment Goggles that also simulate the effects of impairment, but with more emphasis on visual distortion and alteration of depth and distance perception.

It was pretty dramatic training, all in an effort to have a dramatic impact on the AIT Soldiers who, although not yet allowed to drive on post, will one day re-enter the driving population, said 1st Lt. Burton Milnor, plans and operations officer for 187th.

Milnor, who was in charge of organizing the event, decided since April is designated National Alcohol Awareness Month, he wanted to do more than shed light on one of the Army's bigger issues — dealing with alcohol related offenses. He said he wanted to compel Soldiers to change the way they think about consuming alcohol.

"It was very powerful, it was very moving," Milnor said "And if that didn't hit home, I don't know what else I can do that's going to hit home."

Kris.Gonzalez@us.army.mil



Photos by KRIS GONZALEZ

Staff Sgt. Emilio Moreno, Headquarters and Headquarters Company, 187th Ordnance Battalion, uses an infrared remote control to redirect Pvt. Chancellor Loredo, Company C, 187th, as he drives a go-kart that simulates the effects of alcohol and other drugs on a motorist's driving skills.



Scott Pfaff, curator of herpetology at Riverbanks Zoo and Garden, educates Soldiers with the 187th Ordnance Battalion about venomous snakes indigenous to South Carolina.

Unearthing the past

By **SUSANNE KAPPLER**
Fort Jackson Leader

Archaeological site offers insights into Archaic period

Long before Soldiers geared up for foot marches through the woods, travelers made stops on the land that now constitutes Fort Jackson. They left behind camp sites, which date back as many as 9,000 years to the Archaic period.

Archaeologists have surveyed sites on post for more than 20 years, and on Saturday the public was invited to visit one of the excavation areas.

David Youngblood made the roughly 75-mile trip from Fort Mill to learn about the site and the artifacts found here. Youngblood said he appreciates Fort Jackson allowing the public access to the site.

The site off Dixie Road encompasses approximately 18 acres and has yielded more than 10,000 bags of artifacts since archaeologists started an in-depth survey there in November, said Audrey Dawson, an archaeologist with the South Carolina Institute of Archaeology and Anthropology and the principal investigator for the site.

Dawson said that the area provided an ideal resting place for travelers.

"The site has four spring heads around it," she said. "The spring heads, during the middle archaic period, would have provided a constant supply of water. Plants would have grown around it and animals would have been attracted to it — making this a very attractive location to set up camp for the night as you're walking through the dry, hot Sandhills."

However, because of the sandy



Photos by **SUSANNE KAPPLER**

Meg Gaillard, with the South Carolina Institute of Archaeology and Anthropology, sifts through ground in search of artifacts Saturday at one of Fort Jackson's excavation sites.

soil, many of the features that archaeologists typically look for during an excavation are absent.

"In fact, we're missing a large portion of the picture because all we get are stone tools and the occasional (pottery fragment) from later people who occupied the site," Dawson said. "We don't have any river cane. We don't have any of the wooden artifacts they would use. We don't have any of the bone or antler artifacts they would use, no feathers, no sinew, none of that."

Despite those shortcomings, the site promises to contribute to understanding life in the area during the Archaic period, said Chan

Funk, archaeologist with the Fort Jackson Environmental Division.

"Right now, the significant aspects are the depth of the deposits, which extend down to about one meter, which is rare in the Sandhills and the tool types that we have here, (which) are much more ubiquitous than you find at other sites in the Sandhills," Funk said. "We've got things from all over the region right here over a 9,000 year period. It's a good opportunity to study the form and function of those sites over that time period."

Dawson, who plans to write her dissertation on the findings at the site, estimated that analyzing all the artifacts uncovered would take



Sean Taylor, an archaeologist with the South Carolina Department of Natural Resources, demonstrates the functionality of tools that were used roughly 9,000 years ago.

about five to six months of lab work.

Archaeologists have done intensive work at the site, partly because Fort Jackson mission requirements may bring construction to the area in coming years.

"The Environmental Division wanted to get (the site) mitigated before any money (for construction) became available, so we wouldn't be holding them up," Funk said.

The National Historic Preservation Act requires federal landholders to preserve archaeological sites whenever possible. Funk said that the cooperation between Fort Jackson and the archaeologists excavating on post has been exemplary.

"I've been singularly impressed since I got here with the dedication that the Army has to preservation of resources and its commitment to doing the right thing," he said.

Susanne.Kappler1@us.army.mil

187th mourns death of civilian WVMS instructor

By **CRYSTAL LEWIS BROWN**
Fort Jackson Leader

For nearly five years, Lannis Frazier's "office" was a large warehouse-type room filled with dozens of Humvees used as training models. And during that time, though his supervisor and colleagues can recall how he often dished out advice to Advanced Individual Training Soldiers, not one of them can remember a time when he called in sick.

Wednesday, many of those colleagues joined other friends and family as they said goodbye to Frazier, who, after a three-year cancer battle, died Saturday.

"He was a real strong-willed person," said Roy Melton, training supervisor at the 187th Ordnance Battalion's Wheeled Vehicle Mechanic School (Site II), where Frazier worked as an instructor.

Melton said the retired sergeant first class never called in sick and only missed Fridays, which was when he was administered his radiation therapy.

"If he didn't tell you he had cancer, you wouldn't know it," Melton said.

Colleagues recalled how the 50-year-old Frazier loved taking time to share war stories — and auto mechanic advice — to the AIT Soldiers.

"He was a fun guy, he loved to talk (and) give Soldiers advice," said Mark Lewis, another instructor at the site. "He wasn't (just) training them for today, he was training them for tomorrow."

Lewis said that the Valdosta, Ga., native was a "true team player," and was often the first to volunteer to cover another instructor's class in an emergency.

"He had this aura about him, just (an) overall kindness," Lewis said.



FRAZIER

It was clear that Frazier left a mark on his colleagues.

With much of his leave eaten up by his weekly radiation treatments, co-workers donated more than 350 hours of their leave to him, Melton said.

Ernest Fayson, another instructor, said Frazier was known for a quote by which he lived.

"Some days are better than others, but they're all good days," Fayson recalled him saying. And like Melton and Lewis, Fayson said Frazier's dedication was apparent.

"He loved his job and he loved his Soldiers," Fayson said.

Frazier, of Columbia, was buried at the Fort Jackson National Cemetery Wednesday.

He is survived by his mother, Norma Jean Brown; his wife Theresa Frazier; his sons and stepsons, Jeffrie Frazier, James Frazier, Lincoln Dougan and Kelvin Dougan; daughter and stepdaughter, Tanya Dougan and Illana Bruce; sisters, Sheila Jackson, Charleen Brown, Veda Frazier and Anita Frazier; and a brother, Kevin Brown.

Crystal.Y.Brown@us.army.mil

Housing Happenings

COMMUNITY UPDATE

❑ Balfour Beatty Communities collects shoeboxes filled with toiletries and non-perishable items to send to deployed troops as part of "Operation Shoebox." For more information, call 738-8275.

❑ Residents who participate in the Army survey will be entered in a drawing for a chance to win a 37-inch LCD TV with Blu-Ray disc player. Surveys will be delivered by the end of this month to all residents. The drop-off points are the Community Center, the RCI office and the off-post housing office. For more information, call 738-8275.

❑ The mayoral council is looking for volunteers to serve as mayors and vice mayors for the housing community. Anyone interested in becoming a mayor or vice mayor should contact Vickie Grier at 751-7567.

❑ Nominations for Yard of the Month can be submitted by calling 738-8275 or via e-mail to cowilliams@bbcgrp.com.

DEVELOPMENT UPDATE

❑ To date, 104 homes have been delivered. Relocation of families into junior NCO housing is still under way.

❑ Families residing in the vicinity of Mills and Owens roads should continue to use Mills Road to enter and exit the area in the direction of Brown Avenue.

❑ Senior NCO homes are scheduled to become available in June or July. Field grade officer homes are scheduled to become available in July or August.

CMS Corner

The Customer Management System at Fort Jackson is a three-tiered feedback system established to determine the satisfaction of those who work, train, live and play on the installation.

CMS includes the Interactive Customer Evaluation system, Community FIRST/AFAP and Customer Service Assessments. This feedback enables the garrison to focus on specific actions aimed at improving customers' experiences of post services.

A complete list of Community FIRST issues can be found at <http://www.jackson.army.mil/WellBeing/wellbeing.htm>. New issues may be submitted on the site as well, by clicking on "Submit an Issue or Recommendation" or on the Community FIRST/AFAP Logo.

Whether it affects individuals and constituent groups at the installation level or throughout the Army, feedback is important.

Become a friend of CMS on Facebook by logging on to www.facebook.com. Search for CMS Fort Jackson.

"Let your voice be heard!"



Watch Fort Jackson
videos at
[http://www.vimeo.com/
user3022628](http://www.vimeo.com/user3022628)

What's cooking?



Photo by SUSANNE KAPPLER

William McLaughlin, a cook with the 2nd Battalion, 13th Infantry Regiment dining facility, prepares chicken for lunch Monday. The 2-13th DFAC will represent Fort Jackson in the Philip A. Connelly Awards Program competition for excellence in food service.

Schoomaker: Newspaper report 'unrepresentative'

By JOHN J. KRUZEL
American Forces Press Service

WASHINGTON — The focus of a *New York Times* article depicting neglect and suffering endured by a group of wounded Soldiers recovering in an Army program is unrepresentative of the recovery effort at large, the Army surgeon general said.

Lt. Gen. (Dr.) Eric B. Schoomaker stopped short of calling the article that appeared Sunday inaccurate, but said the overwhelming majority of Soldiers in warrior transition units are satisfied with the recovery regimen, according to an Army survey.

"I don't see them as necessarily crafting fiction," Schoomaker said to Pentagon reporters about the article. "But I do believe that it is wholly unrepresentative of the totality and the context of what we've done for warrior care, especially in the last three years."

Overall, 81 percent of participating Soldiers are satisfied with the program, and about 90 percent of wounded Soldiers recovering at Fort Carson, Colo. — the focal point of the *New York Times* article — are satisfied with their warrior transition unit according to the survey, Schoomaker said.

These figures paint a picture in stark contrast to the *New York Times* report, which the paper said was based on interviews with more than a dozen Soldiers and health care professionals from Fort Carson's transition unit and reports from other Army posts. The article states that warrior transition units have become "warehouses of despair" for many Soldiers.

The Army surgeon general took umbrage at this portrayal of warrior transition units — which are responsible for some 9,300 Soldiers — calling it "a poor characterization" and "almost 180 degrees of the truth."

Schoomaker was asked specifically to comment on the report's description of the units as "warehouses of despair, where damaged men and women are kept out of sight, fed a diet of powerful prescription pills and treated harshly by noncommissioned officers."

"Of all of the descriptions in there, with the exception perhaps of the suffering that individual Soldiers and families have had," he said, "that sentence alone is among the most offensive to us. And I think it wholly describes a situation that we feel is not present."

"We welcome you and any member of the press to go out and physically visit warrior transition units to talk with those Soldiers, to talk with their cadre and to see the larger context of how care is being delivered," he continued.

The article raised concerns about the over-prescription of drugs by doctors and the abuse or misuse of both prescribed and illicit substances. A military official told reporters that 78 incidents of illegal drug use have been recorded at the Fort Carson warrior transition unit since 2008.

"We have concerns about the diversion of prescription drugs that can be used for recreational uses, just as in the nation at large," Schoomaker said. "That's a big problem right now across the country. We're also concerned because illegally obtained drugs can be used as complements to these other drugs."

Schoomaker said an inspection of warrior transition units by the Army inspector general will be completed soon, and Army Brig. Gen. Gary Cheek, commander of Warrior Transition Command, is slated to visit Fort Carson to review policies and practices of their warrior transition unit later this week.

"With 9,300 Soldiers currently in the program, we don't always get it right," Schoomaker said. "To that end, we take every criticism and concern seriously and continuously strive to improve our program."

Post gives thanks to military retirees

By **SUSANNE KAPPLER**
Fort Jackson Leader

The cloudy skies and occasional rain could not dampen the spirits of the retirees who showed up for the retiree recognition ceremony Saturday at Darby Field.

William Campbell, who retired from the Army in 1980 after 26 years of service, said he has not attended Fort Jackson's Retiree Appreciation Days in several years, but was glad he did this year.

"You meet a lot of interesting people," Campbell said. "You get an update about what's happening."

During his speech at the ceremony, Fort Jackson Command Sgt. Maj. Brian Stall emphasized the importance of maintaining a connection between retired and active-duty service members.

"We have to pull our retirees in and let them know they are part of a family that no one else can relate to," Stall said.

After the ceremony, more than 1,500 retirees visited the Retiree Expo and Health Fair where they could get up-to-date information on services offered to the retiree

community. Many in attendance took advantage of free health screenings offered by Moncrief Army Community Hospital and DENTAC.

"The 2010 Retiree Appreciation Days was a huge success," said Albert Brackett, Fort Jackson's retirement services officer. "The planning, coordination and execution was great, as well as the service that was provided to the attendees."

Many of the retirees traveled from out of state to be part of the festivities and are planning to come back.

"The most outstanding aspect of the RAD was that the attendees traveling from North Carolina, Virginia, Georgia and Florida stated that they were well pleased with the way in which they were treated and look forward to next year's RAD," Brackett said.

The two-day event started Friday during Basic Combat Training graduation with the honoring of Vietnam veterans in attendance. Other events included a golf tournament, bowling tournament and retiree dinner.

Susanne.Kappler1@us.army.mil



Siatu Peebles, whose husband is a military retiree, takes a close-up look at white blood cells through a microscope during the Retiree Expo and Health Fair Saturday at the Solomon Center. Staff Sgt. Marc Johnson, Moncrief Army Community Hospital, explains what she sees.



Leland Lewis, a World War II veteran from Hemingway, bows his head in prayer during the Retiree Recognition Ceremony Saturday at Darby Field. More than 1,500 retiree attended this year's Retiree Appreciation Days.

Photos by **SUSANNE KAPPLER**



Photos by KRIS GONZALEZ

Sgt. 1st Class Leonard Zawisza, a drill sergeant with Company C, 3rd Battalion, 34th Infantry Regiment, shows his son, Austin, 8, how to operate an M249 machine gun April 22 during the battalion's "Bring your kids to work day" activities. Austin was among the 35 children who participated.

Bring your kids to work day: Army style

By CRYSTAL LEWIS BROWN
Fort Jackson Leader

Approximately 35 new recruits sat in the headquarters building of 3rd Battalion, 34th Infantry Regiment awaiting an initial briefing. A few wore ACUs. Most were dressed in civilian clothes. Throughout the next several hours, they would be taught by some of the toughest and best Soldiers the battalion had to offer: Mom and Dad.

The "recruits" were actually children, ranging in age from 4 to 15, who participated in Thursday in the battalion's "Take your child to work day," event.

Lt. Col. Bryan Hernandez, battalion commander, said the unit's participation in the national event was a chance for the children to get a firsthand look at what their parents do as Soldiers.

"It was really to give an opportunity for the kids of our cadre to spend some time with Mom and Dad at work," he said.

Because of the long hours cadre spend training Basic Combat Training Soldiers, the event offered a unique twist on family time.

"For our cadre, it's to build that rapport (with their families)," Hernandez said. "Our cadre is so busy working — 12, 14, 16 hours a day ... so, why don't you bring your fam-

ily and spend some good, quality time?"

The children were treated to a weapons demonstration, got to ride in an ILAV, were taught how to apply face camouflage and got a chance to "shoot" at the EST range, which simulates weapons use with laser technology. A rock-climbing wall and huge inflatable slide were also part of the activities.

First Sgt. Richard Kelly, HHC, brought his own two children out for the day's events.

"They absolutely loved it," he said. "There was something for everybody."

He added, "On a smaller scale, it showed them what the actual Soldiers do."



The battalion also put their twist on a usual carnival activity by putting camouflage makeup on the participants. The children also got a chance to try their hand at putting it on.

"Any other fair they would go to, there

would be face painting (so) we just incorporated it Army style," he said.

He added, "It was a great experience for them. They were kind of in awe (about) what the Soldiers go through."

Crystal.Y.Brown@us.army.mil



Left: Alexis Zawisza, 11, has camouflage face paint applied to her face. Top: Sgt. 1st Class Mark Grover, demonstrates the "rope corral" to Austin Puckett, 5 and sister, Cheyenne, whose mother is also a drill sergeant.

News and notes

WARRIOR GAMES

Sgt. David Marklein, with Fort Jackson's Warrior Transition Unit, is one of 200 wounded service members and veterans who will compete in the Warrior Games, May 10-14, in Colorado Springs, Colo. Events include track and field, swimming, shooting and archery.

FREE MOVIE SCREENING

A free advance movie screening is scheduled for 5 p.m., May 6. Tickets will be available at the Gate 1 Shoppette, Burger King, PX Food Court and the AIT Troop Store starting tomorrow. Stop by the PX for information on what movie is playing. Tickets are required, but do not guarantee entry. Arrive early.

SPECIAL FORCES RECRUITING

The U.S. Army Special Forces is seeking professional enlisted and officer volunteers during a visit 11:30 a.m. to 2 p.m., May 5-7, at the NCO Club. Soldiers from any MOS are encouraged to attend. Call (910) 432-2177 or DSN 239-2177 or visit www.bragg.army.mil/sorb for information.

THRIFT SHOP

The Thrift Shop accepts welfare requests from organizations. Organizations are asked to mail detailed requests to: Thrift Shop, 4110 Moseby St., Suite 1, Fort Jackson, S.C. 29207.

BOSS CORNER

Better Opportunities for Single Soldiers has the following events scheduled for May:

- Saturday, DES Bike Rodeo
- Wednesday and May 19, BOSS meeting
- May 7, Special Olympics
- May 12 and 26, BOSS Meeting, Task Force Marshall at McCrady Training Center
- May 14-16, Myrtle Beach weekend

For more information, call Sgt. Arnita Miles at 751-1148 or e-mail Arnita.Miles@us.army.mil.



April 29 — 2 p.m.

Our Family Wedding PG-13 103 min.

April 29 — 5 p.m.

Remember Me PG-13 113 min.

April 30 — 6 p.m.

Alice in Wonderland PG 109 min.

May 1 — 6 p.m.

Repo Man R 111 min.

May 2 — 5 p.m.

The Bounty Hunter PG-13 107 min.

May 6 — 2 p.m.

Alice in Wonderland PG 109 min.

Fort Jackson Reel Time Theater

(803) 751-7488

Closed Monday, Tuesday and Wednesday

Ticket admission

ADULTS \$4

CHILDREN (12 and younger) \$2

Visit aafes.com for listings

New system aims to improve military do-it-yourself moves

By MAJ. JAMES LOWE
U.S. Transportation Command

SCOTT AIR FORCE BASE, Ill. — After extensive testing and evaluation, the military has launched an improved system to better compensate service members who personally move their household goods on military orders.

All services began using the new system April 15. Moves initiated prior to that date will continue to process under the terms in place at the time of initiation. Members can make final moving plans with their local transportation office.

“Personally Procured Move, or PPM, gives our service members a choice. They may elect to personally move some or even all of their personal property and receive an incentive for doing so,” said Air Force Lt. Col. Ronald Coleman, deputy director of Transportation Command’s Defense Personal Property System. PPM replaces Do it

Yourself, or DITY, moves.

The new system calculates for reimbursement using a “best value” method. Most moves will fall into one of three scenarios:

— Service members will receive 95 percent of the “best value” the government would pay to move the goods as an incentive;

— Actual cost reimbursement will pay service members actual cost not to exceed the “best value” of the move and is used for pre-approved special handling such as assembly and disassembly and packing fragile items; or

— When a government-furnished moving service is not available, ACR pays the actual cost for the entire move subject to service headquarters pre-approval.

Some moves will not qualify for the new system, officials said. They explained that rules for moves can be found in the DPS Smart Book at www.move.mil, along with additional service-specific guidance.

MACH top Soldiers



Photos by NICHOLE RILEY, Moncrief Army Community Hospital
Spc. Charles Tate, above, was named Soldier of the Quarter for Moncrief Army Community Hospital. Sgt. Jeremy Tyler, left, was named MACH's noncommissioned officer of the quarter.

Vietnam honors

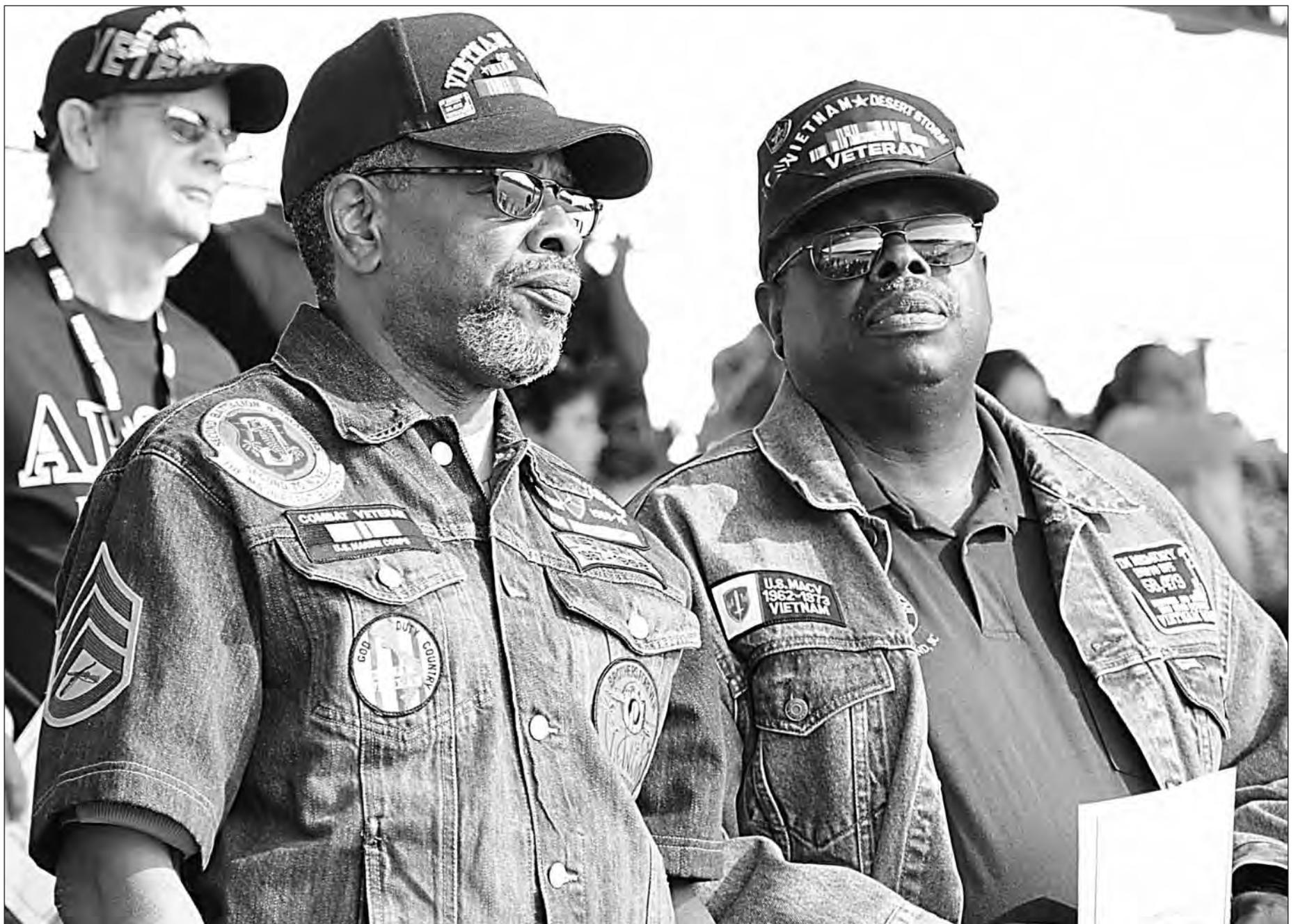


Photo by SUSANNE KAPPLER

Robert Rivers, left, and Daniel Brown were among the Vietnam veterans honored Friday during Basic Combat Training graduation at Hilton Field. The veterans received a rousing ovation from the family members and friends who attended graduation of the 3rd Battalion, 13th Infantry Regiment.

Former Sailor now a 'bluegrass' man

For 20 years, Bill Wells was known as a Sailor. But now, the Cromona, Ky., native is called something he dreamed about his entire life — a bluegrass man.

The Navy veteran, now owner of Bill's Music Shop and Pickin' Parlor in West Columbia, is still going strong at 82, playing music with his group Bill Wells and the Blue Ridge Mountain Grass.

Wells organized his bluegrass band in 1972, and just a few years later, the band won the National Bluegrass Band competition in Council Bluffs, Iowa. In 1978, Wells was nominated for Male Vocalist of the Year by the Society for the Preservation of

VETTING VETERANS

By TERESA SANDERSON
Leader correspondent



Bluegrass Music America.

Wells' success has allowed him to play on the same stage as Ralph Stanley, Lester Flatt, Don Reno, Rhonda Vincent, Mac Wiseman, Charlie Waller and the Country Gentleman. On Friday nights at the Pickin' Parlor, which is known as the "home of RC Colas, Moon Pies, and Good Ole'

Bluegrass Music," Wells gives local musicians a chance to get on stage and show their stuff. In

the audience

are foot-stompin,' hand clappin,' music lovers looking for an old-fashioned good time. Mixed in the crowd are veterans, Soldiers, preachers and other music lovers.

Looking — and listening — to Wells today, one might find it hard to believe the award-winning musician was the son of a

Primitive Baptist minister. Growing up, only a capella music was allowed at church and in the home. Wells' love of music began when he was 11, when he, his parents and his seven brothers and sisters moved to Mace Springs, Va., home to the first family of country music. The Wells' neighbors were A.P., Sarah and Maybelle Carter and her daughters Helen, Anita and June, who later married Johnny Cash. Their music inspired Wells and his dream to become a bluegrass musician began.

For more of Wells' story, check out the book, "Bluegrass Ambassador," by Pat J. Ahrens at www.billsmusicshop.com.

COMMUNITY INVOLVEMENT

Bill Wells stays involved in the community as a member of the West Metro Chamber of Commerce-Mason; Shriner; Society for the Preservation of Bluegrass Music Association; Tri-State Bluegrass; and is an at-large member of the Fleet Reserve Association. On Sept. 19, 1997, West Columbia Mayor Mack Rish declared Sept. 19 Bill Wells Day.



Saluting BCT honorees

DRILL SERGEANTS OF THE CYCLE



Staff Sgt. Candance Barksdale
Company B
3rd Battalion,
13th Infantry Regiment

SOLDIER LEADER OF THE CYCLE
Spc. Krista Searle

SOLDIER OF THE CYCLE
Pfc. Andrew Teel

HIGH BRM
Pvt. Ryan Brown

HIGH APFT SCORE
Spc. Michael Knight

SUPPORT AWARD OF THE CYCLE

FAMILY SUPPORT AWARD
Buffy Gregory



Staff Sgt. Frederick Harriel
Company E
3rd Battalion,
13th Infantry Regiment

SOLDIER LEADER OF THE CYCLE
Spc. Thomas Arm

SOLDIER OF THE CYCLE
Pfc. Jeramy Smith

HIGH BRM
Pvt. Peter Sanchez

HIGH APFT SCORE
Spc. Alex Larmey



Staff Sgt. Robert Brown
Company F
3rd Battalion,
13th Infantry Regiment

SOLDIER LEADER OF THE CYCLE
Pvt. Rachael Nieto

SOLDIER OF THE CYCLE
Pvt. Christy Dillman

HIGH BRM
Pvt. Justin Pinnell

HIGH APFT SCORE
Spc. Kristen Harris

Upcoming ceremonies

CHANGES OF COMMAND

- 2nd Battalion, 345th Regiment: Lt. Col. Robert Thrasher will relinquish command to Lt. Col. Nikki Griffin Olive, 10 a.m., May 7, at the Floyd Spence Reserve Center.
- 2nd Battalion, 39th Infantry Regiment: Lt. Col. Collin Fortier will relinquish command to Lt. Col. Glenn Blumhardt, 9 a.m., May 18, at the Officers' Club.
- 2nd Battalion, 307th Field Artillery Regiment: Lt. Col. Richard Howard will relinquish command to Lt. Col. Michael Angell, 9:30 a.m., May 21, at the 157th Infantry Brigade headquarters.
- U.S. Army Chaplain Center and School: Col. Samuel Boone will relinquish command to Col. David Smartt, 2 p.m., May 26, at the Solomon Center.
- 157th Infantry Brigade: Col. Timothy Vuono will relinquish command to Col. David Bushey, 10 a.m., June 1, at the Officers' Club.
- 3rd Battalion, 60th Infantry Regiment: Lt. Col. Alan Deogracias will relinquish command to Lt. Col. John Allen, 9 a.m., June 3, at the Officers' Club.
- 1st Battalion, 34th Infantry Regiment: Lt. Col. Daniel Beatty will relinquish command to Lt. Col. Quincy Norman, 9 a.m., June 9, at the Officers' Club.

- Moncrief Army Community Hospital: Col. Nancy Hughes will relinquish command to Col. Ramona Fiorey, 9 a.m., June 15, at MACH.
- USABCToE: Brig. Gen. Bradley May will relinquish command to Maj. Gen. James Milano, 9 a.m., June 16, at the Officers' Club.
- 193rd Infantry Brigade: Col. Brian Prosser will relinquish command to Col. Drew Meyerowich, 9 a.m., June 24, at the Officers' Club.
- Garrison: Col. Lillian Dixon will relinquish command to Col. James Love, 9 a.m., June 25, at Post Headquarters.
- 171st Infantry Brigade: Col. Karl Reed will relinquish command to Col. George Donovan, 9:30 a.m., July 9, at Darby Field.
- Training Support Battalion: Lt. Col. Lawrence Anyanwu will relinquish command to Lt. Col. Sula Irish, 8 a.m., July 12, at the Officers' Club.

If any of the information changes, please send updates for changes of command and changes of responsibility to FJLeader@conus.army.mil or call 751-7045. The *Leader* covers changes of command and responsibility for battalion-level or higher organizations only.

To submit a story idea or an announcement, or to request coverage of an event, e-mail details to FJLeader@conus.army.mil or call 751-7045.

Retirement review



Photo by OITHIP PICKERT

From left, Sgt. 1st Class Brian Reaves, Sgt. 1st Class Frank Brown, Staff Sgt. Brian Meeks, Sgt. 1st Class Jeffrey Hairston, Sgt. 1st Class Thomas Matthews and Col. James Comish were recognized in a Retirement Review ceremony Wednesday at Post Headquarters.

SSI HONORS INSTRUCTORS

The Soldier Support Institute announced recently its selections as 2nd Quarter Instructors of the Year. The instructors are: Capt. Carl Kleinholz, director of the Financial Management School's Basic Officer Leadership Course, who won in the officer category; Staff Sgt. Mia Jones, Human Resources Specialist Advanced Individual Training course instructor with the 369th Adjutant General Battalion, who won in the enlisted category; and Mike Armstead, BOLC instructor for the Adjutant General, who won in the civilian category.

The winners will compete in the SSI Instructor of the Year competition this fall.



KLEINHOLZ



JONES



ARMSTEAD



Army Community Service

May calendar of events

Monday, May 3

English as a Second Language class: 9-11:30 a.m., Strom Thurmond Building, Room 222 (every Monday, except holidays)

Play group: 10 a.m., Finlay Park, 930 Laurel St. The group meets at the playground.

Tuesday, May 4

FRG training: 8:30 a.m. to 4 p.m., Family Readiness Center (two-day training)

La Leche/breastfeeding support group: 10-11:15 a.m., 5615 Hood St., Room 8

Careers-on-the-go/work from home: 10 a.m. to 1 p.m., Main Post Chapel, activity room

Positive parenting: 2-4 p.m., Joe E. Mann Center, conference room

EFMP family night out: 5-7 p.m., Chick-fil-A, 2600 Decker Blvd.

Wednesday, May 5

FRG training: 8:30 a.m. to 4 p.m., Family Readiness Center (two-day training)

Newcomers' orientation/re-entry brief: 9 a.m. to 11:30 a.m., Post Conference Room

Military spouse employment boot camp/mini job fair: 9 a.m., Main Post Chapel, activity room. Bring your resume.

Play group: 10-11:45 a.m., 5615 Hood St., Room 8 (every Monday and Wednesday, except holidays)

Thursday, May 6

AER commander's referral training: 9-10:30 a.m., Education Center, Room B303

Lunch and learn parenting potluck: 11 a.m. to 12:30 p.m., 5615 Hood St.

Friday, May 7

Special Olympics opening ceremony: 5:30 p.m., Solomon Center

Monday, May 10

AFTB Level I (Spanish): 8:30 a.m. to 3 p.m., Family Readiness Center

Tuesday, May 11

Baby basics; Part 1: 10 a.m. to noon, Joe E. Mann Center, conference room

Stress management lunch and learn: noon to 1 p.m., 5615 Hood St., Room 10

Career opportunities for military spouses: 8:15-

11:30 a.m., Main Post Chapel, Room 212

FRG forum: 10 a.m. to noon, Joe E. Mann Center, ballroom

EFMP family night out: 5 p.m., EdVenture, 211 Gervais St., entry is \$1 per person

Wednesday, May 12

Play group: 10 a.m., Balfour Beatty Communities playground

Bullying awareness lunch and learn for parents: 11 a.m. to 1 p.m., 5615 Hood St., Room 10

Child abuse awareness class: noon to 2 p.m., Main Post Chapel

Phase II LEVY briefing: 2:20-3:30 p.m., Strom Thurmond Building, Room 213

Thursday, May 13

Resume writing and interviewing skills: 8:30 a.m. to noon, Strom Thurmond Building, Room 222

New direction support group: 11 a.m. to noon, Balfour Beatty Communities conference room

Friday, May 14

EFMP talent show: 6 p.m., Solomon Center

Saturday, May 15

EFMP strawberry picking: 10 a.m., Cottle Strawberry Farm, \$10 per bucket

Gold Star Families organization meeting: 10 a.m. to 3 p.m., Family Readiness Center

Monday, May 17

No play group today.

Tuesday, May 18

Treasurer training: 8:30-10 a.m., Family Readiness Center

Reintegration/reunion training (spouses): 10-11:30 a.m., Family Readiness Center

Anger management lunch and learn: noon to 1 p.m., 5615 Hood St., Room 10

EFMP support group — respite care info: 5 p.m., call for location

Evening breastfeeding support group: 5-6:30 p.m., 5615 Hood St., Room 8

Wednesday, May 19

No play group today.

Financial readiness for first-termers: 8:30 a.m. to 4:30 p.m., Education Center

Employment readiness orientation: 8:30 a.m. to noon, Strom Thurmond Building, Room 222

Information Exchange Council meeting: 9 a.m., Post Conference Room

Thursday, May 20

Financial/relocation initial PCS class: 9-10 a.m. Education Center

Monday, May 24

Play group: 10 a.m., Sesquicentennial State Park

Child abuse awareness class: 5:30-6:30 p.m., 5615 Hood St., Room 10

Tuesday, May 25

Baby basics; Part 2: 10 a.m. to noon, Joe E. Mann Center, conference room

Managing emotions under pressure: 11 a.m. to 1 p.m., 5615 Hood St., Room 10

Hearts Apart support group: 4-5:30 p.m., Family Readiness Center (date subject to change, call 751-1124)

Wednesday, May 26

Steps to federal employment: 9 a.m. to noon, Strom Thurmond Building, Room 222

Child abuse awareness class: noon to 2 p.m., Main Post Chapel

Survivor Outreach Services support group: 2-4 p.m., Family Readiness Center

Phase II LEVY briefing: 2:30-3:30 p.m., Strom Thurmond Building, Room 213

Parent support play group: 5-6:30 p.m., 5615 Hood St., Room 8

Thursday, May 27

AFTB Level I "Learn Army" (Day 1): 8:30 a.m. to 3 p.m., Family Readiness Center

Reintegration/reunion training (spouses): 6-8 p.m., Family Readiness Center

Friday, May 28

AFTB Level I "Learn Army" (Day 2): 8:30 a.m. to noon, Family Readiness Center



For more information or to register for classes, call 751-5256 or 751-6325. This information is published the last week of each month in *The Fort Jackson Leader*.



Follow the Fort Jackson Leader on Twitter at <http://twitter.com/FortJacksonPAO> for breaking news, videos and more.

HAPPENINGS

Calendar

Saturday

Bike Rodeo

10 a.m. to 2 p.m., Semmes Lake
Events include: bike safety/maintenance class, bike registration, helmet fitting, rules of the road and more. Call 751-3149 for information.

Thursday, May 6

National Day of Prayer

11:30 a.m. to noon, Main Post Chapel

Friday, May 7

Military Spouse Appreciation Day

11:30 a.m. to 1 p.m.,
Family Readiness Center
Fort Jackson will recognize Military Spouses' Day with a drop-in. There will be door prizes and refreshments.

SPVA cookout

Noon to 3 p.m., Perez Fitness Center
Sponsored by the Southeastern Paralyzed Veterans of America. Call 629-5589, 782-2587 or 348-0833 for information.

Wednesday, May 12

American Red Cross Luncheon

11 a.m. to 12:30 p.m.
The theme is "American Red Cross: Down the street. Across the country. Around the world." Call 751-4329 for information.

Friday, May 14

EFMP Talent Show

6 p.m., Solomon Center

Saturday, May 22

8K Volksmarch

9 a.m., Solomon Center
The walk, hosted by Fort Jackson's Army Public Health Nurses, starts and finishes at the Solomon Center. Call 751-5251 or Kenneth.Cobb@amedd.army.mil.

Tuesday, May 25

Civilian employee focus group

8 a.m. to noon, Family Readiness Center
Call 751-4926 or e-mail Dennis.Ramirez2@us.army.mil to register. Register by May 21.

Housing events

All events are held in the Community Center, 520 Brown Ave., unless otherwise specified. Call 738-8275 for information.

Friday

Neighborhood huddle

10 a.m., conference room
Get information and updates and share concerns.

Announcements

EFMP TALENT SHOW

The Exceptional Family Member Program is looking for participants for its EFMP Talent Show, which is scheduled for May 14. Categories include: singing, dancing, poetry reading, skits, artwork,

gymnastics and more. Entry forms are due to EFMP by April 30. Call 751-5256 or e-mail Brandi.Palmer@us.army.mil for information.

GARRISON GARDENERS

The Garrison Gardeners are seeking volunteers to help spruce up the Gate 1 traffic circle and guard house. Volunteers are needed from 9-11 a.m., May 1. Master gardeners will be on hand to help. Call 751-7271 for information.

187TH SPRING BALL

The 187th Ordnance Battalion Spring Ball is scheduled for 6:30 p.m., May 22, at the Marriott Hotel and Resort. The theme is "Spring toward a new beginning." Formal attire required for civilians. Call 751-5161/4098 for ticket information and prices.

FMWR SCAVENGER HUNT RIDE

The Family and Morale, Welfare and Recreation Fitness Department and the Solomon Center are conducting a Scavenger Hunt Bike Ride for those 18 and older. Each rider will be given a map and three hours to collect all items on the list. The fee is \$10 for those who need to borrow a bike and helmet. Visit www.fortjacksonmwr.com for more information or to download a flyer. Registration will be at the Solomon Center. Call 751-5768 for information.

FCC PROVIDERS TRAINING

Fort Jackson Child, Youth and Schools Services is currently seeking Family Child Care providers. The next Family Child Care orientation training is scheduled for May 10-14. Applications must be turned in by Friday.

The FCC program offers employment for military spouses who enjoy working with children. FCC providers who can accept children younger than 2 are especially needed. FCC providers must be: living in government quarters on post, or be a Department of Social Services registered off-post provider. An amnesty program is available for those who are providing child care on post but are not certified. Call 751-6234 for information.

ESSAY CONTEST

Children are invited to participate in this year's Month of the Military Child essay contest. The theme is "How the military has impacted your life." Age groups are: 5-10 and 11-16.

One winner will be selected from each age group. Be sure to include contact information on the essay. Winners will be notified April 30. The contest runs through Friday. E-mail RosenbergJ@aafes.com for information.

TRANSITION CLASSES

Transition classes are geared toward any Soldier who deployed during OIF/OEF. The class meets 6-7:30 p.m., each Tuesday, in the Moncrief Army Community Hospital staff conference room. The class is geared toward helping Sol-

diers transition from life in the combat zone. Call 751-5911 for information.

FORT JACKSON SCHOOL BOARD

There are four open seats on the Fort Jackson School Board. Nomination forms will be sent home with children this week, and may also be picked up at the school. Nomination-candidate interest forms must be turned into the school by April 30. Elections are scheduled from 8 a.m. to 3 p.m., May 7, at C.C. Pinckney and Pierce Terrace elementary schools.

AG CORPS BALL

Tickets for the Adjutant General's Corps National Regimental Ball are now on sale. The ball is scheduled for June 11 at the NCO Club. Brig. Gen. E. Eric Porter is the guest speaker. Cocktail hour starts at 5:30 p.m. Visit www.agball2010.com for more information or to purchase tickets online.

AAFES PHOTO CONTEST

AAFES customers are invited to join its "My Story" contest for a chance to win a digital camera and a \$500 shopping spree. Entrants should send a photo and a story of their military service, active duty or civilian, along with a 50-word description. Grand prize, first place, second place and two runners-up will be awarded. Photos and descriptions should be e-mailed to PatriotFamily@aafes.com. Entrants must include name, address, phone number, rank or occupation. Photo information should include location, date and who is in the photo. The contest runs through April 30.

ARMY HOOAH RACE

Registration for the ninth annual Army Hooah Race is now open through June 10. The June 12 race marks the Army's 235th birthday, as well as the final race in the metro Atlanta area. Race events include a 5K walk/run, 10K run and 100-yard Tot Trot (ages 10 and younger). Register online at www.armyhooahrace.army.mil/armyhooahrace. Mail-in registration forms are also available at the site. The 5K starts at 7:30 a.m. at the East Point Library. The 10K starts at 8 a.m. at the Georgia International Convention Center in College Park. The Tot-Trot starts at 9 a.m. at Fort McPherson's Hedekin Field.

TRANSPORTATION BENEFITS

The Mass Transportation Benefits Program provides non-taxable personnel benefits of up to \$230 per month for mass transit commuting costs. Qualified means of transportation include commuter bus. Interested employees must submit a completed and signed Mass Transportation Benefit Program application and a Commuter Expenses Calculation worksheet to the Patti Thornall. Call 751-4392 or e-mail Patti.Thornall@us.army.mil for information.

POP WARNER FOOTBALL

Registration is now open to Fort Jackson youth, 5-12, for a Pop Warner tackle

football and cheerleading for Mid-South Bulldogs. The season begins Aug. 1. Call 466-5828 or (757) 814-5188 for information.

AAFES FIT YOUR FOOT PROGRAM

AAFES "Fit your Foot" program offers shoppers a way to choose a running shoe based on correct size and foot type. The PX has the "Brannock Device" available to measure foot length and width to determine shoe size, as well as brochures that explain how to determine what type of foot a person has. Select shoes in the "Fit your Foot" program are color-coded for easy recognition.

Visit the community calendar at www.jackson.army.mil for a full listing of calendar events. The community calendar is located at the bottom of the Fort Jackson home page.

Off-post events

NFFE LUNCH

The National Federation of Federal Employees Local 1214 invites all bargaining unit employees to lunch, 11:30 a.m. to 1:30 p.m., May 19 at Union Hall Headquarters, 4405 Forney St.

JOURNEY FOR CONTROL

The free workshop, scheduled for 6:30 p.m., May 12, at Providence Hospital-Northeast, Classroom 1, is offering tips to manage diabetes. Space is limited to the first 20 participants. Call 877-532-4545 to register.

PALMETTO PAINTERS

The Palmetto Painters, an S.C. Chapter of the Society of Decorative Painters, will meet 10 a.m., May 8 at Green Hill Baptist Church, 1734 Augusta Road, West Columbia. The meeting focus will be a fabric painting project. Call 781-2340 or visit www.PalmettoPainters.com for information.

TOUR OF HOMES

Columbia's 2010 Tour of Homes is scheduled from noon to 6 p.m., May 1, 2, 8, 9, 15 and 16. Visit www.columbiabuilders.com for information.



Watch
Fort Jackson
videos at
<http://www.vimeo.com/user3022628>

FIRST RESPONDER

The following are incidents compiled from reports, complaints or information received from the Fort Jackson Provost Marshal Office.

The incidents reflected are not an adjudication attesting to the guilt or innocence of any person and are provided for informational and reflective purposes only.

Col. Ronald F. Taylor

Director,

Emergency Services/Provost Marshal

Sgt. Maj. Glen W. Wellman III

Provost Sergeant Major

Billy Forrester

Fire Chief

CASES OF THE WEEK

❑ A three-year post bar letter was initiated for a civilian after her arrest in a shoplifting at the Main PX, Military Police said. The civilian removed jewelry and a pregnancy test from the store without paying, MPs said. The complete value of the items was \$70.

❑ A civilian was cited for driving with a suspended license and for having a delin-



quent vehicle registration after attempting to enter the post, MPs said. The civilian's vehicle was released to an authorized driver.

❑ A civilian was cited for improper passing after striking another vehicle with his vehicle, MPs said. Both vehicles were dented and scratched in the accident.



FORCE PROTECTION THOUGHT OF THE WEEK

ANTITERRORISM TRAINING



Visit <https://atlevel1.dtic.mil/at/>

LEADER CLASSIFIEDS

❑ E-mail classified ads to: skaress@ci-camden.com.

Don't let a heat injury take you out of the fight



- Call 911 at the first sign of heat injury (including mental status change).
- Use ice sheets
- Give the Soldier sips of water
- Monitor him or her at all times.

Emergency numbers:

Cell phone users: 803-751-9111.
Alternate 1: Range control via radio.
Alternate 2: Range control at 751-7171/4732.
Alternate 3: MP desk at 751-3113/3114/3115.

Never leave the Soldier unattended!

**911 & ICE:
At the first sign — every time.**



Staff Sgt. Daisy Martinez, Company C, 2nd Battalion, 60th Infantry Regiment, crawls under barbed wire as she negotiates the course.

Sgt. 1st Class Derrick Dixon, Company B, 2nd Battalion, 60th Infantry Regiment, thrusts his leg over the high stepper as he maneuvers the "Fit to Win" course.



Battle of the drills

DSOY winner to represent post in TRADOC drill sergeant competition

Continued from Page 1

what's coming up, the miles they're about to walk, and just to execute, that proves the drill sergeant with the most base knowledge and instinct will win."

Before the competition began, 26 drill sergeants were slated to compete. By the first day, only 20 had donned the more than 60 pounds of gear to brave the first 10-mile road march.

"They are pushing themselves to the limit, there's no doubt," Cavezza said. "It's about who really wants it, who has the heart and the passion to win this competition."

By the fourth day, only 16 drill sergeants made it to compete in the most challenging event, the "Fit-to-win" endurance course, full of obstacles Hernandez was eager to conquer.

"When it comes to physical activities, I'm ready," he said. "Even if my body was hurting, with blisters and everything, I was looking forward to (Fit-to-Win) and proving to myself that I'm a winner."

It's a winning mentality Hernandez said he acquired growing up in his native country, El Salvador, where he and his family endured the strife of the Salvadoran Civil War. He had already been living in the United States 10 years by the time he joined the U.S. Army in 2000 at the age of 23, but he was always determined to be the best Soldier he could be.

Being named the best of the best, by winning the DSOY title, could have been a tall order for a man standing only 5 feet 3 inches, but his speed and tenacity went unmatched.

"He's a beast," said Command Sgt. Maj. Teresa King, commandant of the Drill Sgt. School. "He's 10 feet tall

and bulletproof inside."

"He's simply incredible," said post Command Sgt. Maj. Brian Stall. "From start to finish, he never looked back. He let everyone know 'I'm the obstacle in your way; good luck trying to avoid or reduce me.'"

Hernandez said he's proud of his accomplishment and is honored to assume his new role as DSOY.

"It's a big responsibility because you set the example for (all drill sergeants on) post," he said. "It means I'm the subject matter expert in this field. I'm going to try to do my best to stay updated with the regulations and make sure I set the example for everybody else."

He joked that he's going to take "a day off" before starting his training all over again — going back to the books, working on his warrior skills, going to the gym, road-marching, running, and taking PT tests — so that he can put up his best fight to win the TRADOC DSOY title at Fort Monroe, Va. in June.

"If God helps me out and my battle buddies help me out, I'm going to win TRADOC," he said.

"He's going to hurt some feelings at Fort Monroe in June," Stall said. "It will shock me if he does not win the TRADOC competition."

Cavezza agreed.

"His work ethic and his motivation and his drive to win is what's going to make him successful at the next level," Cavezza said. "Drill Sergeant Hernandez will be a force to reckon with."

Should Hernandez win the title, he will relocate to Fort Monroe with his wife and two children, and Simmons will assume duties as Fort Jackson's DSOY.

Kris.Gonzalez1@us.army.mil



Sgt. 1st Class Christopher Robinson, drill sergeant leader with the Drill Sergeant School, low crawls through rocks and dirt to finish the grueling "Fit to Win" endurance course during last week's Drill Sergeant of the Year competition.

Photos by KRIS GONZALEZ



Staff Sgt. Kimberly Helgen, Company E, 3rd Battalion, 34th Infantry Regiment, runs through a cement culvert on the fourth day of the competition.

CMYK

CMYK

27" WEB

Anderson headlines free FMWR concert in May

From www.thepressoffice.com

Country singer John Anderson is set to be the headlining act at a four-act free concert as part of the May 15, Armed Forces Day Celebration at Hilton Field.

The concerts kick off at 4 p.m. with patriotic music from Eric Horner, followed by rock act Ten Toes Up and R&B group, The Finesse Band. This free event is open to the public. Horner takes the stage at 4 p.m. followed by Ten Toes Up at 5:15 p.m. and the Finesse Band at 6:30 p.m. Anderson performs at 8 p.m.

Anderson has been performing for more than 24 years; his first hits were in the 1980s with songs like "Wild and Blue" and "Swingin'." His 90s hit, "Seminole Wind," is now considered a classic and led to another hit, "Straight Tequila Night."

In 2009, Anderson released "Bigger Hands," an album that re-established this country music icon as a contemporary musical force to be reckoned with.

"I think we made a fine record, and I know we had a great time making it," says Anderson. Bigger Hands reunites Anderson with "Seminole Wind" producer James Stroud, and the chemistry and camaraderie that made that project such an artistic and commercial triumph was there from the very first sessions for Anderson's Country Crossing Records debut.

"It's always been super easy for us working together," Anderson says. "That's one thing that never did change, even after all this time. When James and I went back in the studio it was just as much fun as I remember it being the first time."

From start to finish — from flat-out rockers like opening track "How Can I Be So Thirsty" to hardcore honky-tonk workouts like "Bar Room Country" and "What Used To Turn Me On," to the swampy southern groove of the album's timely and topical title track — "Bigger Hands" sounds and feels like a labor of love.

Freed from major label pressures and concerns, Anderson dug deep into his bag of songs, pulling together his most personal and freshest sounding collection in years. He wrote or co-wrote every one of the album's 12 tracks, including rowdy leadoff single, "Cold Coffee and Hot Beer," which Anderson wrote with his old friend and "Swingin'" collaborator, the late Lionel Delmore.

Anderson said he was especially honored — and pretty much floored — when songwriting legend James Taylor chose to include his own distinctive version of "Seminole Wind" on his critically acclaimed "Covers" album from last year.

"It's almost like finding Easter eggs," Anderson said with a shake of his head. "Songs have a funny way of coming back. But to get a James Taylor cut at this stage of my career? It was wonderful."

He added, "With this record, the band worked hard, and James Stroud worked harder than I've ever seen him work. I worked hard to write these songs, and I sure worked hard singing 'em. It was a joy just to see everyone doing their thing. And that's what America and the music and whole deal is really all about — people doing what they do and liking what they like. They're all just looking for something real they can latch onto."



Current EDGE! classes

❑ **American Girl event planner**, 3:30-5 p.m., Monday and Thursday (begins today), 5955 Parker Lane. For children, 9-14. Be part of planning and executing the American Girl Tea Party.

❑ **Watch the Birdie! Badminton**, 4-5:30 p.m., Tuesday, Balfour Beatty volleyball courts, Brown Avenue. For children, 9-15. Learn to smash, drop and block in this Olympic sport.

❑ **Reel in the Fun**, 3:30-5 p.m., Wednesday, Weston Lake. For children, 9-15. Transportation provided from 5955 Parker Lane. Learn how to cast, tie a fly and pull in the big one.

❑ **Button, Button**, 3:30-5 p.m., Wednesday, 5955-D

Parker Lane. For children, 8-14. Learn how to use buttons to decorate picture frames, lamp shades, make jewelry and more.

❑ **Photographing the EDGE!**, 4-6 p.m., Thursday (beginning May 6, Youth Center teen room. For children, 11-18. Learn photography with the EDGE!.

The EDGE! offers free classes as part of the Army Middle School and Teen Initiative for those older than 10 years old. For children 9-10 years old, classes are \$5 per hour. Register online at <https://webtrac.mwr.army.mil>. Become a fan of the Fort Jackson EDGE program on Facebook. For more information, call Beverly Metcalfe at 751-3053.



Article submissions are due two weeks before publication.

For example, an article for the May 13 *Leader* must be submitted by today.

Announcements are due one week before publication.

For example, an announcement for the May 13 *Leader* must be submitted by May 6.

FMWR calendar

THURSDAY

- ❑ Visit Century Lanes for food, fun and bowling.
- ❑ Magruder's Pub and Club is open for lunch.
- ❑ Victory Bingo, 2-11 p.m.
- ❑ Sleepy story time, 6:30-7 p.m., post library. Come in your PJs and go home ready for bed.

FRIDAY

- ❑ Visit the Officers' Club, 11 a.m. to 1:30 p.m. for the Blue Plate Specials.
- ❑ Victory Bingo, starts at 2 p.m.
- ❑ Artistic Expressions with Jake, 6:30 p.m., Teen Room at the Youth Services Center.
- ❑ Dance to a variety of music provided by DJ Randall at Magruder's Club, 9 p.m. to 3 a.m. Magruder's Club is located in the back of Magruder's Pub. Cover charge is \$5 for civilians and \$3 for military.

SATURDAY

- ❑ Step Team practice, 2 p.m., dance room at the Youth Services Center.
- ❑ Victory Bingo, starts 4 p.m.
- ❑ Classic Soul Saturday, 9:30 p.m. to 2 a.m., Excalibur Room at the NCO Club. Cover charge is \$5 for civilians and \$3 for military.

SUNDAY

- ❑ Victory Bingo, starts 10 a.m.
- ❑ Visit the Officers' Club, 11 a.m.-1:30 p.m. for Sunday brunch. Coat and tie not required. Call 751-4906 or 782-8761 for reservations.

WEDNESDAY

- ❑ Visit the Officers' Club, 11 a.m. to 1:30 p.m. for Mongolian BBQ buffet.
- ❑ Get your party on at the NCO Club, 8 p.m. Cost is \$5 for military, \$7 for civilians.
- ❑ Karaoke night with Tom Marable, Magruder's Pub. Cost is \$3 for military, \$5 for civilians.
- ❑ Victory Readers Club, 6-8 p.m., Post Library

For a complete calendar of FMWR events, visit www.fort-jacksonmwr.com.

ONGOING OFFERS

- ❑ Child, Youth and School Services provides free child care and youth programming on Saturday for active-duty parents who must work as a mission requirement, including parents who are in the National Guard or Reserve during battle training assembly. Programming is available to other parents at an hourly or daily rate.
- ❑ Enjoy resort accommodations for between two and six people with the Armed Forces Vacation Club for less than one would pay for some hotels. For details, call the reservation center at (800) 724-9988. Be sure to say you are a first-time Armed Forces vacation caller. Fort Jackson's installation number is 164.
- ❑ The Officers' Club is open for lunch Tuesday-Friday, 11 a.m. to 1:30 p.m. Lunch is open to everyone.
- ❑ The NCO Club breakfast is served 6-9 a.m., Monday through Friday. The cost is \$7 for adults and \$3.75 for children 4-10 years old.
- ❑ Victory Travel has special offers for a variety of dinner shows and attractions. Currently offered are discounted tickets to Carowinds, \$30 per ticket, and Six Flags, \$27 per ticket, for the 2009 season. Some offers require reservations. For more information, visit Victory Travel in the Solomon Center.

Prenatal care explained

TRICARE insurance coverage 'moves' with expectant moms

TRICARE Management Activity

A pregnancy can be an exciting and emotion-filled nine months for a family, whether it's a first child or a fourth. For military families, some of the excitement can also include a little stress if there is a transfer to a new duty station thrown into the mix. But don't stress, moms-to-be, TRICARE coverage goes with expectant moms whenever and wherever they move.

TRICARE covers necessary prenatal care from the first obstetric visit through six weeks after childbirth. If a mom-to-be relocates during her pregnancy, TRICARE ensures her continuity of care. To make sure everything goes smoothly, expectant mothers should discuss their upcoming move with their provider and request copies of their medical records. Any routine prenatal care needed up to that point should be completed before moving.

If a move takes place late in a pregnancy, or if the pregnancy is a difficult one, it is especially important for women to work with their current provider and regional health care contractor to find a provider in the area where they are moving.

When transferring to a new duty station, an expectant mom's TRICARE options depend on whether the new location is within a TRICARE Prime service area. There are no maternity care costs for active duty service members and their family members enrolled in TRICARE Prime and minimal costs under Extra and Standard.

The sponsor is responsible for making sure the family's TRICARE enrollment transitions smoothly from one duty station to the next. When the move is complete, a sponsor must update every family member's information in the De-

fense Enrollment Eligibility Reporting System to reflect the new duty station. Learn how to manage enrollments and update DEERS using Beneficiary Web Enrollment at www.tricare.mil/bwe.

If the new duty station is in a TRICARE Prime Service Area, and the expectant mother chooses TRICARE Prime, she will also submit a TRICARE Prime Enrollment Application and PCM Change Form to the regional health care contractor. She can then make an appointment with her new PCM to coordinate the rest of her prenatal care. If she is transferring TRICARE Prime enrollment to another region, it's important to remain enrolled in the old region until the move is complete and then follow the same steps just described.

If the new duty station and home are in a location covered by TRICARE Prime Remote and the active duty sponsor will enroll in TPR, family members living with the sponsor may choose to enroll in TRICARE Prime Remote for Active Duty Family Members or use TRICARE Standard and Extra. Learn more about TPR enrollment at www.tricare.mil/tp.

TRICARE Standard beneficiaries don't need a referral or authorization when they use any TRICARE-authorized provider for maternity care. Before finding a new provider to coordinate the rest of her prenatal care, an expectant mother using TRICARE Standard should update her address and phone number with the regional health care contractor and in DEERS. When moving to a new region, become familiar with the new regional contractor.

For personalized information about moving with TRICARE, enter a profile in the TRICARE Beneficiary Web Portal at www.tricare.mil/mybenefit, or go to www.tricare.mil/contactus for information on how to contact the regional health care contractor. Beneficiary counseling and assistance coordinators are also available to help with health care-related questions. Find one at www.tricare.mil/bcac.

H1N1 vaccination deadline TRICARE patients nears

By **JERRY HARBEN**

U.S. Army Medical Command

Non-active duty TRICARE Prime enrollees face a deadline of tomorrow if they want to get vaccinations against H1N1 influenza from a non-network provider without a referral from their primary-care managers.

The Centers for Disease Control and Prevention recommends influenza vaccination as the first and most important step in protecting against the flu.

TRICARE beneficiaries can get their shots from network and non-network providers without paying a deductible or making a co-payment.

A temporary waiver allows non-active duty TRICARE Prime enrollees to get the H1N1 immunization from non-network providers without a referral or authorization, eliminating point-of-service charges. This waiver expires April 30. Vaccinations will still be available after April 30, but a charge may be applied outside the TRICARE network. Information on TRICARE benefits can be found at www.tricare.mil.

The Army vice chief of staff has directed that all units vaccinate their Soldiers, and Army hospitals and clinics have extended themselves to provide flu vaccine to all Soldiers and their Families. As one example, a seasonal vac-

cine drive at Fort Gordon, Ga., immunized about 10,000 military members in one day, and a later similar day for H1N1 flu saw 8,800 vaccinations administered. Units were scheduled in 20 to 30 minute increments, with 60 medics administering vaccine while more than 80 others recorded data in the MEDPROS computer record system or helped with other tasks.

As a result of such outreach, by early April the Active Army was 95 percent compliant with the vice chief of staff's directive that all units be immunized, according to the Military Vaccine Agency.

According to www.cdc.gov, symptoms of the H1N1 virus include fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills and fatigue. A significant number of people who have been infected with this virus also have reported diarrhea and vomiting. Severe illnesses and death has occurred as a result of illness associated with this virus.

The CDC states that most people who get the flu (either seasonal or 2009 H1N1) will have mild illness, will not need medical care or antiviral drugs, and will recover in less than two weeks. Some people, however, are more likely to get flu complications that result in being hospitalized and occasionally result in death.

The Advisory Committee on Immunization Practices, which advises the CDC on vaccine issues, voted in Febru-

MACH updates

DFAC UPDATE

Renovations at the MACH dining facility are ongoing. Staff and visitors can eat and be served in the dining area. The mobile kitchen is closed. The DFAC is located on the fourth floor and is now serving premium coffee and teas.

MACH PATIENT ENROLLMENT

While MACH is currently unable to enroll adult active duty family members, there are open pediatric TRICARE Prime enrollment spaces for active duty families. Other family members may choose from a list of primary care managers who are in the TRICARE Prime civilian network.

OUTPROCESSING PROCEDURES

Soldiers must clear the Department of Behavioral Health, Army Substance Abuse Program, Social Work Services prior to leaving the installation. Outprocessing includes a review of medical records and provides an opportunity for the Soldier to receive behavioral health care at his or her gaining installation. Outprocessing hours are 2-3:30 p.m., Monday through Friday at MACH Room 10-71 or 10-103. For more information, call 751-2235.

ORTHOPEDIC CLINIC

The MACH Orthopedic Clinic is currently scheduling only active-duty Soldiers for follow-up appointments. For assistance obtaining orthopedic care, call the referral center at 751-2363.

SOCIAL MEDIA

Follow MACH on Twitter at www.twitter.com/machcsd to receive announcements for same-day appointments.

Become a MACH "fan" by logging into Facebook and searching "Moncrief Army Community Hospital." The MACH Facebook page provides appointment updates, calendar events, job listings and more.

ary to expand the recommendation for annual influenza vaccination to include all people, 6 months and older, during the 2010-2011 influenza season, rather than focusing on people in high-risk categories. The vaccine for that season will protect against the 2009 H1N1 strain as well as seasonal flu.

In addition to vaccination, recommended protective actions include:

- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it. If a tissue isn't available, cough or sneeze into your upper sleeve or elbow (not your hands).

- Wash your hands often with soap and water, especially after you cough or sneeze. Alcohol-based hand cleaners are also effective.

- Avoid touching your eyes, nose or mouth. Viruses and bacteria ("Germs") spread this way.

- Avoid close contact with sick people if possible.

- If you are sick with flu-like illness, the Centers for Disease Control and Prevention recommend that you stay home for at least 24 hours after your fever is gone except to get medical care if you are very ill or for other necessities to sustain life. (Your fever should be gone without the use of a fever-reducing medicine.) Keep away from others as much as possible to keep from making others sick. Wear a mask when in close proximity to others.

Life's race full of 'goofy' moments

By **CHAPLAIN (MAJ.) LANE J. CREAMER**
U.S. Army Chaplain School and Center

A few months ago, my wife and I had the pleasure of running together in the Walt Disney World "Goofy Challenge." The race includes a half-marathon run (12.1 miles) on Saturday followed by a marathon (26.2 miles) on Sunday.

After the completion of each race, the participant receives a nice, shiny gold medallion of Donald Duck for the half-marathon and Mickey Mouse medallion for completing the marathon. However, runners who complete both within the given time period, receive an additional Goofy medallion. The preparation for running 39.3 miles takes many hours and early mornings. Each runner must log in the miles prior to arriving on race day to ensure they are able to complete the race.

On Saturday morning, we were up by 3:30 a.m. to arrive at the park by 4:30 a.m. This is to ensure that runners can check in and arrive at the designated starting corral on time. As the sea of people began to gather, a mixture of snow and sleet descended upon us. The mixture soon morphed into a full onslaught of sleet. Complete strangers began to huddle together to stay warm and block out the stinging of the sleet, fully aware that the race would not start for another 45 minutes (who would have imagined such conditions in Orlando, Fla.).

During this experience, I asked myself, "Why in the world are these people doing this to themselves, particularly in these conditions?" More importantly, "Why am I here standing in the freezing rain?" I could be back in my

hotel room sleeping; warm and comfortable. But instead, I am standing in a sleet storm at 4:30 in the morning. Is this just goofiness on my part? I mean, we haven't even begun the first race. Are all of us goofy?

I am sure if we surveyed people who were running in this event, they would most assuredly see this as utter foolishness. Moreover, once a runner has decided to participate in the race it does not mean that it will be easy. There are times of pain (bursting blisters at mile 20) and hardship along the way.

However, there are always encouraging words from others as each runner keeps pressing on toward the completion of the race.

The question, "Why am I doing this goofy race?" became lucid as it was at the forefront of entering the race. It was not the hours of preparation before the race; it was not the medals I would receive; and it was not the ability to sheepishly say that I completed the venture.

It was about deepening my relationship with my wife. Therefore, it did not matter what nature bore upon us, the pain in the bottom of my feet, nor the naysayers who said that we were goofy for doing this race. We both knew that

the reward we received from running and completing the race together would last a lifetime.

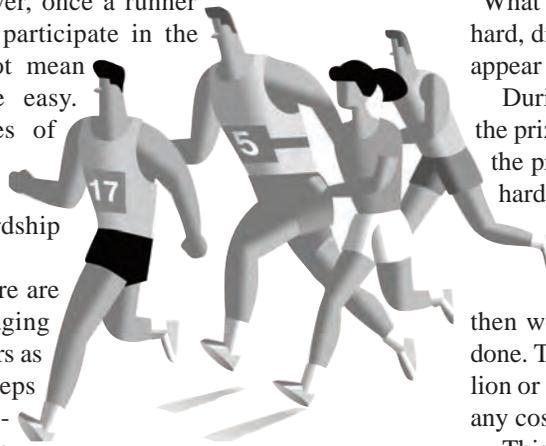
This is no less true for those who serve our glorious God. A person may get up early each day in prayer, fast during the week, meditate on his word, proclaim him and serve him in obedience, and yet sometimes wonder, "What in the world am I doing in this race?" The race is hard, difficult and demanding. To those not racing, it may appear "goofy" and at best — strange.

During these times, we need to ask ourselves: "What is the prize I am looking toward while I am in the race? Will the prize sustain me and carry me through the pain and hardships to come?"

The answer is an astounding and resolute yes. If we are running the race that God has called us into and we seek to glorify him in all that we do, then we will receive the greatest prize when the race is done. This prize is far more valuable than any shiny medalion or accolade we may receive in this life, and it is worth any cost we may incur.

This prize will never fade, wither or fail us, for he is the prize. The best part of the reward is that God does not wait for us to complete the race, but he gives us himself freely as we enter into the race for him. It is here that he guides us, sustains us and loves us through the long, hard race; even with the rapid changes in weather. So, do not worry about what others may see as goofy.

Rather, remember the reason for being in the race and who is there along the way. It may be an opportunity to encourage and share with others the reason to run the race each day — for his glory.



PROTESTANT

- Sunday
 - 9 a.m. and 10:30 a.m. Magruder Chapel
 - 9 a.m. Daniel Circle Chapel (Gospel) service at the Post Theater
 - 9 a.m. Task Force Marshall Chapel, McCrady Training Center
 - 9:30 a.m. Main Post Chapel
 - 9:30 a.m. Solomon Center (Hispanic)
 - 9:40 a.m. Moncrief Army Community Hospital
 - 10:45 a.m. Post-wide Sunday School (Main Post Chapel)
 - 11 a.m. Memorial Chapel
 - 11 a.m. Chapel Next, Bayonet Chapel
- Wednesday
 - 6 p.m. Prayer Service Magruder Chapel

Protestant Bible Study

- Monday
 - 7 p.m. Women's Bible Study (PWOC — Main

- Post Chapel, Class 209)
 - Wednesday
 - 7 p.m. Anderson Street Chapel
 - 7 p.m. Gospel Mid-week prayer/Bible study Magruder Chapel
 - 7 p.m. Gospel Congregation's Youth (Magruder Chapel)
 - Thursday
 - 9:30 a.m.-noon Women's Bible Study (PWOC, Main Post Chapel)
 - 6 p.m. Neighborhood CMF/OCF Bible Study (Call 790-4699)
 - 7 p.m. LDS Bible Study (Anderson Chapel)
 - Saturday
 - 8 a.m. Men's Prayer Breakfast (Main Post Chapel, (every second Saturday of the month in Chapel Fellowship Hall))

PROTESTANT YOUTH OF THE CHAPEL

- Saturday
 - 11 a.m. Magruder Chapel (third Saturday)
- Sunday
 - 5 p.m. Main Post Chapel

CATHOLIC

- Monday-Thursday
 - 11:30 a.m. Mass (Main Post Chapel)
- Sunday
 - 8 a.m. Mass (Solomon Center)
 - 11 a.m. Mass (Main Post Chapel)
 - 9:30 a.m. CCD (Education Center)

- 9:30 a.m. Adult Sunday School
- 12:30 a.m. Catholic Youth Ministry
- 8 p.m. Task Force Marshall Chapel, McCrady Training Center
- Wednesday
 - 7 p.m. Rosary
 - 7:30 p.m. RCIA/Adult Inquiry

ANGLICAN/LITURGICAL

- Sunday
 - 8 a.m. Anderson Street Chapel

ISLAMIC

- Sunday
 - 8-10 a.m. Islamic Studies (Main Post Chapel)
- Friday
 - 12:30-1:45 p.m. Jumah Services (Main Post Chapel)

JEWISH

- Sunday
 - 9:30-10:30 a.m. Memorial Chapel
 - 10:30-11:30 a.m. Jewish Book Study (Post Conference Room)

CHURCH OF CHRIST

- Sunday

11:30 a.m. Anderson Street Chapel

LATTER DAY SAINTS

- Sunday
 - 9:30 a.m. Anderson Street Chapel

ADDRESSES, PHONE NUMBERS

- Daniel Circle Chapel**
3359 Daniel Circle, corner of Jackson Boulevard, 751-4478
- Main Post Chapel**
4580 Strom Thurmond Blvd., corner of Scales Avenue, 751-6469
- Bayonet Chapel**
9476 Kemper St., 751-4542
- Family Life Chaplain**
4850 Strom Thurmond Blvd. (inside of Main Post Chapel), 751-5780
- Anderson Street Chapel**
2335 Anderson St., corner of Jackson Boulevard, 751-7032
- Education Center**
4581 Scales Ave.
- Magruder Chapel**
4360 Magruder Ave., 751-3883
- 120th Rec. Bn. Chapel**
1895 Washington St., 751-5086
- Memorial Chapel**
4470 Jackson Blvd., 751-7324
- Chaplain School**
10100 Lee Road, 751-8050

Divorced retirees' benefits explained

By **CAPT. PATRICK D. BARRETT**
Legal Assistance Office

The Legal Assistance Office at Fort Jackson advises the military community on a host of family law matters, including divorce. One question frequently asked by those considering divorce deals with a non-service member spouse's right to retirement pay and other military benefits after a marriage ends.

Will the former spouse be entitled to any retirement pay? What about going to the commissary or exchange? Will he or she be able to have medical coverage? These are important concerns of military service members and their spouses who are contemplating or in the process of getting divorced.

A former spouse's entitlements after divorce are outlined in the Uniformed Services Former Spouses' Protection Act. Under the USFSPA, a former spouse of a service member will be entitled to medical, commissary and Post Exchange benefits if he or she meets the following criteria: First, the couple must have been married for at least 20 years. Second, the service member must have served at least 20 years of creditable service for retired pay.

Third, there must have been a 20-year "overlap" of the marriage and the credible military service. This test, typically called the "20/20/20 test" must be met for the former spouse to receive these benefits. These benefits will continue after the divorce as long as the spouse does not re-

marry. If the spouse remarries, the benefits cease. However, if the subsequent marriage is terminated, the commissary and exchange benefits can be revived.

But what about the spouses who do not meet the 20/20/20 test? Is there anything for them? Under the USFSPA, if a former spouse has 15 years of overlap between the marriage and the credible military service (a "20/20/15 test"), he or she will be entitled to full military medical benefits for a one-year period after the date of divorce as long as he or she doesn't remarry during that one-year period. After the one-year period (or if they remarry during that time), the medical benefits cease.

It is important to remember that these are entitlements of the former spouse. That means the military service member or military retiree cannot take these away. The former spouse has a right to these benefits. As long as the former spouse meets the 20/20/20 or 20/20/15 test and does not remarry, he or she will receive the benefits. On the contrary, if the tests are not met, there is no right to these benefits-periods. The benefits that the spouse is receiving simply end on the date of di-



vorce.

While medical, commissary and exchange privileges are a substantial benefit to a former spouse, the main concern that people often have is with retirement pay. "Will I have to give up my retirement pay?" is a common question asked by clients. Again, the answer is found in the USFSPA. While the USFSPA does not automatically give a former spouse a portion of the military member's retirement pay, it does allow a state court to treat disposable military retirement pay as marital property. This means that the court can choose to divide the military retirement pay in the divorce proceeding, just as it could divide up bank accounts, personal belongings or other pieces of marital property.

The method that a court will use in dividing up the property will depend on where the divorce has been filed. If the divorce is filed in South Carolina, the court will look at a number of factors and try to divide the property based on what is equitable, or fair. Under the USFSPA, military retirement pay would just be another piece of property that the court could divide.

Understanding many of these issues can be challenging, especially when going through a divorce. This article just highlights a few of the many issues that one must consider when contemplating divorce. It is meant to provide general information and guidance only. If you have any more questions about the divorce process or the USFSPA, call the Legal Assistance Office at 751-4287 to set up an appointment.

Sports shorts

❑ The Third Annual Fort Jackson Strongman Competition is scheduled for 6 p.m., May 13 at Hilton Field. All competitors must weigh in 8 a.m. to 5 p.m., May 12 in order to compete. Call the sports office for more information.

❑ The Fort Jackson Golf Club is hosting a "Get Golf Ready" program throughout the spring and summer. Size is limited to 16 participants per class. Classes meet Tuesdays and Thursdays. Classes dates are: May 11, June 7, July 8 and Aug. 10. Call 787-4344 or visit www.playgol-famerica.com/ggr.

❑ A 5K walk/10K run is scheduled for 7:30 a.m., May 15, at the Hilton Field Softball Complex. Walkers/runners may register in advance at the sports office or from 6:45-7:15 a.m. the day of the event.

For a full list of calendar events, visit <http://jackson.mhsoftware.com/>



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Check us out for breaking news, videos and more.

facebook

Fan us on Facebook at <http://www.facebook.com/pages/Columbia-SC/Fort-Jackson-Leader/115560926584>

A lot of green



Photo by SUSANNE KAPPLER

Ray Coward, a retiree, attempts a long putt during a round of golf at the annual Retirement Appreciation Days Golf Tournament April 23 at the Fort Jackson Golf Course.