



Event focuses on safety, community

PAGE 3

Installation to host Run for the Fallen

PAGE 4



Soldiers, dogs team up to serve

PAGE 9

INDEX

| | | | |
|-------------|-------|----------------|-------|
| Commanders | 2 | FMWR | 19 |
| News | 3-10 | In Focus | 20,21 |
| Up Close | 11 | Health | 22 |
| Around Post | 16,17 | Police/Legal | 28 |
| Happenings | 18 | Fitness/Sports | 32 |

The Fort Jackson
Leader



Thursday, August 11, 2011

Published for the Fort Jackson/Columbia, S.C. Community

www.jackson.army.mil

Back to school

Changes on tap as school year begins

By CURSHA PIERCE-LUNDERMAN
Fort Jackson Leader

It is back to school time. On Monday, hundreds of children will return to the hallways of Fort Jackson schools and the Department of Defense Education Activity personnel have been working hard to ensure students get the most out of educational opportunities this year. One noticeable change will be the school day schedule. Fort Jackson elementary schools will let out one hour early on Thursdays to allow for teacher professional

development. “We have been instituting many changes in the curriculum recently and we want to make sure teachers are properly trained and confident in their material so they can present their best to our students,” said DoDEA South Carolina Superintendent, Dr. Samantha Ingram. “The early release is just one of the ways that we are moving toward a better learning environment for everyone.” Ingram went on to say that students will benefit greatly from the new schedule, too. “We want to use student data on a regular

basis and use the early release time to look at the achievements of our students to see how we can serve them better,” Ingram said. “If a student is struggling, then we can look at the data on Thursday and know to regroup and provide additional time and support for that child that next week. As opposed to going the entire year, waiting for test scores to come back and then we’ve lost a year of instruction.” The planning of the new school week schedule allows teachers to receive training

See **SCHOOLS:** Pages 20-21

Governor visits Fort Jackson



Photo by JAMES ARROWOOD, command photographer
South Carolina Governor Nikki Haley speaks at the South Carolina Inter-Service Family Assistance Committee meeting Wednesday at the Officers’ Club. The ISFAC is a partnership between military agencies and installations, including Fort Jackson, and aims to assist military families of all services and components.

APRT to resemble Soldiering skills

I feel as though we're putting the cart ahead of the horse when I hear talk about whether a Soldier can pass the new PT test. The experts at the Physical Readiness Division will tell you that they are still in a data collection mode and only one-third of the way there — all of which means that the events of the test themselves are not yet set in stone.

Rather than worry about a test that is still in the works, Soldiers should be thinking about how much better the new test will be to measure overall fitness, now that physical training has become more relevant for them. Remember that we are developing a system of training that relates to performance, particularly as it relates to combat.

Think back a few years, when we first began an intensive review of our initial military training. We determined that we wanted to develop a physical training program geared to increase the fitness of new Soldiers so that they would be ready for a more rigorous PT routine once they reached the operational force.

We wanted PT that was relevant and at the same time sought to balance the goal of increasing capabilities while limiting the number of injuries that occur. It was also important to take a positive approach and make the PT portable in a sense that we want Soldiers to improve and maintain the established level of fitness once they depart to their new duty stations.

It's a system of training in phases, all the while ensuring that Soldiers are always prepared for a wartime mission.

In a few words, PT would become relevant and something to which Soldiers could relate. For example,

MAJ. GEN. JAMES M. MILANO
Fort Jackson
Commanding
General



in the past, when a Soldier did plain-old sit-ups and push-ups, he or she didn't associate that particular exercise with anything that fell within his or her duties as a Soldier. Now when a Soldier does, for example, climbing drills or runs short sprints, the connection may not be made right away, but eventually he or she will recognize that the new regimen fits in with Soldiering when in combat or competing for an expert badge.

The rationale behind the new Physical Readiness Training program is consistent with the initial military training objective that Army leadership has in mind with core Soldiering skills. This is a quantum leap forward and bears little resemblance to how we viewed repetitions of various exercises in the past — although some of the same exercises, such as the push-up, are part of the new regimen but with modified times and restrictions.

Let me explain further. A Soldier who currently does 60 or 70 push-ups in two minutes the old way we did things, might find him or herself struggling to do 30 in one minute the new way with not being able to adjust

the hands or take a short break to re-energize.

Perhaps that's why there has been some stressing over what it will take to pass the new Army Physical Readiness Test and specifically what scores a Soldier will need in every event. The new APRT is made up of five events: A 60-yard shuttle run, one minute of the rower, standing long jump, push-ups for one minute and a 1.5 mile run. But, again, the events are subject to change once the piloting is done in September and the data is processed.

Let me let you in on a little secret and also offer you a bit of advice: Never sweat a test if you have correctly prepared. If you studied the training circular (TC3-22.20 that replaced FM 21-20) — which has been out for a year — and you have your head in the game and have applied yourself, it's not a question of passing, but rather how well you will do.

Don't get me wrong, it's going to take some work and concentration to pass the new test or any other test. You will need to get in shape and familiarize yourself with the new components of the test, and then practice.

The new test is a more accurate muscular strength, endurance and mobility assessment, particularly as it relates to those skills necessary to survive in combat. But in the end, the new test, which — I repeat again — is still in the trial phase and subject to some tweaking before anything is finalized and implemented, will give unit leaders a better idea of a Soldier's physical readiness, to a much greater extent than the old test, developed way back in the late 1970s and implemented Army-wide in 1980.

Army Strong and Victory Starts Here!

The Fort Jackson Leader

Fort Jackson, South Carolina 29207

This civilian enterprise newspaper, which has a circulation of 15,000, is an authorized publication for members of the U.S. Army. Contents of the Fort Jackson Leader are not necessarily the official views of, or endorsed by the U.S. Government, the Department of Defense, Department of the Army or Fort Jackson.

The appearance of advertising in this publication, including inserts and supplements, does not constitute endorsement by the Department of the Army or Camden Media Company of the firms, products or services advertised.

All editorial content of the Fort Jackson Leader is prepared, edited, provided and approved by the Public Affairs Office of Fort Jackson.

The Fort Jackson Leader is published by Camden Media Company, a private firm in no way connected with the Department of the Army, under exclusive written contract with Fort Jackson.

The civilian printer is responsible for commercial advertising.

For display advertising rates and information: call (803) 432-6157 or write Camden Media Company, P.O. Box 1137, Camden, S.C. 29020. For classified advertising information only: call (800) 698-3514 or e-mail skaress@ci-camden.com or fax (803) 432-7609.

For questions or concerns about subscriptions, call (803) 432-6157.

To submit articles, story ideas or announcements, write the Fort Jackson Leader, Fort Jackson, S.C. 29207, call (803) 751-7045 or e-mail fjleader@conus.army.mil.

Commanding General.....Maj. Gen. James M. Milano
Garrison Commander.....Col. James J. Love
Public Affairs Officer.....Karen Soule
Command Information Officer.....Joseph Monchecourt
Editor.....Crystal Lewis Brown
News editor/Staff writer.....Susanne Kappler
Staff writer.....Cursha Pierce-Lunderman

Website: www.jackson.army.mil

School support



Courtesy photo

Chaplain (1st Lt.) Ray Smith, right, reads the citation from a plaque he presents on behalf of his class to Sgt. 1st Class Darryl Tolen, noncommissioned officer in charge with the 3rd Battalion, 321st Training Support Regiment, Saturday at the Boyden Arbor Road Army Reserve Center. The plaque was presented for cadre support of the U.S. Army Chaplain Center and School's Chaplain Basic Officer Leadership Course, which the unit has provided for the last four years.

Installation takes night out for safety

On- and off-post agencies connect with community

By CURSHA PIERCE-LUNDERMAN
Fort Jackson Leader

Fort Jackson families flocked to Hilton Field to enjoy a fun night of safety, food, and friends during the Annual National Night Out Aug. 3.

Housing area residents came out to enjoy games, presentations, and demonstrations by several law enforcement and emergency services in the Columbia area. The focus of the event was to bring together law enforcement officials with the communities they support.

Garrison Commander Col. James Love, and Maj. Raymond Simons, director of Directorate of Emergency Services signed a proclamation declaring the night as an official event and encouraged the community to join law enforcement in a partnership for safety.

"This is the first time we've made it this large of an event," said Maj. David Kerr, chief of Fort Jackson Police Operations. "We brought in our partners from off installation and that has never been done before. We thought the event went well, and we were glad to get the support from all of those who came out that night."

Children learned that policemen were nice people with a little bit of help from a 9-foot inflatable deputy.

"We bring this character out to schools and these types of events to let kids see that police are the nice guys," said Sgt. Verlon Rhodes of the Richland County Sheriff's Department.

Visitors also met the four-legged members of law enforcement during National Night Out.

Cree the Quarter Horse is a member of the Richland County Sheriff's Posse and is used in search and rescue missions in the Columbia area.

Cree's handler, Eleanor Ellison spoke to children about the importance of staying safe when separated from family members.

"We come out and encourage kids to respond to their names when called if they are lost," Ellison said. "A lot of people teach their kids not to talk to strangers, but if they stay quiet while lost in the woods, we will have a harder time finding them."

Horses are used during searches to cover a scent trail.

"We usually work in cases where an



Photos by CURSHA PIERCE-LUNDERMAN

Eleanor Ellison, left, of the Richland County Sheriff's Posse speaks to Roshanda Thompson, middle, and her daughter Maleisha, 13, about the use of horses in police work. Ellison and her horse, Cree, have been volunteering with the Sheriff's Posse search and rescue team for about five years.

Alzheimer's patient or child has wandered off," Ellison said.

Fort Jackson's 17th Military Police Detachment brought one of its military police dogs, Nero, to demonstrate how dogs are used to aid in police investigations and search operations.

Other law enforcement agencies brought their fun equipment such as motorcycles, helicopters, and a tank called, "The Peacemaker," to add to the exhibits. For some of the equipment, spending time on Fort Jackson was a return to military roots.

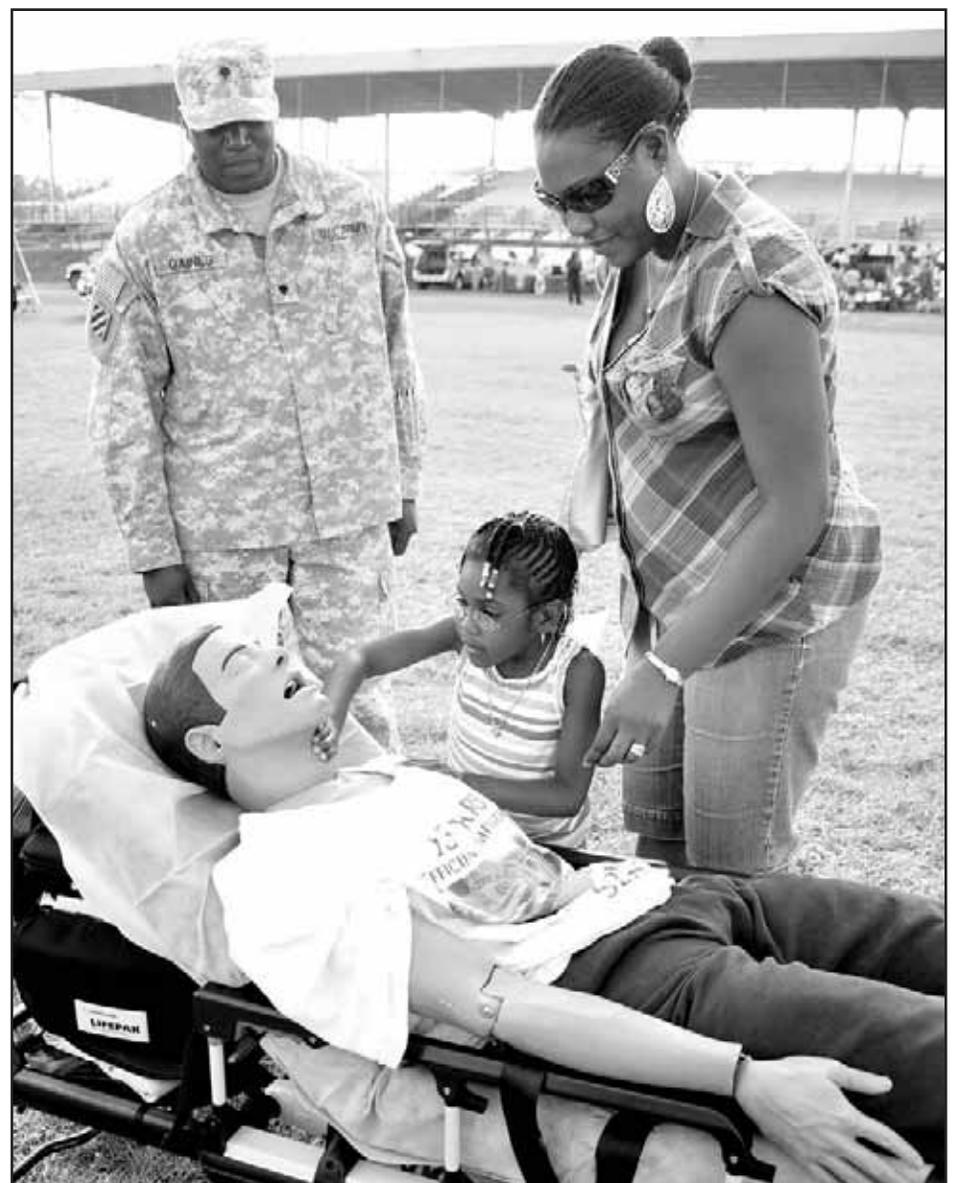
"This helicopter was used by Army aviators out in Hawaii before the Sheriff's department got it," said pilot Lloyd Dunham of the Richland County Sheriff's Department.

Fort Jackson family readiness groups and family support organizations were also a part of National Night Out this year. Operation Homefront handed out hundreds of backpacks filled with school supplies and raffled off printers to help make the event a night to remember. One of the first printers was awarded to the Corrales family.

"I just can't believe we won. This is amazing," said Ivan Corrales, 12. "We've got to come back here next year."

Cursha.Pierce@us.army.mil

Right, Saniyah Gaines, 5, checks the pulse of a medical prop provided by Fort Jackson EMT during National Night Out Aug. 3 at Hilton Field. Her parents, Lashunta and Spc. Cedrick Gaines, Headquarters and Headquarters Company, 2nd Battalion, 13th Infantry Regiment, used the exhibit as an opportunity to teach their daughter the basics of first aid.



Housing Happenings

COMMUNITY UPDATES

❑ Catherine Jordan, the barracks manager at 2463 Bragg St., will be out of the office until Oct. 30. Anyone who needs to in-/outprocess, submit a maintenance concern or has other questions regarding the barracks should contact Lincoln Thurman at 2447 Bragg St. or by calling 751-5446 or 315-6118.

❑ A new PIN/key access system has been installed on the RV lot gate, which will allow 24-hour access to users. For those who have items stored in the lot, visit the RCI Housing Office at 2441 Essayons Way 8 a.m. to 4 p.m. to receive access instructions and obtain a PIN. During the transition period, an access key will remain at the MP desk to ensure all users have continued access. Call 751-9335/9339 for more information.

❑ Nominate any well-kept yards for Yard of the Month. Send nominations to Alana Youngblood at 738-8275 or email ayoungblood@bbcgrp.com. Self-nominations are also welcome.

❑ The sprinkler systems in housing are on timers and are monitored by the landscaping company. Please do not alter the times on sprinklers. If you have questions or concerns about the system, please contact the work order desk at 787-6416.

❑ Want \$100? Refer someone to move on post and receive \$100. Contact the Community Management Office at 738-8275 for details.

CONSTRUCTION UPDATES

❑ To date, 438 homes have been completed.

❑ A total of 892 homes have been demolished to date.

❑ Families are currently relocating into homes along Mills Road. Families residing in this area may enter and exit via Capers and/or Owens roads.

❑ Phase III demolition in Pierce Terrace 5 is under way. Demolition and new construction activity continues on Parker Lane.



Aug. 12 — 7 p.m.

Larry Crowne

PG-13

Aug. 13 — 4 p.m.

Larry Crowne

PG-13

Aug. 14 — 2 p.m.

Monte Carlo

PG

Aug. 17 — 1 p.m.

Larry Crowne

PG-13

Aug. 17 — 4 p.m.

Bad Teacher

R

Adults: \$4.50

Children (12 and younger): \$2.25

Visit www.aafes.com for listings.

New chief welcomed



Photo by JAMES ARROWOOD, command photographer

The new chief of staff for the U.S. Army Training Center and Fort Jackson, Col. Kenneth Royalty addresses the crowd during a welcome ceremony Tuesday in front of Post Headquarters. Royalty comes to Fort Jackson from London, where he completed the war college at the Royal College of Defense Studies. Royalty previously was assigned to Fort Jackson as commander of the 1st Battalion, 34th Infantry Regiment and as director of Victory University.

Post to host Run for the Fallen 5K

Special to the Leader

Fort Jackson will hold its inaugural "Run/Walk for the Fallen" Aug. 20 at Hilton Field's softball complex to honor fallen Soldiers and their families. The 5-kilometer run/walk begins at 8 a.m.

The Run for the Fallen is an annual event held at installations across the country to create awareness for Fallen Soldiers.

The public is welcome to participate in the event. Sign-ups may be done online at www.fortjacksonmwr.com/acs_sos. The registration form should be sent to: Survivor Outreach Services, 5450 Strom Thurmond Blvd Room 223, Fort Jackson, SC 29207

The cutoff date is Friday, but late registration will be available at Hilton Field from 7 to 7:45 a.m. the day of the run.

Fort Jackson's commanding general, Maj. Gen. James M. Milano, emphasized the significance of the event.

"I want to ensure that we bring awareness through recognizing, honoring, and showing respect to fallen Soldiers, particularly the ones from South Carolina, with a 5K awareness run/walk. The

goal is to complete a safe and successful event while honoring our fallen Soldiers and their families," Milano said.

Army Community Service and Survivor Outreach Services developed and planned the 2011 run. ACS will provide bibs for participants with the name of a South Carolina Fallen Soldier (there are 245 to date) to include active duty, Reserve and National Guard members who have died while on active duty since 9/11. Bibs will also be provided for runners who desire to run for fallen comrades not from South Carolina.

All Fort Jackson units and activities are encouraged to participate in this event and it is also open to the public. The Soldier Support Institute is providing 245 service members to represent each South Carolina fallen soldier.

According to the "Run for the Fallen" website, last year, there were more than 8,300 participants in 45 states and two countries, running a combined 49,000 miles in remembrance of those fallen in Iraq and Afghanistan.

The event began June 14, 2008, when a small team of runners

ran across America to raise awareness as well as to support organizations that help wounded veterans and the families of those killed, and to aid the healing process for those Americans whose lives have been affected by war.

For more information about Fort Jackson's run/walk, contact Leslie Smith, SOS Coordinator, at (803) 751-4867/1103 or email her at Leslie.S.Smith@us.army.mil.

Run for the Fallen



News and Notes

282ND WELCOMES NEW CHIEF



WARD

Chief Warrant Officer 3 Jonathan Ward took over as commander of the 282nd Army Band Wednesday. Ward, who previously commanded the 3rd Infantry Division Band at Fort Stewart, Ga., replaces

Chief Warrant Officer 3 Scott MacDonald, who will take over the 101st Airborne Division Band at Fort Campbell, Ky.

CHANGE OF COMMAND SET

The 81st Regional Support Command Change of Command ceremony is scheduled for 1 p.m., Aug. 19 at the Specialist Thomas D. Caughman U.S. Army Reserve Center. Maj. Gen. William Gerety will relinquish command. The incoming commander is yet to be determined.

CONSTRUCTION ONGOING

The installation of a new storm drain is causing road closures in the vicinity of Moncrief Army Community Hospital. The closures affect parts of Stuart and Hill Streets. Access to the lower level parking area will be limited. Employees should use the overflow parking area along Stuart Street.

FREE TICKETS AVAILABLE

The Installation Chaplain Office is giving away 100 free tickets to a performance by Tim Hawkins, a Christian comedian, singer and songwriter. Hawkins is scheduled to perform at 7 p.m., Aug. 26 at Shandon Baptist Church. Tickets can be picked up at the ICO during regular office hours.

GAT TAKERS GET INCENTIVE

Family members who take the revised Family Global Assessment Tool can now receive a coupon for a free Subway sandwich. The coupon is valid for AAFES Subway locations through Aug. 31.

Log into the GAT at <https://www/sft/army.mil/SFTFamily>. The 82-question survey takes approximately 20 minutes to complete. Guard and Reserve families can sign up for the Exchange newsletter at <http://odin.aafes.com/newsletter/ewscoupon.htm> and receive 10 percent off an online AAFES purchase. The GAT is part of the Comprehensive Soldier Fitness Program and is open to all family members registered in DEERS.

LEGAL OFFICE RELOCATES

The Fort Jackson Legal office is now located at 2600 Lee Road, at the corner of Lee and Washington. Normal business hours for legal assistance are 9 a.m. to 4 p.m., Monday through Friday.

Navy chaplain directs AFCC

By CMDR. YOLANDA GILLEN
Naval Chaplaincy School and Center

Navy chaplain (Capt.) W. Kyle Fauntleroy, commanding officer, Naval Chaplaincy School and Center has assumed the position of Director of the Armed Forces Chaplaincy Center.

Fauntleroy takes over for Army chaplain (Col.) David Smartt, who is the commandant of the Army Chaplain Center and School. The change became official during a passing of the stole ceremony Aug. 2.

The passing of the stole isn't a change of command ceremony. It's a representation that the responsibility of the director has passed from one chaplain to another.

As the fourth director of the AFCC since it was established in 2009, Fauntleroy assumes the management and responsibility of providing technical leadership for the center.

"The Armed Forces Chaplaincy Center is, quite simply, an opportunity to join the gifts and graces of pastoral care professionals, to unite our experiences and lessons learned, and join our voices to the whispers and psalms of divine concern for those serving just and humane causes in the most lethal environments in creation," Fauntleroy said. "Together, we attend to the voices, whispers and cries of those who sacrifice their lives and livelihood for others, and we validate their stories, we institutionalize their experiences, we honor their service, so that those who follow may remember, and learn, and hold life sacred across the face of creation from generation to generation."

Outgoing director Smartt complimented the collaborative nature of the center.

"It has been my singular honor to have served as director of the Armed Forces Chaplaincy Center. We feel particularly



Photo by PETTY OFFICER 2ND CLASS SHELDON CAREL, NCSC

Navy chaplain (Capt.) W. Kyle Fauntleroy, right, commanding officer of the Naval Chaplaincy School and Center, takes over as director of the Armed Forces Chaplaincy Center by receiving the symbolic stole from Air Force chaplain (Col.) Steven Keith, commandant of the Air Force Chaplain Corps College.

blessed to have the Navy Chaplain School and Center, the Air Force Chaplain Corps College, and the Army Chaplain Center and School on this campus," Smartt said. "The collaboration and cooperation continues to enrich the learning environment by helping us better understand the uniqueness of our services as we work together to ensure military service members and families have the best in religious support."

The AFCC is the center for training of military chaplains. It was established as a result of the 2005 Base Realignment Com-

mission mandate for the Navy Chaplain School in Newport, R.I., the Religious Program Specialist "A" School in Meridian, Miss., and the Air Force Chaplain Service Institute in Montgomery, Ala., to co-locate with the U.S. Army Chaplain Center and School in Ft. Jackson.

The Army, Navy and Air Force chaplaincy schools remain independent, but together they form the AFCC. Each of the school's commandants or commanding officers can serve as director of the AFCC for one year.

NEC Signals

With migration of all email users on Fort Jackson just around the corner, all users are being urged to check the information in their global address listings for accuracy.

A global listing is the primary tool used by email users to contact one another, which includes a physical address, telephone number, and current email address.

To check your Global Properties, use the following steps in Outlook:

- Click on "Tools" and select "Address Book"
 - Type your name in the "Search Box" and click "Go"
 - Highlight your name by holding your left mouse button down and dragging the cursor across your name. Next, right click and select "Properties."
 - Verify your properties
- When your email account is migrated to Enterprise Email, it will contain your

current information displayed in the Global. If any of this information is incorrect, a user may place a work order by calling 866-335-2769 or 803-751-3632/4632 or contacting his or her unit's G6/IMO/IASO.

Work orders must include the information requested to be changed or updated. Contact the NEC Customer Management Branch at 751-4298 or Lashanda.Howard@us.army.mil.

Leader deadlines

Article submissions are due two weeks before publication. For example, an article for the Aug. 25 Leader must be submitted by today.

Announcement submissions are due one week before publication. For example, an announcement for

the Aug. 25 Leader must be submitted by Aug. 18.

Send your submissions to FJLeader@conus.army.mil. For more information, call 751-7045.



Army readies for next network exercise

By **CLAIRE HEININGER SCHWERIN**
Army News Services

ABERDEEN PROVING GROUND, Md. — With its first Network Integration Evaluation in the rear-view mirror, the Army is gearing up for the next installment in a series of major field exercises designed to rapidly advance its tactical network.

Like the first Network Integration Evaluation, or NIE, which took place in June and July, the October-November NIE will involve the 3,800 Soldiers of the 2nd Brigade, 1st Armored Division and nearly 1,000 vehicles spread across the challenging terrain of White Sands Missile Range, N.M. and Fort Bliss, Texas. It will again test the maturing tactical network in a completely integrated manner, using Soldiers conducting realistic missions to determine performance, while introducing promising and emerging technologies for the first time.

“The first NIE was a major leap forward in maturing the network because we evaluated the network holistically in an operationally relevant environment and we were able to conduct testing, integration and user feedback simultaneously,” said Col. John Wendel, deputy program executive officer for Network Integration at the Program Executive Office Integration. “As we focus on the next NIE, we must leverage that momentum to meet what the Army has determined is its highest modernization priority.”

The next NIE, known as the Network Integrated Evaluation 12.1, is the second of four



Photo by **CLAIRE HEININGER SCHWERIN**

A SIPRNet/NIPRNet Access Point, or SNAP, terminal is shown in the mountains of White Sands Missile Range, N.M., during the Army’s first Network Integration Exercise in June. SNAP terminals are designed to provide beyond line-of-sight voice, video and data communications to small units at forward operating bases, providing network capability down to the team, platoon and company level.

events leading up to a fully integrated Brigade Combat Team Network Evaluation at the end of 2012. NIE 12.1 will build upon the end-state of the first event, NIE 11.2, which

was the Army’s largest network field exercise to date.

It will again bring together programs of record and developmental and emerging ca-

pabilities in an integrated environment — so each component can be evaluated as part of the larger, overarching network that will enable Soldiers at every echelon of the brigade to rapidly share information and execute their mission.

Joining the government and industry players with a stake in the network at a single test event means program officials must “get dirty” and make sure their systems fit into the overall system-of-systems construct, said Clifton Basnight, a system-of-systems engineer with the Program Executive Office Command, Control and Communications-Tactical, or PEO C3T, the network lead organization for the NIEs.

“It forces people away from looking at silos,” he said.

The twice-a-year NIE approach also synchronizes and streamlines the evaluation and feedback process, ultimately leading to quicker fielding and improved end products sent to the field.

As NIE 12.1 approaches, trainers, field support representatives, and other personnel are already on the ground at White Sands and nearby Fort Bliss, installing systems and familiarizing troops with the hardware and software.

Army engineers are also refining the network architecture, which includes terrestrial satellite systems, vehicle-mounted networking radios that pass data as well as voice communications, an aerial tier of radios attached to Unmanned Aerial Systems, and a commercial 3G network to evaluate smartphones.



Final salute

President Barack Obama, in the process of saluting, participates in a ceremony at Dover Air Force Base in Dover, Del., Tuesday, for the dignified transfer of U.S. and Afghan personnel who died in Afghanistan Saturday. A helicopter crash claimed the lives of 30 American service members, one civilian interpreter and seven Afghan commando troops. The CH-47 Chinook helicopter crashed in the Tangi valley of Eastern Afghanistan.

Photo by **PETE SOUZA**,
White House

Soldiers, PAALS learn together

Post volunteers train future service dogs

By **CRYSTAL LEWIS BROWN**
Fort Jackson Leader

On a recent Wednesday afternoon at the Main Post Chapel, about a dozen golden and black Labrador Retrievers sat calmly on the basement floor. The dogs only occasionally looked up as a human volunteer put peanut butter and jelly onto a loaf of bread without opening the jars.

In the middle of a group of about 10 Soldiers, one of them, his chair turned opposite the rest of the group — attempted to coach the volunteer through making a peanut butter and jelly sandwich.

The strange exercise was just one aimed at showing a small group of Soldiers the communication challenges dogs experience when working with people.

The Soldiers and volunteers are part of an eight-week pilot program with Palmetto Animal Assistance Life Services — or PAALS — which enables Soldiers suffering from Post Traumatic Stress Disorder to train dogs that

“One of the things the dogs do is (help the Soldiers) take the focus off themselves.”

— **Jennifer Rogers**
PAALS executive director

will go on to become assistance dogs for someone else.

Jennifer Rogers, executive director of PAALS, said the idea originally came from an out-of-state group taking a similar approach.

“One of PAALS’s goals has always been training dogs to use with those in the community,” she said. The group began receiving calls from those requesting dogs. Although the supply could not keep up with demand, Rogers knew there was something the group could do to help veterans suffering from PTSD or other anxiety disorders.

“By golly, we ought to be doing something for the (men and women) who come back and need something,” she said.

The solution was to take dogs of various ages and stages of training — the dogs range from 7 months to 4 years — and have a group of Soldiers help train them. It takes about two years for each dog to be completely trained and ready to go into service. Rogers said a previous experience with a service member who was afraid to leave his home showed her that such a program could really benefit someone with

PTSD.

“He was so young; he had small kids and a wife (but) he really wasn’t functioning,” she said.

After working with the dogs, the service member took a huge step by going to a crowded area with the dog, something he had not done in months.

“I saw firsthand how the dogs help,” Rogers said.

Although the program is not a form of therapy, it is a result of research that shows that people who are around dogs tend to be calmer and some of their health ailments seem to be eased.

“We know that having interaction with animals is beneficial,” said Dr. Alison Thirkield, a psychologist with Moncrief Army Community Hospital’s Joint Behavioral Health Services who volunteers with PAALS.

During the eight-week program, Soldiers go through drills with the dogs, teaching them everything from “stay” to having them walk, undistracted, in a circle. Thirkield said that she hopes the program is beneficial to both the dogs and the Soldiers.

“By working with the Soldier, we will know what behaviors (the dogs) need if they go to a Soldier,” she said. As for the Soldiers, they are learning a lot about how behaviors are learned, which ... can teach them about themselves and other people, she said.

“I’m hoping they can take what they’ve learned with the dogs and get insight into themselves.”

PTSD sufferers often have difficulty forming relationships, being in groups and interacting with strangers. Those who participate in the program do all three, but having a specific purpose — training the dogs — somehow makes the situation more palatable, Rogers said.

“One of the things the dogs do is (help the Soldiers) take the focus off themselves,” she said. “It helps them overcome some of the initial problems, like being in a group.”

Staff Sgt. Jayson Arnote, with the 3rd Battalion, 13th Infantry Regiment, said he has already seen a change in himself since beginning the program. The biggest, he said, is how he remains patient — and doesn’t get visibly aggravated — when the dogs

See **TRAINING:** Page 10



Staff Sgt. Dennis Price takes a break with future service dog Sandy. Price volunteers with an eight-week pilot program that pairs up Soldiers with Post Traumatic Stress Disorder and Palmetto Animal Assistance Life Services to train the animals to become assistance dogs.

Photo by **CRYSTAL LEWIS BROWN**

Training may help Soldiers cope with PTSD

Continued from Page 9

do not immediately follow a command or become unruly.

“The biggest thing is I (don’t) snap like I would have in the past, so something has to be working,” he said. “Being an infantryman, I have control over ... how I take care of (a certain) situation. In this ... I don’t have that control. We’re teaching (the dogs) and they’re teaching us. With them, I’ve really had to slow down.”

Arnote said that is a far cry from the Soldier he was just a few months ago.

A 13-year veteran, Arnote has gone through two deployments, and said he suffered from some of the usual symptoms of PTSD; irritability, anxiety, anger, insomnia and nightmares.

“You’re always on guard. Little things always bother you,” he said.

A turning point for him came when he was assigned to Fort Jackson as a drill sergeant; he said he got into trouble and was taken off the trail. After several months of inpatient treatment for his PTSD, he was encouraged to participate in the PAALS program, which — along with a supportive command team — he said has helped him transition.

“Once you get out into the real world, it’s a whole other story. It’s very challenging; very difficult at times.”

Participating in the program also gives him a sense of duty as he helps to train dogs that will be used to help someone else, something that Rogers and Thirkield say is important.

“One of the most rewarding things to them is helping other people,” Thirkield said of the Soldier-volunteers.

The training also helps the dogs by al-

lowing them to be around various people and personalities, which can help volunteers when it is time to place the dog. For example, Rogers said, a dog that tended to be headstrong and rambunctious may not be a good fit for someone with PTSD. Rogers said that the changes Arnote said he has undergone have not gone unnoticed.

“It’s been really rewarding for us,” she said. “Very quickly, we’ve seen how quickly the guys changed. I think it’s been powerful.”

Arnote knows firsthand the type of friendship a dog provides. His dog, Buddy, who was found on the side of the road, is now “the light of my life.”

“With a dog, he doesn’t know anything about my story or my background,” Arnote said. And that is the type of feeling he wants to help provide someone else.

“Knowing that these dogs can possibly make their lives a little bit easier makes me feel good,” he said. That’s what makes me show up each Wednesday. It’s a good deal.”

Crystal.Y.Brown@us.army.mil

Right, Staff Sgt. Dennis Price attempts to instruct a PAALS volunteer how to make a peanut butter sandwich without looking at her. During the exercise, the volunteer is allowed to only do exactly what Price instructed in order to simulate the communication barrier that dogs sometimes face from their trainers. In this example, the volunteer was told to “put the peanut butter and jelly on the bread,” but was never told to open the jars.



Left, Staff Sgt. Jayson Arnote works with future assistance dog Roberta during one of eight Palmetto Animal Assistance Life Services training sessions at the Main Post Chapel as Rebecca Ahearne, a PAALS volunteer and Army spouse, observes. The dogs are trained to become assistance dogs for people with physical or social disabilities or disorders. Arnote said he feels good knowing that the dogs will go on to help people.

*Photos by
CRYSTAL LEWIS BROWN*

Crowd flocks to first Jackson Jubilee



Photos by SUSANNE KAPPLER

More than 50 on- and off-post organizations and vendors put their services on display during the inaugural Fort Jackson Jubilee community information fair Tuesday at the Solomon Center. More than 750 Soldier, family members, retirees and civilian employees attended the event.



Above, Alexandra Sheffield, a representative of the Company A, 3rd Battalion, 60th Infantry Regiment Family Readiness Group, reviews a brochure at the 193rd Infantry Brigade FRG table. FRG representatives were available at the Jackson Jubilee to welcome newcomers to their respective units. Left, 1st Sgt. Erika Dacus, Company D, 187th Ordnance Battalion, receives information about financial services. Service providers ranging from beauty salons to grocery stores and car dealerships were represented at the event.



NCO committed to helping homeless

Name
Staff Sgt. Ontego Straight

Unit
Company C, 2nd Battalion,
39th Infantry Regiment

Military occupational specialty
15U, Chinook helicopter mechanic

Hometown
Cuba, Ala.

Hobbies
Community service

Staff Sgt. Ontego Straight didn't wait for the Army to assign him as a drill sergeant, he volunteered to be one. Straight has been volunteering since childhood, as part of his life as the son of a preacher.

"When we were young, my dad used to help the homeless out all the time," Straight said. "Once we had a homeless man living with us, you can't give anymore than to welcome someone into your own house. I've been doing this my whole life."

Straight volunteers often with help from his supportive command, despite the busy schedule he has of turning civilians into Soldiers.

"I volunteer on Saturdays. I just ask my first sergeant or commander for the time off, and they always work with me," Straight said.

At the Zephaniah Temple homeless shelter, Straight helps mentor, serve meals and provide Bible-based inspiration to the people in need there.

"I came up poor, and that's why my heart is really in this when I see people in need. I know what it's like to go without," Straight said. "So if I can help someone get some food or some clothes or meet a need, that's what I'm here to do. I think that's what we are all called to do."

Straight also volunteers with a teen pregnancy prevention program and Harvest Hope Food Bank.

As a drill sergeant, Straight instills discipline, respect and motivation into his Soldiers.

"I want them to act like ladies and gentlemen because that is important in being a leader one day," Straight said. "They need to have discipline to get things done and also need to hold themselves



Photo by JAMES ARROWOOD, command photographer

Staff Sgt. Ontego Straight, a drill sergeant with Company C, 2nd Battalion, 39th Infantry Regiment, has been volunteering for most of his life.

highly, respect themselves so that others will respect them as leaders down the road."

Straight also said that moral character is important in the shaping of an individual and teaches Soldiers about personal standards as well as Army standards.

"I figure that since I teach these Soldiers everything else, I might as well be able to teach them to do the right thing," Straight said. "They have no one else while they are out here, so I teach them the same things my parents taught me about morals and doing what is right."

Straight only has one more cycle left with the Soldiers of 2nd Battalion, 39th Infantry Regiment. He will continue on to his next duty station in Germany and complete his bachelor's degree.

"I plan on finishing up my Business Administration degree and seeing how far I can get on the enlisted side and I'm considering going (to Officer Candidate School)," Straight said. "I have about 11 more years left, so I'm sure I'll be able to accomplish a lot by then."

— Reporting by
Cursha Pierce-Lunderman

The NCO Creed



No one is more professional than I. I am a Noncommissioned Officer, a leader of Soldiers. As a Noncommissioned Officer, I realize that I am a member of a

time honored corps, which is known as "The Backbone of the Army."

I am proud of the Corps of Noncommissioned Officers and will at all times conduct myself so as to bring credit upon the Corps, the Military Service and my country regardless of the situation in which I find myself. I will not use my grade or position to attain pleasure, profit, or personal safety.

Competence is my watchword. My two basic responsibilities will always be uppermost in my mind — accomplishment of my mission and the welfare of my Soldiers. I will strive to remain tactically and technically proficient. I am aware of my role as a Noncommissioned Officer. I will fulfill my responsibilities inherent in that role.

All Soldiers are entitled to outstanding leadership; I will provide that leadership. I know my Soldiers and I will always place their needs above my own. I will communicate consistently with my Soldiers and never leave them uninformed. I will be fair and impartial when recommending both rewards and punishment.

Officers of my unit will have maximum time to accomplish their duties; they will not have to accomplish mine. I will earn their respect and confidence as well as that of my Soldiers.

I will be loyal to those with whom I serve; seniors, peers, and subordinates alike. I will exercise initiative by taking appropriate action in the absence of orders. I will not compromise my integrity, nor my moral courage. I will not forget, nor will I allow my comrades to forget that we are professionals, noncommissioned officers, leaders!

Saluting this Basic Combat Training cycle's honorees

DRILL SERGEANTS OF THE CYCLE



Staff Sgt. Luis Torres
Company A
2nd Battalion,
39th Infantry Regiment

SOLDIER LEADER OF THE CYCLE
Pvt. Neal Blount

SOLDIER OF THE CYCLE
Pvt. Aaron Phelps

HIGH APFT SCORE
Pfc. Noelle Makhoul

HIGH BRM
Spc. Charles McCarthy



Staff Sgt. Leroy Singletary
Company B
2nd Battalion,
39th Infantry Regiment

SOLDIER LEADER OF THE CYCLE
Pvt. Andrew Castaneda

SOLDIER OF THE CYCLE
Pfc. Jason Creel

HIGH APFT SCORE
Pfc. Carey Norvell

HIGH BRM
Spc. Whittaker Anderson



Sgt. 1st Class Pamela Bethea
Company C
2nd Battalion,
39th Infantry Regiment

SOLDIER LEADER OF THE CYCLE
Pvt. Timothy Ellerbe

SOLDIER OF THE CYCLE
Pvt. Samantha Schaefer

HIGH APFT SCORE
Pvt. Brooke Dingess

HIGH BRM
Pvt. Kameron Hamer



Sgt. William Johnson II
Company D
2nd Battalion,
39th Infantry Regiment

SOLDIER LEADER OF THE CYCLE
Pfc. Randolph Nunn

SOLDIER OF THE CYCLE
Pvt. Benjamin Gonzalez

HIGH APFT SCORE
Pfc. Kayla Lavalais

HIGH BRM
Pvt. Kelly Beecher



Staff Sgt. Todd Honaker
Company E
2nd Battalion,
39th Infantry Regiment

SOLDIER LEADER OF THE CYCLE
Pfc. Vincent Amacio

SOLDIER OF THE CYCLE
Pfc. Grant Dalederks

HIGH APFT SCORE
Pfc. Isaac Monroe

HIGH BRM
Pvt. Dennis Cleveland



Staff Sgt. Benjamin Marshall
Company F
2nd Battalion,
39th Infantry Regiment

SOLDIER LEADER OF THE CYCLE
Pvt. Evan McEntee

SOLDIER OF THE CYCLE
Pvt. Emily Rossen

HIGH APFT SCORE
Pfc. Demario York

HIGH BRM
Pvt. Devin Ryan

SUPPORT AWARDS OF THE CYCLE

STAFF SUPPORT
Nathaniel Adderly

TRAINING SUPPORT
Douglas Hair

SERVICE SUPPORT
Mark Humann

DFAC SUPPORT
Tamara Hurt

FAMILY SUPPORT
Marissa Willis

Training honors



Staff Sgt. Neal Tyler
Drill sergeant leader
Drill Sergeant School



Staff Sgt. Yazmin Tull
Distinguished honor graduate
Drill Sergeant School



Staff Sgt. Thomas Bailey
Leadership award
Drill Sergeant School



Staff Sgt. Jessica Cho
Physical fitness award
Drill Sergeant School



Staff Sgt. Phillip Kitchen
Cadre of the cycle
187th Ordnance Battalion



Mr. Jeffrey Lewis
Instructor of the cycle
187th Ordnance Battalion

187TH ORDNANCE BATTALION HONORS

DISTINGUISHED HONOR GRADUATES

Pfc. Elyorkhon Sobirov
Pvt. Christopher Wardrop

Like us on Facebook.
Log on to your account and search for "Fort Jackson Leader."

Leader deadlines

| | | |
|--------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|
| <p>Article submissions are due two weeks before publication. For example, an article for the Aug. 25</p> | <p>Leader must be submitted by today. Announcement submissions are due one week before publication.</p> | <p>For example, an announcement for the Aug. 25 Leader must be submitted by Aug. 18.</p> |
|--------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|

Recurring meetings

WEEKLY

Fort Jackson Boy Scouts

Tuesdays, 6:30 to 8 p.m., 11559 Jenkins Road (next to Victory Tower), 917-1869.

Walking away stress

Mondays and Fridays, 9 a.m., at the pecan orchard near the post office on Early Street, 751-6325.

Play group

Mondays, 10 to 11:45 a.m., Room 8, 5615 Hood St., for children 4 and younger, 751-1071/6304.

Range control briefing

Mondays and Fridays, 1 p.m., Education Center, Room 302, 751-7171.

Columbia Composite Squadron (Civil Air Patrol)

Mondays, 6:30 p.m., Owens Field, main conference room. E-mail Tom.Alsup@gmail.com or visit www.scwg.cap.gov.

Helping Everyone Reach Optimum Strength

Tuesdays, 5 to 6 p.m., Moncrief Army Community Hospital, seventh floor. Open to combat veterans and their family members.

Protestant Women of the Chapel

Tuesdays, 9 a.m. to noon, Main Post Chapel, Bible study and fellowship. Home schoolers are welcome. Free child care is available. E-mail jackson.pwoc.org.

American Red Cross

Volunteer orientation is every Wednesday, 1 to 4 p.m., and every Thursday, 9 a.m. to noon. Only one session is required. Additional training is necessary for those volunteering in a clinical setting. Call 751-4329.

MONTHLY

Fort Jackson Cub Scouts

First Sunday of the month, 5:30 to 7 p.m., 11559 Jenkins Road (next to Victory Tower), 917-1869

Fort Jackson Bass Club

First Monday of the month, 7 p.m., Joe E. Mann Center. Open to active duty, retirees, DoD civilians, reservists, veterans and family members. Visit www.jacksonanglers.com.

Disabled American Veterans Woodrow Wilson Unit 4

Second Monday of the month, 6:30 p.m., 511 Violet St., West Columbia, 788-1836 or 791-4422.

Weight Loss Surgery Support Group

— Second and fourth Monday of the month, noon, Weight Management Center, 180 Laurel St.

— Second Monday of the month, 6:30 p.m., Palmetto Health Baptist Breast Health Center, 1501 Sumter St., ground level, Meeting Room 2.

Seabees

Second Monday of the month, 7 p.m., West Metro Chamber of Commerce and Visitors Center, 755-7792 or 755-0300.

Veterans of Foreign Wars Post 641

Second Monday of the month, 7:30 p.m., 534 S. Beltline Blvd., 782-5943 or 782-0148.

New Parent Support breastfeeding support group

Fourth Monday of the month, 5:15-6:30 p.m., Room 8, 5615 Hood St., 751-6868/6304/1071.

Sergeant Audie Murphy Club

First Tuesday of the month, 11:30 a.m., Post Conference Room, www.jackson.army.mil/360/SAMC/home.htm.

American Legion Post 182

First Tuesday of the month, 6 p.m., Officers' Club, 351-2333.

Adjutant General Corps Regimental Association

Second Tuesday of the month, 11:30 a.m. to 1 p.m., NCO Club.

National Federation of Federal Employees

Second Tuesday of the month, 11:30 a.m., 4405 Forney St., first floor, 751-2622 or NFFE@conus.army.mil.

Disabled American Veterans Chapter and Auxiliary, Woodrow Wilson Chapter #4

Second Monday of the month, 6 p.m., 511 Violet St., West Columbia, 467-8355 or gblake12@sc.rr.com. The groups do not meet in July and August.

Fleet Reserve Association Unit 202

Third Tuesday of the month, 1 p.m., 2620 Lee Road, 482-4456.

Veterans of Foreign Wars Gandy-Griffin Post 4262

Third Tuesday of the month, 7 p.m., 5821 North Main St., 754-1614 or 447-2320.

Vietnam Veterans of America Chapter 303

Third Tuesday of the month, 7 p.m., American Legion Post 6, 200 Pickens St., 312-4895.

Purple Heart #402

Fourth Tuesday of the month, 7 p.m., American Legion Post 6, 200 Pickens St., 351-2333.

Better Opportunities for Single Soldiers

First and third Wednesday of the month, 1:30 p.m., 4405 Jackson Blvd., 751-1148.

Victory Riders Motorcycle Club

First and third Thursday of the month, 5 p.m., Magruder's Club. E-mail sec@ffvictoryriders.com.

The Rocks Inc., James Webster Smith Chapter

Third Thursday of the month, 5:30 p.m., Post Conference Room.

American Legion Riders Motorcycle Group

Third Thursday of the month, 7 p.m., American Legion Post 6, 200 Pickens St., 360-3830.

Society of American Military Engineers

Fourth Thursday of the month, 11:30 a.m., 254-0518 or 765-0320.

MEDPROS training

Third Friday of the month, 1-4 p.m., Moncrief Army Community Hospital, Room 9-83. E-mail Erica.Aikens@amedd.army.mil.

Retired Enlisted Association

Third Friday of the month, 5:30 p.m., Moncrief Army Community Hospital, third floor, 740-2319 or e-mail jrodgers11@sc.rr.com.

92nd Buffalo Chapter 20 DAV

Third Saturday of the month, except July and August, 11 a.m., DAV Headquarters 511 Violet St., West Columbia, 260-1067.

Ladies Auxiliary VFW Post 641

Second Sunday of the month, 3 p.m., 534 S. Beltline Blvd., 782-5943 or 782-0148.

Ladies Auxiliary VFW Post 4262

Second Sunday of the month, 5 p.m., 5821 North Main St., 754-1614.

Combat Vets Motorcycle Association

Third Sunday of the month at noon, (774) 451-7504, e-mail armyaguiar@yahoo.com or visit www.combatvet.org.

Sergeants Major Association

Last working Thursday of the month, 4:30 p.m., Magruder's Pub, 338-1904. Open to active-duty and retired E-9s and E-8s. E-mail William.huffin@us.army.mil.

SUBMISSIONS

To submit a recurring meeting, email the name of the group, when and where the meeting takes place and contact information to fjleader@conus.army.mil.



Follow the Leader on Twitter at www.twitter.com/fortjacksonpao.



Calendar

Today

Cholesterol and high blood pressure class

10 to 11 a.m. to noon, MACH, Room 8-85
To register, call 751-2115/2363/2272.

Saturday

Old school concert

7 p.m., Hilton Field
The gate opens at 5:30 p.m. The concert is free and open to all military ID card holders.

Saturday, Aug. 20

Run for the Fallen

8 a.m., Hilton Field Softball Complex
To register, visit www.fortjacksonmwr.com/acs_sos.

Tuesday, Aug. 23

Women's Equality Day luncheon

11:30 a.m., Officers' Club

Monday, Aug. 29

Combined Federal Campaign kickoff

3 to 4:30 p.m., Officers' Club
For more information, call 751-2669/4528/4912.

Housing events

All events are held in the Community Center, 520 Brown Ave., unless otherwise specified. Call 738-8275 for information.

Wednesdays

Kids craft corner

3 p.m.
RSVP by email to ayoungblood@bbcgrp.com or by calling 738-8275.

Fridays throughout August

Free popsicle Fridays

3 p.m.
Beat the heat with free popsicles every Friday in August.

Friday, Aug. 19

Hand painted wine glasses

6:30 p.m.
RSVP is required by Wednesday. For more information and to RSVP, call Alana at 751-8275 or email ayoungblood@bbcgrp.com.

Announcements

G3/DPTMS CLOSURE

The G3 and Directorate of Planning, Training, Mobilization and Security offices will be closed from 11 a.m. to 4:30 p.m., Friday. Range Control and the Emergency Operations Center will be operational.

CFC TRAINING

Combined Federal Campaign training for unit coordinators, key personnel and post staff for the Fort Jackson 2011 CFC is scheduled for Aug. 18 at the Joe E. Mann Center. Training for military personnel is set for 9 to 11 a.m.; training for civilians is set for 1 to 3 p.m. For more

information, call 751-2669/4528/4912.

VOLUNTEENS NEEDED

The American Red Cross is in need of teen volunteers for the upcoming school year. The VolunTeens program is open to junior high and high school students. Application packets may be picked up from 8 a.m. to 4 p.m., Monday through Friday at 9810 Lee Road, Room 173. An orientation is scheduled from 6 to 8 p.m., Aug. 30 at the Red Cross office. For more information, call 751-4329.

FREE COMIC BOOK

"The First Avenger," a free, military-exclusive Captain America comic book is now available at the Main Exchange.

THRIFT SHOP NEWS

Starting Sept. 1, Thrift Shop consignment tickets will feature two prices, the original price and a 25 percent discount price that goes into effect 30 days after the item is first put up for sale.

COMMISSARY GIFT CARDS

The Commissary offers \$25 and \$50 gift cards, which can be purchased at the store or online at www.commissaries.com.

AFAP VOLUNTEERS NEEDED

Volunteers are needed for the Fort Jackson Army Family Action Plan conference scheduled for Nov. 3 and 4. Volunteers will assist with facilitating, recording, transcribing, etc. Free training, child care and meals will be provided. No experience is necessary. For more infor-

mation, call 751-6315.

Visit the community calendar at www.jackson.army.mil for a full listing of calendar events. Community announcements may be edited to comply with Leader style and Public Affairs regulations. Send all submissions to FJLeader@conus.army.mil. For more information, call 751-7045.

Off-post events

The Fort Jackson Leader accepts only off-post announcements for those organizations or events that directly relate to service members and their families.

SUMMER DINNER DANCE

The Fort Jackson Victory Chapter of the Sergeants Major Association is hosting a summer dinner dance at 6 p.m., Saturday at the Radisson Hotel. Tickets cost \$30. For more information, call 381-2939 or (815) 621-4180.

SUBMISSION GUIDELINES

Send all submissions to FJLeader@conus.army.mil. For more information, call 751-7045.

For information about classified advertising, contact Camden Media Co. at 432-6157.

Classified ads may also be faxed to 432-7609.

For information about display advertising, contact Kathy at 786-5681.



Summer school

Nearly 50 children participated in vacation bible school at the Fort Jackson Main Post Chapel last week. The theme for this summer's session was "Jesus' Truth Seekers: Mission Possible" and focused the possibility to achieve all things by relying on Jesus Christ.

Photo by CURSHA PIERCE-LUNDERMAN



Follow the Leader on Twitter at www.twitter.com/fortjacksonpao.





U.S. Army photo

More than 300 representatives of Survivor Outreach Services programs across the Army come together in Orlando, Fla. for the program's professional development training conference. SOS, a program in accordance with the Army Family Covenant, provides support services to families of deceased Soldiers.

SOS hosts training event

By **EVAN DYSON**
IMCOM Public Affairs

ORLANDO, Fla. — Survivor Outreach Services recently held four days of professional development training for nearly 300 employees in Orlando, Fla. as part of a larger mission to improve the quality of service provided to the Families of fallen Soldiers.

More than 100 sessions were held to benefit representatives from active duty components, the Army National Guard, the U.S. Army Reserve and private organizations assisting survivors. According to organizers, this mixture of participants allowed interactions and relationships to form that will help the program move toward a more uniform operating standard.

The course options ranged from "SOS Basics" for new employees to "The Spirituality of Grief" and "SOS Regulations."

"There was something for everyone," said Hal Snyder, SOS program manager. "We've had very positive feedback and, in fact, people have said 'we hope next year will be more of the same.'"

For participants like Stacey Pennington, a financial counselor at Joint Base Lewis-McChord, Wash., the courses offered an opportunity to share best practices and to network with others.

"That was one of the things I said when

I left my installation: 'I can't wait to bring back what other people are doing that's working effectively in their area.'"

During the conference, Pennington said, she realized that Washington state was excellent in the areas that were being discussed.

"Our survivors are getting the best of the best, and that's a really great feeling."

Suzanne Crosby, an SOS support coordinator from Fort Gordon, Ga., also thought that the ability to share best practices was valuable, but added, "We also share our problems, so you get an opportunity to talk to people about how they're dealing with a problem and you get ideas."

In addition to the education delivered directly through the presentations, participants benefited from the cumulative experiences of their peers. Crosby noted that discussion sometimes led to ideas for events and, in a broader sense, the fact that many of the SOS employees are survivors can also help to shape the program.

"There's great value in having survivors work in this program," said Donna Engeman, an employee of SOS and a surviving spouse. "I believe they bring a perspective

that the non-survivor working in the program doesn't have. They've been through it. They've walked that walk."

On the first day of the conference, Lt. Gen. Rick Lynch, commanding general of the Installation Management Command, thanked all those in attendance for their passion and dedication to helping survivors.

"The most emotional thing I do is deal with survivors, and you do it every day," he said. "If you need help, don't hesitate to ask. You may need support, too."

"Having this conference truly reflects the Army's commitment to survivors and the fulfillment of the Army Family Covenant," Snyder said. "This is an enduring mission that the Army values and has committed resources to in order to ensure that survivors receive the best service for as long as they desire."

For information about Fort Jackson's SOS program, call 751-4867 or visit http://fortjacksonmwr.com/acs_sos/. To learn more about Survivor Outreach Services, visit www.myarmyonesource.com.

Editor's note: Bill Bradner, IMCOM Public Affairs, contributed to this report.

FMWR calendar

THURSDAY

- ☐ Visit **Century Lanes** for food, fun and bowling.
- ☐ **Victory Bingo**, 2 to 11 p.m.
- ☐ Sleepy Storytime at the **Post Library**, 6:30 to 7 p.m. Come in pajamas and go home ready for bed.
- ☐ **Magruder's Pub and Club** happy hour, 4:30 to 6:30 p.m. Appetizers are available, while they last.

FRIDAY

- ☐ Look what I can do, **Thomas Lee Hall Library**. Call 751-5589 for more information.
- ☐ Visit the **Officers' Club**, 11 a.m. to 1:30 p.m. for the seafood buffet.
- ☐ **Victory Bingo**, starts at 2 p.m.
- ☐ Friday Dollar Daze at **Century Lanes**, 6 p.m. Call 751-6138 for more information.
- ☐ Friday night special at **Ivy Lanes**. Games and shoe rentals cost \$2 each, 5 to 10 p.m. Open to all permanent party service members.
- ☐ Dance to a variety of music provided by DJ Randall at **Magruder's Club**, 9 p.m. to 3 a.m. Magruder's Club is located in the back of Magruder's Pub. Cover charge is \$5 for civilians and \$3 for military. Every other Friday, sing along to Linda's Carraoke Karaoke. Be early for happy hour, 4:30 to 6:30 p.m. Appetizers are available, while they last.
- ☐ Every Friday is Artistic Expression with Jake at 6:30 p.m. in the Teen Room at the **Youth Services Center**.

SATURDAY

- ☐ **Victory Bingo**, starts at 1 p.m.
- ☐ Step Team practice, 2 p.m., dance room at the **Youth Services Center**.
- ☐ Classic Soul Saturday, 9:30 p.m. to 2 a.m., Excalibur Room at the **NCO Club**. Cover charge is \$5 for civilians and \$3 for military.
- ☐ Free old school concert at **Hilton Field**, featuring CeCe Penniston, Special Ed, Dana Dane, Shannon and Chubb Rock. Gates open at 5:30 p.m., the show starts at 7 p.m.

SUNDAY

- ☐ Try the new Hickory Bistro at the **Officers' Club**, which includes breakfast and lunch favorites, 11 a.m. to 1:30 p.m.
- ☐ **Victory Bingo**, starts at 10 a.m.
- ☐ Every Sunday is Family Day at the **Youth Center**, 2-6 p.m.

WEDNESDAY

- ☐ **Magruder's Pub and Club** happy hour, 4:30 to 6:30 p.m. Appetizers are available while they last.
- ☐ Victory Readers Club, 6 to 8 p.m., **Post Library**.
- ☐ **4-H Club** meets 4 to 5 p.m. For grades 1-5. Call 751-1136 for information.

ONGOING OFFERS

- ☐ The Officers' Club specializes in wedding receptions, anniversaries, promotions and other special occasions.

Schools encourage parent involvement

Continued from Page 1

and students to receive academic monitoring without losing any instructional time.

"We have made it so that there are additional 15 minutes on the other days of the week so that on Thursdays, the hour of instruction is not lost," Ingram said.

Additional changes this year also include new Social Studies and Math curriculums along with reading benchmarks that will be used to identify reading levels and progress over time.

"The new learning will be more hands on and we want to make sure that teachers and parents are prepared to see it this year," Ingram said. "Instead of your student coming home with a worksheet for homework, there may be a game or manipulative coming home in the Ziploc bag for the child to practice with."

Fort Jackson school principals encourage parents to get involved with their students' edu-

cation this year, from helping with homework to volunteering at the school.

"Please be involved. More parent involvement leads to much higher student achievement," said Sherry Schneider, principal of C.C. Pinckney Elementary School. "We would love to see you in the classrooms, helping

students play games or serving on a committee. I would rather have a parent come help out just a little bit than not to help at all." Open Houses will be held today for Fort Jackson schools. This will be an opportunity for parents to find out specifics on their child's school year and see some of the hands on learning techniques that will be implemented this year. Pierce Terrace Elementary School will have an open house from 3 to 4:30 p.m. and C.C. Pinckney Elementary School will have one from 5 to 6:30 p.m.

Cursha.Pierce@us.army.mil

“Please be involved. More parent involvement leads to much higher student achievement.”
— Sherry Schneider
Principal, C. C. Pinckney Elementary School



Liz Joye of Family and Morale, Welfare and Recreation Command Alexandria, Va. unpacks toys at one of Fort Jackson's new Child Development Centers. The center is scheduled to open Aug. 22 and will host afterschool care for school-aged children.

Post offers variety of afterschool options

By CURSHA PIERCE-LUNDERMAN
 Fort Jackson Leader

School time doesn't just mean early mornings and homework studies for kids.

There are also plenty of afterschool activities to keep every member of the family occupied this school year. The offerings range from academics to sports.

Ironically, one of the most pressing needs of the Fort Jackson community involves an after school activity for parents, not children.

"We have a Fort Jackson School Board with only one member right now, we need to fill four vacant seats and that's pretty important to the success of our schools," said Lt. Col. Patrick Walsh, president of the board. "It's so important for us as parents to take an interest in our schools. Through the school board, we can truly make changes and make things better for our children."

A major accomplishment of the board last year was the implementation of the breakfast program at the schools. There will probably be more emphasis on proper nutrition in schools this year.

"The only real requirement for school board members is to have a child enrolled in a Fort Jackson school. If the person is a service member, school board meetings

can even be considered a place of duty because this is in accordance with the commanding general and DoD missions for education," Walsh said.

Applications for school board can be picked up at open houses and the Fort Jackson school liaison office.

For young children, Fort Jackson Child, Youth and School Services has many activities along with two new centers opening this fall to meet afterschool needs.

In youth sports, CYSS is offering cheerleading, flag football and soccer with the addition of tackle football this year.

"We will be playing in a tackle football league with the Northeast Columbia Association," said Rose Edmond, who is in charge of CYSS. "Sports teach children valuable lessons in sportsmanship and conduct so they are great for children to participate in."

Two new child care centers will host afterschool programs for kindergarteners and school age children.

"These centers are direct results of the Army Family Covenant and come to us fully furnished and with playground equipment," Edmond said. "There will be programs for the younger children at the new centers so now the teens will have their center back, which is something they have asked about for a long while."

Fort Jackson teens also have the option of par-

ticipating in the HIRED Apprenticeship Program. This program provides teens work experience and college preparation skills, as well as the opportunity to earn a \$500 stipend.

Jahqueen Ramsey, a junior at Blythewood High School has enjoyed her HIRED experience this summer at the Hood Street CDC.

"This has been lot of fun to interact with the kids," Ramsey said. "I plan on using the money to buy a laptop for school."

There are also scouting opportunities for children and adults of all ages at Fort Jackson. The Girl Scouts, Cub Scouts, and Boy Scouts have troops that are active and looking for new members or volunteers.

"We always need volunteers to help girls discover the skills that will make them the leaders of tomorrow," said Girl Scout Leader Norma Ferguson.

"All girls in kindergarten through 12th grade are encouraged to come join the troops on Fort Jackson."

Girls Scouts will hold registration on Aug. 22 from 5 to 7 p.m. at 5957 Parker Lane. Information on scouting troops can be found at Fort Jackson schools and CYSS afterschool opportunities can be found at <http://fortjacksonmwr.com/cyss>.

Cursha.Pierce@us.army.mil



Jahqueen Ramsey, 16, and Elijah Gillen, 5, play a game of copycat at the Hood Street Child Development Center. Ramsey works with children at the center three days a week as part of the HIRED apprenticeship program. The program provides teenagers with work experience and the chance to earn a stipend.

School Hours and Schedules

SY 2011-2012

Kindergarten-6th Grades

| Day | Begins | Ends |
|------------|--------|-----------|
| Monday | 8:00 | 2:45/2:55 |
| Tuesday | 8:00 | 2:45/2:55 |
| Wednesday | 8:00 | 2:45/2:55 |
| Thursday** | 8:00 | 1:30/1:40 |
| Friday | 8:00 | 2:45/2:55 |

PreK & PSCD Students

| Day | A.M. | P.M. |
|------------|------------|------------|
| Monday | 8:00-10:35 | 12:10-2:45 |
| Tuesday | 8:00-10:35 | 12:10-2:45 |
| Wednesday | 8:00-10:35 | 12:10-2:45 |
| Thursday** | 8:00-10:10 | 11:20-1:30 |
| Friday | 8:00-10:35 | 12:10-2:45 |

**Note that THURSDAYS are EARLY RELEASE days

SCHOOL OPEN HOUSE

An open house for C.C. Pinckney Elementary School is scheduled for 5 to 6:30 p.m., today at the school. The open house will include parent introductions and classroom presentations. Teacher assignment packets will be issued in the lobby, and parents may bring school supplies to leave in the classroom. Pierce Terrace Elementary School will host its open house from 3 to 4:40 p.m. today.

SCHOOL BOARD

The Fort Jackson School Board has four openings. Parents of students enrolled in the Fort Jackson schools are eligible to apply and run in the election. Nomination forms are available at the schools and should be turned into the school secretary. Applications will be accepted until noon, Aug. 19. The school board election is scheduled for 8 a.m. to 3 p.m., Aug. 29 through Sept. 2 at each school.

CMYK

CMYK

27" WEB-100

Eye care important part of kids' health

Poor vision affects class performance

By WENDY LAROCHE
U.S. Army Public Health Command

One of the best ways to help your children in school is to ensure their vision has been checked at least every two years by an eye care professional. Vision and eye health are key to a student's ability to do well in the classroom and when studying at home.

Children with poor visual skills may struggle to read, have a short attention span, perform poorly in sports and develop low self-esteem. In most cases, unless a child complains about a vision problem, parents don't ask questions concerning

their vision. Research also demonstrates that children tend to not complain about subtle problems with their eyesight.

Some common signs that may indicate a problem with vision or eye health are tearing, squinting, unusual light sensitivity, eye redness or discharge, a jiggle in one or both eyes, persistent head turning, frequent headaches, droopy eyelids or a misalignment of the eyes.

As with any condition, earlier diagnosis leads to better outcomes. Other signs to look for are changes in your child's academic performance, including trouble focusing on reading, reversals in writing and reading, and holding reading materials closer than normal. Talk with your child's teacher and primary care physician, or PCP, if you witness any of these signs.

Taking advantage of regular screenings is one way to check your child's vi-

sion. Many elementary schools offer vision screenings that are carried out by volunteer professionals, school nurses and/or properly trained people. Screening can be done quickly, accurately and with minimum expense by one of these individuals. These screenings detect the more common eye and vision problems (nearsightedness, etc.) in children.

If you suspect that your child may have a vision problem, make an appointment with an eye-care professional, either an optometrist or ophthalmologist. Take the screening information from your PCP with you, as it will be beneficial when assessing your child's vision.

Although screenings are an important way to determine changes in vision, they are not a complete eye exam and do not evaluate eye health. Routine vision and health examinations are recommended,

even for children who do not require vision correction.

The American Optometric Association recommends that all children receive a professional eye and vision examination at critical stages in their visual development. These critical stages are by six months of age, 3 years, before first grade and every other year between the ages of 6 and 18. TRICARE Prime, Standard and Extra cover vision screening for children up to age six during well-child exams. For school-aged children beyond 6 years of age, generally TRICARE covers yearly exams for active-duty families.

For more information on children's eye health visit:

TRICARE, <http://www.tricare.mil/my-benefit/index.jsp>

American Optometric Association, <http://www.aoa.org/x9419.xml>

Exploring the science of health, happiness

By MOIRA SHAW
U.S. Army Public Health Command

A happy life leads to a healthy life and a healthy life leads to a happy life. The effects of happiness on health are strong and universal.

A Gallup Poll with 150,000 representatives of 140 countries found that happiness has a stronger association with physical health than access to basic human needs such as food, shelter and personal safety (University of Kansas, 2009).

Greater happiness can even prevent the common cold. In one study, researchers at Carnegie Mellon assessed people's emotions and then exposed them to the common cold virus. They found that happy people were less likely to develop the common cold than unhappy people.

They repeated the experiment with the flu virus and found that happier people are also less likely to get the flu (Carnegie Mellon University, 2006). In addition, studies show that because happier people are less likely to get sick, they live longer (Erasmus University Rotterdam, 2008).

Clearly, happiness is universally good for your health. So, where does the pursuit of happiness begin? Fortunately, research also paints a clear picture of what lifestyle choices lead to greater happiness. In 2006, the Pew Research Center polled 3,014 people to see what types of people are happiest. The following tips are based on their findings:

1. *Bide your time:* Adults 18-29 are

less happy than any other adult age group.

2. *Believe in something, find a community:* People who attend religious services weekly are happier than those who do not.

3. *Get educated:* College graduates are happier than high school graduates.

4. *Earn (enough) money:* Happiness increases with greater income all the way up to the \$100K bracket. After that, money does not buy happiness.

5. *Soak up the sun (with sunscreen):* Residents of the sun belt (North Carolina, South Carolina, Georgia, Florida, Alabama, Mississippi, Tennessee, Arkansas, Oklahoma, Texas, New Mexico, Arizona, and some counties in Nevada and California) are happier than residents of other states.

6. *Slow down:* Those who feel their lives are rushed report feeling less happy.

7. *Get a job (or retire from one):* The employed and the retired are happier than the unemployed.

8. *A calling is better than a career:* Employees who feel passionate about what they do are happier than those who are waiting anxiously for the weekend.

9. *Get married:* On average, married people are happier than single people.

10. *Stay healthy:* Good health leads to greater happiness.

There is an exception to every rule and these are just a few factors that lead to greater happiness. If these tips do not work, consider what will. The reward will be a life filled with both health and happiness.

Family Life & Resiliency Center

"Help for your journey"

Family Life & Resiliency Center staff members provide counseling for individuals, couples, families and groups.

Counseling is open to Soldiers, family members, children, civilians and retirees and is 100% confidential.

To schedule an appointment, call 751-4961/4966.

Business hours are 9 a.m. to 5 p.m., Monday through Friday.
The center is located at 5460 Jackson Blvd.,
(behind the Strom Thurmond Building).



Like the Leader on Facebook.
Log on to your account
and search for "Fort Jackson
Leader."

FIRST RESPONDER/LEGAL

The following are incidents compiled from reports, complaints or information received from the Fort Jackson Provost Marshal Office.

The incidents reflected are not an adjudication attesting to the guilt or innocence of any person and are provided for informational and reflective purposes only.

Maj. Raymond Simons

Director,
Emergency Services/Provost Marshal

Master Sgt. Keith Williams

Provost Sergeant

Bill Forrester

Fire Chief

CASES OF THE WEEK

□ Military Police reported to the scene of a minor traffic accident after a Soldier crashed his mo-ped while trying to avoid



a deer in the roadway, MPs said. The vehicle sustained damages to both turn signals, fender and storage container. The Soldier was not injured.

□ A civilian was cited during a traffic stop for failing to stop at a posted stop sign and failure to wear a seat belt, MPs said. The civilian was ticketed and released.

□ A Soldier was charged with unlawful stopping and parking after leaving his vehicle parked and unattended in a roadway, preventing other vehicles from leaving the parking lot, MPs said.

TIP OF THE WEEK

With the beginning of the new school year, the community will see an increase

in children walking to school. The Directorate of Emergency Services wants everyone to know that there will be increased enforcement of school zone traffic violations.

Drivers are reminded that they must be vigilant when traveling through school zone areas. There will be a zero tolerance stance for speeders in school zones and post housing areas. Young children are not always aware of their surroundings and may enter roadways without looking for traffic. State laws for pedestrians also are strictly enforced on Fort Jackson. Violations of these laws could result in a fine of \$85, plus a \$25 court processing fee.

crimestoppers
1-888-559-TIPS
www.midlandscrimestoppers.com



Follow the Leader on Twitter at www.twitter.com/fortjacksonpao. Like us on Facebook. Log on to your account and search for "Fort Jackson Leader."

Be wary of landlords who skirt SCRA

By **CAPT. ADAM WOLRICH AND AARON MATTHES**
Legal assistance office

Service members are often required to move when they receive orders for a permanent change of station or orders for a deployment. Because Soldiers are constantly on the move, Congress added a lease termination provision to the Servicemembers Civil Relief Act. This provision permits service members to terminate their leases without penalty when they deploy or receive PCS orders.

Some landlords attempt to sidestep the lease termination provision of the SCRA. Service members should be aware of this tactic when entering into a lease agreement.

So how does it work? First, the landlord will set a market rental price for the premises being leased. Second, the landlord will offer the lessee a monthly rental discount or "concession." Third, the lease agreement will require that if the lessee terminates the lease before the term of the lease has expired, the lessee will be responsible for repaying to the landlord the total sum of the rental discount he or she has received.

Need an example? The landlord could tell the lessee that the market rental price for an apartment is worth \$1,000 per month. The landlord could then offer the lessee



a \$100 per month reduction in the lease. Now the lessee only has to pay \$900 per month. Say, however, that the lessee receives PCS orders eight months into the lease.

According to the lease agreement, the lessee will be required to repay the landlord \$800; that is \$100 for each month he received the discount.

Because the landlord can set the "market rental price" at a perceived value, the "reduction price" may not actually be a reduction at all. This maneuver allows the landlord to recoup money from a service member with PCS or deployment orders and is the type of activity Congress sought to eradicate when it passed the lease termination provision to the SCRA.

If you are a service member who has received orders

for PCS or deployment and you have a contract provision that seems to sidestep the SCRA, please contact the Legal Assistance office.

The Fort Jackson Legal Assistance Office provides legal services — including powers of attorney, living wills and health care powers of attorney to eligible people.

The Legal Assistance Office is located at 2600 Lee Road. For more information or to schedule an appointment to speak to an attorney, call 751-4287. Office hours are Monday through Friday, 9 a.m. to 4 p.m.

Fort Jackson Legal Office

The Fort Jackson Legal Office provides legal services — including powers of attorney, living wills and health care powers of attorney — to service members, retirees and eligible family members.

For more information, or to schedule an appointment to speak with an attorney, call 751-4287. Office hours are Monday through Friday, 9 a.m. to 4 p.m.

The office is closed on federal and training holidays. The office is located at 2600 Lee Road.

Softball champs crowned



Photos by SUSANNE KAPPLER

Right, Ed McManus serves up a pitch for the Swampfoxes, which won the recreational teams softball championship with a 12-6 victory over the Recruiting and Retention School Monday at Hilton Field Softball Complex. Above, Jeff Brouwer, RRS, awaits a pitch during the game. On the active duty side, the 4th Battalion, 10th Infantry Regiment completed a perfect season by beating 1st Battalion 61st Infantry Regiment, 15-14, in the championship game. The 4-10th finished the season with a 15-0 record.



Track success



Courtesy photo

D'Andre Harley, 14, center, receives his first-place medal in the 200-meter dash at the Hershey Track and Field Games in Hershey, Pa. Harley, the son of Darius and Ruby Fletcher, both of whom work on Fort Jackson, recorded his fastest time all season, finishing in 23.12 seconds. Harley and DeQuan Guyton, 14, finished fifth at the Junior Olympics National Championship in the 4x100 meter relay. Guyton's mother, Vanessa, works on Fort Jackson and his father, Sgt. 1st Class Tony Guyton, is deployed to Afghanistan. Christopher Logsdon, 14, who last season competed for the Fort Jackson track and field team finished third in the softball throw at Hershey.

Sports shorts

FLAG FOOTBALL REGISTRATION

Letters of intent for flag football are due Aug. 24. The coaches' meeting is scheduled for 5:15 p.m., Aug. 31 at the Hilton Field Softball Complex. The league is for active duty personnel only. For more information, call the Sports Office at 751-3096.

YOUTH SPORTS REGISTRATION

Registration for Child, Youth and School Services Youth Sports runs through Aug. 31. Sports offerings include cheerleading, flag football, tackle football and soccer. Cheerleading is for ages 3-13 and has a \$40 fee. Soccer is for ages 3-18 and has a \$40 fee. Flag football is for ages 6-13 and has a \$40 fee.

Tackle football is for ages 7-13 and has a \$65 fee. Tackle football is divided into both age and weight groups: 7-8 with a maximum weight of 100 pounds; 9-10 with a maximum weight of 130 pounds; and 11-13 with a maximum weight of 160 pounds.

Practice begins the week of Aug. 22. All games are played on Sunday afternoons. The first game is Sept. 25.

ARMY SEEKS ELITE ATHLETES

Active duty, Reserve and National Guard Soldiers who are competitive on the national and international levels in any Olympic sport can apply for the Army World Class Athlete Program. The program allows Soldiers to train full time for a shot at the Olympics and World Championships. All applicants must be eligible to represent the United States in international competitions. Officers must be branch-qualified and enlisted Soldiers must be military occupational specialty-qualified. They must also demonstrate the potential to qualify for the U.S. Olympic Team or U.S. Paralympic Team. Selection standards for each sport are listed at www.armymwr.com under Sports and World Class Athlete Program.



Follow the Leader on Twitter
at www.twitter.com/fortjacksonpao.