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The Fort Jackson
Leader



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Staying put

Post leads TRADOC in retaining troops

By CHRIS RASMUSSEN
Fort Jackson Leader

Fort Jackson is tops among TRADOC when it comes to retaining Soldiers.

The installation led the command in fiscal year 2010 for Category III, re-enlisting 406 Soldiers and surpassing its mission goal of 318 to win TRADOC's Top Producer Award. Numbers were released during the Commanding General's Retention Luncheon Friday at the Officers' Club.

"We all did so well that we had to slow down re-enlistment in the summer," said Sgt. Maj. Jacqueline Lloyd, U.S. Army Training Center career counselor. "Every brigade has had a hand in earning this award. It was a collective effort on every brigade's part."

The installation, which hasn't won the award in more than four years, met its retention goals in all categories.

"It is impressive we met these numbers because (Soldiers) know when they re-enlist, they will go back into the fight," Lloyd said.

"Soldiers re-enlist because of patriotism and because their career counselors have effectively counseled them and their families to ensure they made informed decisions concerning their careers."

The 171st Infantry Brigade led the installation in re-enlistment and was recognized as Fort Jackson's top producer. The Blackhawks exceeded their re-enlistment goal by 142 percent.

See **171ST**: Page 7

Homeward bound



Photo by SHARONDA PEARSON, Public Affairs Office
Maria Moore, a representative from Victory Travel, helps Pfc. Jason Postl, Company F, 3rd Battalion, 60th Infantry Regiment, purchase his ticket for travel during Block Leave, which begins tomorrow. Postl is traveling to Green Bay, Wis. for the holidays.

Have a happy, safe holiday season

Let me begin by wishing you all a very happy and safe holiday season. I feel very fortunate to have the opportunity to command so many fine Soldiers, leaders, family members and civilian employees on Fort Jackson. I want to thank you for your hard work. You are all very important to our mission here and to the Army's overall mission.

When you take part in holiday celebrations and festivities in the next couple of weeks, I expect you to conduct yourselves responsibly. Please exercise good judgment and maintain good safety practices.

I cannot afford to lose any of you.

As always, your safety is my primary concern. Safety within my command is my top priority. Under no circumstances do I want to lose you or find out that you have been injured in an accident that could have been avoided.

I am expecting you to do your part in maintaining your safety and the safety of others around you. Keep your head in the game and know what you need to do be-

**MAJ. GEN.
JAMES M. MILANO**
*Fort Jackson
Commanding
General*



fore you start doing it. Stay alert and pay attention to the rules. Use good common sense and steer yourself away from dangerous situations.

If you are celebrating where alcohol is being served, don't be "That Guy" or "That Girl," if you know what I mean, and I think you do. Exercise good judgment at all times, and avoid being careless so that you don't stumble or stagger into harm's way. A lapse could cost you your life.

When you are driving, be aware of safe vehicle operation and the rules of the road. Under no circumstances should you ever drink and drive. Alcohol and driving are a dangerous — if not a deadly — mix.

If you maintain good discipline, you are practicing good safety. Use your leave wisely in visiting your family and friends, and remember that your mission is not complete until you return safely. You are important to Fort Jackson's success and to the success of the Army as a whole.

Take some time to think about your comrades who find themselves thousands of miles away from their homes. Many are spending their holiday season in hostile places, fighting to protect the many freedoms that make our country the greatest place in the world. Never lose sight of that.

My very best to you and yours during this holiday season. Have a great time, and I expect all of you to return safely!

Army Strong and Victory Starts Here!

The Fort Jackson Leader

Fort Jackson, South Carolina 29207

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Covenant review yields results

The Army made significant promises when it unveiled the Army Family Covenant in October 2007. With the covenant, the Army commits to providing Soldiers and families a quality of life that acknowledges their service, sacrifice and dedication.

Practically speaking, that means providing programs and services — including family programs, health care, housing, recreation, education and employment opportunities, and child, school and youth services — that build Soldier and family well-being, resilience and readiness.

As the commanding general of IMCOM and the assistant chief of staff for Installation Management, I have the lead for executing the Army Family Covenant. That is a charge I take on wholeheartedly, delivering programs and services that help Soldiers and families thrive.

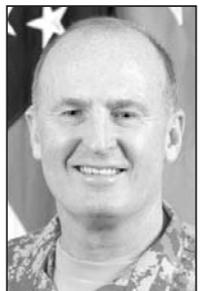
Soon after I took my post, IMCOM staff conducted a holistic review of AFC programs to assess if we have the right programs in place to meet Soldier and family needs. We wanted to know if there were any gaps in services and if we were delivering services effectively. In short, could Soldiers and families easily get the assistance they need?

What Soldiers and families told us is that they have both too much and too little information on available services. Sometimes they did not know that there is a program to help with a specific need. Sometimes they knew of several programs available through different service providers, but could not tell which would be best for their situation.

We took away from the review that we have the right programs in place, but can do a better job of helping Soldiers and families access those programs. To that end, we began looking at how we can improve access through the source Soldiers and families already turn to for help and answers: Army Community Services centers.

Army Community Services staff members do a lot of heavy lifting in delivering on the promises made in the Army Family Covenant. In fiscal year 2010, ACS staff had more than 14 million contacts with Soldiers, family members and civilians, through programs such as Mo-

**LT. GEN.
RICK LYNCH**
*IMCOM
Commanding
General*



bilization/Deployment Readiness, Relocation Readiness, Financial Readiness, Army Emergency Relief, Employment Readiness, the Army Spouse Employment Partnership, the Exceptional Family Member Program, the Family Advocacy Program, Survivor Outreach Services, Soldier and Family Assistance Centers, Army Family Team Building and the Army Family Action Plan.

From its beginning in 1965, when relocation assistance and the lending closet were among its first services, ACS has continued to grow and evolve. Today it is often the first place Soldiers and Family members go for information, for personal development and for help in an emergency. We want to build on ACS's strengths and central role in the life of an installation. So, based on feedback from 10 focus groups conducted in October, we have developed several ideas for enhancing and updating ACS's capabilities and processes.

One idea we are looking at is transitioning a number of ACS staff into generalist positions, which will focus on helping Soldiers and family members navigate services. These staff will be fully cross-trained in all basic ACS services and familiar with other services available across the installation, and will have the tools to be able to do more in-depth assessments of client needs. With this information, they will be able to help clients not only access the programs that address their immediate concerns, but

See **ACS:** Page 11



Season of giving comes to an end

By **KRIS GONZALEZ**
Fort Jackson Leader

Despite a sluggish economy, Midlands residents continued to have a charitable spirit, donating more than \$1.14 million to hundreds of charities through the 2010 Midlands Area Combined Federal Campaign.

“We had a good year,” said Maj. Gen. James Milano, post commanding general, as he recognized Fort Jackson leaders, service members, civilian employees and local community representatives for their contributions to the Midlands Area CFC efforts during the 2010 Victory Celebration luncheon Monday at the Officers’ Club.

“It was a tremendous outpouring of generosity and I thank you all for your support,” Milano said. “I’m grateful to be among you and I’m honored to have all of you here.”

Nine South Carolina counties comprise the Midlands area, to include Richland, Lexington, Sumter, Fairfield, Kershaw, Calhoun, Clarendon, Lee, Newberry and Orangeburg.

During the annual fundraising drive, which ran from Sept. 1 to Dec. 15, both military and civilian federal employees contributed to non-profit organizations throughout the Midlands, as well as national and international charities.

Each donor selected charities of his or her choice, and elected to either make a one-time donation or have a set amount deducted from each pay period. Donations could be as little as \$1.

Fort Jackson CFC Award Winners:

Gold Awards: units with a total per capita gift in excess of \$76:

DACA
MICC
CPAC
NEC
37th Military Police Detachment
Soldier Support Institute, HHC
Command Group
DRM Mission
3rd Battalion, 34th Infantry Regiment, Company E
3rd Battalion, 13th Infantry Regiment, Company E
120th Adjutant General Battalion, Company C
Public Affairs Office

Silver Awards: units with a total per capita gift of \$40 to \$75:

MEPS

Installation Chaplains Office

DOIM

DENTAC

3rd Battalion, 34th Infantry Regiment,

Companies A, D, and F

2nd Battalion, 39th Infantry Regiment,

Companies A, C, D and F

1st Battalion, 61st Infantry Regiment,

Companies B and F

1st Battalion, 13th Infantry Regiment,

Companies A and E

2nd Battalion, 13th Infantry Regiment,

Company A

3rd Battalion, 13th Infantry Regiment,

Company C

2nd Battalion, 60th Infantry Regiment,

Company C

3rd Battalion, 60th Infantry Regiment,

Companies A and E

120th Adjutant General Battalion,

Company D

187th Ordnance Battalion, Company C

“Though the Midlands area federal donors were fewer in numbers than in years past, they actually contributed more per donor,” said Joe Pinner, local TV personality, who emceed the luncheon.

“The Social Security Administration, for example, had 99 percent participation, up nearly 30 percent from last year, with an average per capita giving rate at \$232 per donor,” Pinner said. “Now that is really amazing.”

Employees of Shaw Air Force Base donated \$190,475 — a 25 percent, or \$34,995 increase, from last year’s dona-

tions — making this year’s campaign the largest in the base’s history, he said.

Four Midlands agencies — U.S. Immigration and Customs Enforcement, U.S. Attorney’s Office, Columbia Veteran’s Affairs Regional Office, and the Dorn VA Medical Center — received top honors and were awarded the Eagle Award based on total dollars raised, an increase in giving, employee per capita giving, and the percent of employee participation. The four agencies combined donated nearly \$169,000 to charities through the campaign.

The 2nd Battalion, 39th Infantry Regi-

ment was the largest contributing unit at Fort Jackson, and was one of 17 units honored with a Merit Award for double-digit percentage increases of at least 10 percent in their campaign results.

Fourteen Fort Jackson units were honored with Silver Awards for raising a \$40 to \$75 per capita gift and 12 Fort Jackson units were honored with Gold Awards for raising a \$76 or greater per capita gift.

“The results of our efforts demonstrate to nonprofits across the country our commitment and our generosity and our willingness as federal employees to give, not only of ourselves, but our time, our money and our talents,” said Arnold Miller, district manager for the Social Security Administration, who handed out the awards alongside Milano.

“By giving back to the communities in which we live, work and serve, we have touched so many lives.”

Keynote speaker Mac Bennett, president and CEO of United Way of the Midlands, specifically thanked service members for their contributions and commended all federal employees for giving so much.

“I know that in the military, you sacrifice more than the rest of us,” Bennett said. “But outside of Afghanistan and Iraq and Korea, there are other wars that are waging; some of those right here at home. Those are wars against poverty, illiteracy, racism, inhumane treatment to animals and ... people, hunger, and the list goes on and on. Today we honor every man and woman who has made a financial sacrifice to make our community a little bit better.”

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Coffee shop opens

Brig. Gen. Mark McAlister, Soldier Support Institute commander, left, leads the ribbon-cutting ceremony Monday for Green Beans Coffee, located inside the SSI. Also participating were, from left, Col. James Love, garrison commander; Don Sydlík AAFES general manager; and Brian Laliberte, CEO of Green Beans Coffee. The coffee shop hours are 6 a.m. to 4 p.m., Monday through Friday. In addition to coffee and other beverages, the shop will serve breakfast and lunch items. Bulk and other coffee discounts are also available.

Photo by CHRIS RASMUSSEN



Maternity leave on the agenda

AFAP delegates address working moms' concerns

By KRIS GONZALEZ
Fort Jackson Leader

At Fort Jackson's recent Army Family Action Plan conference, delegates discussed and proposed recommendations to Col. James Love, garrison commander, and Maj. Gen. James Milano, commanding general, regarding two issues specifically affecting mothers after childbirth.

The days and weeks after childbirth can be challenging for moms, dads and newborns.

Moms especially must adapt to the many changes they experience in their bodies and hormones after delivery.

Many mothers deal with physical pain, fatigue, and sometimes, depression. In addition, they must learn to juggle tasks such as changing diapers, and soothing, feeding and bonding with their babies.

And that's all at home.

For working moms, balancing motherhood with a career can be even more taxing.

Over the years, the Army has improved its policies and regulations to accommodate mothers who make up part of its workforce, both as Soldiers and civilians.

Both proposed issues, along with five other Fort Jackson AFAP issues, will be forwarded to the TRADOC AFAP conference in the spring, when they will be reviewed and prioritized among all TRADOC issues.

The first issue calls for the Army to extend its deployment deferral from six to 12 months for female Soldiers breastfeeding their newborns.

"Currently, Army regulation allows only a six-month non-deployment time for postpartum breastfeeding mothers," said Capt. Travis Drayton, an AFAP workgroup spokesperson. "Studies have proven longer breastfeeding increases health benefits for both mother and child, decreases costs of medical care, and reduces environmental costs for disposal of formula cans and bottles."

The World Health Organization and the American Academy of Pediatrics recommend mothers breastfeed exclusively for up to six months, then supplement breastfeeding for up to two years of age or more.

The Departments of the Navy and the Air Force have extended their current policies to allow their service members a 12-month deferment from deployment, Drayton said.

Only one Army command, at the Landstuhl Regional Medical Center in Landstuhl, Germany, has done the same.

Love said he was surprised the Army has not already followed suit and that he was in favor of the recommendation for extended dwell time, which he emphasized would



Photo by KRIS GONZALEZ

Marisa Willis, a DA civilian, spends time with her 3-month-old son Kristian at the Scales Avenue Child Development Center before leaving for work Wednesday. Willis took five weeks of leave without pay following the birth of her son because she did not have enough accrued leave.

be exclusively for breastfeeding mothers.

"It makes sense," Love said.

Milano said that the issue would be a "readiness consideration" for the Army, but said the recommendation would be worth sending higher.

The second issue calls for the Army to allow civilian federal employees who experience healthy childbirths to participate in the Voluntary Leave Transfer Program so they can stay home longer with their newborns.

The Voluntary Leave Transfer Program allows civilian employees to donate annual leave to other employees who face personal or family medical emergencies and who have exhausted their own available paid leave. During pregnancy and childbirth, donated annual leave may be used only for medical emergencies such as for the mother's period of incapacitation or the illness of a child, and may not be used to care for a healthy child.

"Civil service employees are ineligible to participate in the Voluntary Leave Transfer Program after childbirth unless there is an emergency medical condition," said Maj. Jeff Shearin, an AFAP workgroup spokesperson. "While absence from work after childbirth is covered under the Family and Medical Leave Act, women must use either sick leave or annual leave to be compensated for their absence. Many women have not accumulated enough leave

to cover their absence; therefore they must enter a leave-without pay status. This causes many short and long term hardships, for example, loss of income, delays of grade step-increases, and changes in service computation dates for retirement.

"What we're asking for is that this population of women with healthy childbirths be admitted into the transfer program that is already in place for medical emergencies — which currently includes mothers dealing with complicated childbirths — to be able to have leave donated to them by co-workers without having to go into leave-without-pay status following childbirth."

Love said he thinks the recommendation is a great idea, especially since the transfer program already exists and would only need to be modified.

Marisa Willis, a Fort Jackson Exceptional Family Member Program specialist, thinks it is a great idea too.

"I am hopeful for change," Willis said.

Willis was pregnant when she began working for the EFMP in June. By the time she gave birth to her son in August, she had only accrued two weeks of annual and sick leave to use for maternity leave. Because she had a healthy childbirth, she was ineligible to receive a transfer of leave time from co-workers in her office who were willing to donate to her their "use or lose" leave time.

Willis took five weeks of leave without pay.

And even with the financial hardship, Willis said it was difficult for her to return to work and place her 7-week-old son in day care.

"I felt guilty for leaving him in the care of strangers and worrying if they would feed him, change him or even cuddle with him when needed," Willis said. "What I did to ease my transition was remind myself that feeling guilty is absolutely normal and ensured that I spent one-on-one time with him every morning by cuddling and playing with him. Those few precious moments start my and his day with joy, and that joy will carry me through the sometimes seemingly endless hours until I see him again."

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IN THE KNOW

This is the second in a series of articles about issues selected during the Fort Jackson Fiscal Year 2011 Army Family Action Plan conference.

AFAP is an Army-wide program that provides a forum for Soldiers, family members, retirees and DA Civilians to voice concerns and recommend solutions to Army leadership.

During Fort Jackson's conference, workgroups of volunteer delegates narrowed 39 quality-of-life issues



to seven top concerns and presented the issues and recommended solutions to the garrison commander and commanding general.

All seven issues will be forwarded to the TRADOC AFAP conference in the spring, when representatives from TRADOC communities will review and prioritize all TRADOC issues and send the top concerns to the Headquarters, Department of the Army

AFAP conference, where delegates will decide possible solutions to quality-of-life issues for all Soldiers, family members, retirees and DA civilians.

Housing Happenings

COMMUNITY UPDATES

- ❑ Balfour Beatty is building an e-mail distribution list to notify residents about housing related issues and special events. Call 738-8275 for more information.
- ❑ Residents can access all clearing forms at www.fjacksonfamilyhousing.com under "Forms and Guides."
- ❑ Energy saving tip: Screen savers do not reduce energy use on computer monitors. Save energy by automatically switching to sleep mode or manually turning monitors off.
- ❑ Heating systems are the most energy-consuming systems in homes. To reduce energy consumption, thermostats should be set to 65 to 72 degrees.
- ❑ Balfour Beatty Communities is now on Facebook. Search for Fort Jackson Family Housing and click "like" to stay up to date on housing happenings.
- ❑ Residents should return trash receptacles and recycle bins to the home after each pickup.
- ❑ Residents who are interested in using the Community Center for a personal function can call 738-8275 to make a reservation.

CONSTRUCTION UPDATES

- ❑ Phase II activities have started in the Company Grade area with demolitions and asbestos abatement.
- ❑ To date, 211 homes have been completed.

Happy hour



Photo by SUSANNE KAPPLER

Comedian Bernie McGrenahan performs his "Happy Hour" comedy show Tuesday at the Solomon Center. McGrenahan, who 20 years ago spent six months in jail for driving under the influence, uses comedy to deliver his message about the dangers of high-risk drinking. The comedian performed several shows for Fort Jackson Soldiers and civilians this week.

ACS to unveil creed at Friday luncheon

By **CHRIS RASMUSSEN**
Fort Jackson Leader

Soldiers have a creed. As do Noncommissioned Officers and Army civilians. Now the installation's social services agency has developed a creed to motivate its employees and volunteers to better serve the Fort Jackson Community.

The team creed for Army Community Services, a social services agency on Fort Jackson for Soldiers and their families, will be unveiled to the installation during a luncheon noon, Friday at the Officers' Club.

"We are unveiling our creed to describe who we are and what ACS is all about," said Carla Atkinson, ACS director. "Everyone will have (a copy of the creed) at his or her desk to help keep the focus on the big picture of why we are here and what kind of services we offer."

ACS and Army Center for Enhanced Performance staff partnered to develop the creed and set goals for the department. The mission of ACEP is to develop the full potential of Soldiers, family members and DA civilians through a systematic process that uses mental strength.

"It started out as a team goal-setting process to say

these are the things that are important," said Ryan McCausland, ACEP site manager. "It began with input from managers and then went to all of the employees."

The creed, which includes photos of ACS clientele to better illustrate the center's mission, uses words such as commitment, communication, compassion and excellence to describe the staff that work at the center.

"We deal with problems every day, but we have to take a positive outlook," Atkinson said. "Sometimes the staff gets burned out, and they need some energy. This was an energy producer for our staff."

During the goal-setting process, Atkinson said the group established the goal of being the best ACS program in the Army, an annual award.

"We worked as a group to help lead us to being the best ACS in the Army," she said. "Everyone in ACS has had input into our creed."

ACS provides services to Soldiers and their families on family life issues such as special needs, financial problems and parenting. The task of training and recruiting volunteers for the entire installation also falls within the organization's scope.

While the creed outlines the staff's commitment to the

post community, ACS staff also realizes that getting the word out about the agency's programs is key to its success. That's where Elizabeth Maher, the new Outreach Program coordinator for ACS, comes in. Part of Maher's responsibilities include coming up with ways to ensure that the Fort Jackson community is aware of the post's ACS offerings.

"I know first-hand how challenging life can be for Army families," Maher said. "However, as Army families we have a responsibility to know and understand the programs and services that are available, to use those services, and if we have a problem or issue, we should also have an idea or suggestion for resolution."

Fort Jackson families can follow the outreach program on Twitter and Facebook. The program posts community events, ACS classes, informational meetings, motivational quotes and financial tips as well as answering questions and making referrals.

"The first step to self-reliance and belonging in the military community is to be informed," Maher said. "Information is empowering and there is no better way to access our information than Facebook and Twitter."

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Leader deadlines

Article submissions are due two weeks before publication.

For example, an article for the Jan. 20 Leader must be submitted by Jan. 6.

Announcement submissions are due one week before publication.

For example, an announcement for the Jan. 20 Leader must be submitted by Jan. 13.

Send your submissions to FJLeader@conus.army.mil.

For more information, call 751-7045.



Fort Jackson housing rate dips

By **KAREN PARRISH**
American Forces Press Service

WASHINGTON — Most military housing allowance rates will decrease slightly for 2011, but service members will receive, on average, as much or slightly more money than they did this year, Defense Department officials said today.

Cheryl Anne Woehr, housing allowance program analyst, said overall rates are fairly stable.

“On average, they’ll decrease about six-tenths of a percent,” she said.

The 2011 Basic Allowance for Housing rates take effect Jan. 1. A provision ensuring against rate decreases for service members already stationed at a location means Soldiers, Sailors, Airmen and Marines will receive an average 1.1 percent increase, Woehr said. That overall increase is “because of the effects of individual rate protection and the distribution of service members throughout the (United States),” she explained.

At Fort Jackson, the BAH rate for a staff sergeant with no dependents will be \$1,029, down from \$1,050 last year. A captain with dependents received \$1,611 last year, compared to \$1,584 this year.

Individual rate protection ensures that members who have made lease or contract commitments for housing aren’t penalized if an area’s costs decline. Any decreases



Leader file photo

Fort Jackson is among those areas where service members will receive slightly lower housing rates, according to recently released Department of Defense 2011 Basic Allowance for Housing charts.

apply only to members who move to a location after rates change. Even if housing allowance rates decrease over two or more years, military members stationed in the same location are assured their previous, higher rate, Woehr said.

“They receive the higher of what they

were paid Dec. 31, or the new rate,” she said. “If the rates go down one year, the service member receives the previous year’s rate. If the rates go down again, the service member would continue to get that year-one rate.”

The allowance covers housing costs for

service members living off military installations in the United States; those who live in government housing don’t receive the allowance.

Service members stationed overseas who live in private housing receive the overseas housing allowance. Rates for that allowance are reviewed at least every six months, defense finance officials said.

“The reality is, the BAH rates vary, and the changes in the rates vary across the country, with some housing areas decreasing as much as 8 percent and others increasing more than 10 percent,” Woehr said. “Rent is the largest component of the BAH rates, so that has the most influence on what rates do.”

The allowance rate is computed annually for each military housing area and is based on three factors: median current market rent; average utilities, including water and sewer, electricity and heating costs; and average renter’s insurance.

Total costs are assessed for six housing profiles, based on dwelling type and number of bedrooms, in each military housing area. Housing allowance rates are then determined for service members in each pay grade, with and without dependent family members.

The department will pay its more than 1 million active-duty service members an estimated \$19 billion in housing allowance over 2011.

171st leads installation in re-enlisting Soldiers

Continued from Page 1

“I attribute our success to the command climate. It is outstanding,” said Master Sgt. David Shannon, senior career counselor for the 171st Infantry Brigade. “Our Soldiers are re-enlisting because of their job satisfaction, camaraderie among their peers, an outstanding benefits package and, of course, guaranteed employment.”

The Blackhawks have won the award for four consecutive years.

“We are not as concerned about stats as we are taking care of Soldiers and meeting their needs,” Shannon said. “We treat Soldiers as individuals, not numbers.”

The 165th Infantry Brigade placed second in retention on the installation at 125 percent, and the 193rd Infantry Brigade placed third at 124 percent.

Eighteen Soldiers re-enlisted during the luncheon, including Spc. Thalia Johnson, an assistant in the Drill Sergeant School personnel office.

“I was due to ETS next year and I decided to re-enlist because the Army provides so well for my family,” Johnson said. “Plus, I love my job so much as an S1.”

Maj. Gen. James Milano, Fort Jackson commanding general, led the re-enlistment ceremony.

“They have about 120 years of experience that we are keeping in the Army,” Milano said. “The Army Chief of Staff’s No. 1 objective is to preserve the all-volunteer force. It is vitally important that we retain good, quality people in the Army. Nobody does that better in TRADOC than Fort Jackson.”

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Photo by JAMES ARROWOOD, Command photographer

Maj. Gen. James Milano, Fort Jackson’s commanding general, left, presents Col. George Donovan, 171st Infantry Brigade commander, with the Top Producer award for re-enlistment during an awards luncheon Friday at the Officers’ Club. Also pictured are, from left, 171st Inf. Bde. Command Sgt. Maj. William Huffin, Master Sgt. David Shannon, 171st Inf. Bde. senior career counselor, Post Command Sgt. Maj. Brian Stall, and Sgt. Maj. Jacqueline Lloyd, command career counselor.

Reserve event honors state's fallen

Gold star families share memories

By SGT. 1ST CLASS MARK BELL
81st Regional Support Command

Instead of exchanging gifts, several dozen families shared memories of their fallen Soldiers during the second annual Survivor Outreach Services holiday gathering Dec. 11 at the 81st Regional Support Command headquarters building.

Sponsored by the Army Reserve's SOS coordinators and hosted by Maj. Gen. Bill Gerety, the Wildcat's commanding general, Gold Star families from the Army, Army Reserve and the South Carolina Army National Guard gathered here to remember their loved ones and to share their personal triumphs and defeats of losing an integral part of their family.

"It's an honor to be here with you today," Gerety told the families during a small ceremony. "I want each of you to know that the Army does care and has not forgotten you or your loved ones who have given the ultimate sacrifice."

From Myrtle Beach to Greenville, families arrived from all parts of South Carolina to spend nearly four hours celebrating and remembering those who will be absent during the upcoming holiday season.

Army Reserve SOS coordinator Megan McCullough said one of the key points of the event was to bring survivors together during the holiday season.

"We want them to be around others who know what they are going through," she said. "The number one thing we want them to know is that each person here understands they are never not part of the Army family."

McCullough said she hopes each survivor understands that the Army is here for him or her as long as he or she desires and that he or she is never alone.

Eighteen-year-old Greenville native Susannah Preacher lost her brother Sgt. Matthew Preacher Jan. 26, 2009. Spending her second holiday season without him is difficult, she said, but attending events like the holiday gathering helps her connect with others in her same situation.

"To know what I have been through, it helps me because I know others have been through it," Preacher said. "I can go enjoy myself with other people and not worry about my brother's death for just a moment."

Preacher came to the gathering with her sister, Elisabeth Preacher, 22, and her mother Rebecca Hopper to connect with other surviving families in South Carolina.

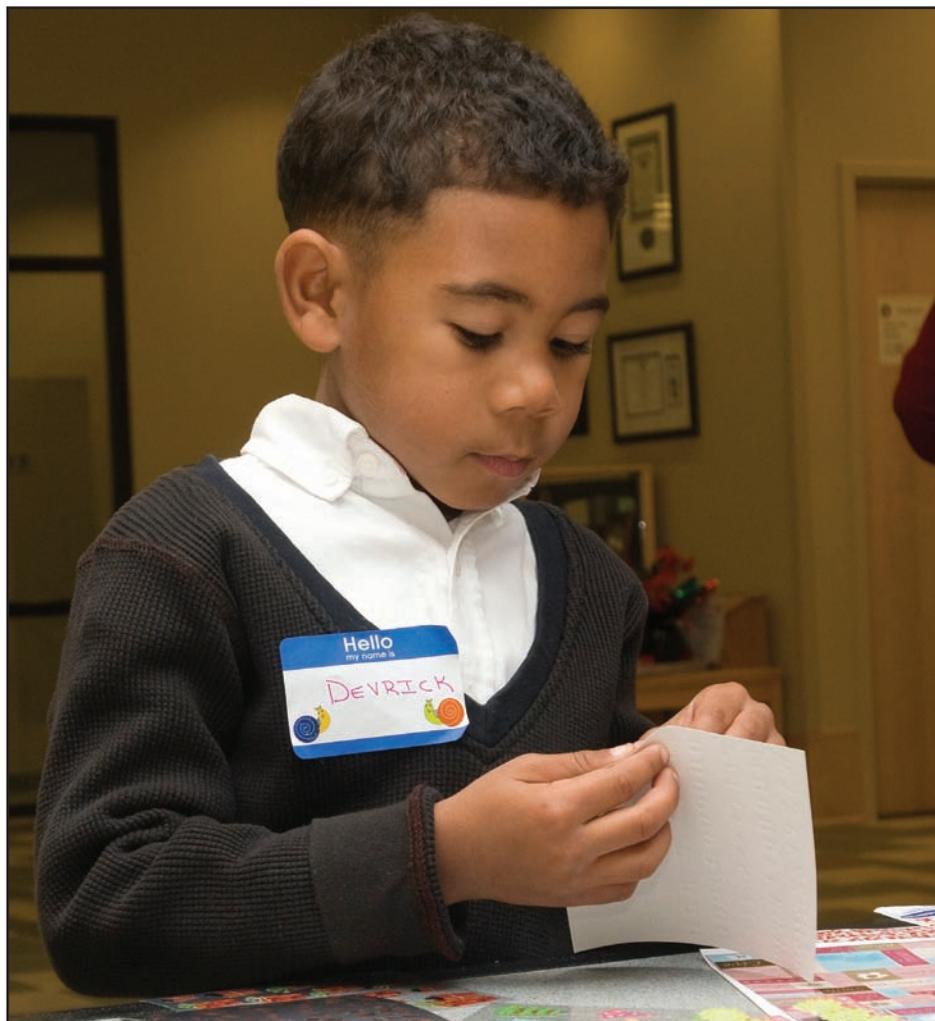
Preacher said one thing she has learned during the past two years is that the Army does care about the families left behind.

"I think the Army really cares about its Soldiers who have passed away, and goes the extra (mile) to help (the) families left



Photos by SGT. 1ST CLASS MARK BELL, 81st RSC

Ashley Young, center, S.C. Army National Guard Survivor Outreach Services coordinator, helps a Gold Star family put together a scrapbook of Staff Sgt. Brian Canupp during the SOS holiday gathering last week.



Devrick Phillips, 6, sorts through stickers to add to a scrapbook of his uncle, Staff Sgt. Ronald Phillips, who died Sept. 25, 2008.

behind," she said. "I really like events like this because my sister and I are able to meet other people our age that may have lost

someone, too."

Taking care of the Army family has always been a number one priority for the

Fort Jackson garrison commander's wife, Leslie Love.

Love spent several hours talking with wives, husbands, brothers, sisters and other loved ones of fallen Soldiers during the gathering.

Love's husband, Col. James Love, commanded the 1st Squadron, 10th Cavalry Regiment as they served a combat tour in Iraq from 2005 to 2006.

"These families will always be a part of my family," she said. "They have, and will continue to give the ultimate sacrifice for our country. I could never imagine or understand their pain, but I am humbled by their spirit to move forward."

Love said she remembers the pain and suffering on the faces of those widows who were notified of their Soldiers' deaths during her husband's deployment more than five years ago.

"I will never forget those ladies," she said. "They are true American heroes, and I still keep in contact with many of them — and call them my friends — today."

From the combat operations in Iraq to the day-to-day business of taking care of young Soldiers on Fort Jackson, Love said the Army is an amazing organization that never ceases to open her eyes each day to a brighter future.

"We must honor and support these Gold Star families," she said. "They deserve to shine in a time of sadness. It doesn't matter if they are active component, Army Reserve or Army National Guard, they all wear the American flag on their right shoulder which stands for a freedom others dream to have."

Event takes commanders back in time

Staff ride provides post senior leaders lessons in war

By **KAREN SOULE**
Fort Jackson Public Affairs Officer

Senior leaders from Fort Jackson traveled more than 300 miles up the road and almost 150 years back in time to learn an important lesson about war: Human factors often determine battlefield outcomes.

Fifteen brigade and battalion commanders, accompanied by the commanding general, deputy commanding officer and chief of staff, traveled to Chattanooga, Tenn., Dec. 6, on a two-day professional development staff ride.

The group visited the site of the Civil War Battle of Chickamauga, which took place Sep. 18-20, 1863.

Dr. Glenn Robertson, director of the Combat Studies Institute, Fort Leavenworth, Kan., and Dr. Curtis King, also with CSI, served as staff ride instructors.

“We believe that some factors in the outcome of battles do not change over the centuries,” Robertson said. “Some of those factors can be characterized under the general grouping of principles of war. Others can be characterized as human factors, such as courage, fear, fatigue, and the interpersonal relationships among commanders.

“This latter group of factors, I believe, is often the most important of all. Because these factors are timeless and universal, they can be studied in any battle in any century,” he said.

Maj. Gen. James Milano, Fort Jackson commanding general, stressed the importance of the staff ride.

“This was an invaluable experience, especially for our battalion commanders,” Milano said. “I believe all of the commanders on the staff ride have personally experienced how personalities and environmental factors influence decision-making in war, but by understanding each Chickamauga commander’s story, and knowing the scenario and outcome of each battle, we all had a better appreciation for the power of human factors in war.”

Each of the 12 battalion commanders in the group played the role of a Civil War general. Robertson and King set the stage by describing the scenario at the various battle sites. Each general’s personal story was told through a participant.

Lt. Col. Scott Heintzelman, Victory University director, who played the part of Gen. Braxton Bragg, commander of the Confederate Army of Tennessee, said that playing the role of a commander forces one to see the battlefield from that perspective, and enables that person to better analyze the decisions based on the available information.

“Without this kind of view, it is easy to



Photos by **KAREN SOULE**

Staff ride participants view locations of the primary skirmishes on a map of the Civil War Battle of Chickamauga battle site at the Chickamauga National Battle Park Visitors' Center in Chattanooga, Tenn., Dec. 7.



Dr. Curtis King, left, Combat Studies Institute, reads a quote from historical documents about the Civil War Battle of Chickamauga while Lt. Col. Rick MacDermott, 4-10th commander, holds a map of the battle site.

find fault in the decisions they made when you have perfect information and already know the outcome,” Heintzelman said.

Robertson used a wiring diagram as an illustration to further explain the human factor.

“There is the wiring diagram way of looking at how things work, and then there is the actual and seldom overtly stated way things get done, which involves interpersonal relationships. We are all human be-

ings, with all the good and bad that that entails, and are not blocks that respond unthinkingly and automatically,” Robertson explained.

The Chickamauga scenario provides many teachable moments on the field, he said, and participants take different insights from the experience.

For Lt. Col. Rick MacDermott, commander of the 4th Battalion, 10th Infantry Regiment, the human factor was a lesson

learned.

“Battles are a contest of wills. While the weapons change, the essence and nature of conflict do not,” MacDermott said. “By studying the battles of the past, we can learn a great deal about leadership and the human factor that so often makes a difference in the outcome.”

The importance of being fully engaged as a leader stood out as a valuable lesson for Heintzelman.

“You can’t just issue orders in writing and send them out by courier; you have to walk the ground, see the situation for yourself, and take feedback from subordinates. Senior leadership in war is all about decision-making, and you can’t make the best decisions without having good situational understanding of the battlefield.”

Educating leaders to better understand the battlefield is just one of the many services provided by institute. According to the Handbook to the Battle of Chickamauga, because of the size of the forces involved and difficulty of terrain, this campaign raises many challenging teaching points, therefore making it an excellent staff ride.

“Dr. Robertson and Dr. King made the staff ride come alive for each one of us,” Milano said. “Their vast experience in conducting staff rides and the depth of their knowledge of this battle site, in particular, were incredible. No one could walk away from this experience without a better understanding of the complexity of war.”

News and Notes

MACH CLOSING FOR EXERCISE

Moncrief Army Community Hospital will be closed from 8 to 10 a.m., Tuesday, for a force protection exercise. All services will continue once the exercise is complete. Call 751-2291 for more information.

VETERANS AFFAIRS ISSUES WARNING

The Department of Veterans Affairs has issued a warning regarding an organization called Veterans Affairs Services that is providing benefit and general VA information and gathering personal information on veterans. Veterans should be aware that the group has no affiliation with or endorsement from the VA.

DECA SCHOLARSHIP ANNOUNCED

The 2011 Scholarships for Military Children program is now available in commissaries worldwide and also online at www.commissaries.com. Choose the "News & Info" tab, then the "Scholarship info" tab. Applications are also available at www.militaryscholar.org.



Dec. 17 — 4 p.m.
A Christmas Carol PG

Dec. 17 — 7 p.m.
Megamind PG

Dec. 24 — 4 p.m.
For Colored Girls R

Dec. 26 — 6 p.m.
Morning Glory PG-13

Fort Jackson Reel Time Theater
(803) 751-7488

Ticket admission
Adults: \$4.50
Children (12 and younger) \$2.25

Visit www.aafes.com for listings.

Happy
Holidays!

DoD expands child care options in communities

By **ELAINE WILSON**
American Forces Press Service

WASHINGTON — The Defense Department will launch an initiative early next year aimed at expanding the quality and quantity of community-based child care options for geographically dispersed reserve and active-duty families and for families facing long waits for on-post care.

Through the initiative, DoD will work with federal agencies, state officials and child care centers and programs to raise the quality of care within communities, which should translate to an increased child care capacity for military families, Barbara Thompson, director of the Pentagon's Office of Family Policy/Children and Youth, said.

"We know child care is a work force issue," Thompson said. It's vital "not just for our deployed service members, but for our service members who are here working long shifts, that they know their children are taken care of, that they are in a high-quality, developmentally appropriate, nurturing environment."

The initiative will be introduced as a two-year pilot program in 13 states that share the same "quest for quality" as the DoD, she said.

The initiative has been in the works for several years, Thompson said, and arose out of an evident need. When seeking more child care options for National Guard and Reserve families, DoD officials conducted an analysis of the quality of licensing requirements across the nation and found a lack of nationally accredited care and some "frightening" standards," she said.

According to the National Association of Child Care Resource and Referral Agencies, just 8 to 10 percent of state child development facilities are accredited. Within the DoD, however, 98 percent of DoD child development programs are accredited.

"It's very hard for us to connect a military family with a program that we know is not developmentally appropriate and is not high quality," Thompson said. "We know how much it influences the well-being of children."

A lack of community-based care particularly impacts Guard and Reserve families, who typically are geographically separated from on-post care centers.

"We have three things we know are



Photo by **CHRIS BERRY**, Special to the Leader

DoD will launch an initiative next year to expand off-post child care options for military families. The program aims to enhance the availability, affordability and quality of child care.

critical: availability, affordability and quality," Thompson said.

Through the initiative, DoD officials will share lessons learned from the military child care system and also offer states support to improve the quality of the child care standards and oversight, she said.

The department will leverage its Joint Family Support Assistance Program teams — which include a child and youth behavior specialist and Military OneSource consultant — as one of many state partners interested in improving quality.

The department also will hire a state child care liaison who will work with state agencies, the state's Early Childhood Council, Health and Human Services,

Head Start and the licensing bureau. The liaisons also will help to identify providers — including schools, recreation programs and home-based care programs — willing to take the steps needed to improve their quality. From there, the department will provide technical and training assistance, Thompson said.

By doing so, there's an added benefit. Care not only is improved for military families, but for all children within the program, she said.

Those programs that meet the DoD's standards will be added to the list of approved providers, and the department will buy down the cost of care for military families.

Officials will track quality improve-

ments through an evaluation of child care licensing standards and the state quality rating and improvement system, Thompson said. Once the two-year pilot program is over, officials will evaluate its success and lessons learned, she said.

Officials had specific criteria in mind when selecting the 13 states for the pilot program, Thompson said. They chose some states based on the lack of an active-duty installation, such as Vermont and Indiana, and others for their deployment impact and existing quality improvement rating systems, she said.

The 13 states selected to participate are Alaska, California, Colorado, Delaware, Florida, Indiana, Kansas, Kentucky, North Carolina, Texas, Virginia, Vermont and Washington.

The initiative marks an extensive effort on DoD's part, Thompson noted. Officials conducted research to determine the most important quality indicators and to make sure they fully understood each state's licensing requirement, she said, and also had to develop a rating system that would work in a civilian community.

Officials also worked in collaboration with the Health and Human Services, Education and Agriculture departments.

"They opened a lot of very important doors for us," she said.

Thompson hopes the initiative will have a positive impact, not only for military families, but the nation as a whole.

"We're hoping to increase the availability of quality child care for our military members and also help the United States in its endeavor to improve quality in early childhood environments across the nation," she said.

ACS offers invaluable community programs

Continued from Page 2

also take advantage of programs that help them meet longer-term goals. If clients need specialized assistance, these staff members will make sure they see the right person and will follow up until they have gotten the help they need.



Another idea is to decentralize service delivery locations. ACS will continue to deliver services in traditional ACS centers, but it will also move out to units, in/out processing centers, post exchanges, commissaries, Soldier Readiness Processing sites, community centers, off-post locations—wherever ACS is needed to support Soldiers and families in their communities.

In addition, ACS will increase its delivery of services online through Army OneSource (www.myArmyOneSource.com), to reach all Soldiers and family members regardless of location or component.

We will continue to seek feedback on these and other proposed changes during focus groups I will hold during my upcoming visits to installations. I want to hear from you, Soldiers and family members, about what will work for you, and from your leaders about how to enhance ACS support. Once you have helped us refine our thinking, we will use

your input to design pilot programs at five installations. The pilot programs will run from April to October 2011.

The intent behind the proposals — and behind any change ultimately made permanent — is to ensure that Soldiers and family members can find the right service at the right time, the first time they seek assistance. There is no wrong door for accessing ACS services. No matter whom Soldiers and family members talk with, or where they seek services, they have come to the right place. ACS is there for them now, when they are dealing with today's concern, and tomorrow, as they pursue long-term personal goals.

ACS is, by no means, the only organization on an installation providing services and programs that contribute to the quality of life for Soldiers and families, but it is often the first place Soldiers and families look. So it is a natural place for the IMCOM community to look to as well, as we continually seek ways to make the delivery of services as effective as possible.

The work of ACS and other quality-of-life service providers is highly visible, tangible proof that the Army is delivering on the promises of the Army Family Covenant. Because of the importance of those promises, we in the Installation Management Community take our responsibility for the delivery of services very seriously.

We are committed to providing a strong, supportive environment. The long-term strength of our all-volunteer Army depends on the well-being of Soldiers and families, but more than that, we owe it to our Soldiers and families, for their on-going service and dedication.

“Like” Fort Jackson on Facebook by logging into Facebook and searching for the Fort Jackson Leader.



Follow the Fort Jackson Leader on Twitter at <http://twitter.com/FortJackson-PAO>

LETTERS 

The Leader welcomes letters for verification purposes. The Leader reserves the right to edit letters for grammar, style, spelling and brevity. Send your letter to FJLeader@conus.army.mil.

Winning essay honors drill sergeant's spouse

Editor's note: Esther Edwards will be presented today with a \$2,000 award as the grand prize winner of the AAFES Patriot Family Connection “My Hero” contest. Her winning essay is printed below in its entirety.

What is a crusader? A superhero? A revolutionary? Or is it someone who realizes a need and meets it?

My hero is an inspiration, for she took action against the isolation many military wives experience, and vigorously pursued a solution that has united many women here at Fort Jackson. My hero is a drill sergeant's wife who moved here two years ago. When she arrived she saw lonely, discouraged and isolated women disconnected from possibilities of friendship.

Eleanor Roosevelt said, “It takes just as much energy to wish as to plan,” and my hero spent no time wishing and simply began inviting women over for dinners and her famous late-night “fireside chats.”

The response was overwhelming; so many women began attending, she ran out of room in her house! She went to the chaplains to seek space to run a ministry for drill sergeants' wives and all permanent party spouses here. She developed A.T. E.A.S.E. — Attending To Ev-

COMMENTARY

By **ESTHER EDWARDS**
Fort Jackson family member



ery Army Spouse Exclusively — and the group has grown to connect countless military spouses. She and her staff creatively decorate, plan activities, reserve child care and connect wives of our Soldiers. A.T. E.A.S.E. has become a place to forget the frustrations of military life, have some fun with our Army sisters, and care for other wives and families while simultaneously receiving loving care.

My hero has endurance, perseverance, talent, creativity and has done all this while running her home single-handedly with five children! She cares, organizes, promotes, encourages, loves and acts on behalf of Fort Jackson women.

You may know her as Tiffany Moss, but to me, she's



Courtesy photo

Tiffany Moss, shown here with her family, which was recently named Fort Jackson's Family of the Year, inspired Esther Edwards' “My Hero” essay.

my hero. Tiffany, I can't thank you enough for pulling all of us together as sisters, you have made Fort Jackson a better place with your dedication, love, and persistence.

Saluting this Basic Combat Training cycle's honorees

DRILL SERGEANTS OF THE CYCLE



Staff Sgt. Carlos Roman
Company A
2nd Battalion,
13th Infantry Regiment

SOLDIER LEADER OF THE CYCLE
Spc. Ramon Espailat

SOLDIER OF THE CYCLE
Spc. Kevin Doherty

HIGH APFT SCORE
Spc. Jesse Jones

HIGH BRM
Pvt. Dorin Melinte



Staff Sgt. Jason Hensley
Company B
2nd Battalion,
13th Infantry Regiment

SOLDIER LEADER OF THE CYCLE
Spc. Clayton Dowd

SOLDIER OF THE CYCLE
Pvt. Steven Ray

HIGH APFT SCORE
Pvt. Shenika Comma

HIGH BRM
Spc. Kelley Corbett
Spc. Clayton Dowd



Staff Sgt. Rachel Harris
Company C
2nd Battalion,
13th Infantry Regiment

SOLDIER LEADER OF THE CYCLE
Spc. Vernita Fisher

SOLDIER OF THE CYCLE
Pfc. Cbance Brion

HIGH APFT SCORE
Pvt. Jhonny Alvarado

HIGH BRM
Pfc. Mitchell Cooke



Staff Sgt. Garry Mattingly
Company D
2nd Battalion,
13th Infantry Regiment

SOLDIER LEADER OF THE CYCLE
Spc. Geoffrey Pennington

SOLDIER OF THE CYCLE
Pfc. Lauren Barnes

HIGH APFT SCORE
Pvt. Russell Dunlap

HIGH BRM
Spc. Riley Littler



Staff Sgt. Jeremy Newman
Company F
2nd Battalion,
13th Infantry Regiment

SOLDIER LEADER OF THE CYCLE
Spc. Scott Drake

SOLDIER OF THE CYCLE
Pfc. Thomas Patterson

HIGH APFT SCORE
Spc. Luis Ortiz Rodriguez

HIGH BRM
Spc. Kyle Valway

SUPPORT AWARDS OF THE CYCLE

STAFF SUPPORT
Spc. Gary Caple

TRAINING SUPPORT
Spc. Angelique Maldonato

DFAC SUPPORT
Tracey Porterfield

Training honors



2nd Lt. Megan Caldwell-Meeks
Distinguished honor graduate
Adjutant General School,
Basic Officer
Leadership Course



Safety standard upheld



Photo by KAREN SOULE, Public Affairs Officer

Lt. Col. Quincy Norman, 1st Battalion, 34th Infantry Regiment commander, stands in front of his unit's company commanders and first sergeants as they display U.S. Army Safety Streamers on the company guidons outside of the Solomon Center. A safety streamer is awarded to organizations that have completed 12 consecutive months with no Soldier or unit Class A or Class B accidents, 100 percent completion of both Composite Risk Management training and the Army Readiness Assessment Program.

ACS Calendar of Events — January

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>☐ English as a second language class — 9 to 11:30 a.m.; Strom Thurmond Building, Room 222</p>	<p>4</p> <p>☐ Inprocessing brief — 7:30 to 8 a.m.; Strom Thurmond Building, Room 222 ☐ EFMP family night out — 5 p.m.; Chick-fil-A, Decker Boulevard</p>	<p>5</p> <p>☐ Scholarship seminar for military family members — 9 to 10 a.m., Strom Thurmond Building, Room 222 ☐ Post newcomer orientation/tour — 9 to 11:30 a.m.; Post Conference Room ☐ Phase II LEVY brief — 2:30 to 3:30 p.m.; Strom Thurmond Building, Room 213</p>	<p>6</p> <p>☐ Inprocessing brief — 7:30 to 8 a.m.; Strom Thurmond Building, Room 222 ☐ AER commander's referral class — 9 to 10:30 a.m.; ACAP Education Center ☐ Instructor-led intro to MS Excel — 9 a.m. to noon, call 751-4862 for location ☐ Fatherhood initiative — 10 to 11:30 a.m.; Dozier Hall ☐ English as a second language conversational — 12:30 to 2 p.m.; Strom Thurmond Building, Room 222 ☐ EFMP Bouncerific — 4:30 to 6:30 p.m.; 921 Longtown Road; call 751-5256 to RSVP</p>	<p>7</p>
<p>10</p> <p>☐ English as a second language class — 9 to 11:30 a.m.; Strom Thurmond Building, Room 222 ☐ FRG basic training class — 9 a.m. to 4 p.m.; Family Readiness Center</p>	<p>11</p> <p>☐ Inprocessing brief — 7:30 to 8 a.m.; Strom Thurmond Building, Room 222 ☐ Fort Jackson spouses forum — 9 to 11:30 a.m.; Family Readiness Center ☐ Steps to federal employment — 9 a.m. to noon; Strom Thurmond Building, Room 222 ☐ Baby Basics workshop — 10 a.m. to 3 p.m.; For more information, call 751-6304/1071/6868 ☐ EFMP family night at EdVenture Children's Museum — 5 p.m., 211 Gervais St., \$1 entrance fee</p>	<p>12</p> <p>☐ Job searching strategies — 8:30 to 11:30 a.m.; Strom Thurmond Building, Room 222 ☐ Commanding general helping hand award — 9 a.m.; Post Conference Room ☐ ADD and ADHD workshop — 9 a.m. to 11 a.m.; Main Post Chapel; call 751-6150 to register ☐ Child safety: annual review — noon to 1 p.m.; Main Post Chapel ☐ Child safety 101 class — noon to 2 p.m.; Main Post Chapel; child abuse indication and reporting training for new staff</p>	<p>13</p> <p>☐ Inprocessing brief — 7:30 to 8 a.m.; Strom Thurmond Building, Room 222 ☐ Key caller training — 9 to 10:30 a.m.; Family Readiness Center ☐ Instructor-led intro to MS PowerPoint — 9 a.m. to noon, call 751-4862 for location ☐ Treasurer training — 10:30 to 11:30 a.m.; Family Readiness Center ☐ Stress management class — 11 a.m. to noon; Community Center ☐ English as a second language conversational — 12:30 to 2 p.m.; Strom Thurmond Building, Room 222 ☐ Community information exchange — 1 p.m.; Post Conference Room</p>	<p>14</p>
<p>17</p> <p>☐ Evening breastfeeding support group — 5:15 to 6:30 p.m., for more information, call 751-6304/1071/6868</p>	<p>18</p> <p>☐ Inprocessing brief — 7:30 to 8 a.m.; Strom Thurmond Building, Room 222 ☐ Starting and running a small business — 9 to 11:30 a.m.; ACAP Education Center, Room B-204; to register, call 751-4109/6062</p>	<p>19</p> <p>☐ Resume writing/interviewing skills workshop — 8:30 a.m. to noon; Strom Thurmond Building, Room 222 ☐ Financial readiness for first-term junior enlisted Soldiers — 8:30 a.m. to 4:30 p.m.; ACAP Education Center ☐ Sponsor a spouse — 9 to 10:30 a.m.; Family Readiness Center ☐ Scholarship seminar for military family members — 1 to 2 p.m., Strom Thurmond Building, Room 222 ☐ Phase II LEVY brief — 2:30 to 3:30 p.m.; Strom Thurmond Building, Room 213</p>	<p>20</p> <p>☐ Inprocessing brief — 7:30 to 8 a.m.; Strom Thurmond Building, Room 222 ☐ AFTB Level II (Day 1) — 8:30 a.m. to 3 p.m.; Family Readiness Center ☐ Financial planning for initial PCS move — 9 to 10:30 a.m.; ACAP Education Center ☐ Instructor-led intro to MS Word — 9 a.m. to noon, call 751-4862 for location ☐ Anger Management Class — 11 a.m. to noon; Community Center ☐ English as a second language conversational — 12:30 to 2 p.m.; Strom Thurmond Building, Room 222 ☐ Family integrated network — 6 to 8 p.m.; Family Readiness Center</p>	<p>21</p> <p>☐ AFTB Level II (Day 2) — 8:30 a.m. to 3 p.m.; Family Readiness Center</p>
<p>24</p> <p>☐ Commanders FRG leader seminar — 8 to 11 a.m.; Joe E. Mann Center ballroom ☐ English as a second language class — 9 to 11:30 a.m.; Strom Thurmond Building, Room 222</p>	<p>25</p> <p>☐ Inprocessing brief — 7:30 to 8 a.m.; Strom Thurmond Building, Room 222 ☐ Scholarship seminar for military family members — 9 to 10 a.m., Strom Thurmond Building, Room 222 ☐ 1-2-3- Magic: Effective discipline for children 2-12 workshop — 10 a.m. to 3 p.m.; call 751-6304/1071/6868 for more information ☐ Scholarship seminar for military family members — 1 to 2 p.m., Strom Thurmond Building, Room 222 ☐ EFMP bowling — 3:30 to 5 p.m., Century Lanes; call 751-5256 to register</p>	<p>26</p> <p>☐ Job searching strategies — 8:30 to 11:30 a.m.; Strom Thurmond Building, Room 222 ☐ Child safety: annual review — noon to 1 p.m.; Main Post Chapel ☐ Child safety 101 class — noon to 2 p.m.; Main Post Chapel; child abuse indication and reporting training for new staff</p>	<p>27</p> <p>☐ Inprocessing brief — 7:30 to 8 a.m.; Strom Thurmond Building, Room 222 ☐ How to conduct online job searches — 9 to 11:30 a.m.; call 751-4862 for more information ☐ Parent Power — 9 a.m. to 1 p.m.; Community Center; systematic training for effective parenting of teenagers ☐ English as a second language conversational — 12:30 to 2 p.m.; Strom Thurmond Building, Room 222</p>	<p>28</p> <p>☐ EFMP/NPSP clothing swap — 4 to 6 p.m.; Community Center</p>
<p>31</p> <p>☐ English as a second language class — 9 to 11:30 a.m.; Strom Thurmond Building, Room 222</p>				

All ACS classes require registration and are subject to change. For more information and to register, call 751-5256/4862/6325.

The Family Readiness Center is located at 3499 Daniel Circle.

The Community Center is located at 520 Brown Ave.

Calendar

Friday

G3/DPTMS bowling tournament

1 to 5 p.m., Century Lanes
For more information, call 751-3221.

Tuesday

Teen job information fair

11 a.m. to 2 p.m., Main Post Chapel
For more information, call 751-7706.

Monday, Dec. 27

Teen Career Exploration workshop

10 to 11:30 a.m., Strom Thurmond Building, Room 222. Open to all military dependent teens. For registration, call 751-4862.

Thursday, Jan. 6

Fort Jackson school board meeting

4 p.m., C.C. Pinckney Elementary School

Friday, Jan. 7

Float-in Movie — Jaws

4:30 to 7 p.m., Knight Pool
For more information, call 751-3484.

Tuesday, Jan. 11

Fatherhood Program forum

10 to 11:30 a.m., Dozier Hall
For more information, call 751-6325

Single Soldier town hall meeting

6 p.m., location to be determined

Wednesday, Jan. 12

Helping Hands award

9 a.m., Post Conference Room

Attention Deficit Disorder workshop

9 to 11 a.m., Main Post Chapel
The workshop is presented by PRO-Parents of South Carolina.
For more information, or to register, call

800-759-4776 or 751-6150.

Martin Luther King luncheon

11:30 a.m., Solomon Center

Thursday, Jan. 13

Tobacco cessation class

3 to 4 p.m., Moncrief Army Community Hospital, staff conference room, third floor.

Monday, Jan. 24

Family Child Care orientation training

8 a.m. to 4 p.m. on Dec. 24-28 at the Joe E. Mann Center. Applications will be accepted until Jan. 18. For more information, call 751-6234.

Housing events

Through Dec. 21

Holiday decorating contest

Homes will be judged 3 p.m., Dec. 21.

Today

National Chocolate Covered Anything Day

3 p.m.
Enjoy chocolate fondue at the Community Center.

Tuesday

Crock-Pot recipe exchange

A slow cooker station will be set up in the Community Center. Cards featuring each recipe will be available. Tasting will begin at 3 p.m.

Friday, Dec. 24

Offices closed Christmas Eve

All events are held in the Community Center, 520 Brown Ave., unless otherwise specified. Call 738-8275 for information.

Announcements

MICC CLOSURE

The Fort Jackson Mission and Installation Contracting Command will be closed this afternoon. In case of an emergency requiring contracting support, call 381-4316 or e-mail Jeanette.W.Davis@us.army.mil.

MILITARY CHILD AWARD

Operation Homefront is accepting nominations for the Military Child of the Year award through Jan. 31. The winner for each service branch will receive \$5,000. Ideal candidates demonstrate resilience and strength of character, and thrive in the face of the challenges of military life. For more information, visit www.operationhomefront.net/mcoy.

COMMISSARY NEWS

The commissary will be open from 7:30 a.m. to 8 p.m., Monday and from 10 a.m. to 3 p.m., Dec. 24. It will be closed on Christmas and New Year's Day.

THRIFT SHOP UPDATES

The Thrift Shop will be closed Dec. 28 through Jan. 6. Before Christmas, Wednesday shoppers will have a chance to win a Christmas basket every hour from noon to 5 p.m. Organizations that want to request funds, should submit a welfare request form. The form should list the reason, number of people involved and what other sources for funding have been explored.

ARMY COMMUNITY SERVICES

Army Community Services will close at noon Friday, Dec. 23 and 30. It will be closed Dec. 24, 25, 31 and Jan. 1. An ACS caseworker will be available for

emergencies requiring Army Emergency Relief. Call 751-5256 or 800-337-3445 for AER assistance.

MONEY MATTERS CLASS

Money Matters, a Boys and Girls Club program for 14-18 year olds, meets 7:30 p.m. Wednesdays and 4 p.m. Saturdays at the Youth Services Center. The classes focus on budgeting, saving and planning for college. For more information, call 751-7706.

VA CASH BENEFITS

Pension-eligible veterans who require home care, assisted living or nursing home care may be eligible for VA Aid and Attendance and Housebound Benefit benefits. For more information, visit www.vb.va.gov/bln/21/pension/vetpen.htm#7 or e-mail va@oepp.sc.gov.

ACS ON SOCIAL MEDIA

Army Community Service now has a Facebook page and Twitter feed. Follow FtJacksonACS on Twitter or friend Ft Jackson ACS on Facebook.

Visit the community calendar at www.jackson.army.mil for a full listing of calendar events.

LEADER ANNOUNCEMENTS

Community announcements should be typed and no more than 45 words. All submissions may be edited to comply with *Leader* style and Public Affairs regulations. Send all submissions to FJLeader@conus.army.mil.

For information about classified advertising, contact Camden Media Co. at 432-6157. Classified ads may also be faxed to 432-7609.



Staying Army

Maj. Gen. James Milano, Fort Jackson's commanding general, congratulates 18 Soldiers following a re-enlistment ceremony Friday at the Officers' Club.

Photo by JAMES ARROWOOD, Command photographer



Photo by KRIS GONZALEZ

Alecia Porter, fitness instructor, teaches water aerobics during a Family and Morale, Welfare and Recreation Merry Fitness celebration Monday at Knight Pool. The event, which included healthy food, door prizes and 2 1/2 hours of multi-workouts, was hosted by FMWR fitness instructors.

Get fit with FMWR programs

By **THERESA O'HAGAN**
Family and MWR

Family and Morale, Welfare and Recreation is working to make it easy for Soldiers, civilians and family members to keep their New Year's Resolutions about getting fit, losing weight, becoming more active or adopting new healthy habits with its third Annual FMWR Fitness Challenge.

"All you have to do is become a member of our fitness program, if you aren't one already. Just \$20 a month gives you access to all fitness programs and support to keep you on track," Pam Greene, fitness programmer. "You can compete in one of three categories — fitness, weight loss or overall lifestyle change. The top finisher in each category will win a \$250 gift card."

The program starts Jan. 3 and runs through April 4.

The FMWR Fitness Program offers plenty of variety to keep motivation and results high.

In addition to numerous fitness

classes, the Fitness Department offers weekly fitness and nutritional lectures at the Post Library. Join in healthy eating with "Dining Out Without Pigg-ing Out," a monthly restaurant field trip. Try "Get Ripped" Circuit training at lunch time at Andy's Gym. Also available are "Fit to Read" — a monthly healthy living book club — and "Trailblazers," a monthly outdoor walking event.

In addition, water fitness classes are available at Knight Pool.

Calendars and more information can be found online at www.fortjacksonmwr.com under the Fitness Department and FMWR Health & Wellness links. The Fitness department is now on Facebook. Follow the Facebook link on the FMWR Fitness page on www.fortjacksonmwr.com.

PRESIDENTIAL PARTNERSHIP

Fort Jackson's FMWR Civilian Employee Wellness has partnered with the President's Challenge for Physical Fitness to encourage community members to "commit to getting fit."

"As a leader in wellness, I am encouraging employees to get on board and take this first step toward getting their health under control," said Greene. "With the holiday season right around the corner; this is a great time to begin a healthy program to help control typical weight gain over the holidays."

The holiday season doesn't have to mean weight gain, Greene said.

"I encourage (everyone) to focus on family, friends, physical activity and good food in moderation over the winter holidays," she said. "The President's Challenge is a great program to start and at this great time of the year. It's fun; it's easy, and it's free."

To enroll in the online program, participants must log in at: http://www.presidentschallenge.net/login/register_individual.aspx.

Those interested in participating can do so as an individual, or form an office group. Greene is available by appointment for those interested in an office briefing on the program.

Call 751-5768 or e-mail Pamela.greene1@us.army.mil for details.

FMWR calendar

TODAY

- ❑ Visit **Century Lanes** for food, fun and bowling.
- ❑ **Victory Bingo**, 2 to 11 p.m.
- ❑ Sleepy Storytime at the **Post Library**, 6:30 to 7 p.m. Come in pajamas and go home ready for bed.
- ❑ **Magruder's Pub and Club** happy hour, 4:30 to 7 p.m. Appetizers available while they last.

FRIDAY

- ❑ Visit the **Officers' Club**, 11 a.m. to 1:30 p.m. for the Blue Plate Specials.
- ❑ **Victory Bingo**, starts at 2 p.m.
- ❑ Dance to a variety of music provided by DJ Randall at **Magruder's Club**, 9 p.m. to 3 a.m. Magruder's Club is located in the back of Magruder's Pub. Cover charge is \$5 for civilians and \$3 for military. Be early for happy hour, 4:30 to 7 p.m. Appetizers are available, while supply lasts.
- ❑ Every Friday is Artistic Expression with Jake at 6:30 p.m. in the Teen Room at the **Youth Services Center**.

SATURDAY

- ❑ **Victory Bingo**, starts at 1 p.m.
- ❑ Step Team practice, 2 p.m., dance room at the **Youth Services Center**.
- ❑ Classic Soul Saturday, 9:30 p.m. to 2 a.m., Excalibur Room at the **NCO Club**. Cover charge is \$5 for civilians and \$3 for military.
- ❑ Buy one wing, get one free at **Magruder's Club and Pub**.

SUNDAY

- ❑ **Victory Bingo**, starts at 10 a.m.
- ❑ Visit the **Officers' Club**, 11 a.m. to 1:30 p.m. for Sunday brunch. Coat and tie are not required. Call 751-4906 or 782-8761.

MONDAY

- ❑ TRX Outdoors group fitness classes at the **Perez Tennis Court**. Call 751-5768 for more information.

WEDNESDAY

- ❑ Come to Morale Call starting at 8 p.m. in the NCO Club **Liberty Lounge** and pay no cover charge. Starting at 10 p.m., ladies specials begin in the ballroom during Working Women's Wednesdays.
- ❑ Victory Readers Club, 6 to 8 p.m., **Post Library**
- ❑ **4-H Club** meets 4 to 5 p.m. For grades 1-5. Call 751-1136 for information.

DECEMBER EDGE CLASSES

Last week of classes for the year

- ❑ **Gifts for the Whole Family** — 3:30 to 5 p.m., Thursdays, Balfour Beatty Community Center. For ages 9 to 16.
- ❑ **Not Bored with Board** — 3:30 to 5 p.m., Fridays, Balfour Beatty Community House. For ages 9 to 14. Play board game favorites in a tournament.
- ❑ **EDGE! Christmas in Camelot** — 3:30 to 5 p.m., Wednesdays, Post Library. For ages 6 to 10. Make holiday crafts.
- ❑ **Liquid Hoops** — 4 to 5:30 p.m., Mondays and Thursdays, Knight Pool. For ages 9 to 16.
- ❑ **Let 'er Roll! bowling** — 3:30 to 5 p.m., Tuesdays and Fridays, Century Lanes Bowling Center. For ages 10-18.

Don't let holiday stress get you down

By MAJ. THOMAS W. SHERBERT
Moncrief Army Community Hospital

People deal with stress every day. Having too many stressors increases a person's risk of illness or disease. Stressors are situations that trigger physical and emotional reactions. Here's how powerful stress can be:

❑ Stress can contribute to high blood pressure.

❑ Stress can lead to atherosclerosis (build-up of fatty material in the arteries, including those surrounding the heart).

❑ Stress may cause a decline in the body's immune system. Recognize the stress signals: pounding heart, grinding of teeth, dry mouth, stiff neck or aching

lower back

- ❑ Sleep disturbances
- ❑ Skin problems (hives, eczema, psoriasis)
- ❑ Gastrointestinal problems

(diarrhea, constipation, indigestion, queasy stomach)

Here are some stress busters to help manage stress:

1. Take a few deep breaths.

When a person is under stress, his or her breathing becomes rapid and shallow. This

causes a shortened supply of available oxygen (which contributes to muscle tension).

Inhale slowly and deeply through the nose and out of the mouth. Do this at least 10 times once a day.

2. Exercise regularly.

Exercising reduces anxiety. Someone who is physically fit can handle stressful situation

better than someone who is out of shape. Perform some form of moderate exercise

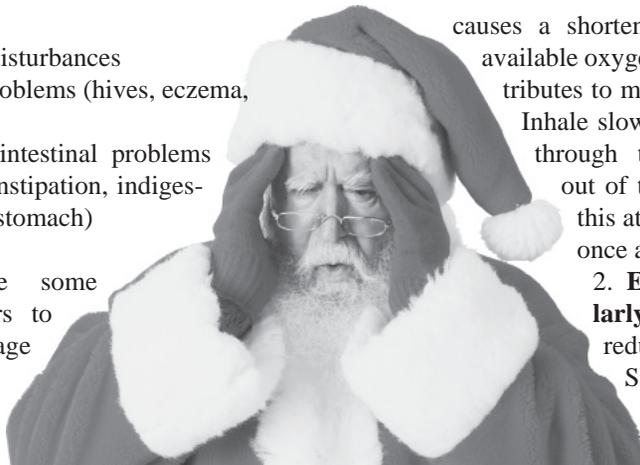
three to five days a week for at least 30 minutes.

3. **Eat right.** Eat regular well-balanced meals. Reduce caffeine and fat intake. High fat, sugar and cholesterol may provide quick energy boosts, but can equally lead to quick energy letdowns.

Complex carbohydrates provide long lasting energy. Ensure to eat at least five servings of fruits and vegetables each day. Invest in a juicer for an easy way to get your daily servings.

4. **Make time to relax.** Take 10-15 minutes at the end of your day to sit alone in quiet meditation

Contact Maj. Thomas Sherbert at 751-1704 for additional information on reducing stress.



Holiday travel easy with TRICARE

TRICARE Management Activity

The holiday season is here, which means travel time for many TRICARE beneficiaries. Holidays are a time to relax and enjoy, not to worry about a sudden illness or accident.

From minor stomach aches to potentially life-threatening allergic reactions, there is a whole range of illnesses that can dampen holiday travels. Beneficiaries traveling during the holidays should know they have the same comprehensive TRICARE benefits while traveling as they do at home.

To reduce the chance of health care problems while traveling, beneficiaries should see their doctors to take care of any regular office visits or treatment for ongoing conditions before leaving town.

TRICARE Prime beneficiaries get routine care from their primary care manager, while TRICARE Standard beneficiaries can go to any TRICARE-authorized provider. Regardless of the TRICARE plan, it's a good idea to get routine care before leaving home.

For urgent care while traveling, beneficiaries should contact their PCM for a referral or call their regional health care contractor for assistance before receiving care. For Prime beneficiaries,

failure to obtain a referral may cause care to be covered under the point-of-service option, which means higher costs. When using TRICARE Standard, beneficiaries can see any TRICARE-authorized provider.

If beneficiaries need emergency care while away from home, they should seek treatment immediately by calling 911 or going to the nearest hospital emergency room. Prime beneficiaries do not need prior authorization for emergency care, but they should notify their PCM within 24 hours or on the next business day so follow-up care can be coordinated. TRICARE Standard beneficiaries have no follow-up requirements after receiving emergency care.

Before traveling, TRICARE beneficiaries should make sure their Defense Enrollment Eligibility Reporting System information is accurate. For more information about DEERS and how to update DEERS records go to www.tricare.mil/DEERS or call 1-800-538-9552.

Beneficiaries who take prescription medicine should order refills before their trip. If it's necessary to get a refill on the road, the nearest network pharmacy in the U.S. can be found www.express-scripts.com/TRICARE/.

For more information about traveling with TRICARE, beneficiaries can go to www.tricare.mil or www.tricare.mil/contacts.

SEASONAL FLU VACCINATION INFORMATION

Seasonal flu shots are available to all eligible beneficiaries, 4 and older, 7 a.m. to 4 p.m., Tuesday through Friday, in Room 6-27, Moncrief Army Community Hospital.

No vaccinations will be given Dec. 24, 25, 27 or 31.

Children, newborns to 36 months, can receive vaccina-



tions on a walk-in or appointment basis at the Family Health Clinic. Call 751-2210 for more information. Other sites are as follows:

Commissary vaccinations: 10 a.m. to 1 p.m., Friday.

Solomon Center: 8 a.m. to 3:30 p.m., Monday; and 8 a.m. to 2 p.m., Saturday.

MACH updates

ONLINE BOOKING FOR MINORS

TRICARE Online now allows authorized family members to schedule, view and cancel appointments on behalf of themselves, other adult family members (who have granted access) and children younger than 18 through the TRICARE online booking appointments for minors feature. Access TBAM by logging onto www.tricareonline.com using DoD self-service logon or a Common Access Card.

MACH RETIREE ENROLLMENT

Retirees and their family members who are TRICARE Prime eligible can now enroll at Moncrief Army Community Hospital. Active-duty family members, retirees and retiree family members who want to enroll at MACH can visit the TRICARE Service Center on the 10th floor at MACH. For more information, call the Patient Services Office at 751-2425/0471/2778 or e-mail machptservices@amedd.army.mil.

OUTPROCESSING PROCEDURE

Soldiers must clear the Department of Behavioral Health prior to leaving the installation. Outprocessing hours are 2 to 3:30 p.m., Monday through Friday at MACH Room 10-71 or 10-103. For more information, call 751-2235.

Leader deadlines

Article submissions are due two weeks before publication.

For example, an article for the Jan. 20 Leader must be submitted by Jan. 6.

Announcement submissions are due

one week before publication.

For example, an announcement for the Jan. 20 Leader must be submitted by Jan. 13.

Send submissions to FJLeader

@conus.army.mil.

For more information, call 751-7045.



VICTORY BLOCK LEAVE WORSHIP SERVICE SCHEDULE

PROTESTANT

- Dec. 19
9 a.m. Gospel service, Post Theater
9:30 a.m. Main Post Chapel
11 a.m. Memorial Chapel
11 a.m. Chapel Next, Bayonet Chapel
- Dec. 26
9 a.m. Gospel service, Post Theater
9:30 a.m. Main Post Chapel
11 a.m. Memorial Chapel
- Jan. 2
9 a.m. Gospel service, Post Theater
9:30 a.m. Main Post Chapel
11 a.m. Memorial Chapel
11 a.m. Chapel Next, Bayonet Chapel

MASS

- Dec. 19
11 a.m. Main Post Chapel
- Dec. 20
11:30 a.m. Main Post Chapel
- Dec. 21
11:30 a.m. Main Post Chapel
- Dec. 22

- 11:30 a.m. Main Post Chapel
- Dec. 23
11:30 a.m. Main Post Chapel
- Dec. 24
11:59 p.m. Midnight Mass, Main Post Chapel
- Dec. 25
11 a.m. Main Post Chapel
- Dec. 26
11 a.m. Main Post Chapel
- Dec. 28
11 a.m. Main Post Chapel
- Dec. 29
11 a.m. Main Post Chapel
- Dec. 30
11 a.m. Main Post Chapel
- Dec. 31
5 p.m. Main Post Chapel
- Jan. 2
11 a.m. Main Post Chapel

ANGLICAN/LITURGICAL

- Dec. 19
8 a.m. Anderson Street Chapel
- Dec. 26
8 a.m. Anderson Street Chapel

- Jan. 2
8 a.m. Anderson Street Chapel

SPECIAL SERVICES

- Dec. 24
6 p.m. Candlelight Service, Main Post Chapel
- Dec. 25
10 a.m. Christmas Day Service (lessons and carols), Anderson Street Chapel
- Dec. 31
9 p.m. Watch Night Service, Magruder Chapel

The following services will not be conducted during Victory Block Leave: Church of Christ, Hispanic Protestant, Jewish, Latter Day Saints, Muslim.

The regular worship service schedule will resume Jan. 9.

ADDRESSES, PHONE NUMBERS

Anderson Street Chapel
2335 Anderson St., corner of Jackson Boulevard, 751-7032

- Bayonet Chapel**
9476 Kemper St., 751-6322/4542
- Daniel Circle Chapel**
3359 Daniel Circle, corner of Jackson Boulevard, 751-1297/4478
- Education Center**
4581 Scales Ave.
- Family Life Chapel**
4580 Scales Ave, corner of Strom Thurmond Boulevard (inside of Main Post Chapel), 751-5780
- Magruder Chapel**
4360 Magruder Ave., 751-3883
- Main Post Chapel**
4580 Scales Ave, corner of Strom Thurmond Boulevard, 751-6469/6681
- McCrary Chapel (SCARNG)**
3820 McCrary Road (located at McCrary Training Center)
- Memorial Chapel**
4470 Jackson Blvd., 751-7324
- Warrior Chapel (120th AG Bn.)**
1895 Washington St., 751-5086/7427
- Installation's Chaplain's Office**
4475 Gregg St., 751-3121/6318



PROTESTANT

- Sunday
9 a.m. McCrary Chapel (SCARNG), McCrary Training Center
9 a.m. Daniel Circle Chapel Gospel service, Post Theater
9:30 a.m. Hispanic, Solomon Center
9:30 a.m. Main Post Chapel
10:45 a.m. Sunday school, Main Post Chapel
11 a.m. Magruder Chapel
11 a.m. Memorial Chapel
11 a.m. Chapel Next, Bayonet Chapel
6 p.m. Transitions Christian service, Anderson Street Chapel
- Wednesday
6 p.m. Prayer service, Magruder Chapel

Protestant Bible Study

- Monday
7 p.m. Women's Bible study (PWOC), Main Post Chapel
- Tuesday
9:30 a.m. to noon Women's Bible study (PWOC), Main Post Chapel
- Wednesday

- 6 p.m. Gospel prayer service, Magruder Chapel
- 7 p.m. Gospel Bible study, Magruder Chapel
- 7 p.m. LDS scripture study, Anderson Street Chapel
- Saturday
8 a.m. Men's prayer breakfast (PMOC), Main Post Chapel (every second Saturday of the month in the activity room)

Protestant Youth of the Chapel

- Sunday
5 to 6:30 p.m. Club Beyond youth group, Main Post Chapel
- Saturday
11 a.m. Daniel Circle Chapel youth group, Dorn VA Hospital (first Saturday of each month)

CATHOLIC

- Monday through Friday
11:30 a.m. Mass, Main Post Chapel
- Sunday
9:30 a.m. CCD (September through May), Education Center
9:30 a.m. Religious ed class for adults (September through May), Main Post Chapel
9:30 a.m. Religious ed class for children (September through May), Main Post Chapel
10:30 a.m. Reconciliation (after Mass or by appointment), Main Post Chapel
11 a.m. Mass (Main Post Chapel)
12:30 a.m. Catholic youth ministry, Main Post Chapel
7 p.m. Women's scripture study, Main Post Chapel

- 8 p.m. Mass, McCrary Chapel (SCARNG), McCrary Training Center
- Wednesday
7 p.m. Rosary, Main Post Chapel
7:30 p.m. RCIA/Adult inquiry (September through May), Main Post Chapel
- Friday
11:30 a.m. Ladies of the parish, Main Post Chapel (first Friday of each month)

ANGLICAN/LITURGICAL

- Sunday
8 a.m. Anderson Street Chapel

ISLAMIC

- Sunday
8 to 10 a.m. Islamic studies, Main Post Chapel
- Friday
1 to 2 p.m. Jumah services, Main Post Chapel

JEWISH

- Sunday
9:30 to 10:30 a.m. Worship service, Memorial Chapel
10:30 to 11:30 a.m. Jewish book study, Post Conference Room

CHURCH OF CHRIST

- Sunday
11:30 a.m. Anderson Street Chapel

LATTER DAY SAINTS

- Sunday
9:30 to 11 a.m. Anderson Street Chapel
- Thursday
7 to 8 p.m. LDS scripture study, Anderson Street Chapel

ADDRESSES, PHONE NUMBERS

- Anderson Street Chapel**
2335 Anderson St., corner of Jackson Boulevard, 751-7032
- Bayonet Chapel**
9476 Kemper St., 751-6322/4542
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3359 Daniel Circle, corner of Jackson Boulevard, 751-1297/4478
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- Warrior Chapel (120th AG Bn.)**
1895 Washington St., 751-5086/7427
- Installation's Chaplain's Office**
4475 Gregg St., 751-3121/6318

Army still bowl bound

From Army Athletic Communications

Navy safety Wyatt Middleton returned a fumble 98 yards for a touchdown late in the game and was named the game's Most Valuable Player as Navy topped Army, 31-17, Saturday afternoon in front of more than 69,220 fans at Lincoln Financial Field in Philadelphia.

In the 111th meeting between service academy rivals, Middleton made the play of the game to help the Midshipmen to their ninth straight win in a series that dates back to 1890.

Despite the loss, Army head coach Rich Ellerson has guided the Black Knights to its first bowl since 1996. Ellerson is one of 10 finalists for the 2010 Liberty Mutual Coach of the Year Award.

Army's 6-6 record marks the program's most wins since 1996. The Black Knights accepted an invitation to the Bell Helicopter Armed Forces Bowl where they will face SMU Dec. 30 at Gerald J. Ford Stadium in Dallas.

An Army victory over the Mustangs would guarantee the program its first winning season since 1996 and make Ellerson the first Black Knights' head coach to win 12 games in his first two seasons since Tom Cahill won 16 games in 1966 and 1967.

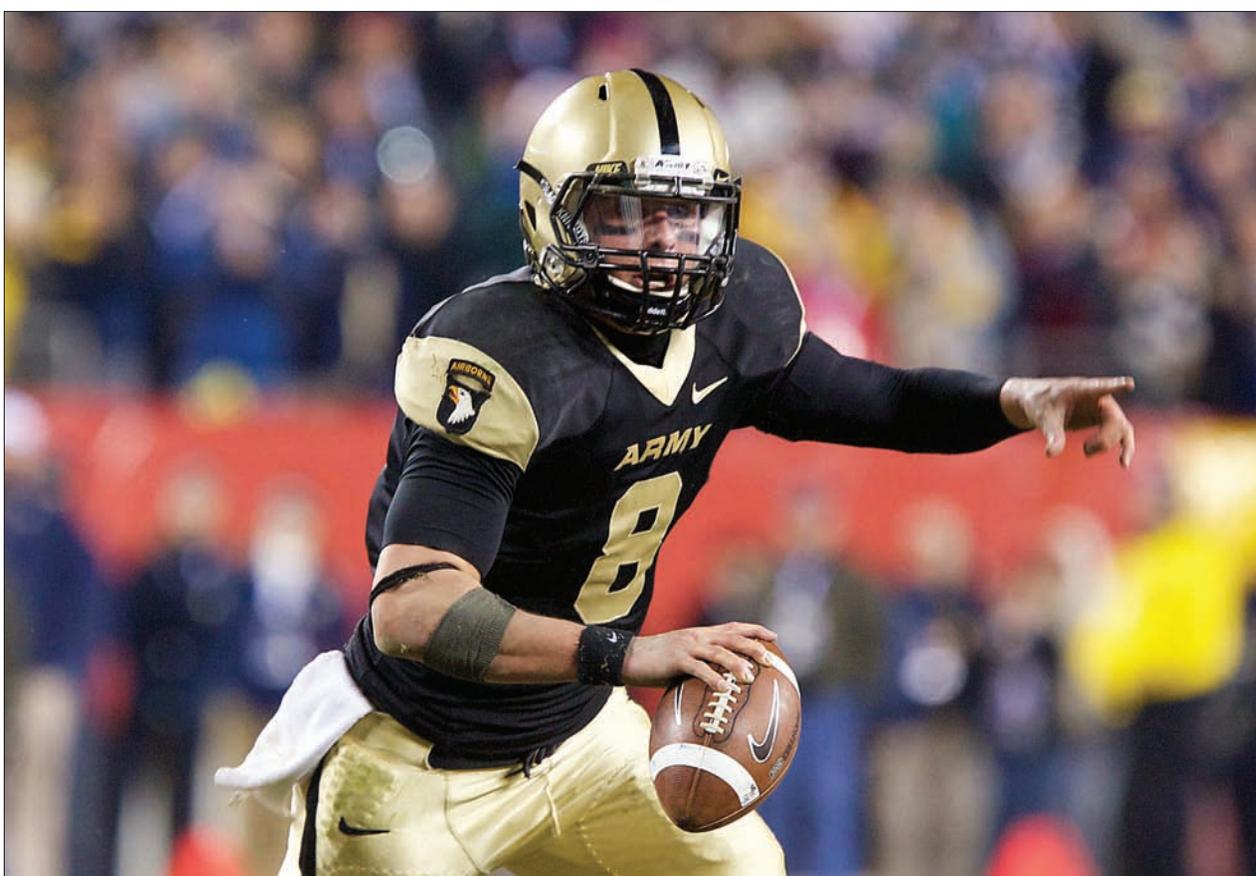


Photo by TOMMY GILLIGAN, West Point Public Affairs

Army's sophomore quarterback Trent Steelman looks up field toward junior wide receiver Davyd Brooks during third-quarter action of the 111th Army-Navy game Saturday in Philadelphia.



twitter

Follow the Leader on Twitter at www.twitter.com/fortjacksonpao for breaking news and updates.

Sports shorts

WINTER BASKETBALL

The winter basketball coaches' meeting is scheduled for 5 p.m., Jan. 5 at the Joe E. Mann Center. For more information, call 751-3096.

DARTS

Letters of intent for intramural and recreational darts are due to the Sports Office by 3 p.m., Jan. 19. For more information, call 751-3096.

FIRST RESPONDER

The following are incidents compiled from reports, complaints or information received from the Fort Jackson Provost Marshall Office.

The incidents reflected are not an adjudication attesting to the guilt or innocence of any person and are provided for informational and reflective purposes only.

Col. Ronald F. Taylor

Director,

Emergency Services/Provost Marshal

Sgt. Maj. Glen W. Wellman III

Provost Sergeant Major

Bill Forrester

Fire Chief

David Navarro

Police Chief

CASES OF THE WEEK

❑ A civilian was issued a one-year post bar letter in connection with the theft of two video games from the Post Exchange, Military Police said. The civilian was also charged with shoplifting. The stolen items were valued at \$100.

❑ A civilian was charged with failing to surrender a driver's license, failing to surrender suspended license plates, driving with an expired registration and driving with a suspended driver's license after being stopped for using a cell phone while driving, for which she was also charged,



MPs said. Using a cell phone without an approved hands-free device is prohibited on post.

❑ A civilian employee was cited with failing to register a vehicle after attempting to enter the installation without a vehicle decal, MPs said. Those who work and live on post are required to register their vehicles on the installation.

TIP OF THE WEEK

During the holiday season, leaders with the Directorate of Emergency Services are reminding Soldiers, civilians and family members to maintain situational awareness during the holidays, especially those who are traveling or attending large public gatherings.

Follow these simple holiday safety tips:

❑ Promptly report suspicious people, vehicles, and crimes to the Provost Marshal's Office, local law enforcement office or Sheriff's Department.

❑ Travel with someone, if possible.
❑ Don't drink and drive; if you drink, do so reasonably, and have a designated driver.

Shopping tips:

When people are in a hurry, it is easy to forget simple safety tips and actions, such as locking vehicles or being aware of our surroundings. Keep in mind that criminals are always looking for opportunities when a person's guard is down. Be sure to:

- ❑ Park in well-lit areas and seek out populated areas to shop.
- ❑ Never leave items in a vehicle in plain view when the car is left unattended. Always take the extra time to ensure the vehicle is locked.
- ❑ Safeguard handbags or wallets and protect credit or debit cards by always placing them immediately back in their place after use.
- ❑ Shield the key pad with your body or hands when inputting the PIN to prevent others from seeing it.

Charitable Donation Tips

- ❑ If solicited by an individual, don't give cash; offer to buy the person food or something to drink, or refer them to a local assistance resource.
- ❑ If solicited by an unfamiliar organized charity, ask for literature; any repu-

table organization will be glad to provide material or a web address.

❑ To avoid telephone solicitation to the extent possible, sign up for the "National Do-Not Call List" www.donotcall.gov.

❑ Those who are already on the list and are still solicited by telephone, simply hang up.

❑ Those who choose to speak to the solicitor, should not give out credit card numbers or personal information not listed in the directory. Also, do not allow the organization to come to your home until you are certain of its reliability. Instead, ask that information be sent so you can make an informed decision and mail in a donation.

❑ With the exception of local organization, door-to-door sales are often fraudulent, and should be viewed with skepticism.

❑ If it sounds too good to be true, it usually is.

Taking these little extra steps during the holiday season will help ensure that it is truly a safe and happy holiday.

crimestoppers
1-888-559-TIPS
www.midlandscrimestoppers.com