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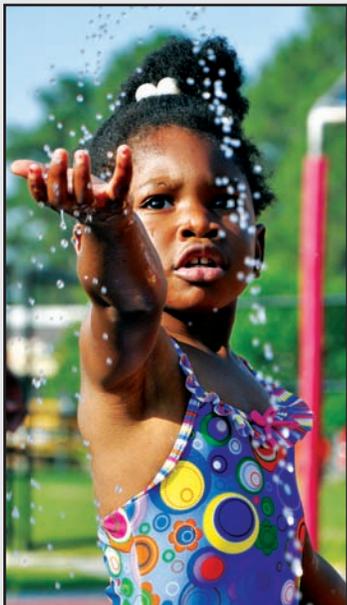
NEWS



Scanners improve access security

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Heat prompts summer water fun

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IN FOCUS

Post to celebrate July 4 in style

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The Fort Jackson *Leader*



Thursday, July 1, 2010

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www.jackson.army.mil

Taking charge



Photo by KRIS GONZALEZ

Col. James Love accepts the colors of the U.S. Army Garrison — Fort Jackson from Davis Tindoll Jr., director of IMCOM Southeast, during a change of command ceremony Friday in front of Post Headquarters. Love takes over for Col. Lillian Dixon, right, who will deploy to Iraq.

Col. Love becomes new garrison commander

By KRIS GONZALEZ
Fort Jackson Leader

Col. James Love assumed command of U.S. Army Garrison — Fort Jackson from Col. Lillian Dixon Friday during a change of command ceremony in front of Post Headquarters.

Love comes to Fort Jackson from the U.S. Army War College where he recently earned a Master's Degree in Strategic Studies.

Dixon heads to Iraq, where she will serve as the senior adviser for human resources to the Iraqi Ministry of Defense.

"I am incredibly grateful and humbled for this opportunity," Love said, as he promised to build upon Dixon's successes

and those of previous garrison commanders.

"I think our mission here within the garrison is fairly simple," he said. "Support the mission and take care of the great Soldiers, civilians and families who call Fort Jackson home. Toward that end, I remain fully committed to ensuring that all of us are successful."

From 2005 to 2006, Love commanded the 1st Squadron, 10th U.S. Cavalry as they served a combat tour in Iraq. In 2007, he began his most recent assignment as the J5 for Joint Interagency Task Force-South in Key West, Fla. Throughout his 23-year Army career, Love has also served stateside assignments in California and New York, as well as overseas in countries such as Germany and Yugoslavia.

"His extensive experience and military education offer impeccable credentials for garrison command," said reviewing officer, Davis Tindoll Jr., director of IMCOM - Southeast.

"He is certainly ready for this challenging and demanding duty," said Maj. Gen. James Milano, Fort Jackson commanding general. "We offer Col. Love and his family our most sincere welcome."

"Fort Jackson is lucky to get Col. Love as its new garrison commander," said Dixon, who joked that Love had "passed the interview" for the job.

Love, in turn, thanked Dixon for helping him make a smooth transition into command, and for what he considered the "real scepter of power" — her blackberry.

Kris.Gonzalez1@us.army.mil

Discipline equals safety during July 4

For a few hours Saturday evening, thousands of Fort Jackson community members, along with our guests from Columbia and the Midlands, will be treated to a spectacular fireworks display as we celebrate our nation's birthday during our annual Torchlight Tattoo. As always, the intensive planning and execution that have gone into this event are as impressive as the show itself.

Torchlight Tattoo, which is one of the largest fireworks shows in the Midlands, requires the strength of two battalions and the support of practically every organization on Fort Jackson just to make the event happen. This powerful patriotic observance, which also features a concert by the 282nd Army Band and a Salute the Nation ceremony, draws a large crowd from Columbia and surrounding communities, all of which adds to the challenges in planning and execution.

To understand what I mean, imagine the massive flow of traffic coming on and leaving post, and add to that the Soldiers who will need to get to and from Hilton Field. Just maintaining crowd flow and traffic control to and from the event presents huge challenges in themselves. The Soldier Support Institute once again has assumed the lead in coordinating this event and certainly is deserving of special recognition for spearheading this task and making the celebration once again possible.

I ask that all of you pause and think about your Army

MAJ. GEN. JAMES M. MILANO

Fort Jackson Commanding General



comrades in arms who are unable to join our Fourth of July celebration or other similar stateside events because they are engaged in protecting the many freedoms that make this all possible.

Sometimes we forget the fact that we remain a nation at war and that our way of life is under constant attack. Many of us at some point will be joining the fight in Iraq or Afghanistan, or wherever our nation needs us, to protect the freedoms and liberties that our enemies seek to destroy.

Let us never take our freedom for granted. Let us also not forget our history and the countless number of brave men and women who have gone before us — some of whom have paid the ultimate sacrifice — in preserving the unalienable rights of life, liberty and the pursuit of happiness. As Soldiers we take pride in the tremendous

responsibilities placed upon us to serve and protect.

At a busy Basic Combat Training installation such as ours, in which days are long and the work is demanding, celebrations such as these also offer a break from our schedules and a chance to reflect. But a fireworks outing or a weekend barbecue get-together is not an excuse to ignore safety and behavior standards.

To that end, I am expecting you to practice good safety and exercise good judgment during the long holiday weekend. Safety should never take a back seat to summer fun. It is important that you keep your head in the game at all times and live your Army Values. You are not only a representative of this installation, but also of our Army, 24/7/365.

I am confident that you are aware of your responsibilities, and I am confident that you will uphold our high Army standards. Discipline equals safety. I am a firm believer of that if you practice good discipline, you are improving the odds of staying safe.

I expect no disappointments. Meanwhile, enjoy our annual marquee entertainment event, Torchlight Tattoo, a fun-filled evening of music and fireworks. As it has been for nearly three decades, Torchlight Tattoo promises to be a powerful patriotic observance and a sight to behold.

Enjoy it. Appreciate it. Happy Birthday, America! Fort Jackson salutes you!

Victory Starts Here! Army Strong!

The Fort Jackson **Leader**

Fort Jackson, South Carolina 29207

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News editor/Staff writer.....Susanne Kappler
Online editor/video.....Mike A. Glasch
Staff writerKris Gonzalez
Staff writerChris Rasmussen

Let's start with an introduction

As your new garrison commander, I would like to take a few minutes to introduce myself and convey to you how I see our mission and role in supporting the Soldiers, families and civilians that encompass this great community.

Up front, my family and I thank everyone in the community for a warm and friendly welcome. We have been



absolutely overwhelmed with the genuine hospitality and generosity from everyone in the community.

In our short time here, we have seen up-close what a tight knit and special community we have here at Fort Jackson. In the coming weeks and months, we will become even more involved in the community

— both on and off post. It is our hope that we can be as good an ambassador as those who have helped us integrate into this community.

I see our mission here as relatively simple; support the mission and our partners in excellence while taking care of the great Soldiers, civilians and families who call Fort Jackson home. Toward that end, the garrison team remains fully committed to ensuring that all of us are successful. I am committed to continuing to develop our garrison team into an improved customer-focused support organization above, and beyond the high standards we have currently established.

It is also clear to me that we have embraced a performance-based management culture and Fort Jackson leads the Army in Customer Management Support. I would ask that you continue to provide us important feedback through the Interactive Customer Evaluation, Community FIRST/AFAP and Customer Service As-

COL. JAMES J. LOVE

Fort Jackson Garrison Commander



sessments. This feedback enables the garrison to focus on specific actions aimed at improving customers' experiences of post services.

I remain fully committed to equipping the garrison team — those employees who serve the community each and every day — with the competencies, skills and enabling capabilities needed to provide extraordinary support to our customers now and in the future.

In my brief time here, I have had a chance to witness an incredible amount of new construction, renovation and refurbishment — all designed to improve the living and working environment and conditions here at Fort Jackson.

Yes, much more needs to be done, but I am confident that we have a solid plan and adequate funding in place to maintain the pace and continue to improve our services. I also have had a chance to experience just a few of the services provided by our Family Morale, Welfare and Recreation folks. I encourage you to get out and enjoy the diverse activities.

I am humbled, proud and grateful that the Army has given me and my family the opportunity to serve the Army and Soldiers at this impressive post. I look forward to meeting as many of you as I can in community meetings, town halls and interaction.

Thanks again for the warm welcome.

Support, sustain and defend!

Handheld security system introduced

By SHARONDA PEARSON
Public Affairs Office

Fort Jackson now has a new line of defense for those wanting to enter the post — Defense ID system handheld scanners.

The Defense ID system screens people coming onto post by quickly scanning various forms of identification, including military identification cards, driver's licenses and passports, and comparing them to more than 100 consolidated databases, including an authorization list generated by post security and criminal databases.

"The device will allow us to detect people who should not be on the (post)," said Patrick O'Connor, deputy director of the Department of Emergency Services. "Initially, we expect a lot of hits of individuals who do not have post access, but once word gets out on the street, then people who shouldn't be (here) will stay away," he said.

O'Connor said that he expects the process of getting through the gate to slow down until guards and individuals entering Fort Jackson become familiar with the new system.

"From my experience at other installations, for the first couple of months there will be an increased delay at the gates," he said. "However, once everyone gets used to using the system, there are huge security benefits and decreased wait times at the gates."

Byron Jones, chief of security, expects the training process of the installation's nearly 80 security guards to take approximately two weeks, but said the program should be fully operational by Saturday's annual Torchlight Tattoo event at Hilton Field.

"We have to train each guard while they are working at the gate, but the security benefits of the device are substantial," Jones said. "The scanners will improve (security) at Fort Jackson because they help to protect the assets of the installation by preventing terrorism, espionage and wanted criminals from entering the facility."

Rodreckeus Ballen, project manager, said he believes the scanners will make gate guards more efficient in man-



Photo by SHARONDA PEARSON

Fred Vasquez, right, a physical security inspector, instructs Officer Vern Monroy on how to use the Defense ID scanner during a recent training session at Gate 2.

aging who has access to the installation.

"The scanner system is just one more tool to help security officers protect Fort Jackson," he said. "Security officers are still responsible for checking the photo to make sure it matches the presenter, looking for suspicious activity and reporting it and checking for fake IDs or IDs that have been tampered with."

O'Connor said that the advantages of the system are not

limited to heightened security and decreased wait time at the gate.

"A study conducted by the environmental management branch, showed that the (new) system will reduce emissions from vehicles by approximately 36 percent by lowering the time spent idling ... so the system will make Fort Jackson more eco-friendly, as well," he said.

Sharonda.Pearson@us.army.mil

Retiring from service



Photo by CHRIS RASMUSSEN

From left: Command Sgt. Maj. Anthony Minnigan, Command Sgt. Maj. Rudolphus Jackson, Lt. Col. Gary Bidelan, 1st Sgt. David Therrell, Sgt. 1st Class Damaris Kirchman-Purnell, Master Sgt. James Moss, Master Sgt. Melvina Leger, Sgt. 1st Class Felix Medina-Robles, Robert Summers, Staff Sgt. Andrew Hopper, Staff Sgt. Kandece Bennett and Sgt. 1st Class Kerry Salinas are honored during a retirement ceremony Wednesday at Post Headquarters.

Task force conducts suicide research

By **KRIS GONZALEZ**
Fort Jackson Leader

As the Army studies ways to increase and improve suicide intervention resources for Soldiers on a broad scale, Fort Jackson's Suicide Prevention Task Force is conducting its own study to make sure Soldiers stationed here are getting the crisis intervention and mental health care services they need.

Since May, members of the task force have been distributing questionnaires to Fort Jackson's permanent party Soldiers to gain insight into the effectiveness of post-wide suicide prevention programs and services.

Roughly 676 Soldiers, or about 20 percent of the Fort Jackson's permanent party population, are expected to have completed the survey by the end of this week.

An analysis of the results is expected to be presented to the post Community Health Promotion Council by late August, said Ernestine Richardson, post alcohol and drug control officer and task force coordinator.

Though taking the survey is voluntary and anonymous, Soldiers completing the survey are selected among subgroups of the permanent party population, based on criteria such as age, sex and makeup of the Soldier's unit.

"The purpose of the survey is to see how satisfied Soldiers are with the installation's mental health services, how likely they are to seek help and to identify any stigmas as-

sociated with seeking help," Richardson said.

The survey also covers training in suicide prevention, asking participants if they feel they have received sufficient training to help others contemplating suicide, and whether they feel confident they can implement that training, Richardson said.

"We're hoping those who take the survey will give us good information and honest feedback," she said. "We can then make rational determinations of what to do with that information."

Fort Jackson's task force, which was created in May 2009, consists of psychologists, behavioral and public health specialists, post chaplains, risk reduction and prevention coordinators, as well as personnel representing various service groups at Fort Jackson, such as the Army Substance Abuse Program, Directorate of Emergency Services and Army Community Services.

It is similar to the Army's task force in its overall goal to reduce the risk of suicide among Soldiers, Richardson said. However, it studies trends unique to Fort Jackson's diverse population.



RICHARDSON

"The battle rhythm is unique to Fort Jackson and the only way to know how it impacts the Soldiers ... is to research the issues found here," she said.

Robert Youmans, director of Human Resources and task force manager, said the purpose of the task force is to collect data; identify trends; provide the Community Health Promotion Council (which is chaired by the commanding general) guidance; and to inform commanders how to better educate their Soldiers about warning signs of suicide and about crisis intervention resources available on post.

"We talk to leaders about those things that can trigger suicide and we encourage them to get intimately involved — to get to know their Soldiers better — so they are in a better position to hopefully prevent suicide," Youmans said.

"By securing the safety of individuals at risk for suicide, we minimize the adverse effects of suicidal behavior on unit cohesion and other military personnel, and preserve mission effectiveness and our war-fighting capability," Richardson said.

"Because at the end of the day," Youmans said, "the Army wants Soldiers to be fit to go do what they're supposed to do — fight wars and provide security for our nation."

For more information, call 751-5007 or e-mail Ernestine.Richardson@conus.army.mil.

Kris.Gonzalez1@us.army.mil

Fort Jackson talks back:

Staff writer Chris Rasmussen asks community members:
"What are your plans for July 4?"



Audrey Perry
DA Civilian

"We are headed to Orlando, Fla., for some fun and relaxation."



Staff Sgt. William Smith
4th Battalion,
10th Infantry Regiment

"I am looking forward to taking my kids to the July 4 fireworks, and then (we will) head to Myrtle Beach."



James Howell
DA Civilian

"I am going to spend some quality time with my family and just relax."



Sgt. Catina Buckalew
4th Battalion,
10th Infantry Regiment

"I haven't made plans yet. I'll wait until the weekend to decide."



Watch Fort Jackson videos at
<http://www.vimeo.com/user3022628>

The next Victory Update
will be online July 7.



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DEADLINES

Article submissions are due two weeks before publication.

For example, an article for the July 15 *Leader* must be submitted by today.

Announcements are due

one week before publication.

For example, an announcement for the July 15 *Leader* must be submitted by July 8.

E-mail submissions to
FJLeader@conus.army.mil.

Housing Happenings

COMMUNITY UPDATE

❑ All housing offices will be closed July 5. Call 787-6416 for maintenance emergencies.

❑ Charles Iniguez is the winner of the Father's Day essay contest. His prize was a Father's Day gift basket.

❑ Vacation services for residents are now available. Services include plant watering inside and outside and pet care (for no more than two days). Balfour Beatty Communities can also retrieve mail and hold it at the Community Center. For more information, call 738-8275.

❑ Trash bins must be returned to designated storage areas after pick-up.

❑ Conserve energy by turning off porch and patio lights during the day.

❑ Alana Youngblood is Balfour Beatty's new LifeWorks coordinator. Feel free to contact her with event ideas at 738-8275 or ayoungblood@bbcgrp.com.

DEVELOPMENT UPDATE

❑ To date, 167 homes have been completed.

❑ A road closure is scheduled for Tuesday through July 9 for portions of Imboden Street and Faison Court. Personnel will direct traffic during the day. The roadway will be open at night.

❑ Field grade officer housing is in various stages of construction. The first home is scheduled for completion this month.

CMS Corner

The Customer Management System at Fort Jackson is a three-tiered feedback system established to determine the satisfaction of those who work, train, live and play on the installation.

CMS includes the Interactive Customer Evaluation system, Community FIRST/AFAP and Customer Service Assessments. This feedback enables the garrison to focus on specific actions aimed at improving customers' experiences of post services.

A complete list of Community FIRST issues can be found at <http://www.jackson.army.mil/WellBeing/wellbeing.htm>. New issues may be submitted on the site as well, by clicking on "Submit an Issue or Recommendation" or on the Community FIRST/AFAP Logo.

Whether it affects individuals and constituent groups at the installation level or throughout the Army, feedback is important.

Become a friend of CMS on Facebook by logging on to www.facebook.com. Search for CMS Fort Jackson.

"Let your voice be heard!"

To contact the *Leader* about story ideas or announcements, e-mail FJLeader@conus.army.mil.

Tips keep on-post fishing fun

By DAN CAIN
Fort Jackson FMWR

Fishing is as American as baseball, Fourth of July and apple pie. Every year anglers take to the waters for relaxation, excitement and even for fillets.

Fort Jackson Outdoor Recreation sells nearly 1,000 permits each spring. Spring fishing fever can be a blast but also brings with it the opportunity for excess and error, so before you put a worm on a hook, follow some simple rules:

Everyone who plans to fish on Fort Jackson who is older than 16 must have both a current South Carolina state fishing license and a current post permit for fishing. Both are available at Marion Street Station during normal business hours.

Licenses and permits expired June 30. Fishermen will need new licenses as of today.



Photo by CAPT. JOSE GONZALEZ

Fort Jackson offers several on-post fishing opportunities for those with state and post licenses.

There are creel limits for every fish species and if those limits are exceeded, perpetrators will get more than a slap on the wrist.

Violators can be barred from fishing and/or hunting on post for three to five years, no ques-

tions asked. Violators also face strict fines. Beware and fish fair.

Creel limits per day per person are: 15 combined bream, bluegill, crappie or other sunfish, three catfish and three bass.

There are no size limits for fish on the installation, but don't be greedy; throw back the little ones so they can grow bigger and another member of our Fort Jackson family has the chance to catch them.

Night fishing is only allowed at specific ponds on the installation. The names of these and other fishing regulatory guidance can be found in Fort Jackson Regulation 28-4. Free copies are available at Marion Street Station.

Call 751-3484 for more information.

Editor's note: Dan Cain is with Family and Morale, Welfare and Recreation's Outdoor Recreation Division.

193rd welcomes new commander



Photo by KRIS GONZALEZ

Col. Drew Meyerowich, left, takes the guidon from Maj. Gen. James Milano as he assumes command of the 193rd Infantry Brigade June 24. Meyerowich takes over for Col. Brian Prosser, who will serve as the chief of the Army G-3 Initiatives Group at the Pentagon. Meyerowich's most recent assignment was as senior mentor and seminar leader at the School of Advanced Military Studies at Fort Leavenworth, Kan.

Army looking at yoga to manage pain

By ALEXANDRA HEMMERLY-BROWN
Army News Service

WASHINGTON — The Army's health care system may soon see changes in how Soldiers are treated for pain, according to a report released recently by the Army's surgeon general, which recommends 109 changes.

The Pain Management Task Force's final report, which was initiated by Lt. Gen. Eric B. Schoomaker in August of 2009, addresses the lack of a comprehensive pain-management strategy across the Army, and suggests alternative treatments to medication such as acupuncture, meditation, biofeedback and yoga. Also noted in the report is the fact that pain management has changed very little since the discovery of morphine in 1805.

Schoomaker explained that with the increasing numbers of Soldiers returning from combat with severe wounds, reports of medication abuse and suicides with pain as a possible factor are troubling.

"While these issues might not be directly related to pain management, I felt a thorough evaluation and assessment of current pain-management practice was indicated," Schoomaker said.

He said part of the problem is that severely injured Soldiers, like those in warrior transition units, are often prescribed multiple medications and sometimes seen by several different doctors, which can cause inconsistencies in care. But he maintained that this is not just an Army problem — it's a problem throughout the U.S. health care system.

"This is a nationwide problem ... we've got a culture of 'a pill for every ill,'" agreed Brig. Gen. Richard Thomas, assistant Army surgeon general.

"As a physician, the hardest thing to deal with is patients with chronic pain," said Col. Jonathan Jaffin, director of health policy and services, Army Office of the Surgeon General. "So many of us went into medicine to relieve suffering, and chronic pain is frustrating because we want to relieve that pain."

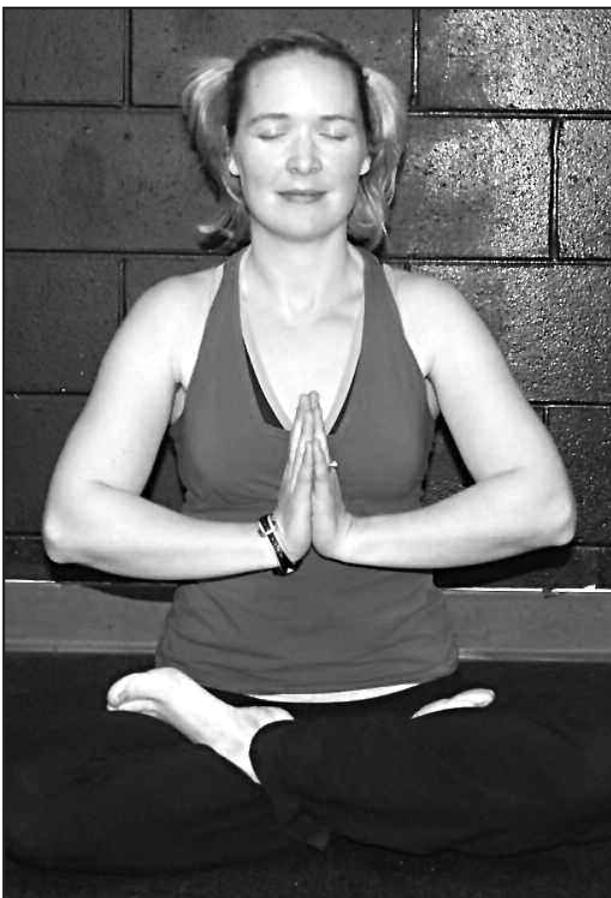


Photo by CHERYL RODEWIG, Army News Service

Bronwen Pence, yoga instructor at Fort Benning, Ga., demonstrates a pose during a class.

The task force visited 28 military, Veterans Affairs and civilian medical centers between October and January to observe treatment capabilities and best practices. Schoomaker said his goal is to form a pain-management strategy that is holistic, multidisciplinary and puts Soldiers' quality of life first.

"This is an opportunity to change medical care and the

way we take care of patients," said Thomas.

Schoomaker stressed that Army practices have always been in compliance with America's medical regulations, but he thinks the Army can do better.

"Everything we do in the Army, even managing a toothache, is all in compliance with national standards ... what we want to do is set the bar higher," Schoomaker said.

Schoomaker's higher standards include offering treatment alternatives that might not yet be prescribed in average doctor's offices, but which patients are already seeking out on their own, such as acupuncture. He said the Army has looked at research on the effectiveness of complementary techniques, and he would like to see them integrated into traditional medical treatment.

"Programs such as biofeedback and yoga have been subjected to scientific randomized trials and have been proven to be effective," Schoomaker said.

Biofeedback involves measuring body signals — such as temperature, heart rate, muscle tension and brain waves — to help patients with relaxation techniques and pain reduction.

Schoomaker said he is hopeful that Soldiers will be receptive to alternative methods of care once they see that the treatments work.

"Seeing success is the best way to convince people of the usefulness and the need for other approaches," agreed Jaffin.

The 109 recommendations are divided into four areas: to provide tools and infrastructure that support pain management, build a full spectrum of best practices, focus on Soldiers and families, and synchronize a culture of pain awareness, education and intervention.

Schoomaker said the recommendations that can be put into policy under his authority will be implemented in the coming months, and the 2010 National Defense Authorization Act asks the secretary of defense to integrate a pain-management policy into the military health care system no later than March 2011.

SPORTS

Basketball standings*

Army 1	
SSI	6-0
SCNG	4-2
165th	3-2
MEDDAC 2	3-3
TFM	2-4
81st	1-4
Swampfoxes	0-4



Army 2	
120th	3-1
3-13th	2-1
4-10th	2-2
80th Div	1-1
208th	0-3

* Standings as of Wednesday morning

Softball standings*

Monday/Wednesday League	
4-10th	10-1
MEDDAC	9-0
187th	5-3
120th	4-3
3-34th	2-5
Shockers	2-6
Bad Girlz	1-8
ACME	0-7

Tuesday/Thursday League	
CP	10-1
Strictly Business	10-1
1-61st	6-4
2-60th	6-4
193rd	6-5
3-60th	5-6
DSS	5-6
MPs	3-7
Blackhawks	2-9
81st	0-9

* Standings as of Wednesday morning

Sports shorts

- Golf letters of intent are due to the sports office by July 13. Play will begin July 20. Up to eight players can be on a team, but only four will play each week.
- The Fort Jackson Army 10-miler qualifier is scheduled for 5:30 a.m., July 17. The run will begin at the gate at Patton Stadium (Kershaw Street side). Registration is now open. Participants can also register 4:30-5:15 a.m. on the day of the event.
- The Fort Jackson Golf Club is hosting a "Get Golf Ready" program throughout the spring and summer. Size is limited to 16 participants per class. Classes meet

Tuesdays and Thursdays. Class start dates are: July 8 and Aug. 10. Call 787-4344 or visit www.playgolfamerica.com/ggr.

The Military Long Drive Championship is scheduled on Fort Jackson for Aug. 7 at the Fort Jackson Golf Club. Additional details will follow.

The Fitness Department offers free fitness lectures at 11:30 a.m., Wednesdays at the Post Library. Visit <http://fortjacksonmwr.com/fitness/index.com> for a list of past lecture topics.

For information about on-post sports, call the Sports Office at 751-3096.



Follow the Fort Jackson Leader on Twitter at
<http://twitter.com/FortJacksonPAO>

Summer splash

Soaring temperatures stir water activities

Leader staff report

As temperatures flirted with 100 degrees last week, children and adults alike took to water to cool off. From water fun at the post child development centers to the array of activities provided at Palmetto Falls Water Park, the post offers no shortage of activities to keep cool this summer.

In addition to the water park, Legion Pool, is open Monday Friday 6 a.m. to 2 p.m. and 4:30 to 7 p.m. The pool is adjacent to the Officers' Club, which is located off Semmes Road.

For those who prefer activities out of the water, the Palmetto Greens Miniature Golf Course, which is adjacent to the water park, offers a scaled down 18-hole course for all ages.



Photo by CHRIS RASMUSSEN

A group of children and adults float in the Palmetto Falls Water Park's lazy river.



Photo by CRYSTAL LEWIS BROWN

Jaden Bailey, 2, plays in the sprinklers during a "sprinkler party" last week in the Toddler 1 class at the Scales Child Development Center.



Arden Eddy, 2, runs through the spray pad at Palmetto Falls Water Park. Arden took a break during a visit with her father, who is attending Basic Combat Training at Fort Jackson.

Photo by CHRIS RASMUSSEN

Big boys don't cry? Not quite

I always heard moms talk about how difficult it was to leave their children in the care of another person for the first time. And each time I would hear such a story, I found it hard to believe.

At six weeks, I'd already enrolled him into the on-post CDC for the first time. At seven months, my husband and I left him with my mom for a long weekend as we went on a cruise. And we have been fortunate enough to have friends who don't mind inviting him over for a sleepover to give us time to ourselves. Don't get me wrong, we weren't necessarily jumping for joy when we left him with others. The sound of another baby would have our heads turning involuntarily. And in certain situations, we would find ourselves wondering how our child would react.

But I never really experienced that heart-wrenching feeling of separation that I have heard other moms describe; until this week, that is.

A couple of weeks ago, our son moved into what I've playfully dubbed the big kid's class. Whereas his previous room included newborn babies to brand new walkers, the toddler room may range in age from 15 months to nearly 3 years. Before his one-week transition began, my husband and I met with the room leader. She showed us around the room, my eyes widening at what she said the children would learn. After lunch, the children brushed their teeth. This room even had toddler-sized sinks and toilets.

Having always been drawn to older children — no doubt enchanted by their ability to do things he was not

CRYSTAL CLEAR

By **CRYSTAL LEWIS BROWN**

Fort Jackson Leader



yet big enough for — he took to his new room immediately. He seemed to pass his former infant class with trepidation; peeking in ever so slightly but shrinking away from his former caregivers lest they whisk him away from his new class.

I learned quickly that the toddler room was a far cry from the infant room; a romper I put in his backpack as an extra outfit sat untouched for days. Big kids, apparently, didn't wear rompers. They also didn't carry diaper bags. But despite all of the differences, my anxiety quickly faded. At drop-off time, I was soon forgotten as my son rushed to open the safety gate to begin his day.

Until two days ago.

He was already fussy when I woke him that morning, seemingly bothered by the arrival of two top molars. He settled enough to eat a small snack before we headed toward post, but midway through our walk to his class, he

was sniffing. Once we got into the classroom, he was openly crying. And as I spoke with the caregivers, I saw him run past us with a book, bawling his eyes out. By the time I left the room, I didn't see him, but I could still hear his wails. As I passed the room's window, I spotted him in a corner where he paused from his cries just enough to take in the fact that I had left him and build up enough momentum to cry even harder.

At that moment, as I weighed the pros and cons of going back into the room, a pain pierced through my heart. In my mind, I ran back in and hugged him tightly, telling him it would be OK. But I knew that rushing in, and leaving again, would do more harm than good. Besides, I knew the ladies (and man) would be able to handle it without getting emotionally involved. I was in awe at how the caregivers wrangled a dozen or so toddlers through the center, on the playground and through meal-times. I still wonder how they possibly brush each of the children's teeth when I can hardly get just one to sit still as his teeth are brushed.

As I left the center, still hearing his cries in my head, I knew that was one in a long line of heart-wrenching decisions I would have to make. Because as much as we may try to delay it, my son is no longer my baby; now, he's a big boy.

Editor's note: Crystal Lewis Brown is editor of the Fort Jackson Leader and an Army spouse of five years.

Fun in the sun



Photo by **CRYSTAL LEWIS BROWN**

Above, Milynn Cordaro, 2, tries to catch a few drops of water in her mouth as she plays in the sprinklers with classmates last week at the Scales Child Development Center.

Left, Daniel Thomas, 8, runs through a spray tunnel at Palmetto Falls Water Park.

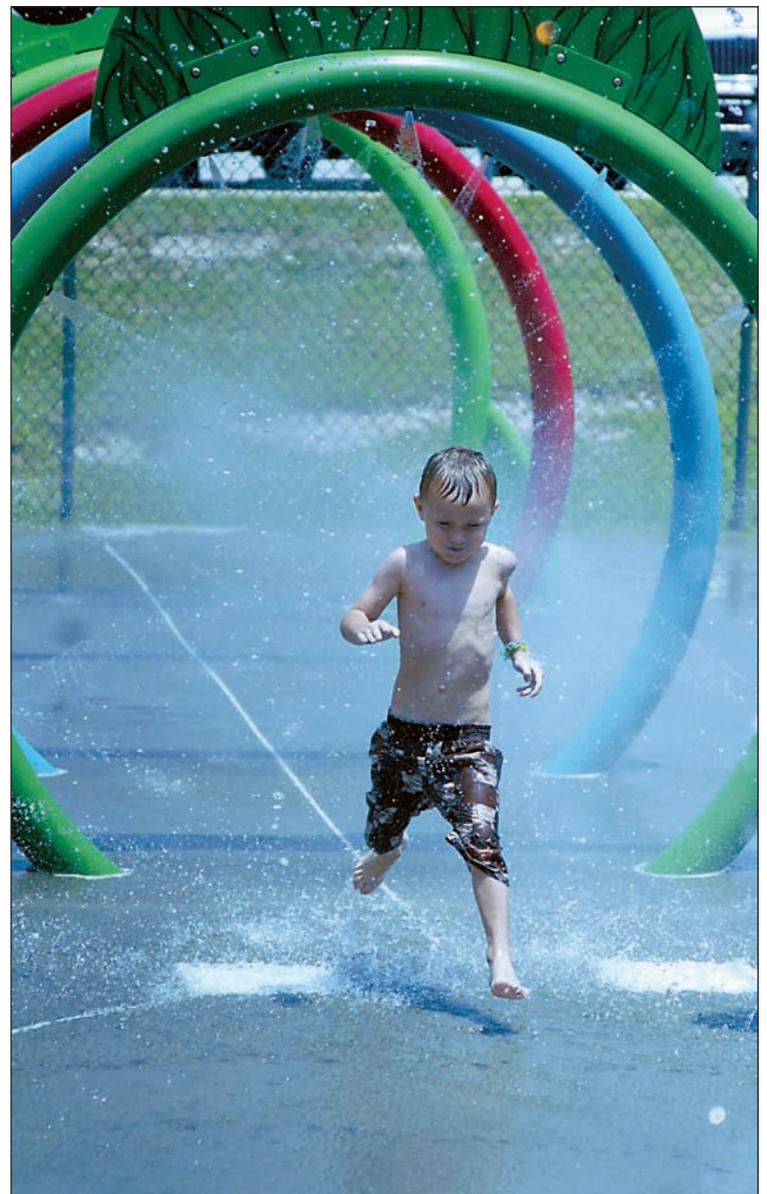


Photo by **CHRIS RASMUSSEN**

Council reviews raised issues

Customer Management Service, in partnership with Army Family Action Plan, recently facilitated the third quarter Installation Action Council/AFAP Steering Committee.

The council was chaired by the former garrison commander and attended by representatives from numerous post organizations and agencies. The Installation Action Council meets once a quarter to review issues that have been raised by the Fort Jackson community through the Community FIRST Issue Resolution Process. As part of keeping the community informed, the following issues and responses are provided:

Issue: Lack of specialty medications at Moncrief Army Community Hospital.

Response: A representative from MACH stated that there are policies and procedures in place to ensure Soldiers can order specialty medication at "no cost" to them. Questions regarding how to order specialty medication should be addressed to Patient Services at MACH at 751-0471.

Outcome: The council deemed this issue as complete.

Issue: Trap and skeet range (update)

Response: On May 12, contractors were invited to bid on the construction of the skeet range by the Southeast Region Central Contracting Office. Once bids have been received, a construction vendor will be selected and construction can begin. Completion is expected by late fall.

Outcome: This issue will remain as

CUSTOMER SERVICE CORNER

an active community issue.

Issue: Use of FMWR facilities by DoD civilian employee family members.

Response: Installation Policy Memorandum No. 37, dated Aug. 23, 2004, already provides for the issuance of ID cards to family members in the following categories: Retired DA civilian employees; retired DoD civilian employees; retired federal civilian employees and eligible family member(s) of current DA, DoD and federal civilian employees of Fort Jackson. Those interested in obtaining an ID card for their family members should complete FJ Form 1172-2 and report to the Strom Thurmond Bldg, Room 109 with two forms of identification (one ID must be federal or state unexpired picture ID). Individuals desiring additional information regarding ID cards may contact Sharon Jackson, ID card supervisor, Directorate of Human Resources, at 751-6024 or e-mail Sharon.Jackson2@conus.army.mil.

Outcome: The council deemed this issue as complete.

Issue: Establishing a permanent party shuttle bus

Response: Limited resources prohibit the establishment of a shuttle serv-

ice separate from a sick-call service. Currently, shuttle riders are permitted on the sick-call buses on a space-available basis. Additionally, AR 58-1 prohibits the establishment of a shuttle service which solely accommodates a particular group of passengers; they can only ride on a space-available basis if there is an existing shuttle service. Groups include: off-duty military personnel or DoD civilian personnel; Reserve and National Guard members; dependents of active duty personnel; retirees; and visitors to the installation. It should also be noted that Fort Jackson did separate the sick call and shuttle service several years ago. The service ran for approximately six months and had less than 25 riders during that entire time.

Outcome: The council deemed this issue as unattainable.

ICE APPRECIATION

The garrison congratulates the Directorate of Family, Morale, Welfare and Recreation, specifically ACS Family Advocacy Program and the Directorate of Plans, Training, Mobilization and Security, specifically the Security Division. For a 12-week period, these agencies achieved a 4.98 and a 4.97 rating respectively, out of a possible 5.0 in employee/staff attitude. This is an outstanding performance in customer service.

News and notes

120TH WELCOMES NEW COMMANDER

Lt. Col. Michael McTigue took command of the 120th Adjutant General Battalion (Reception) from Lt. Col. Michael Bineham during a ceremony Friday at the 120th Chapel. McTigue's previous assignment was as the chief of the officer management branch, U.S. Army Pacific, Fort Shafter, Hawaii. Bineham's next assignment is at Fort Bragg.



McTIGUE

2-60TH GRADUATION DATE CHANGED

The Family Day and graduation for Companies A, B and C, 2nd Battalion, 60th Regiment has been scheduled for Wednesday, July 7 and Thursday, July 8, respectively. Both events are scheduled for 9 a.m. at Hilton Field.

MOVIE THEATER INCREASES PRICES

Starting Friday, admission at the movie theater will be \$4.50 for adults and \$2.25 for children 12 and younger. Previously, admission cost \$4 for adults and \$2 for children 12 and younger.

SHOPLIFTING INCIDENTS INCREASE

Although the costs associated with shoplifting at Fort Jackson's AAFES facilities have decreased, the amount of incidences have increased, said AAFES officials. "Shoplifting from the exchange affects the entire military community," said Nancy Kessler, PX manager. "Because AAFES is a military command with a mission to return earnings to quality of life programs, shoplifting impacts the bottom line and, in essence, takes money directly from the pockets of military families." In addition to possible disciplinary action and/or criminal prosecution, AAFES may assess a \$200 administrative cost.

Army talent



Photo by SHARONDA PEARSON, Public Affairs Office

Staff Sgt. Toure Clark entertains the audience with his roller skating skills at the annual Better Opportunities for Single Soldiers talent show Friday at the NCO Club.



July 1 — 2 p.m.		
Just Wright	PG	101 min.
July 1 — 5 p.m.		
MacGruber	PG	90 min.
July 2 — 6 p.m.		
Shrek Forever After	PG	93 min.
July 3 — 5 p.m.		
Sex and the City 2	R	140 min.
July 4		
Closed		
July 5		
Closed		

Fort Jackson Reel Time Theater
(803) 751-7488
Closed Monday, Tuesday and Wednesday

Ticket admission
ADULTS \$4.50
CHILDREN (12 and younger) \$2.25
Visit aafes.com for listings

Saluting this Basic Combat Training cycle's honorees

DRILL SERGEANTS OF THE CYCLE



Sgt. Natalie Campbell
Company A
2nd Battalion,
13th Infantry Regiment

SOLDIER LEADER OF THE CYCLE

Spc. Renee Greene

SOLDIER OF THE CYCLE

Pfc. Natasha Stephens

HIGH BRM

Pvt. Cody Hurley

HIGH APFT SCORE

Pvt. Heather Lindsay

SUPPORT AWARDS OF THE CYCLE

TRAINING SUPPORT AWARD

Staff Sgt. Marc Brennan



Staff Sgt. Verol Gill
Company B
2nd Battalion,
13th Infantry Regiment

SOLDIER LEADER OF THE CYCLE

Spc. Christopher Lamp

SOLDIER OF THE CYCLE

Pfc. Luz Salazar

HIGH BRM

Pvt. Joshua Radford

HIGH APFT SCORE

Pvt. Jacob Berner
Pvt. Beatrice Burr



Staff Sgt. Stephen Patterson
Company C
2nd Battalion,
13th Infantry Regiment

SOLDIER LEADER OF THE CYCLE

Pfc. Ron Vollmering

SOLDIER OF THE CYCLE

Spc. Latasha Paige

HIGH BRM

Pvt. Zachariah Warner

HIGH APFT SCORE

Pfc. Anthony Rivera

Upcoming ceremonies

CHANGES OF COMMAND

□ 171st Infantry Brigade: Col. Karl Reed will relinquish command to Col. George Donovan, 8 a.m., July 9, at the Officers' Club.

□ 208th Regional Support Group: Col. Peter Bosse will relinquish command to Col. Larry Cruz, 10 a.m., July 11, at Hilton Field.

□ Training Support Battalion: Lt. Col. Lawrence Anyanwu will relinquish command to Lt. Col. Sula Irish, 9 a.m., July 12, at Darby Field.

□ 369th Adjutant General Battalion: Lt. Col. David Wood will relinquish command to Lt. Col. Ed Allen, 8:30 a.m., Aug. 18, at Darby Field.

□ 1st Battalion, 13th Infantry Regiment: Lt. Col. John Calahan will relinquish command to Lt. Col. Matthew Zimmerman, 9 a.m., Aug. 19, at the Officers' Club.

RETIREMENT CEREMONY

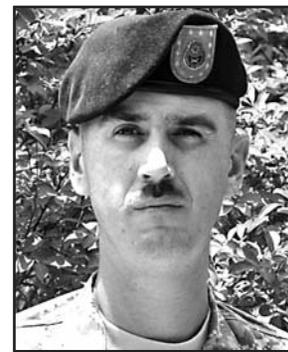
□ Command Sgt. Maj. Dennis King, U.S. Army Accessions Command, 1 p.m., July 9 at Post Headquarters. King served as Fort Jackson's post command sergeant major from 2004 to 2006.

Send updates for changes of command and changes of responsibility to FJLeader@conus.army.mil or call 751-7045. The Leader covers changes of command and responsibility for battalion-level or higher organizations.

This week's AIT honorees



MARSHALL



STONE

187th Ordnance Battalion: Cadre of the Cycle — (C and D Co.) Staff Sgt. Rouland Marshall, Staff Sgt. John Stone. The distinguished honor graduates are Pvt. Kevin Flint and Pfc. Nathan Meenter.

That Guy.com

REASON #718 NOT TO BE THAT GUY:



WHAT YOU PICKED UP LAST NIGHT



twitter

Follow the Fort Jackson Leader on Twitter at <http://twitter.com/FortJacksonPAO>

Check us out for breaking news, videos and more.

Recurring meetings

WEEKLY

Fort Jackson Boy Scouts

Tuesdays, 6:30-8 p.m., 11559 Jenkins Road (next to Victory Tower), 917-1869.

Walking away stress

Mondays and Fridays, 9 a.m., at the pecan orchard near the post office on Early Street, 751-6325.

Play group

Mondays, 10-11:45 a.m., Room 8, 5615 Hood St., for children 4 and younger, 751-1071/6304.

Range control briefing

Mondays and Fridays, 1 p.m., Education Center, Room 302, 751-7171.

Columbia Composite Squadron (Civil Air Patrol)

Mondays, 6:30 p.m., Owens Field, main conference room. E-mail tom.alsup@gmail.com or visit www.scwg.cap.gov.

Helping Everyone Reach Optimum Strength

Tuesdays, 5-6 p.m., Moncrief Army Community Hospital, seventh floor. Open to combat veterans and their family members, 751-2160/2183.

Protestant Women of the Chapel

Thursdays, 9:30 a.m. to 12:30 p.m., Main Post Chapel, Bible study and fellowship. Home schoolers are welcome. Free child care is available. E-mail pwocjackson@yahoo.com.

Military Widows/Widowers Association

Sundays, 2 p.m., Moncrief Army Community Hospital, eighth floor, 787-2469.

MONTHLY

Fort Jackson Cub Scouts

First Sunday of the month, 5:30-7 p.m., 11559 Jenkins Road (next to Victory Tower), 917-1869.

Fort Jackson Bass Club

First Monday of the month, 7 p.m., Joe E. Mann Center. Open to active duty, retirees, DoD civilians, reservists, veterans and family members. Visit www.jacksonanglers.com.

Disabled American Veterans Woodrow Wilson Unit 4

Second Monday of the month, 6:30 p.m., 511 Violet St., West Columbia, 788-1836 or 791-4422.

Weight Loss Surgery Support Group

— Second and fourth Monday of the month, noon,

Weight Management Center, 180 Laurel St.

— Second and fourth Tuesday of the month, 6:30 p.m., Palmetto Health Baptist Breast Health Center, 1501 Sumter St., ground level, Meeting Room 2.

Seabees

Second Monday of the month, 7 p.m., West Metro Chamber of Commerce and Visitors Center, 755-7792 or 755-0300.

Veterans of Foreign Wars Post 641

Second Monday of the month, 7:30 p.m., 534 S. Beltline Blvd., 782-5943 or 782-0148.

La Leche League breastfeeding support group

First Tuesday of the month, 10 a.m. to noon, Room 8, 5615 Hood St., 751-5256/6325.

Sergeant Audie Murphy Club

First Tuesday of the month, 11:30 a.m., Post Conference Room, www.jackson.army.mil/360/SA_MC/home.htm.

American Legion Post 182

First Tuesday of the month, 6 p.m., Officers' Club, 351-2333.

National Federation of Federal Employees

Second Tuesday of the month, 11:30 a.m., 4405 Forney St., first floor, 751-2622 or NFFE@conus.army.mil.

Disabled American Veterans

Second Tuesday of the month, 6 p.m., 511 Violet St., West Columbia, 796-7122.

Fleet Reserve Association Unit 202

Third Tuesday of the month, 1 p.m., 2620 Lee Road, 482-4456.

Veterans of Foreign Wars Gandy-Griffin Post 4262

Third Tuesday of the month, 7 p.m., 5821 North Main St., 754-1614 or 447-2320.

Vietnam Veterans of America Chapter 303

Third Tuesday of the month, 7 p.m., American Legion Post 6, 200 Pickens St., 312-4895.

Purple Heart #402

Fourth Tuesday of the month, 7 p.m., American Legion Post 6, 200 Pickens St., 351-2333.

Better Opportunities for Single Soldiers

First and third Wednesday of the month, 1:30 p.m., 4405 Jackson Blvd., 751-1148.

American Red Cross

New adult volunteers orientation, second Wednesday of

the month, 9 a.m. to noon, 571-4329.

Victory Riders Motorcycle Club

First and third Thursdays of the month, 5 p.m., Magruder's Club. E-mail sec@fjvictoryriders.com.

The Rocks Inc., James Webster Smith Chapter

Third Thursday of the month, 5:30 p.m., Post Conference Room, 751-1898.

Society of American Military Engineers

Fourth Thursday of the month, 11:30 a.m., 254-0518 or 765-0320.

MEDPROS training

Third Friday of the month, 1-4 p.m., Moncrief Army Community Hospital, Room 9-83. E-mail Jaclynne.Smith@amedd.army.mil.

Retired Enlisted Association

Third Friday of the month, 5:30 p.m., Moncrief Army Community Hospital, third floor, 740-2319 or e-mail jrodgers11@sc.rr.com.

Chrome Divas of Columbia

Second Saturday of the month at 10:30 a.m., 606-5402 or www.thebikerchicks.com.

92nd Buffalo Chapter 20 DAV

Third Saturday of the month, except July and August, 11 a.m., DAV Headquarters 511 Violet St., West Columbia, 260-1067.

Ladies Auxiliary Post 641

Second Sunday of the month, 3 p.m., 534 S. Beltline Blvd., 782-5943 or 782-0148.

The Ladies Auxiliary Post 4262

Second Sunday of the month, 5 p.m., 5821 North Main St., 754-1614.

Combat Vets Motorcycle Association

Third Sunday of the month at noon, (774) 451-7504, e-mail armyaguiar@yahoo.com or www.combatvet.org.

Sergeants Major Association

Last work day of the month, 4 p.m., Magruder's Pub, 447-1526. Open to active-duty and retired sergeants major.

SUBMISSIONS

To submit a recurring meeting, e-mail the name of the group, when and where the meeting takes place and contact information to fjleader@conus.army.mil.

Calendar

Saturday

Torchlight Tattoo

4 p.m., Hilton Field

Parking areas open at 3:30 p.m. A concert by the 282nd Army Band begins at 8 p.m., followed by a Salute the Nation Ceremony and fireworks.

Sunday

AAFES July 4 celebration

Noon to 3 p.m., Gate 1 Shoppette

Stop by and celebrate July 4 with free sandwiches and ice cream.

Tuesday, July 13

Happy Hour comedy show

10 a.m. and 1 p.m., Solomon Center

The safety-themed show is open to all Soldiers and civilians.

Friday, July 16

Fort Jackson 93rd birthday celebration

11:30 a.m., Darby Field

Saturday, July 17

Stay the Course presentation

8:30 a.m. to 1 p.m., Main Post Chapel.

For more information about the presentation, call 781-9263 or e-mail harri-etwn@aol.com.

Wednesday, July 21

Teen Career Exploration workshop

10 a.m. to noon, location TBA

Call 751-4862/5256 to register.

Friday, July 30

Motorcycle Safety Day

11 a.m. to 3 p.m., Solomon Center

Housing events

All events are held in the Community Center, 520 Brown Ave., unless otherwise specified. Call 738-8275 for information.

Friday

Ice Pops and American Flags

2-4 p.m.

Come cool off with ice pops and stay for the patriotic-themed door prizes for kids.

Monday

Balfour Beatty offices closed for July 4 holiday.

Tuesday

Yard of the Month judging

Winners will be announced later this month. Prizes and recognition will be given to each winner.

Wednesday, July 14

Dehydration prevention

2 p.m.

Learn how to stay hydrated and healthy during the hot summer months. A water bottle giveaway is also scheduled.

Monday, July 19

National Ice Cream Day

2-4 p.m.

Celebrate this national holiday with everything necessary to create a decadent ice cream sundae.

Every Friday

Water Wars

3 p.m.

Join in a wild day of water wars. For children 7-14. Dress appropriately.

Announcements

BOOK SIGNING

Buffy MacDonald Crabtree will host a book signing for "Grieving God's Way — He Feels Your Pain" from 9 a.m. to 6 p.m., July 8-10 at the Main PX.

SUMMER NUTRITION PROGRAM

Free summer meals will be offered to children younger than 18 June 14 through Aug. 6 at C.C. Pinckney Elementary School and Brown Avenue Community Center. Serving time for both venues is 11:30 a.m. to 12:30 p.m. There will be no lunch served Monday. A list of additional sites is available at www.richlandone.org and www.richland2.org. Call (843) 846-6105 for information.

TROOP COMMAND REUNION

A Troop Command Reunion is scheduled for 11 a.m., July 24 at Weston Lake at the Community House. Call 608-5669 or e-mail RosieJ2606@hotmail.com for cost.

GRADUATION TIME CHANGE

Fort Jackson's Basic Combat Training graduation ceremonies will change from Fridays to Thursdays beginning July 29. Family day activities are scheduled for 4 to 10 p.m. on Wednesdays. Graduations will be at 9 a.m.

BSEP CLASSES CANCELED

Basic Skills in Education, or BSEP, classes scheduled through Sept. 9 will be canceled. The Education Center will offer tutorial services for Soldiers needing assistance in basic math and reading from July 13-17. Call 751-5341/7209 to sign up for the tutorial services.

SOCIAL WORK PROGRAM

Applications are being accepted for the Army-Fayetteville State University Master of Social Work Program. Civilian employees with MEDCOM, GS-5 to GS-9, may apply. Call DSN 471-6887 for requirements.

CALLING SYSTEM CHANGE

The Fort Jackson on-post calling system has changed. To make a call to an on-post phone number, dial 751-XXXX. To make a local call, dial "99" before dialing the off-post phone number. To make a long distance call, dial "97-1" before dialing the long distance number, including area code. The DSN prefix is "94."

Quick reference labels can be picked up at the Network Enterprise Center at building 4282. Call 751-GNEC or 751-

DOIM for information.

ID CARD REPLACEMENT RULES

Anyone who either loses or has his or her Common Access Card, or CAC, stolen, must now provide a memorandum to receive a replacement. A memorandum confirming that the card has been lost or stolen must be signed by the local security officer or, for Soldiers, his or her chain of command. Call 751-6024 for information.

JR. SKIES OFFERINGS

Jr. SKIES programs are scheduled throughout the summer. The programs are for children 3 to 6 and are Monday through Friday. Offerings include: Soccer, basketball and golf. Soccer runs July 12-16; basketball runs July 19-23; and golf runs Aug. 2-6. All classes are 9:30 -10:30 a.m. at the Youth Sports Complex. Call 751-6777/7540 for costs.

DSS GRADUATION CHANGE

Effective Aug. 12, graduations for the U.S. Army Drill Sergeant School will be scheduled for 1 p.m.

THRIFT SHOP UPDATES

The Thrift Shop will be closed Monday through July 8 and July 27-29.

The Thrift Shop is interviewing for a manager and a clerk. Contact the Thrift Shop during business hours at 787-2153 for information. The Thrift Shop is open 9 a.m. to 3 p.m., Tuesday and Wednesday; and 9 a.m. to 5 p.m., Thursday.

On Wednesdays, come in for Wacky Wednesday and receive an additional 20 percent off non-clothing clearance items. The 50-cent clothing rack provides bargains all week.

GOLDEN KNIGHTS APPLICATIONS

The U.S. Army Parachute Team, the Golden Knights, is accepting applications for the 2010 selection. Candidates must be active duty, have completed 100 free-fall parachute jumps and have a good military and civilian record. Applications are available at <http://www.usarec.army.mil/hq/goldenknights>. The application deadline is July 31. Selection begins Sept. 7.

CYSS MOBILE REC

Child, Youth and School Services will sponsor a Mobile Rec program from Monday through Aug. 6. The Mobile Rec, which consists of games, arts and crafts, is 9-11 a.m., Monday, Wednesday and Friday at the C.C. Pinckney Elementary School cafeteria and playground; and 9-11 a.m., Thursday at Patriot Park. Free lunch will be provided by post schools from 11 a.m. to 12:30 p.m. Mobile Rec will be closed July 5. Children 6 and younger must be accompanied by a parent.

YOUTH TECHNOLOGY LABS

Fort Jackson youth in grades six through 12 now have access to computers in the youth technology labs. The middle school program lab hours are 2:30-5:30 p.m., Monday through Friday at the Pinckney Elementary Annex Building.

The teen program lab hours are 6-9 p.m., Monday through Friday, and 2-6 p.m., Saturday, at the Youth Center. Call 751-4865/6387 for more information.

COME SEE YOUR ARMY TOURS

"Come see your Army" tours are conducted monthly. The tours provide the community with an opportunity to attend a Basic Combat Training graduation; observe Soldiers in training; get hands-on experience with a state-of-the-art weapons simulator system; eat lunch in a military dining facility; and shop for souvenirs. Call 751-1474/5327 to participate.

SURVIVOR OUTREACH SERVICES

Survivors of service members who died while on active duty can use Survivor Outreach Services for assistance with benefits and finances. For more information, call 751-4867/5256 or e-mail Leslie.S.Smith@us.army.mil.

Off-post events

FREEDOM FESTIVAL

The International Praise Church of God has scheduled its Fourth of July Freedom Festival for 1-5 p.m., Sunday at 5071 Percival Road in Elgin. The free event is open to the public. Call 788-1942 for information.

MOVIES IN THE PARK

Movies in the Park is scheduled for July 16 and Aug. 20 at North Springs Park. The free event, organized by Awaken Church, is open to the public and features a free movie on a giant screen, free drinks and other refreshments. The event benefits the Harvest Hope Food Bank and A Home in Haiti. Take lawn chairs or blankets to sit on. Food donations, including canned food, are also being accepted. Gates to North Springs Park open at 7:30 p.m., and the movie begins at sunset.

TINY TOT TUESDAY

Toddlers, ages 2-4, are invited to participate in Tiny Tot Tuesday: Wild for Wildflowers, 11 a.m. to noon, July 20 at the Robert Mills Carriage House, 1616 Blanding St. Toddlers will be taught about nature's wildflowers through interactive activities.

BOOKOO SCHOLARSHIP

Military personnel and spouses are eligible to apply for one of 10 \$1,000 scholarships as part of the Bookoo military scholarship program. Applications must be received by Aug. 1. Visit <http://www.bookoo.com/military-scholarships.jsp> for information and applications.

HOSPICE VOLUNTEERS NEEDED

Geneva Hospice is accepting volunteers. Volunteer opportunities vary, and training is provided. Call 213-9980 or 237-5679 for information about volunteering or hospice services.



Leader File Photo

In addition to fireworks, the July 3 Torchlight Tattoo event will feature a patriotic tribute to all 50 states, five territories and the District of Columbia.

Post to celebrate with Torchlight Tattoo

Annual event's name has roots in military history

Leader Staff Report

The military tattoo originated in Holland during the 16th century. The regimental drum major and fifers performed the tattoo at the end of the day to signal soldiers to begin a torch-lit walk to their barracks and to signal innkeepers in the garrisoned town to stop serving customers.

The word tattoo then, comes from the Dutch expression, "Doe den Taptoe," meaning "to turn off the taps."

Later, Continental Army general orders of Feb. 8, 1778, and Sept. 9, 1797, stipulated that "upon the sounding of the tattoo, sutlers were required to shut their doors and sell no more liquors that night upon penalty of severe punishment."

Further, "the gates of the fort will be drawn up, which must not be let down till the reveille beat," or "upon the return of the drums to the barracks, the gates to be immediately locked."

Unless granted an approved, written leave from the commanding officer of their regiment, soldiers found away from camp after tattoo were suspected of desertion and punished.



Leader File Photo

This year's Torchlight Tattoo will feature a concert by the 282nd Army Band. The official ceremony begins at 9 p.m., followed by fireworks.

Today, Fort Jackson's Torchlight Tattoo is a colorful, patriotic tribute to the Union, the 50 states, the five territories and the District of Columbia.

Fort Jackson has celebrated this patriotic occasion for many years with the citizens of Columbia and the Midlands.

The Torchlight Tattoo is only one of many observances that the two have shared since the citizens of Columbia first donated to the United States Army the land allowing establishment of Fort Jackson.

This generous act signaled the beginning of a long, intimate relationship of mutual respect between the city and post that has spanned five major wars.

Today, the bonds are as strong as ever. The city and Fort Jackson are inseparable in spirit and since the 1968 annexation, physically as well.

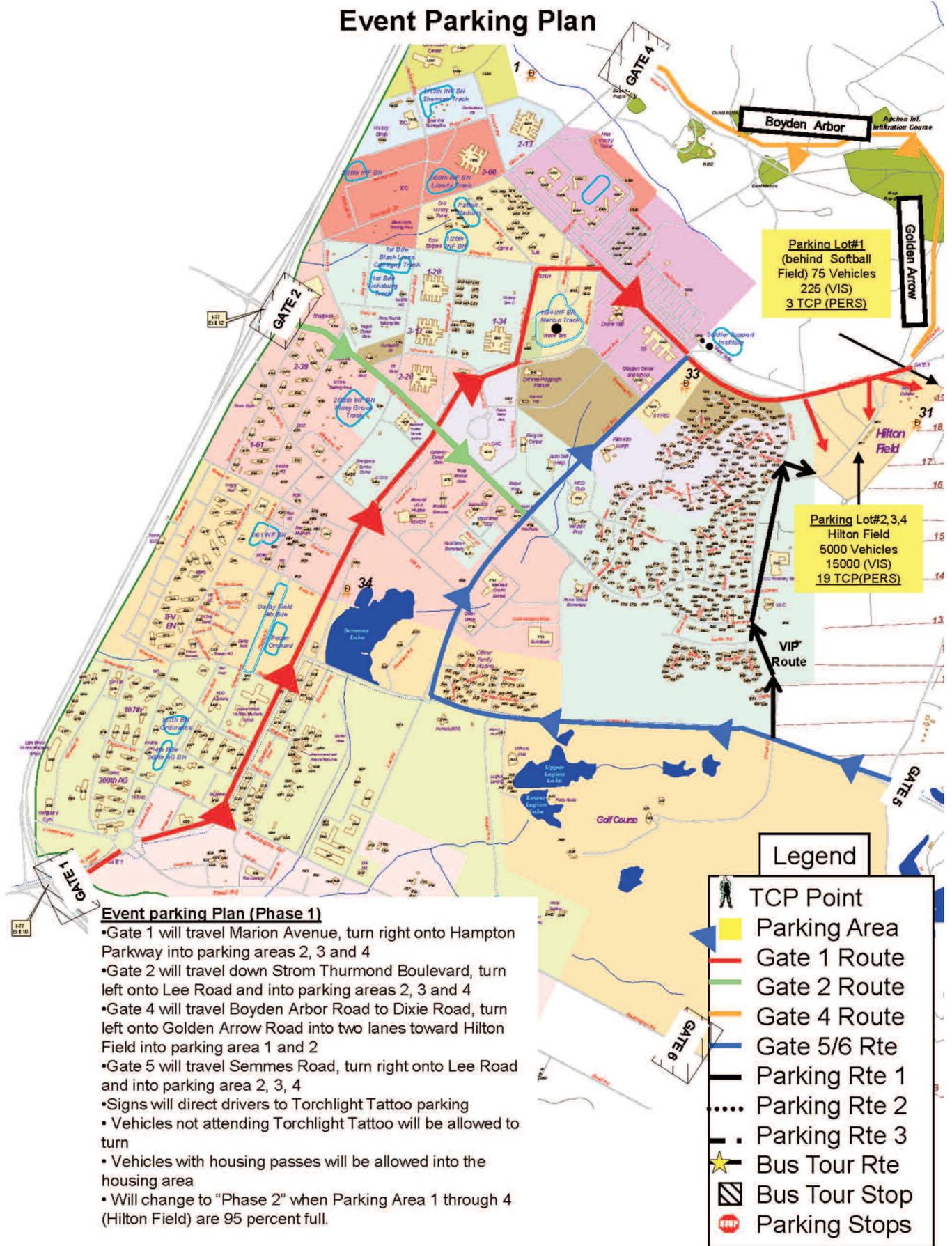
The military community in the Midlands is more than 136,000 strong and composed of active and reserve component Soldiers, federal employees and retirees and their families.

IF YOU GO

This year's Torchlight Tattoo is scheduled for July 3 at Hilton Field. Parking areas will open at 3:30 p.m.

- ❑ The 282nd Army Band concert begins at 8 p.m.
- ❑ The official ceremony begins at 9 p.m., with fireworks following.
- ❑ All gates are open for visitors until 9 p.m. After 9 p.m. only Gate 2 will be open for entrance. Drivers must show a valid driver's license, the vehicle's registration and proof of insurance, and all visitors 15 and older must have a valid photo ID.
- ❑ Lawn chairs and blankets are OK to bring to Hilton Field.
- ❑ Do not bring pets, personal fireworks, firearms, grills or alcoholic beverages.
- ❑ Backpacks, coolers and large bags are discouraged in Hilton Field seating areas.
- ❑ Handicapped parking, seating and restrooms are available.
- ❑ Food and drink concessions, as well as children's entertainment, will be available at Hilton Field starting at 4 p.m.

Note: In case of inclement weather, the event will be canceled.



CMYK

CMYK

27" WEB

FIRST RESPONDER

The following are incidents compiled from reports, complaints or information received from the Fort Jackson Provost Marshal Office.

The incidents reflected are not an adjudication attesting to the guilt or innocence of any person and are provided for informational and reflective purposes only.

Col. Ronald F. Taylor

*Director,
Emergency Services/Provost Marshal*

Sgt. Maj. Glen W. Wellman III

Provost Sergeant Major

Billy Forrester

Fire Chief



ganized special observances.

As statistics show, fireworks can pose a significant hazard to property and life. Fort Jackson residents are reminded that unless specific authorization has been obtained from the commanding general, the use of fireworks on Fort Jackson is prohibited.

As the July 4 holiday approaches, know that this policy will be enforced and those that violate the policy risk the chance of receiving a citation for violation of this policy.

According to the National Fire Protection Association, nearly 10,000 fireworks-related injuries were treated in 2007 U.S. hospital emergency rooms.

Grass and brush fires account for 62 percent of all fireworks-related outside or other fires. Dumpster fires and other rubbish or trash fires account for about 20 percent of all fireworks-related outside or other fires.

CASES OF THE WEEK

□ A Soldier was issued six citations after being stopped for driving with an expired tag, Military Police said. The Soldier's license had also been indefinitely suspended for cancellation of insurance and failure to pay traffic tickets, MPs said. He was cited for driving without a license, failure to surrender suspended tags, operating an uninsured vehicle, failure to surrender suspended driver's license, driving with a suspended license and lack of vehicle registration. The vehicle was towed from the installation.

□ A Soldier was charged with shoplifting in the theft of a swimsuit from the Main PX, MPs said. The value of the item was approximately \$19.

TIP OF THE WEEK

The use of fireworks on Fort Jackson is prohibited, unless approved in designated areas by the commanding general for or-

crimestoppers
1-888-559-TIPS
www.midlandscrimestoppers.com

FORCE PROTECTION THOUGHT OF THE WEEK

10 KEY INDICATORS OF POTENTIAL TERRORIST ASSOCIATED INSIDER THREATS



5. Repeated expression of hatred and intolerance of American society, culture, government, or principles of the U.S. Constitution.



twitter

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Victory Updates at <http://www.vimeo.com/user3022628>

Heat injury procedures

- Call 911 at the first sign of heat injury (including mental status change).
- Use ice sheets
- Give the Soldier sips of water
- Monitor him or her at all times.

Emergency numbers:

Cell phone users: 803-751-9111.

Alternate 1: Range control via radio.

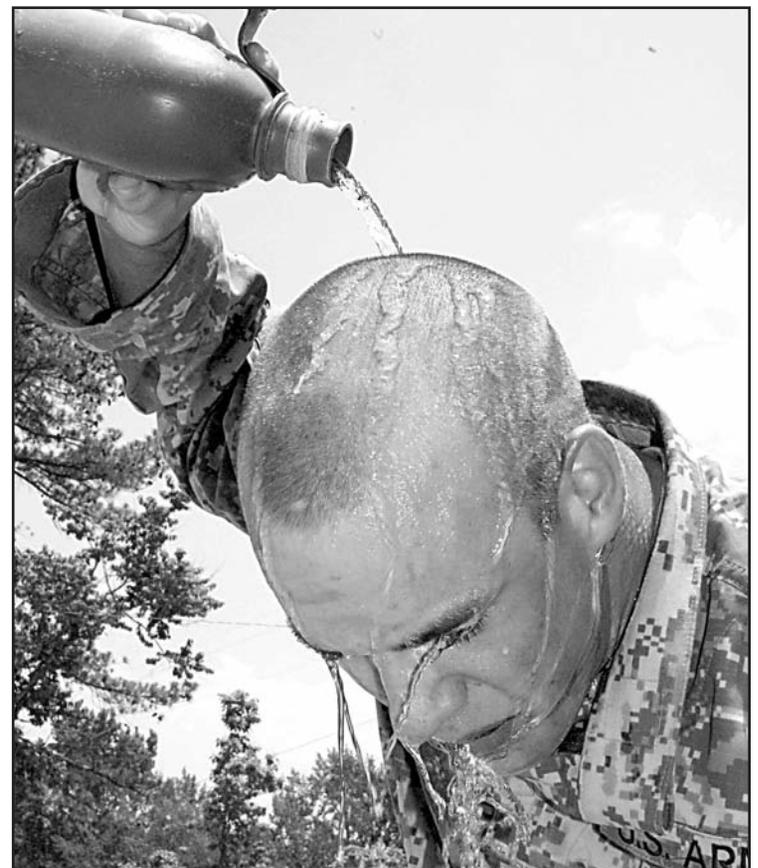
Alternate 2: Range control at 751-7171/4732.

Alternate 3: MP desk at 751-3113/3114/3115.

Never leave the Soldier unattended!

911 & ICE:

At the first sign — every time.



Awareness key to preventing heat injuries

By MAJ. THOMAS SHERBERT
AND SARA GAY

Moncrief Army Community Hospital

Sunny, hot and humid weather can quickly become hazardous to a person's health. Heat places stress on bodies and can cause injuries quickly and without warning. Heat can be a danger to adults, children, military personnel and civilians, so it is important to know the various types of heat injuries and how to prevent them and protect the force this summer.

TYPES OF HEAT INJURIES

Sunburn is caused by excessive exposure to the sun's ultraviolet rays. Frequent unprotected exposure to the sun produces skin damage and can lead to skin cancer. The use of an approved sunscreen of SPF (skin protection factor) 15 or above can provide some protection from the harsh effects of the sun. Sunscreen should be worn every day, even when it is overcast.

Heat cramps may result from exposure to high temperatures for relatively long periods of time, particularly if accompanied by heavy exercise. Heat cramps are characterized by excessive loss of salt from the body. These painful cramps affect the larger muscles of the body such as the legs, arms and abdominal region.

Heat exhaustion can occur from the excessive loss of salt and water from the body. A person may experience profuse sweating, difficulty breathing, nausea and vomiting. In this condition, the person becomes pale, weak, dizzy and confused. Heat exhaustion can lead to heat stroke if not treated.

Rhabdomyolysis is the breakdown of muscle fibers resulting in the release of muscle fiber contents (myoglobin) into the bloodstream. It can occur from heavy exercise and excessive depletion of fluids from the body. Symptoms include abnormal urine color (dark, red or cola-colored), general weakness, muscle stiffness or aching (myalgia), muscle tenderness, weakness of the affected muscles, fatigue, joint pain, seizures and unintentional weight gain. To prevent Rhabdomyolysis, drink plenty of fluids after strenuous exercise to dilute the urine and flush the myoglobin out of the kidney. Proper hydration is also necessary after any condi-

tion or event that may involve damage to skeletal muscle.

Heat stroke is the most serious of the five types of heat injuries. Patients who suffer from heat stroke have a high fatality rate if treatment is not

received immediately. Heat stroke is a medical emergency and requires immediate medical attention. It is caused when the heat regulating mechanism of the brain is damaged from high temperatures. Heat stroke is characterized by a high body temperature (104.5 degrees and above), hot red dry skin, rapid pulse and respiration, an absence of sweating and loss of consciousness. Convulsions, coma and even death may occur.

At Fort Jackson, all heat injuries are dealt with as a medical emergency. Immediate cooling of the body's core temperature and medical evacuation via the emergency medical system is the key to saving a person's life.

Heat injuries may be avoided by observing the following guidelines. Always remember to plan for the heat.

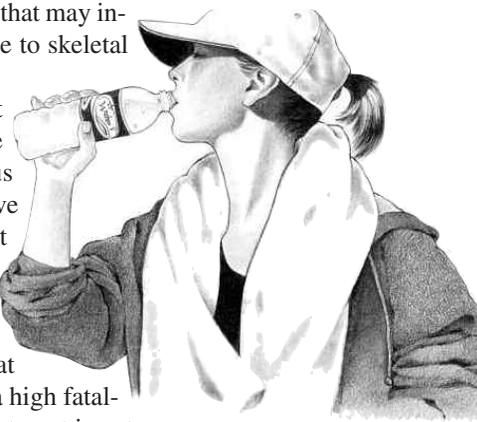
☐ Acclimatize yourself by gradually exposing yourself to the heat. Normal acclimatization period is 14 to 21 days.

☐ Reduce activity during the hottest part of the day. Commanders should use work/rest cycle guidelines provided by the Public Health Command at

<http://phc.amedd.army.mil/home/> to regulate the amount of heat stress that their Soldiers receive.

☐ Drink water throughout the entire day. Thirst is not an accurate indicator of dehydration. Most heat injuries occur in the early morning because of Soldiers not hydrating throughout the entire day.

☐ Eat well-balanced meals and don't use excessive salt or take salt tablets. Avoid large meals and hot foods during the day. Soldiers in training must eat full meals, including their MRE with salt packets, while drinking fluids with meals. Soldiers in training cannot afford to



skip meals.

☐ The use of reverse cycle training is key in prevention. Schedule outdoor events during the cooler parts of the day, which are 5 to 10 a.m. and 6 to 11 p.m. Schedule training indoors during the hottest parts of the day.

☐ Review the latest heat injury prevention video produced by the United States Army at <https://www.us.army.mil/suite/page/630102>. Once at the DCG-IMT "Training Future Soldiers and Leaders" webpage, users will find the cadre safety training section toward the bottom right side of the page. The video "Heat Can Kill" is located under this section.

HEAT INDEX AND ACTIVITY/MILITARY OPERATIONS

Hydration is the key to surviving the summer heat. The body is 70 percent water and needs fluids to survive. A person can only survive about three days without water in a hot environment.

The Army uses the Wetbulb/Globe Temperature Index to measure the heat stress load on units during daily operations in hot climates. The WBGT kit is used to measure the air temperature, solar and reflected radiation, and humidity at the immediate site where the device is used. According to regulation, each company-sized unit in the Army must have the ability to measure heat stress in order for the commander to implement work/rest cycles for his or her unit. Each unit is responsible for measuring the heat index in their area of operation. The heat index can also be monitored at <http://www.wunderground.com/US/SC/Columbia.html>.

Commanders also can use the fluid replacement chart at <http://phc.amedd.army.mil/home/> to implement work/rest cycles and ensure that Soldiers are consuming the correct amount of water. Consuming too much water (more than 1 to 1 1/2 quarts an hour, with a maximum of 12 quarts per day is recommended) can lead to a serious, and sometimes fatal, condition called hyponatremia or water intoxication.

If you have any questions on heat injuries, or heat injury prevention and training, contact Maj. Thomas Sherbert at 751-1704 or DSN 734-1704 or Sara Gay at 751-2804.

Editor's note: Maj. Thomas Sherbert is the installation emergency medical officer and Sara Gay is a public health nurse.

MACH updates

DFAC UPDATE

Renovations at the MACH dining facility are ongoing. Staff and visitors can eat and be served in the dining area. The DFAC is located on the fourth floor.

MACH PATIENT ENROLLMENT

While MACH is currently unable to enroll adult active duty family members, there are open pediatric TRICARE Prime enrollment spaces for active duty families. Other family members may choose from a list of primary care managers who are in the TRICARE Prime civilian network.

ORTHOPEDIC CLINIC

The MACH Orthopedic Clinic is currently scheduling only active-duty Soldiers for follow-up appointments. For assistance obtaining orthopedic care, call the referral center at 751-2363.



New CSM

Col. Ramona Fiorey, Fort Jackson MEDDAC commander, passes the guidon to incoming Command Sgt. Maj. Kevin Williams during a change of responsibility ceremony Friday at Moncrief Army Community Hospital. Williams takes over for Command Sgt. Maj. Harry Tharp.

Photo by NICHOLE RILEY, Moncrief Army Community Hospital

Tons of free, reduced-cost fun available for military

For those looking for a summer vacation, many entertainment venues are offering free or reduced prices to military members and their families.

Carowinds is offering free regular admission ticket Sunday and Monday to any active or retired military personnel. Ticket also allows admission into Boomerang Bay waterpark. Additional tickets for four immediate family members can be purchased at Victory Travel for \$31. Those eligible must present proper identification at the Carowinds ticket office.

Disney Military Salute Special is offering active or retired military the opportunity to purchase up to six 4-Day Base Tickets from Victory Travel for \$97. Tickets must be purchased no later than Aug. 31. Tickets are limited and based on availability. Blackout dates are July 3-4 for Magic Kingdom only.

Victory Travel also offers up to 30 percent savings on Orlando area hotels and resorts.

In addition, Victory Travel may provide reduced rates at these Florida attractions: Dixie Stampede, Medieval Times, Pirates Dinner Adventure, Sleuths Mystery Dinner, Arabian Nights, Ripley's Believe It or Not Museum, The Holy Land Experience, Fantasy of Flights, Kennedy Space Center, Titanic The Exhibition, The Orlando Science Center, Florida Splendid China and Cypress Gardens.

Price reductions from Victory Travel are not just limited to Florida. Save on vacation attractions in Tennessee, Alabama and Myrtle Beach as well. Offers in Myrtle Beach include: Dixie Stampede, Medieval Times, Legends Theatre, Caroline Opry, Ripley's Aquarium and Palace Theatre.

Offers in Tennessee include: Dixie Stampede, Country Tonight, Grand Illusions, Grand Ole Opry, Ryman Museum, Rainforest Adventures, Ripley's Aquarium, Ripley's Believe It or Not, Ripley's Haunted Adventure and Ripley's Moving Theatre.

Victory Travel has tickets for \$27 for all ages to Six Flags Over Georgia. For more information, please call Victory Travel at 751-5812 or 751-5804.

Be a local tourist and visit Columbia and regional area attractions. Riverbanks Zoo and Gardens offers Free Fridays for Soldiers in uniform accompanied by family members. Discount tickets for other days are available at Victory Travel. Adult tickets are \$8; children 3 to 12 years old pay \$6.50. Victory Travel has State Museum tickets for \$4 for adults and \$2 for children ages 3 to 12.

Come see one of America's largest homes, the Biltmore, surrounded by beautiful gardens. Enjoy the elegance of George and Edith Vanderbilt's 250 room family home and country retreat. Located in Asheville, N.C., the Biltmore has original art from Renoir, 16th century tapestries, and much more. An adult

Army Family Covenant

By THERESA O'HAGAN

Family and Morale, Welfare and Recreation

ticket costs \$39.75. Child price is \$17 for ages 10 to 16. Learn more about Biltmore at www.biltmore.com.

For more information on offers at Victory Travel visit the website at <http://fortjacksonmwr.com/travel>. For more information, please call Victory Travel at 751-5812.

Fort Jackson CYS Services Fun Factor 2010 at Pinckney Elementary School Cafetorium is available Mondays, Wednesday and Fridays 9-11 a.m. and at Patriot Park (next to the Water

Park) on Thursdays. The activities include math, science, sports and fitness, arts and crafts, dramatic play, story time, singing and some cold cooking activities. The activities are designed for children, 4 and older. Children kindergarten-age or younger must be accompanied by a parent or responsible adult. The Fort Jackson Elementary Schools are providing a summer lunch program at CC Pinckney immediately following Fun Factor. Bring the children

out for a summer of fun and save on summer expenses at the same time. Point of contact is Rose Edmond, 751-1672

EDGE! which stands for Experience, Develop, Grow, and Excel and is an after school and summer program for children and youth, ages 6-18, offered within Family and Morale, Welfare and Recreation partner facilities. The monthly program packages offer exciting and innovative ways for school age children and youth to spend their time in the afternoons. EDGE! offers finite monthly packages. "The most exciting part of the EDGE! for parents," said Beverly Metcalfe, MWR Partnerships Specialist, "is that the programs are free for 11 to 18 year olds." School age children, 6-10 years old, pay \$5 per hour and may attend for the entire month or selected weeks during the month.

Currently, there are a wide variety of classes being offered. A full list of classes can be accessed at <http://fortjacksonmwr.com/cyss/index.html>.

EDGE is providing door-to-door transportation for on-post youth to and from each EDGE location. Please contact Beverly Metcalfe at 751-3053 for information. Parents will need to fill out a permission slip for their child to be transported. Field trip permission forms can be obtained from Parent Central Services, from the EDGE Director's office, or if those enrolling their child online through Webtrac follow the link to the link to the permission form.



Current EDGE! classes

☐ **Art Sampler** — 1-3 p.m., Tuesdays, starting July 6. Crafts Room, Solomon Center. A sampler of fun art projects. Explore new materials and create beautiful arts and crafts. For ages 10-15.

☐ **Paddle Your Boat** — 1-4 p.m., Wednesdays, starting July 7. Meet for transportation at 5955-D Parker Lane. Learn to canoe and kayak by paddling the waters in Columbia and surrounding areas. For ages 11-18.

☐ **Cupcake Crazy** — 5-6:30 p.m., Wednesdays, starting July 7, 5955-D Parker Lane. More than your mama's cupcakes. Make (and eat) all sorts of cool cupcakes. For ages 11-18.

☐ **Celebrate the Red, White and Blue** — 3:30-5 p.m., Thursdays, today, 5955-D Parker Lane. Show your love for

America's colors with cool crafts like a patriotic baseball hat, flag jewelry, house decorations, etc. For ages 9-15.

☐ **All American Desserts** — 3-5 p.m., starting Friday, 5955-D Parker Lane. It's July so let's celebrate the red, white and blue with one of America's favorite pastimes — food. Make red, white and blue pie, Americake, berries and cream and other patriotic desserts. For age 9-16.

The EDGE! offers free classes as part of the Army Middle School and Teen Initiative for children 11 and older. For children 9 to 10 years old, classes are \$5 per hour. Register online at <https://webtrac.mwr.army.mil>. "Like" the Fort Jackson EDGE program on Facebook. For more information, call Beverly Metcalfe at 751-3053.

FMWR calendar

THURSDAY

- ☐ Visit Century Lanes for food, fun and bowling.
- ☐ Magruder's Pub and Club is open for lunch.
- ☐ Victory Bingo, 2-11 p.m.
- ☐ Sleepy story time, 6:30-7 p.m., post library. Come in your PJs, and go home ready for bed.

FRIDAY

- ☐ Visit the Officers' Club, 11 a.m. to 1:30 p.m. for the Blue Plate Specials.
- ☐ Victory Bingo, starts 1 p.m.
- ☐ Artistic Expressions with Jake, 6:30 p.m., Teen Room at the Youth Services Center.
- ☐ Dance to a variety of music provided by DJ Randall at Magruder's Club, 9 p.m. to 3 a.m. Magruder's Club is located in the back of Magruder's Pub. Cover charge is \$5 for civilians and \$3 for military. Be early for happy hour, 4:30-7 p.m. Appetizers are available, while supplies last.

SATURDAY

- ☐ Victory Bingo, starts 1 p.m.
- ☐ Step Team practice, 2 p.m., dance room at the Youth Services Center.
- ☐ Classic Soul Saturday, 9:30 p.m. to 2 a.m., Excalibur Room at the NCO Club. Cover charge is \$5 for civilians and \$3 for military.
- ☐ Buy one wing, get one free at Magruder's Club and Pub.

SUNDAY

- ☐ Victory Bingo, starts 10 a.m.
- ☐ Family day at the Youth Services Center, 2-6 p.m.
- ☐ Visit the Officers' Club, 11 a.m.-1:30 p.m. for Sunday brunch. Coat and tie are not required. Call 751-4906 or 782-8761 for reservations.

WEDNESDAY

- ☐ Visit the Officers' Club, 11 a.m. to 1:30 p.m. for Mongolian BBQ buffet.
- ☐ Get your party on at the NCO Club, 8 p.m. Cost is \$5 for military, \$7 for civilians. New DJs.
- ☐ Karaoke night with Tom Marable, Magruder's Pub. Cost is \$3 for military, \$5 for civilians.
- ☐ Victory Readers Club, 6-8 p.m., Post Library
- ☐ Magruder's Pub and Club happy hour, 4:30-7 p.m.

For a complete calendar of FMWR events, visit www.fortjacksonmwr.com.

ONGOING OFFERS

- ☐ The NCO Club breakfast is served 6-9 a.m., Monday through Friday. The cost is \$7 for adults and \$3.75 for children 4-10 years old.
- ☐ The Officers' Club is open for lunch Tuesday-Friday, 11 a.m. to 1:30 p.m. Lunch is open to everyone.
- ☐ Child, Youth and School Services provides free child care and youth programming on Saturday for active-duty parents who must work as a mission requirement, including parents who are in the National Guard or Reserve during battle training assembly. Programming is available to other parents at an hourly or daily rate.
- ☐ Enjoy resort accommodations for between two and six people with the Armed Forces Vacation Club for less than one would pay for some hotels. Call the reservation center at (800) 724-9988. Fort Jackson's installation number is 164.

God guides us through life's storms

By **CHAPLAIN (MAJ.) ALBERT DOWNING**
U.S. Army Chaplain Center and School

Have you ever been in a storm? If you have, you know the uneasiness that it can bring.

Storms can trigger feelings of hopelessness, fright and vulnerability. They come in various categories and can last from minutes to what seems like an eternity. I once served as a chaplain in the U.S. Navy at Camp Pendleton, Calif. with the Marines. Our unit was set to leave for a six-month deployment aboard the USS Juneau.

During the first week of sailing, we encountered a storm. It was a storm that caused the ship to sway and things to move around on the ship. Some people became sea sick. There were several ships with us on that deployment and in that storm.

However, we noticed that one of the other ships with us appeared to be having extreme difficulties. It was an Landing Ship, Tank — the smallest ship on that deployment —

and it had a flat bottom. The waves were fierce and appeared so strong that we wondered if the ship would make it or have to turn and go back. We also wondered how much damage would be done to it. That little ship was taking a pounding, but it kept sailing as we all did until we sailed out of the storm.

There are storms all around us. The economy is in a storm. The job market is in a storm. The housing industry is in a storm. The banking system is in a storm. I could go on, but I think you get the picture. Each one of those storms affects our lives in one way or another. The question is, "What are you going to do in the storm?"

You may ask, "What are you talking about?" Or you may say, "I'm not in a storm and have never been in one." Let's look at that. What about the storm in your finances? What about the storm on your job? What about the storm of always having more bills than money? What about the storm in your relationship and marriage? What about your private and personal internal storm that no one knows about

other than you and the Lord?

I believe that you are either currently in a storm, coming out of a storm, headed into a storm or have been in a storm.

You may ask, "How do I get out?" You do like David did when he came back to Ziklag and saw the city had been burned and everything had been taken, including his wives and the wives of his men. He asked for the ephod and began to inquire of the Lord. So many times we lean to our own understanding.

We try to work things out without seeking the Lord. If you want to come out of the storm, inquire of the Lord and do like the eagle; lock your wings and fly head-on into it. Some eagles will allow the storm winds to beat them upon their breast which enable them to rise above the storm. You can do like we did on those ships, keep on sailing until you sail through it. Because one thing is for sure, storms don't always last.

Ask the Lord to guide you through your storm. He's there for you.



PROTESTANT

- Sunday
 - 9 a.m. and 10:30 a.m. Magruder Chapel
 - 9 a.m. Daniel Circle Chapel (Gospel) service at the Post Theater
 - 9 a.m. Task Force Marshall Chapel, McCrady Training Center
 - 9:30 a.m. Main Post Chapel
 - 9:30 a.m. Solomon Center (Hispanic)
 - 9:40 a.m. Moncrief Army Community Hospital
 - 10:45 a.m. Post-wide Sunday School (Main Post Chapel)
 - 11 a.m. Memorial Chapel
 - 11 a.m. Chapel Next, Bayonet Chapel
- Wednesday
 - 6 p.m. Prayer Service Magruder Chapel

Protestant Bible Study

- Monday
 - 7 p.m. Women's Bible Study (PWOC — Main

- Post Chapel, Class 209)
 - Wednesday
 - 7 p.m. Anderson Street Chapel
 - 7 p.m. Gospel Mid-week prayer/Bible study Magruder Chapel
 - 7 p.m. Gospel Congregation's Youth (Magruder Chapel)
 - Thursday
 - 9:30 a.m.-noon Women's Bible Study (PWOC, Main Post Chapel)
 - 6 p.m. Neighborhood CMF/OCF Bible Study (Call 790-4699)
 - 7 p.m. LDS Bible Study (Anderson Chapel)
 - Saturday
 - 8 a.m. Men's Prayer Breakfast (Main Post Chapel, (every second Saturday of the month in Chapel Fellowship Hall))

PROTESTANT YOUTH OF THE CHAPEL

- Saturday
 - 11 a.m. Magruder Chapel (third Saturday)
- Sunday
 - 5 p.m. Main Post Chapel

CATHOLIC

- Monday-Thursday
 - 11:30 a.m. Mass (Main Post Chapel)
- Sunday
 - 8 a.m. Mass (Solomon Center)
 - 11 a.m. Mass (Main Post Chapel)
 - 9:30 a.m. CCD (Education Center)

- 9:30 a.m. Adult Sunday School
- 12:30 a.m. Catholic Youth Ministry
- 8 p.m. Task Force Marshall Chapel, McCrady Training Center
- Wednesday
 - 7 p.m. Rosary
 - 7:30 p.m. RCIA/Adult Inquiry

ANGLICAN/LITURGICAL

- Sunday
 - 8 a.m. Anderson Street Chapel

ISLAMIC

- Sunday
 - 8-10 a.m. Islamic Studies (Main Post Chapel)
- Friday
 - 12:30-1:45 p.m. Jumah Services (Main Post Chapel)

JEWISH

- Sunday
 - 9:30-10:30 a.m. Memorial Chapel
 - 10:30-11:30 a.m. Jewish Book Study (Post Conference Room)

CHURCH OF CHRIST

- Sunday

11:30 a.m. Anderson Street Chapel

LATTER DAY SAINTS

- Sunday
 - 9:30 a.m. Anderson Street Chapel

ADDRESSES, PHONE NUMBERS

- Daniel Circle Chapel**
3359 Daniel Circle, corner of Jackson Boulevard, 751-4478
- Main Post Chapel**
4580 Strom Thurmond Blvd., corner of Scales Avenue, 751-6469
- Bayonet Chapel**
9476 Kemper St., 751-4542
- Family Life Chaplain**
4850 Strom Thurmond Blvd. (inside of Main Post Chapel), 751-5780
- Anderson Street Chapel**
2335 Anderson St., corner of Jackson Boulevard, 751-7032
- Education Center**
4581 Scales Ave.
- Magruder Chapel**
4360 Magruder Ave., 751-3883
- 120th Rec. Bn. Chapel**
1895 Washington St., 751-5086
- Memorial Chapel**
4470 Jackson Blvd., 751-7324
- Chaplain School**
10100 Lee Road, 751-8050